



2007 Swim BC Club of the Year

March 28, 2010 Sunday Race Series

Results at <http://results.pacificcoastswimming.com>

McKinnon Pool, University of Victoria

POOL AND FACILITIES

Six-lane, 25m competition pool.

Manual timing

Warm-up pool – four short-course lanes in dive tank.

ELIGIBILITY

This is a time trial for competitive swimmers in PCS Lightning Fast and D groups. Swimmers must be registered with Swim BC or other FINA-related organizations. Note that in order for swimmers to achieve official times at this meet, registrants must be registered in a competitive category. Swimmer age is determined on March 28, 2010.

GENERAL INFORMATION

All events are timed finals.

COACHES - ENTRIES

Please upload entries onto the PCS SCP pool computer by March 26, 2010.

March 28, 2010	WARM-UPS	START	TIMEOUT
	8:00 am	8:30 am	11:00 am

Girls Event Number	EVENT ORDER	Boys Event Number
1	50 Freestyle	1
2	400 Individual Medley*	2
3	200 Individual Medley*	3
4	100 Backstroke	4
5	100 Breaststroke	5

- Note: Swimmers should be entered in one or the other of 200 or 400 IM. 400IM intended for swimmers aged 10 and over, 200IM for swimmers aged 9 and under.

