

UVic - Pacific Coast Swimming Assoc.

Individual Meet Results

VIR SC Championships 15-Jan-10 to 17-Jan-10 SC Meters

Location: Duncan

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
Finn Barker (10) M					
46.52S	F # 61D	Male 6-10 50 Back	6	13	-4.45
49.65S	F # 67D	Male 6-10 50 Fly	8	11	-5.54
43.13S	F # 71D	Male 6-10 50 Free	15	2	2.11
1:56.64S	F # 75D	Male 6-10 100 Breast	6	13	-15.94
Cole Barratt (17) M					
5:18.06S	F # 20C	Male 15 & Over 400 IM	6	13	3.27
2:47.18S	F # 30C	Male 15 & Over 200 Breast	4	15	2.49
2:53.45S	P # 30C	Male 15 & Over 200 Breast	5	---	8.76
2:31.15S	P # 66C	Male 15 & Over 200 Back	11	---	-2.35
1:00.73S	P # 74C	Male 15 & Over 100 Free	17	---	0.57
Savannah Barratt (13) F					
1:35.61S	P # 3B	Female 13-14 100 Breast	25	---	3.81
3:15.30S	P # 7B	Female 13-14 200 IM	33	---	4.53
1:27.24S	P # 25B	Female 13-14 100 Back	22	---	-0.87
3:29.17S	P # 29B	Female 13-14 200 Breast	20	---	5.78
6:01.91S	F # 57B	Female 13-14 400 Free	23	---	4.12
3:04.96S	P # 65B	Female 13-14 200 Back	28	---	-5.03
1:16.71S	P # 73B	Female 13-14 100 Free	35	---	-1.63
Nival Bissoon (13) M					
27.52S	F # 2B	Male 13-14 50 Free	1	20	0.40
27.97S	P # 2B	Male 13-14 50 Free	2	---	0.85
2:35.45S	F # 8B	Male 13-14 200 IM	3	16	-2.67
2:41.23S	P # 8B	Male 13-14 200 IM	4	---	3.11
1:11.51S	F # 26B	Male 13-14 100 Back	4	15	-1.61
1:15.77S	P # 26B	Male 13-14 100 Back	5	---	2.65
1:11.56S	F # 36B	Male 13-14 100 Fly	3	16	-1.65
1:16.92S	P # 36B	Male 13-14 100 Fly	5	---	3.71
2:41.82S	P # 66B	Male 13-14 200 Back	6	---	1.60
2:42.04S	F # 66B	Male 13-14 200 Back	6	13	1.82
1:01.69S	F # 74B	Male 13-14 100 Free	3	16	-0.80
1:03.68S	P # 74B	Male 13-14 100 Free	4	---	1.19
Salin Bol (14) F					
28.71S	P # 1B	Female 13-14 50 Free	2	---	0.39
28.94S	F # 1B	Female 13-14 50 Free	3	16	0.62
1:26.23S	P # 3B	Female 13-14 100 Breast	12	---	-3.24
2:36.16S	P # 7B	Female 13-14 200 IM	4	---	1.36
2:37.38S	F # 7B	Female 13-14 200 IM	5	14	2.58
1:09.10S	F # 25B	Female 13-14 100 Back	2	17	0.69
1:10.53S	P # 25B	Female 13-14 100 Back	2	---	2.12
NS	P # 35B	Female 13-14 100 Fly	---	---	---
2:15.62S	F # 41B	Female 13-14 200 Free	4	15	-2.25
2:19.26S	P # 41B	Female 13-14 200 Free	6	---	1.39
2:25.72S	F # 65B	Female 13-14 200 Back	1	20	-0.11

