

UVic - Pacific Coast Swimming Assoc.

Individual Meet Results

2010 TAS BC Long Course AAA Championships 08-Jul-10 to 11-Jul-10 LC Meters

Location: Kamloops

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
Finn Barker (10) M					
1:26.14L	P # 102	Male 10 & Under 100 Free	15	---	0.80
Reaction Time: +0.73					
51.75L	P # 104	Male 10 & Under 50 Breast	13	---	-14.46
52.01L	P # 106	Male 10 & Under 50 Fly	15	---	-0.54
1:36.09L	P # 108	Male 10 & Under 100 Back	11	---	---
Reaction Time: +0.76					
3:40.16L	F # 110	Male 10 & Under 200 IM	15	---	16.27
6:10.37L	F # 112	Male 10 & Under 400 Free	9	---	-9.78
Cole Barratt (17) M					
1:00.85L	P # 4C	Male 16 & Over 100 Free	37	---	1.00
Reaction Time: +0.79					
5:30.01L	P # 6F	Male 16 & Over 400 IM	19	---	9.01
Reaction Time: +0.77					
2:33.95L	P # 30C	Male 16 & Over 200 IM	33	---	0.48
2:16.46L	P # 42C	Male 16 & Over 200 Free	37	---	1.34
1:20.33L	P # 46C	Male 16 & Over 100 Breast	27	---	2.64
2:52.22L	P # 60C	Male 16 & Over 200 Breast	18	---	1.35
Reaction Time: +0.76					
Salin Bol (14) F					
1:00.15L	F # 3A	Female 14-14 100 Free	2	30	-1.67
1:02.31L	P # 3A	Female 14-14 100 Free	3	---	0.49
Reaction Time: +0.78					
1:07.84L	F # 9A	Female 14-14 100 Back	1	50	-1.34
1:11.77L	P # 9A	Female 14-14 100 Back	3	---	2.59
Reaction Time: +0.69					
28.78L	F # 13	200 Free Relay Lead Off	---	---	-0.23
29.88L	P # 25A	Female 14-14 50 Free	10	---	0.87
2:32.56L	F # 29A	Female 14-14 200 IM	5	14	-3.21
2:35.10L	P # 29A	Female 14-14 200 IM	4	---	-0.67
Reaction Time: +0.75					
1:10.17L	F # 33	400 Medley Relay Lead Off	---	---	0.99
2:10.83L	F # 41A	Female 14-14 200 Free	2	30	-7.17
2:14.83L	P # 41A	Female 14-14 200 Free	1	---	-3.17
Reaction Time: +0.77					
2:24.91L	F # 49A	Female 14-14 200 Back	1	50	-4.61
2:31.69L	P # 49A	Female 14-14 200 Back	1	---	2.17
1:12.48L	P # 55A	Female 14-14 100 Fly	11	---	2.34
Reaction Time: +0.79					
32.61L	F # 65	200 Medley Relay Lead Off	---	---	-0.11
31.77L	F # 529A	Female 14-14 50 Fly	---	---	-1.08
Sophia Borchers (15) F					
5:30.49L	P # 5E	Female 15-15 400 IM	18	---	1.25
5:30.67L	F # 5E	Female 15-15 400 IM	4	15	1.43
2:30.01L	F # 29B	Female 15-15 200 IM	3	20	-3.34

