



2007 Swim BC Club of the Year

FIRST ANNUAL MIDSUMMER MADNESS SHORT COURSE INVITATIONAL

AUGUST 1-2, 2009
Saanich Commonwealth Place
4636 Elk Lake Drive
Victoria BC CANADA V8Z 5M1
Sanctioned by Swim BC

START TIMES

Date	Heats		Finals	
	Warm-ups	Start	Warm-ups	Start
Saturday, August 1, 2009	8:00 am	9:00 am	4:00 pm	5:00 pm
Sunday, August 2, 2009	8:00 am	9:00 am	3:30 pm	4:30 pm

POOL AND FACILITIES

Eight-lane, 25m competition pool.
 Ares-Omega electronic timing, touch pads and scoreboard.
 Separate warm-up pool – four short-course lanes in dive tank.
 Coffee shop – the Aquaterra Café – available.

ELIGIBILITY

Swimmers registered with Swim BC or other FINA-related organizations. Note that in order to compete at this meet, Swim BC sessional and novice registrants must upgrade to competitive status. Swimmer age is determined on August 1, 2009.

GENERAL INFORMATION

1. This meet is designed to enable swimmers of all ages and levels to attend a midsummer short course heats and finals event.
2. The meet will run under Swim BC and SNC rules: SNC warm-up procedures will be in effect; scoring will be as per SNC rules.
3. There is no entry standard for this meet.
4. As per the Swim BC Technical Guide, coaches are asked to exercise discretion in choosing events for 10 & under swimmers so that that deck time, excluding warm-up, does not exceed 4 hours per session.
5. For individual events other than the 800 and 1500 freestyle, heats will swim slowest to fastest, all age groups combined.
6. Finals will swim in age groups 10 & under, 12 & under, 14 & under, and Open.
7. There will be no consolation finals.
8. Swimmers may swim up age groups in one or more events. If so, coaches are asked to notify meet management of competitors' names, events and swim-up age categories.
9. 800 and 1500 Freestyle events will swim as timed finals, fastest to slowest, all age groups combined. The fastest heat of each event, both female and male, will swim in finals, as the final event in the session.
10. Relays will swim in age groups 12 & under, 14 & under, and Open and are timed finals. All relays will swim at the beginning of finals in the evening; please submit entry times with relays.

11. Scratch deadline for finals is 30 minutes from the conclusion of heats on the day the final is to swim.
12. Ribbons will be awarded to 1st to 3rd place finishers in both individual and relay events in all age groups.
13. Ribbons will also be awarded to the broken 400 IM winners, combining each of the 100m events.

ENTRIES

Entries must be uploaded prior to the entry deadline to the Swimming Canada website at <http://www.swimmeet.ca/>. Entries sent directly to the meet manager cannot be accepted. *Please note that this also means we will not be able to accept mailed entries.*

Send meet entry and fee reports to:

Barb McKee, Meet Manager

Email: meets@pacificcoastswimming.com

1. Final entries must be uploaded by **Monday, July 20, 2009**.
2. Entries are \$6.50 per individual event; \$8.00 per relay.
3. Note that, in addition to individual and relay event fees, Saanich Commonwealth Place requires a \$5.00 per swimmer Facility Improvement Fee and Swim BC requires a \$4.00 per swimmer Provincial Team Splash Fee to support Swim BC's Provincial Team and Regional Camp Initiatives.
4. Please make cheques for the total amount, including all individual and relay entries, and Swim BC and SCP facility fees, payable to **Pacific Coast Swimmers and Parents Association (PCSPA)**.
5. Entries must show swimmers' ages, or swimmers will be entered in the Open age category.
6. No refunds of fees for scratched events after the entry deadline except with a medical certificate.
7. This meet is limited to 350 swimmers. Teams will be notified if entries cannot be accepted.

EVENT ORDER

Saturday			Sunday		
Women		Men	Women		Men
1	4x50 Medley Relay	2	21	4x50 Free Relay	22
3	400 Freestyle	4	23	400 IM	24
5	50 Butterfly	6	25	100 Breaststroke	26
7	100 Backstroke	8	27	200 Freestyle	28
9	200 Breaststroke	10	29	100 Butterfly	30
11	100 Freestyle	12	31	50 Breaststroke	32
13	50 Backstroke	14	33	200 Backstroke	34
15	200 IM	16	35	50 Freestyle	36
17	200 Butterfly	18	37	800 Freestyle	37
19	1500 Freestyle	19			