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Time	F/P/S	Event	Place	Points	Improv
2:27.60S	P # 65B	Female 13-14 200 Back	1	---	1.77
1:02.53S	P # 73B	Female 13-14 100 Free	2	---	1.86
28.81S	F # 79	200 Free Relay Lead Off	---	---	0.49
Sophia Borchers (14) F					
1:18.08S	F # 3B	Female 13-14 100 Breast	2	17	1.92
1:19.69S	P # 3B	Female 13-14 100 Breast	2	---	3.53
DQ	P # 7B	Female 13-14 200 IM	---	---	---
9:56.02S	F # 13C	Female 13-14 800 Free	8	11	-27.49
5:22.35S	F # 19B	Female 13-14 400 IM	3	16	-5.70
2:45.62S	F # 29B	Female 13-14 200 Breast	2	17	0.73
2:53.31S	P # 29B	Female 13-14 200 Breast	3	---	8.42
1:15.98S	P # 35B	Female 13-14 100 Fly	11	---	1.07
35.27S	F # 49	200 Medley Relay Lead Off	---	---	-0.55
4:52.88S	F # 57B	Female 13-14 400 Free	8	11	-3.86
2:27.96S	F # 65B	Female 13-14 200 Back	4	15	-0.83
2:35.16S	P # 65B	Female 13-14 200 Back	6	---	6.37
1:06.56S	P # 73B	Female 13-14 100 Free	16	---	0.83
30.67S	F # 79	200 Free Relay Lead Off	---	---	-0.49
Emma Carter (10) F					
6:33.27S	F # 11C	Female 6-10 400 Free	15	2	6.34
1:26.04S	F # 17C	Female 6-10 100 Free	15	2	0.40
1:36.20S	F # 21C	Female 6-10 100 Back	9	9	-0.05
47.50S	F # 27C	Female 6-10 50 Breast	5	14	0.40
3:28.05S	P # 37	Female 10 & Under 200 IM	11	---	6.13
3:04.92S	P # 59	Female 10 & Under 200 Free	13	---	-0.36
38.77S	F # 71C	Female 6-10 50 Free	16	1	0.38
1:42.33S	F # 75C	Female 6-10 100 Breast	4	15	-2.34
Hanna Carter (13) F					
1:20.07S	F # 3B	Female 13-14 100 Breast	4	15	-0.87
1:20.99S	P # 3B	Female 13-14 100 Breast	4	---	0.05
2:39.91S	P # 7B	Female 13-14 200 IM	9	---	-1.01
5:39.05S	F # 19B	Female 13-14 400 IM	8	11	-15.95
2:49.35S	P # 29B	Female 13-14 200 Breast	2	---	-1.05
2:51.22S	F # 29B	Female 13-14 200 Breast	3	16	0.82
1:20.56S	P # 35B	Female 13-14 100 Fly	19	---	-2.72
2:44.33S	P # 65B	Female 13-14 200 Back	19	---	-7.47
1:07.75S	P # 73B	Female 13-14 100 Free	20	---	1.13
Eric Christiansen (15) M					
27.45S	F # 2C	Male 15 & Over 50 Free	7	12	-0.25
28.14S	P # 2C	Male 15 & Over 50 Free	8	---	0.44
1:18.50S	P # 4C	Male 15 & Over 100 Breast	7	---	4.33
1:18.92S	F # 4C	Male 15 & Over 100 Breast	7	12	4.75
2:32.24S	F # 8C	Male 15 & Over 200 IM	7	12	0.28
2:34.96S	P # 8C	Male 15 & Over 200 IM	8	---	3.00