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Time	F/P/S	Event	Place	Points	Improv
2:33.97L	P # 29B	Female 15-15 200 IM	2	---	0.62
1:18.27L	F # 45B	Female 15-15 100 Breast	4	15	-1.41
1:21.70L	P # 45B	Female 15-15 100 Breast	3	---	2.02
2:32.05L	F # 49B	Female 15-15 200 Back	4	15	-0.74
2:36.66L	P # 49B	Female 15-15 200 Back	5	---	3.87
2:51.05L	F # 59B	Female 15-15 200 Breast	4	15	0.72
2:53.40L	P # 59B	Female 15-15 200 Breast	2	---	3.07
Reaction Time: +0.84					
NS	P # 61E	Female 15-15 400 Free	---	---	---
1:14.29L	F # 005E	Female 15-15 100 Fly		---	-1.17
1:13.68L	F # 049B	Female 15-15 100 Back		---	-4.15
NS	P # 301C	Female 15 & Over 400 Free	---	---	---
33.54L	F # 505E	Female 15-15 50 Fly		---	-0.95
32.76L	F # 529B	Female 15-15 50 Fly		---	-1.73
36.77L	F # 545B	Female 15-15 50 Breast		---	-0.02
35.79L	F # 549B	Female 15-15 50 Back		---	-1.72
Emma Carter (10) F					
1:17.72L	P # 101	Female 10 & Under 100 Free	10	---	4.46
46.33L	P # 103	Female 10 & Under 50 Breast	11	---	0.58
41.56L	P # 105	Female 10 & Under 50 Fly	15	---	-9.46
1:31.12L	P # 107	Female 10 & Under 100 Back	12	---	-0.12
3:13.60L	F # 109	Female 10 & Under 200 IM	11	---	2.39
Reaction Time: +0.75					
6:07.97L	F # 111	Female 10 & Under 400 Free	16	---	-2.26
Reaction Time: +0.77					
Hanna Carter (14) F					
1:05.06L	P # 3A	Female 14-14 100 Free	13	---	-0.51
Reaction Time: +0.74					
5:35.48L	P # 5D	Female 14-14 400 IM	13	11	0.15
2:37.62L	P # 29A	Female 14-14 200 IM	9	---	-1.87
1:18.24L	F # 45A	Female 14-14 100 Breast	1	50	-1.72
1:21.57L	P # 45A	Female 14-14 100 Breast	6	---	1.61
Reaction Time: +0.77					
2:49.31L	F # 59A	Female 14-14 200 Breast	2	30	0.84
2:54.84L	P # 59A	Female 14-14 200 Breast	3	---	6.37
5:10.35L	P # 61D	Female 14-14 400 Free	35	---	6.17
Reaction Time: +0.81					
1:20.51L	P # 005D	Female 14-14 100 Fly		---	-0.80
2:34.41L	S # 229	Female 14-14 200 IM	2	---	-5.08
5:10.35L	P # 301B	Female 13-14 400 Free	6	---	6.17
Reaction Time: +0.81					
33.48L	S # 729	Female 14-14 50 Fly		---	-2.80
Lauren Crisp (10) F					
1:31.93L	F # 31	400 Medley Relay Lead Off	---	---	8.01
42.50L	F # 63	200 Medley Relay Lead Off	---	---	3.60

