

## UVic - Pacific Coast Swimming Assoc.

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### Individual Meet Results

**2009 World Championship Trials 08-Jul-09 to 12-Jul-09 LC Meters**

**Location: Montreal Parc Jean-Drapeau**

**UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks**

| Time                             | F/P/S  | Event          | Place | Points |
|----------------------------------|--------|----------------|-------|--------|
| <b>David Creel (28) M</b>        |        |                |       |        |
| 8:11.35L                         | F # 20 | Male 800 Free  | 5     | ---    |
| 3:59.28L                         | F # 24 | Male 400 Free  | 11    | ---    |
| 4:00.91L                         | P # 24 | Male 400 Free  | 16    | ---    |
| 15:50.73L                        | F # 38 | Male 1500 Free | 6     | ---    |
| <b>MacKenzie Downing (22) F</b>  |        |                |       |        |
| 2:11.16L                         | F # 7  | Female 200 Fly | 3     | ---    |
| 2:11.48L                         | P # 7  | Female 200 Fly | 3     | ---    |
| 28.00L                           | F # 14 | Female 50 Fly  | 11    | ---    |
| 28.00L                           | P # 14 | Female 50 Fly  | 12    | ---    |
| 1:00.14L                         | F # 21 | Female 100 Fly | 3     | ---    |
| 1:01.29L                         | P # 21 | Female 100 Fly | 8     | ---    |
| <b>Cody Flegel (24) M</b>        |        |                |       |        |
| 52.69L                           | P # 11 | Male 100 Free  | 32    | ---    |
| 24.17L                           | P # 34 | Male 50 Free   | 30    | ---    |
| <b>Nicholas Sinclair (17) M</b>  |        |                |       |        |
| 56.91L                           | P # 6  | Male 100 Back  | 5     | ---    |
| 57.69L                           | F # 6  | Male 100 Back  | 6     | ---    |
| 27.04L                           | P # 26 | Male 50 Back   | 9     | ---    |
| 27.25L                           | F # 26 | Male 50 Back   | 13    | ---    |
| 2:01.87L                         | P # 36 | Male 200 Back  | 3     | ---    |
| 2:03.23L                         | F # 36 | Male 200 Back  | 3     | ---    |
| <b>Richard Weinberger (19) M</b> |        |                |       |        |
| 8:28.48L                         | F # 20 | Male 800 Free  | 13    | ---    |
| 4:05.45L                         | P # 24 | Male 400 Free  | 26    | ---    |
| 15:57.39L                        | F # 38 | Male 1500 Free | 12    | ---    |

**UVic - Pacific Coast Swimming Assoc.**

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**Relay Results**

**2009 World Championship Trials 08-Jul-09 to 12-Jul-09 LC Meters**  
**UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks**

**Event # 30 Male 400 Free**

3:35.00L F

Cody Flegel (24)

Uvic-Pacific Coast Swimming  
Nicholas Sinclair (17)

David Creel (28)

17 ---  
Richard Weinberger (19)