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Time	F/P/S	Event	Place	Points	Improv
2:47.70S	F # 30C	Male 15 & Over 200 Breast	6	13	8.28
2:53.97S	P # 30C	Male 15 & Over 200 Breast	6	---	14.55
1:12.30S	P # 36C	Male 15 & Over 100 Fly	16	---	4.60
2:20.83S	P # 42C	Male 15 & Over 200 Free	17	---	-5.08
4:47.58S	F # 58C	Male 15 & Over 400 Free	16	1	-9.49
1:00.72S	P # 74C	Male 15 & Over 100 Free	16	---	-0.68
Lauren Crisp (10) F					
6:13.20S	F # 11C	Female 6-10 400 Free	8	11	-24.76
1:25.51S	F # 21C	Female 6-10 100 Back	1	20	-2.81
3:30.40S	P # 37	Female 10 & Under 200 IM	13	---	-4.93
41.03S	F # 45	200 Medley Relay Lead Off	---	---	0.28
36.33S	F # 53	200 Free Relay Lead Off	---	---	-1.89
2:58.86S	P # 59	Female 10 & Under 200 Free	10	---	-18.07
40.02S	F # 61C	Female 6-10 50 Back	1	20	-0.73
38.05S	F # 71C	Female 6-10 50 Free	11	6	-0.17
Michael De Clare (14) M					
28.94S	F # 2B	Male 13-14 50 Free	3	16	-2.13
29.32S	P # 2B	Male 13-14 50 Free	5	---	-1.75
2:35.25S	F # 8B	Male 13-14 200 IM	2	17	-4.27
2:36.87S	P # 8B	Male 13-14 200 IM	2	---	-2.65
1:08.52S	F # 26B	Male 13-14 100 Back	2	17	-2.24
1:09.12S	P # 26B	Male 13-14 100 Back	2	---	-1.64
2:16.24S	F # 42B	Male 13-14 200 Free	2	17	-1.85
2:17.04S	P # 42B	Male 13-14 200 Free	2	---	-1.05
4:50.13S	F # 58B	Male 13-14 400 Free	3	16	-5.75
2:27.58S	P # 66B	Male 13-14 200 Back	3	---	-1.23
2:28.48S	F # 66B	Male 13-14 200 Back	4	15	-0.33
1:03.36S	P # 74B	Male 13-14 100 Free	3	---	-0.48
1:04.18S	F # 74B	Male 13-14 100 Free	5	14	0.34
Emily Ding (13) F					
1:26.78S	P # 3B	Female 13-14 100 Breast	15	---	2.27
2:34.08S	F # 7B	Female 13-14 200 IM	4	15	-4.97
2:38.50S	P # 7B	Female 13-14 200 IM	6	---	-0.55
10:20.11S	F # 13C	Female 13-14 800 Free	13	4	-90.73
5:32.01S	F # 19B	Female 13-14 400 IM	5	14	-3.57
3:04.57S	P # 29B	Female 13-14 200 Breast	10	---	-3.80
1:09.00S	F # 35B	Female 13-14 100 Fly	2	17	-0.38
1:10.40S	P # 35B	Female 13-14 100 Fly	2	---	1.02
2:28.58S	F # 69B	Female 13-14 200 Fly	1	20	-12.25
2:40.19S	P # 69B	Female 13-14 200 Fly	1	---	-0.64
1:04.09S	P # 73B	Female 13-14 100 Free	8	---	-0.28
1:04.17S	F # 73B	Female 13-14 100 Free	8	11	-0.20
Caleigh Filmer (13) F					
1:19.22S	F # 3B	Female 13-14 100 Breast	3	16	0.97

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Time	F/P/S	Event	Place	Points	Improv
1:20.84S	P # 3B	Female 13-14 100 Breast	3	---	2.59
2:30.39S	F # 7B	Female 13-14 200 IM	3	16	-0.60
2:30.62S	P # 7B	Female 13-14 200 IM	1	---	-0.37
9:30.72S	F # 13C	Female 13-14 800 Free	1	20	4.90
5:15.15S	F # 19B	Female 13-14 400 IM	1	20	1.42
1:15.07S	P # 25B	Female 13-14 100 Back	7	---	-0.44
1:15.96S	F # 25B	Female 13-14 100 Back	7	12	0.45
1:18.57S	P # 35B	Female 13-14 100 Fly	14	---	3.95
4:36.78S	F # 57B	Female 13-14 400 Free	1	20	0.36
2:41.43S	P # 65B	Female 13-14 200 Back	14	---	6.31
1:05.57S	P # 73B	Female 13-14 100 Free	13	---	1.60
Katelyn Hayward (15) F					
28.41S	P # 1C	Female 15 & Over 50 Free	2	---	0.44
28.45S	F # 1C	Female 15 & Over 50 Free	4	15	0.48
2:31.34S	F # 7C	Female 15 & Over 200 IM	4	15	-2.04
2:33.48S	P # 7C	Female 15 & Over 200 IM	5	---	0.10
9:31.66S	F # 13E	Female 15 & Over 800 Free	2	17	-24.07
1:09.32S	P # 25C	Female 15 & Over 100 Back	1	---	0.07
1:09.42S	F # 25C	Female 15 & Over 100 Back	3	16	0.17
1:11.40S	F # 35C	Female 15 & Over 100 Fly	7	12	0.37
1:12.02S	P # 35C	Female 15 & Over 100 Fly	10	---	0.99
2:12.71S	F # 41C	Female 15 & Over 200 Free	3	16	1.44
2:13.97S	P # 41C	Female 15 & Over 200 Free	6	---	2.70
32.84S	F # 51	200 Medley Relay Lead Off	---	---	0.54
4:36.51S	F # 57C	Female 15 & Over 400 Free	5	14	2.22
2:26.82S	F # 65C	Female 15 & Over 200 Back	2	17	-2.14
2:27.49S	P # 65C	Female 15 & Over 200 Back	2	---	-1.47
1:02.36S	F # 73C	Female 15 & Over 100 Free	7	12	1.32
1:02.56S	P # 73C	Female 15 & Over 100 Free	6	---	1.52
Patricia Grace Horwood (10) F					
6:14.79S	F # 11C	Female 6-10 400 Free	10	7	-11.07
1:21.46S	F # 17C	Female 6-10 100 Free	7	12	-2.49
1:29.11S	F # 21C	Female 6-10 100 Back	3	16	-4.12
48.64S	F # 27C	Female 6-10 50 Breast	6	13	0.73
3:12.93S	P # 37	Female 10 & Under 200 IM	6	---	1.15
3:13.86S	F # 37	Female 10 & Under 200 IM	5	14	2.08
1:19.07S	F # 43	400 Free Relay Lead Off	---	---	-4.88
2:54.18S	F # 59	Female 10 & Under 200 Free	7	12	-13.26
2:57.85S	P # 59	Female 10 & Under 200 Free	8	---	-9.59
42.65S	F # 67C	Female 6-10 50 Fly	3	16	-2.52
37.16S	F # 71C	Female 6-10 50 Free	8	11	---
1:44.67S	F # 75C	Female 6-10 100 Breast	7	12	-0.09
Nathan Howe (9) M					
1:39.18S	F # 17D	Male 6-10 100 Free	16	1	4.55