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Time	F/P/S	Event	Place	Points	Improv
1:20.17L	P # 101	Female 10 & Under 100 Free	16	---	-1.03
Reaction Time: +0.95					
49.83L	P # 103	Female 10 & Under 50 Breast	20	---	-11.33
46.40L	P # 105	Female 10 & Under 50 Fly	21	---	-10.81
1:23.19L	F # 107	Female 10 & Under 100 Back	3	---	-0.73
1:25.15L	P # 107	Female 10 & Under 100 Back	4	---	1.23
3:23.39L	F # 109	Female 10 & Under 200 IM	20	---	-9.98
6:13.43L	F # 111	Female 10 & Under 400 Free	18	---	1.95
Reaction Time: +0.98					
Michael De Clare (15) M					
1:03.46L	P # 4B	Male 15-15 100 Free	14	---	2.04
Reaction Time: +0.92					
1:10.55L	P # 10B	Male 15-15 100 Back	11	---	2.01
Reaction Time: +0.79					
1:09.58L	F # 36	400 Medley Relay Lead Off	---	---	1.04
2:18.02L	P # 42B	Male 15-15 200 Free	16	---	2.57
Reaction Time: +0.83					
2:29.98L	P # 50B	Male 15-15 200 Back	10	---	-0.35
Reaction Time: +0.73					
19:11.83L	F # 52A	Male 15-15 1500 Free	10	---	28.67
4:49.68L	P # 62E	Male 15-15 400 Free	14	---	6.13
Reaction Time: +0.81					
4:49.68L	P # 302E	Male 15-15 400 Free	4	---	6.13
Reaction Time: +0.81					
Emily Ding (14) F					
1:03.73L	P # 3A	Female 14-14 100 Free	8	---	-2.87
Reaction Time: +0.72					
1:04.11L	F # 3A	Female 14-14 100 Free	8	11	-2.49
1:18.65L	P # 9A	Female 14-14 100 Back	20	---	4.14
2:37.44L	F # 21A	Female 14-14 200 Fly	5	14	-4.92
2:46.86L	P # 21A	Female 14-14 200 Fly	8	---	4.50
2:40.63L	P # 29A	Female 14-14 200 IM	12	---	-0.87
2:49.85L	P # 49A	Female 14-14 200 Back	18	---	7.05
Reaction Time: +0.81					
1:13.10L	P # 55A	Female 14-14 100 Fly	14	---	3.69
Katelyn Hayward (15) F					
1:02.13L	F # 3B	Female 15-15 100 Free	4	15	-0.66
1:03.09L	P # 3B	Female 15-15 100 Free	3	---	0.30
Reaction Time: +0.67					
1:10.83L	F # 9B	Female 15-15 100 Back	4	15	0.18
1:12.79L	P # 9B	Female 15-15 100 Back	5	---	2.14
28.90L	F # 25B	Female 15-15 50 Free	4	15	0.12
29.01L	P # 25B	Female 15-15 50 Free	2	---	0.23
2:15.04L	F # 41B	Female 15-15 200 Free	5	14	2.59

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Time	F/P/S	Event	Place	Points	Improv
2:17.47L	P # 41B	Female 15-15 200 Free	6	---	5.02
Reaction Time:	+0.66				
2:30.44L	F # 49B	Female 15-15 200 Back	3	20	4.32
2:32.90L	P # 49B	Female 15-15 200 Back	3	---	6.78
Reaction Time:	+0.61				
4:44.78L	F # 61E	Female 15-15 400 Free	3	20	-1.86
4:49.71L	P # 61E	Female 15-15 400 Free	22	---	3.07
Reaction Time:	+0.71				
Ryan Howe (14) M					
59.98L	P # 4A	Male 14-14 100 Free	9	---	0.94
Reaction Time:	+0.78				
5:31.12L	P # 6D	Male 14-14 400 IM	15	---	21.58
Reaction Time:	+0.85				
1:04.35L	F # 10A	Male 14-14 100 Back	2	30	0.30
1:06.91L	P # 10A	Male 14-14 100 Back	5	---	2.86
2:23.03L	F # 30A	Male 14-14 200 IM	3	20	-1.24
2:26.55L	P # 30A	Male 14-14 200 IM	5	---	2.28
2:12.83L	P # 42A	Male 14-14 200 Free	16	---	1.57
Reaction Time:	+0.86				
2:26.30L	P # 50A	Male 14-14 200 Back	9	---	4.76
Reaction Time:	+0.78				
1:01.71L	F # 56A	Male 14-14 100 Fly	3	20	-2.09
1:03.54L	P # 56A	Male 14-14 100 Fly	4	---	-0.26
Reaction Time:	+0.76				
Alexandra Kierstead (14) F					
1:06.73L	P # 3A	Female 14-14 100 Free	19	---	-0.89
31.03L	F # 13	200 Free Relay Lead Off	---	---	-2.07
2:41.11L	P # 29A	Female 14-14 200 IM	15	---	2.23
2:22.48L	P # 41A	Female 14-14 200 Free	17	---	0.91
Reaction Time:	+0.85				
1:18.44L	F # 45A	Female 14-14 100 Breast	2	30	-1.31
1:20.13L	P # 45A	Female 14-14 100 Breast	4	---	0.38
Reaction Time:	+0.83				
2:52.61L	F # 59A	Female 14-14 200 Breast	5	14	2.66
2:59.05L	P # 59A	Female 14-14 200 Breast	7	---	9.10
Reaction Time:	+0.81				
5:01.90L	P # 61D	Female 14-14 400 Free	30	---	3.85
Reaction Time:	+0.88				
5:01.90L	P # 301B	Female 13-14 400 Free	3	---	3.85
Reaction Time:	+0.88				
36.86L	F # 545A	Female 14-14 50 Breast	---	---	-0.34
Anna Letkeman (11) F					
1:12.66L	P # 1A	Female 11 & Under 100 Free	12	---	0.47
1:27.16L	P # 7A	Female 11 & Under 100 Back	21	---	0.64
Reaction Time:	+0.84				
32.55L	F # 23A	Female 11 & Under 50 Free	8	11	-0.81

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Time	F/P/S	Event	Place	Points	Improv
32.93L	P # 23A	Female 11 & Under 50 Free	9	---	-0.43
2:36.96L	P # 39A	Female 11 & Under 200 Free	10	---	2.13
3:05.03L	P # 47A	Female 11 & Under 200 Back	22	---	-8.17
5:25.79L	P # 61A	Female 11 & Under 400 Free	21	13	-6.43
5:25.79L	P # 301A	Female 12 & Under 400 Free	1	---	-6.43
Evan Letkeman (15) M					
5:11.83L	P # 6E	Male 15-15 400 IM	6	13	-0.01
Reaction Time: +0.82					
2:23.89L	F # 22B	Male 15-15 200 Fly	4	15	-3.36
2:26.60L	P # 22B	Male 15-15 200 Fly	4	---	-0.65
Reaction Time: +0.82					
2:10.66L	P # 42B	Male 15-15 200 Free	10	---	-2.88
2:24.63L	P # 50B	Male 15-15 200 Back	7	---	1.08
Reaction Time: +0.64					
2:25.78L	F # 50B	Male 15-15 200 Back	7	12	2.23
17:42.61L	F # 52A	Male 15-15 1500 Free	2	30	-14.65
4:33.64L	P # 62E	Male 15-15 400 Free	5	14	-2.06
Reaction Time: +0.87					
31.81L	F # 68	200 Medley Relay Lead Off	---	---	-3.91
1:09.62L	P # 050B	Male 15-15 100 Back	---	---	-1.29
1:10.70L	F # 050B	Male 15-15 100 Back	---	---	-0.21
31.64L	F # 522B	Male 15-15 50 Fly	---	---	-0.68
Ann MacIntosh (13) F					
1:08.58L	P # 1C	Female 13-13 100 Free	23	---	1.36
1:17.92L	P # 7C	Female 13-13 100 Back	15	---	0.56
30.22L	F # 23C	Female 13-13 50 Free	6	13	0.08
30.54L	P # 23C	Female 13-13 50 Free	6	---	0.40
1:18.69L	F # 33	400 Medley Relay Lead Off	---	---	1.33
2:28.91L	P # 39C	Female 13-13 200 Free	23	---	-1.35
Reaction Time: +0.90					
2:48.12L	P # 47C	Female 13-13 200 Back	20	---	3.18
Reaction Time: +0.63					
5:14.37L	P # 61C	Female 13-13 400 Free	39	---	-8.76
36.21L	F # 65	200 Medley Relay Lead Off	---	---	0.13
5:14.37L	P # 301B	Female 13-14 400 Free	5	---	-8.76
Lauren McMillan (13) F					
5:22.26L	F # 5C	Female 13-13 400 IM	2	30	-18.26
5:35.24L	P # 5C	Female 13-13 400 IM	12	---	-5.28
Reaction Time: +0.81					
2:36.44L	F # 19C	Female 13-13 200 Fly	4	15	-2.30
2:38.60L	P # 19C	Female 13-13 200 Fly	5	---	-0.14
Reaction Time: +0.88					
2:32.98L	F # 27C	Female 13-13 200 IM	3	20	-2.56
2:36.22L	P # 27C	Female 13-13 200 IM	4	---	0.68
Reaction Time: +0.00					