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Time	F/P/S	Event	Place	Points	Improv
1:52.98S	F # 21D	Male 6-10 100 Back	7	12	0.41
DQ	P # 38	Male 10 & Under 200 IM	---	---	---
40.29S	F # 53	200 Free Relay Lead Off	---	---	-1.74
3:16.61S	P # 60	Male 10 & Under 200 Free	13	---	0.24
54.58S	F # 61D	Male 6-10 50 Back	11	6	1.77
42.71S	F # 71D	Male 6-10 50 Free	14	3	0.68
Ryan Howe (13) M					
27.57S	F # 2B	Male 13-14 50 Free	2	17	-1.73
27.87S	P # 2B	Male 13-14 50 Free	1	---	-1.43
2:23.18S	F # 8B	Male 13-14 200 IM	1	20	0.94
2:25.70S	P # 8B	Male 13-14 200 IM	1	---	3.46
5:05.69S	F # 20B	Male 13-14 400 IM	2	17	-3.26
1:06.23S	F # 26B	Male 13-14 100 Back	1	20	0.79
1:06.73S	P # 26B	Male 13-14 100 Back	1	---	1.29
1:03.15S	F # 36B	Male 13-14 100 Fly	1	20	0.25
1:04.28S	P # 36B	Male 13-14 100 Fly	1	---	1.38
31.95S	F # 50	200 Medley Relay Lead Off	---	---	1.32
2:18.51S	F # 66B	Male 13-14 200 Back	1	20	-1.52
2:21.24S	P # 66B	Male 13-14 200 Back	1	---	1.21
58.95S	F # 74B	Male 13-14 100 Free	1	20	-0.96
59.81S	P # 74B	Male 13-14 100 Free	1	---	-0.10
27.46S	F # 80	200 Free Relay Lead Off	---	---	-1.84
Alexandra Kierstead (13) F					
1:22.07S	P # 3B	Female 13-14 100 Breast	5	---	-1.16
1:22.08S	F # 3B	Female 13-14 100 Breast	6	13	-1.15
2:43.07S	P # 7B	Female 13-14 200 IM	14	---	-1.72
10:17.90S	F # 13C	Female 13-14 800 Free	12	5	-4.92
1:18.35S	P # 25B	Female 13-14 100 Back	15	---	-0.01
2:55.57S	P # 29B	Female 13-14 200 Breast	4	---	-1.75
2:55.72S	F # 29B	Female 13-14 200 Breast	4	15	-1.60
2:24.74S	P # 41B	Female 13-14 200 Free	13	---	0.33
5:00.61S	F # 57B	Female 13-14 400 Free	11	6	-3.17
2:44.16S	P # 65B	Female 13-14 200 Back	18	---	0.69
1:07.72S	P # 73B	Female 13-14 100 Free	19	---	-0.42
Katherine Krause (13) F					
31.78S	P # 1B	Female 13-14 50 Free	20	---	-3.03
1:32.75S	P # 3B	Female 13-14 100 Breast	23	---	-0.33
10:45.12S	F # 13C	Female 13-14 800 Free	15	2	-29.58
1:16.82S	P # 25B	Female 13-14 100 Back	9	---	-0.56
1:17.73S	F # 25B	Female 13-14 100 Back	8	11	0.35
2:32.04S	P # 41B	Female 13-14 200 Free	18	---	-3.99
38.93S	F # 49	200 Medley Relay Lead Off	---	---	2.54
5:18.98S	F # 57B	Female 13-14 400 Free	16	1	-8.92
2:42.58S	P # 65B	Female 13-14 200 Back	15	---	-2.61

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Time	F/P/S	Event	Place	Points	Improv
1:10.34S	P # 73B	Female 13-14 100 Free	29	---	-2.94
Eeh-Joe Kwon (12) F					
33.24S	P # 1A	Female 11-12 50 Free	16	---	0.40
3:18.83S	P # 7A	Female 11-12 200 IM	20	---	13.45
1:35.53S	P # 35A	Female 11-12 100 Fly	12	---	12.82
2:58.63S	P # 41A	Female 11-12 200 Free	23	---	3.19
3:38.26S	F # 69A	Female 11-12 200 Fly	6	13	19.06
3:44.00S	P # 69A	Female 11-12 200 Fly	7	---	24.80
1:17.96S	P # 73A	Female 11-12 100 Free	23	---	6.61
Spencer Lee (10) M					
1:30.13S	F # 17D	Male 6-10 100 Free	11	6	1.09
1:46.02S	F # 31D	Male 6-10 100 Fly	5	14	-4.02
3:34.63S	F # 38	Male 10 & Under 200 IM	5	14	-11.88
3:44.71S	P # 38	Male 10 & Under 200 IM	9	---	-1.80
3:14.66S	P # 60	Male 10 & Under 200 Free	9	---	3.78
39.25S	F # 71D	Male 6-10 50 Free	10	7	0.78
Evan Letkeman (15) M					
1:24.52S	P # 4C	Male 15 & Over 100 Breast	11	---	0.36
2:27.78S	F # 8C	Male 15 & Over 200 IM	5	14	-1.08
2:32.07S	P # 8C	Male 15 & Over 200 IM	7	---	3.21
9:09.92S	F # 13F	Male 15 & Over 800 Free	2	17	-10.44
5:05.94S	F # 20C	Male 15 & Over 400 IM	4	15	-0.38
1:06.95S	P # 26C	Male 15 & Over 100 Back	4	---	-0.71
1:06.98S	F # 26C	Male 15 & Over 100 Back	4	15	-0.68
4:31.04S	F # 58C	Male 15 & Over 400 Free	10	7	0.77
2:23.91S	F # 66C	Male 15 & Over 200 Back	5	14	-0.81
2:24.81S	P # 66C	Male 15 & Over 200 Back	4	---	0.09
2:26.44S	F # 70C	Male 15 & Over 200 Fly	5	14	1.43
2:27.82S	P # 70C	Male 15 & Over 200 Fly	4	---	2.81
Edward Liang (10) M					
1:43.30S	F # 17D	Male 6-10 100 Free	17	---	-2.74
1:45.94S	F # 21D	Male 6-10 100 Back	5	14	-0.45
4:16.42S	P # 38	Male 10 & Under 200 IM	13	---	9.79
49.49S	F # 45	200 Medley Relay Lead Off	---	---	0.98
3:43.46S	P # 60	Male 10 & Under 200 Free	15	---	-5.16
48.97S	F # 61D	Male 6-10 50 Back	8	11	0.46
47.96S	F # 71D	Male 6-10 50 Free	16	1	2.28
Ann MacIntosh (12) F					
31.14S	P # 1A	Female 11-12 50 Free	6	---	-0.85
31.55S	F # 1A	Female 11-12 50 Free	8	11	-0.44
2:51.96S	P # 7A	Female 11-12 200 IM	8	---	-19.65
2:53.05S	F # 7A	Female 11-12 200 IM	8	11	-18.56
11:21.00S	F # 13A	Female 11-12 800 Free	8	11	-15.79
1:18.72S	F # 25A	Female 11-12 100 Back	4	15	-0.27