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Time	F/P/S	Event	Place	Points	Improv
1:18.42L	F # 43C	Female 13-13 100 Breast	1	50	0.04
1:20.27L	P # 43C	Female 13-13 100 Breast	1	---	1.89
Reaction Time:		+0.72			
1:09.09L	F # 53C	Female 13-13 100 Fly	4	15	-0.46
1:11.06L	P # 53C	Female 13-13 100 Fly	4	---	1.51
2:46.01L	F # 57C	Female 13-13 200 Breast	1	50	-0.39
2:51.74L	P # 57C	Female 13-13 200 Breast	1	---	5.34
Victoria Mock (13) F					
5:43.85L	P # 5C	Female 13-13 400 IM	26	---	-2.27
Reaction Time:		+0.83			
2:45.19L	P # 19C	Female 13-13 200 Fly	10	---	3.42
10:23.69L	F # 37A	Female 13-13 800 Free	13	---	9.40
2:46.50L	P # 47C	Female 13-13 200 Back	19	---	-0.07
Reaction Time:		+0.64			
1:15.57L	P # 53C	Female 13-13 100 Fly	16	---	-0.20
Reaction Time:		+0.86			
5:01.59L	P # 61C	Female 13-13 400 Free	28	---	1.28
2:28.45L	P # 061C	Female 13-13 200 Free		---	-0.47
Savannah Moneo (16) F					
1:13.12L	P # 9C	Female 16 & Over 100 Back	26	---	-0.32
Reaction Time:		+0.81			
2:31.98L	P # 29C	Female 16 & Over 200 IM	9	---	-4.20
Reaction Time:		+0.93			
2:32.52L	F # 29C	Female 16 & Over 200 IM	8	11	-3.66
1:16.97L	F # 45C	Female 16 & Over 100 Breast	7	12	0.68
1:17.92L	P # 45C	Female 16 & Over 100 Breast	6	---	1.63
Reaction Time:		+0.90			
1:13.89L	P # 55C	Female 16 & Over 100 Fly	24	---	-3.24
2:47.78L	P # 59C	Female 16 & Over 200 Breast	6	---	4.80
2:48.13L	F # 59C	Female 16 & Over 200 Breast	6	13	5.15
33.44L	F # 529C	Female 16 & Over 50 Fly		---	-0.39
Rosie Moulton (14) F					
1:00.91L	F # 3A	Female 14-14 100 Free	3	20	-0.80
1:02.41L	P # 3A	Female 14-14 100 Free	4	---	0.70
Reaction Time:		+0.73			
5:21.35L	F # 5D	Female 14-14 400 IM	2	30	1.49
5:26.00L	P # 5D	Female 14-14 400 IM	3	---	6.14
2:28.02L	F # 29A	Female 14-14 200 IM	1	50	-0.15
2:31.59L	P # 29A	Female 14-14 200 IM	1	---	3.42
9:53.88L	F # 37B	Female 14-14 800 Free	4	15	---
1:22.81L	P # 45A	Female 14-14 100 Breast	9	---	1.05
Reaction Time:		+0.80			
1:07.38L	F # 55A	Female 14-14 100 Fly	4	15	-1.69
1:08.95L	P # 55A	Female 14-14 100 Fly	4	---	-0.12
Reaction Time:		+0.88			

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Time	F/P/S	Event	Place	Points	Improv
4:41.76L	F # 61D	Female 14-14 400 Free	3	20	-7.35
4:44.98L	P # 61D	Female 14-14 400 Free	4	---	-4.13
31.38L	F # 555A	Female 14-14 50 Fly		---	-1.52
Kristopher Neilson (10) M					
1:22.77L	P # 102	Male 10 & Under 100 Free	14	---	-1.84
44.15L	P # 104	Male 10 & Under 50 Breast	2	---	-2.02
44.85L	F # 104	Male 10 & Under 50 Breast	2	---	-1.32
40.21L	F # 106	Male 10 & Under 50 Fly	7	---	---
40.87L	P # 106	Male 10 & Under 50 Fly	7	---	---
1:34.72L	P # 108	Male 10 & Under 100 Back	7	---	-2.47
Reaction Time: +0.68					
1:34.95L	F # 108	Male 10 & Under 100 Back	7	---	-2.24
3:15.61L	F # 110	Male 10 & Under 200 IM	9	---	1.43
6:28.39L	F # 112	Male 10 & Under 400 Free	13	---	2.19
Rachael Newman (16) F					
1:01.42L	P # 3C	Female 16 & Over 100 Free	7	---	0.04
1:01.50L	F # 3C	Female 16 & Over 100 Free	8	11	0.12
1:11.30L	P # 9C	Female 16 & Over 100 Back	13	---	-3.08
Reaction Time: +0.74					
28.29L	F # 15	200 Free Relay Lead Off	---	---	-0.22
2:22.41L	F # 21C	Female 16 & Over 200 Fly	3	20	-1.96
2:26.76L	P # 21C	Female 16 & Over 200 Fly	4	---	2.39
28.87L	P # 25C	Female 16 & Over 50 Free	15	---	0.36
2:34.25L	P # 29C	Female 16 & Over 200 IM	14	---	0.11
2:13.81L	P # 41C	Female 16 & Over 200 Free	10	---	1.98
1:05.41L	F # 55C	Female 16 & Over 100 Fly	4	15	-1.03
1:05.85L	P # 55C	Female 16 & Over 100 Fly	2	---	-0.59
Reaction Time: +0.88					
2:11.31L	S # 241	Female 16 & Over 200 Free	1	---	-0.52
30.77L	F # 555C	Female 16 & Over 50 Fly		---	-0.44
Julia Schmidt (17) F					
NS	P # 3C	Female 16 & Over 100 Free	---	---	---
Reaction Time: +0.00					
NS	P # 25C	Female 16 & Over 50 Free	---	---	---
NS	P # 55C	Female 16 & Over 100 Fly	---	---	---
Reaction Time: +0.00					
Stefanie Schmidt (15) F					
1:04.39L	P # 3B	Female 15-15 100 Free	9	---	1.45
Reaction Time: +0.86					
5:14.69L	F # 5E	Female 15-15 400 IM	1	50	-8.23
5:28.41L	P # 5E	Female 15-15 400 IM	15	---	5.49
Reaction Time: +0.90					
1:07.17L	F # 9B	Female 15-15 100 Back	2	30	-0.75
1:10.33L	P # 9B	Female 15-15 100 Back	2	---	2.41
30.00L	F # 15	200 Free Relay Lead Off	---	---	-0.17