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1:18.95S	P # 25A	Female 11-12 100 Back	4	---	-0.04
1:30.12S	P # 35A	Female 11-12 100 Fly	9	---	2.78
2:32.89S	P # 41A	Female 11-12 200 Free	9	---	-1.61
36.08S	F # 47	200 Medley Relay Lead Off	---	---	-0.09
5:24.73S	F # 57A	Female 11-12 400 Free	11	6	-1.64
2:47.88S	P # 65A	Female 11-12 200 Back	4	---	1.46
2:48.20S	F # 65A	Female 11-12 200 Back	5	14	1.78
1:09.31S	P # 73A	Female 11-12 100 Free	9	---	-1.17
31.67S	F # 77	200 Free Relay Lead Off	---	---	-0.32
Rebecca MacKenzie (10) F					
1:31.02S	F # 17C	Female 6-10 100 Free	19	---	-7.02
1:43.93S	F # 21C	Female 6-10 100 Back	15	2	1.47
57.04S	F # 27C	Female 6-10 50 Breast	17	---	2.50
48.62S	F # 45	200 Medley Relay Lead Off	---	---	0.34
3:18.66S	P # 59	Female 10 & Under 200 Free	20	---	-12.37
45.46S	F # 61C	Female 6-10 50 Back	8	11	-2.82
41.21S	F # 71C	Female 6-10 50 Free	21	---	1.57
Ana MacLeod (14) F					
31.60S	P # 1B	Female 13-14 50 Free	17	---	1.29
3:00.91S	P # 7B	Female 13-14 200 IM	31	---	2.43
1:24.73S	P # 25B	Female 13-14 100 Back	19	---	0.17
2:32.60S	P # 41B	Female 13-14 200 Free	20	---	-4.03
5:27.05S	F # 57B	Female 13-14 400 Free	20	---	-1.00
3:00.78S	P # 65B	Female 13-14 200 Back	27	---	-8.04
1:10.23S	P # 73B	Female 13-14 100 Free	28	---	-0.45
32.11S	F # 79	200 Free Relay Lead Off	---	---	1.80
Mackenzie Masterton (15) F					
NS	P # 1C	Female 15 & Over 50 Free	---	---	---
NS	P # 7C	Female 15 & Over 200 IM	---	---	---
NS	P # 25C	Female 15 & Over 100 Back	---	---	---
NS	P # 41C	Female 15 & Over 200 Free	---	---	---
NS	P # 65C	Female 15 & Over 200 Back	---	---	---
NS	P # 73C	Female 15 & Over 100 Free	---	---	---
Ian Mattock (18) M					
NS	P # 2C	Male 15 & Over 50 Free	---	---	---
NS	P # 4C	Male 15 & Over 100 Breast	---	---	---
NS	P # 8C	Male 15 & Over 200 IM	---	---	---
Fionnuala McKenna (8) F					
1:36.44S	F # 17C	Female 6-10 100 Free	25	---	-0.58
1:44.54S	F # 21C	Female 6-10 100 Back	17	---	-5.15
4:12.22S	P # 37	Female 10 & Under 200 IM	26	---	0.62
49.08S	F # 61C	Female 6-10 50 Back	15	2	-1.24
54.48S	F # 67C	Female 6-10 50 Fly	14	3	0.06
43.85S	F # 71C	Female 6-10 50 Free	27	---	0.79

UVic - Pacific Coast Swimming Assoc.