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2:12.30L	F # 41B	Female 15-15 200 Free	3	20	-3.28
2:17.10L	P # 41B	Female 15-15 200 Free	5	---	1.52
Reaction Time:		+0.90			
2:20.21L	F # 49B	Female 15-15 200 Back	1	50	2.22
2:23.29L	P # 49B	Female 15-15 200 Back	1	---	5.30
Reaction Time:		+0.76			
9:19.29L	F # 51A	Female 15-15 800 Free	1	50	-5.14
4:36.36L	F # 61E	Female 15-15 400 Free	2	30	-0.47
4:40.47L	P # 61E	Female 15-15 400 Free	9	---	3.64
Reaction Time:		+0.94			
1:14.95L	F # 005E	Female 15-15 100 Fly		---	-3.35
34.72L	F # 505E	Female 15-15 50 Fly		---	-1.59
Jade Simpas (16) M					
1:01.29L	P # 4C	Male 16 & Over 100 Free	40	---	0.15
Reaction Time:		+0.74			
28.00L	P # 26C	Male 16 & Over 50 Free	47	---	-0.13
2:38.99L	P # 30C	Male 16 & Over 200 IM	37	---	4.19
Reaction Time:		+0.75			
1:16.78L	P # 46C	Male 16 & Over 100 Breast	17	---	0.81
1:17.97L	P # 56C	Male 16 & Over 100 Fly	37	---	1.21
2:57.09L	P # 60C	Male 16 & Over 200 Breast	22	---	4.71
Reaction Time:		+0.77			
Jackson Sinclair (13) M					
1:07.02L	P # 2C	Male 13-13 100 Free	24	---	-0.71
Reaction Time:		+0.77			
20:15.16L	F # 38A	Male 13-13 1500 Free	8	11	13.20
2:23.26L	P # 40C	Male 13-13 200 Free	27	---	-3.56
Reaction Time:		+0.79			
1:28.49L	P # 44C	Male 13-13 100 Breast	12	---	1.43
Reaction Time:		+0.78			
2:58.05L	F # 58C	Male 13-13 200 Breast	5	14	-10.02
3:03.84L	P # 58C	Male 13-13 200 Breast	6	---	-4.23
Reaction Time:		+0.79			
4:59.66L	P # 62C	Male 13-13 400 Free	17	---	3.52
1:25.04L	F # 058C	Male 13-13 100 Breast		---	-2.02
40.07L	F # 558C	Male 13-13 50 Breast		---	-2.31
Aidan Thirkell (15) M					
5:12.43L	P # 6E	Male 15-15 400 IM	7	12	-5.82
Reaction Time:		+0.87			
27.76L	F # 16	200 Free Relay Lead Off	---	---	-0.07
2:23.17L	F # 30B	Male 15-15 200 IM	4	15	-3.84
2:25.30L	P # 30B	Male 15-15 200 IM	5	---	-1.71
2:12.55L	P # 42B	Male 15-15 200 Free	13	---	2.29
1:11.77L	F # 46B	Male 15-15 100 Breast	2	30	-2.49
1:17.14L	P # 46B	Male 15-15 100 Breast	4	---	2.88

UVic - Pacific Coast Swimming Assoc.

Individual Meet Results

2010 TAS BC Long Course AAA Championships 08-Jul-10 to 11-Jul-10 LC Meters

Location: Kamloops

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
2:44.09L	DQ P # 60B	Male 15-15 200 Breast	---	---	---
Reaction Time: +0.80					
4:39.94L	P # 62E	Male 15-15 400 Free	8	11	10.84
31.29L	F # 530B	Male 15-15 50 Fly		---	-0.01
Allison Wood (19) F					
1:03.00L	P # 3C	Female 16 & Over 100 Free	18	---	0.36
1:06.60L	F # 9C	Female 16 & Over 100 Back	3	20	-1.58
1:08.51L	P # 9C	Female 16 & Over 100 Back	3	---	0.33
Reaction Time: +0.72					
28.70L	P # 25C	Female 16 & Over 50 Free	11	---	0.35
1:07.62L	F # 35	400 Medley Relay Lead Off	---	---	-0.56
2:19.22L	P # 41C	Female 16 & Over 200 Free	23	---	1.28
Reaction Time: +0.86					
2:33.22L	P # 49C	Female 16 & Over 200 Back	13	---	5.15
Reaction Time: +0.76					
31.98L	F # 67	200 Medley Relay Lead Off	---	---	-0.07
Tabitha Zammit (11) F					
1:19.20L	P # 1A	Female 11 & Under 100 Free	21	---	-4.13
1:24.83L	P # 7A	Female 11 & Under 100 Back	17	---	-3.61
Reaction Time: +0.74					
3:08.13L	P # 27A	Female 11 & Under 200 IM	22	---	-4.22
Reaction Time: +0.93					
1:32.44L	P # 43A	Female 11 & Under 100 Breast	10	---	-3.66
Reaction Time: +0.87					
3:04.33L	P # 47A	Female 11 & Under 200 Back	20	---	-0.79
3:16.24L	F # 57A	Female 11 & Under 200 Breast	7	12	-1.39
3:17.14L	P # 57A	Female 11 & Under 200 Breast	7	---	-0.49

UVic - Pacific Coast Swimming Assoc.

Relay Results

2010 TAS BC Long Course AAA Championships 08-Jul-10 to 11-Jul-10 LC Meters

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Event # 11 Female 12 & Under 200 Free

2:19.73L F	Uvic-Pacific Coast Swimming		15	---
Anna Letkeman (11)	Tabitha Zammit (11)	Emma Carter (10)		Lauren Crisp (10)

Event # 13 Female 14 & Under 200 Free

1:53.75L F	Uvic-Pacific Coast Swimming		1	50
Salin Bol (14)	Rosie Moulton (14)	Emily Ding (14)		Hanna Carter (14)
2:02.79L F	Uvic-Pacific Coast Swimming		18	---
Alexandra Kierstead (14)	Annie MacIntosh (13)	Victoria Mock (13)		Lauren McMillan (13)

Event # 15 Female 200 Free

1:51.66L F	Uvic-Pacific Coast Swimming		3	20
Rachael Newman (16)	Salin Bol (14)	Katelyn Hayward (15)		Allison Wood (19)
1:59.58L F	Uvic-Pacific Coast Swimming		13	---
Stefanie Schmidt (15)	Sophia Borchers (15)	Savannah Moneo (16)		Julia Schmidt (17)

Event # 16 Male 200 Free

1:50.46L F	Uvic-Pacific Coast Swimming		15	---
Aidan Thirkell (15)	Cole Barratt (17)	Jade Simpas (16)		Michael De Clare (15)

Event # 31 Female 12 & Under 400 Medley

6:08.31L F	Uvic-Pacific Coast Swimming		13	---
Lauren Crisp (10)	Tabitha Zammit (11)	Emma Carter (10)		Anna Letkeman (11)

Event # 33 Female 14 & Under 400 Medley

4:38.77L F	Uvic-Pacific Coast Swimming		1	50
Salin Bol (14)	Lauren McMillan (13)	Rosie Moulton (14)		Emily Ding (14)
4:57.93L F	Uvic-Pacific Coast Swimming		10	---
Annie MacIntosh (13)	Alexandra Kierstead (14)	Victoria Mock (13)		Hanna Carter (14)

Event # 35 Female 400 Medley

4:32.45L F	Uvic-Pacific Coast Swimming		2	30
Allison Wood (19)	Sophia Borchers (15)	Rachael Newman (16)		Katelyn Hayward (15)

Event # 36 Male 400 Medley

4:34.46L F	Uvic-Pacific Coast Swimming		12	---
Michael De Clare (15)	Jade Simpas (16)	Evan Letkeman (15)		Cole Barratt (17)

Event # 63 Female 12 & Under 200 Medley

2:42.49L F	Uvic-Pacific Coast Swimming		14	---
Lauren Crisp (10)	Tabitha Zammit (11)	Emma Carter (10)		Anna Letkeman (11)

Event # 65 Female 14 & Under 200 Medley

2:08.14L F	Uvic-Pacific Coast Swimming		2	30
Salin Bol (14)	Alexandra Kierstead (14)	Lauren McMillan (13)		Rosie Moulton (14)
2:20.21L F	Uvic-Pacific Coast Swimming		17	---
Annie MacIntosh (13)	Hanna Carter (14)	Victoria Mock (13)		Emily Ding (14)

Event # 67 Female 200 Medley

2:04.26L F	Uvic-Pacific Coast Swimming		4	15
Allison Wood (19)	Savannah Moneo (16)	Rachael Newman (16)		Katelyn Hayward (15)

Event # 68 Male 200 Medley

2:00.27L F	Uvic-Pacific Coast Swimming		11	---
Evan Letkeman (15)	Aidan Thirkell (15)	Ryan Howe (14)		Cole Barratt (17)