Individual Meet Results

VIR SC Championships 15-Jan-10 to 17-Jan-10 SC Meters

Location: Duncan

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
Heather McMillan (10) F					
6:21.33S	F # 11C	Female 6-10 400 Free	12	5	-30.76
1:25.49S	F # 17C	Female 6-10 100 Free	13	4	-4.63
1:34.84S	F # 21C	Female 6-10 100 Back	7	12	-4.97
51.80S	F # 27C	Female 6-10 50 Breast	10	7	-0.86
1:56.24S	F # 31C	Female 6-10 100 Fly	8	11	0.18
3:31.72S	P # 37	Female 10 & Under 200 IM	14	---	-8.00
Lauren McMillan (13) F					
1:16.82S	F # 3B	Female 13-14 100 Breast	1	20	1.03
1:17.37S	P # 3B	Female 13-14 100 Breast	1	---	1.58
2:40.15S	P # 7B	Female 13-14 200 IM	10	---	2.88
5:34.29S	F # 19B	Female 13-14 400 IM	6	13	5.44
2:42.92S	F # 29B	Female 13-14 200 Breast	1	20	-0.62
2:48.60S	P # 29B	Female 13-14 200 Breast	1	---	5.06
1:10.63S	F # 35B	Female 13-14 100 Fly	4	15	-1.51
1:12.13S	P # 35B	Female 13-14 100 Fly	4	---	-0.01
Remy Mock (16) M					
16:49.52S	F # 15F	Male 15 & Over 1500 Free	1	20	-23.27
Rosie Moulton (13) F					
4:52.28S	F # 57B	Female 13-14 400 Free	7	12	4.73
1:01.30S	F # 73B	Female 13-14 100 Free	2	17	-0.83
1:02.86S	P # 73B	Female 13-14 100 Free	3	---	0.73
Kristopher Neilson (9) M					
1:31.57S	F # 17D	Male 6-10 100 Free	14	3	2.93
1:39.69S	F # 21D	Male 6-10 100 Back	4	15	-1.46
49.26S	F # 27D	Male 6-10 50 Breast	3	16	-1.08
3:30.53S	F # 38	Male 10 & Under 200 IM	4	15	-0.89
3:36.08S	P # 38	Male 10 & Under 200 IM	5	---	4.66
40.84S	F # 53	200 Free Relay Lead Off	---	---	1.56
3:05.46S	F # 60	Male 10 & Under 200 Free	6	13	-2.80
3:14.59S	P # 60	Male 10 & Under 200 Free	8	---	6.33
40.17S	F # 71D	Male 6-10 50 Free	11	6	0.89
1:47.43S	F # 75D	Male 6-10 100 Breast	2	17	-0.27
Rachael Newman (15) F					
28.36S	F # 1C	Female 15 & Over 50 Free	3	16	0.70
29.22S	P # 1C	Female 15 & Over 50 Free	7	---	1.56
9:35.48S	F # 13E	Female 15 & Over 800 Free	4	15	-0.27
5:18.80S	F # 19C	Female 15 & Over 400 IM	5	14	0.07
1:09.52S	F # 25C	Female 15 & Over 100 Back	9	9	-1.52
1:12.88S	P # 25C	Female 15 & Over 100 Back	11	---	1.84
1:06.54S	F # 35C	Female 15 & Over 100 Fly	1	20	1.53
1:08.05S	P # 35C	Female 15 & Over 100 Fly	2	---	3.04
4:37.87S	F # 57C	Female 15 & Over 400 Free	6	13	9.27
2:24.26S	F # 69C	Female 15 & Over 200 Fly	1	20	3.76

UVic - Pacific Coast Swimming Assoc.

Individual Meet Results

VIR SC Championships 15-Jan-10 to 17-Jan-10 SC Meters

Location: Duncan

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
2:27.74S	P # 69C	Female 15 & Over 200 Fly	3	---	7.24
1:01.50S	F # 73C	Female 15 & Over 100 Free	5	14	1.61
1:03.21S	P # 73C	Female 15 & Over 100 Free	8	---	3.32
28.73S	F # 81	200 Free Relay Lead Off	---	---	1.07
Nicholas Nolt (9) M					
1:33.63S	F # 17D	Male 6-10 100 Free	15	2	3.09
1:46.19S	F # 21D	Male 6-10 100 Back	6	13	-9.56
3:54.92S	P # 38	Male 10 & Under 200 IM	12	---	-6.15
3:24.55S	P # 60	Male 10 & Under 200 Free	14	---	-3.76
50.65S	F # 61D	Male 6-10 50 Back	10	7	-1.50
54.07S	F # 67D	Male 6-10 50 Fly	9	9	0.70
38.86S	F # 71D	Male 6-10 50 Free	9	9	-1.36
Stephen Olmos (13) M					
29.30S	P # 2B	Male 13-14 50 Free	3	---	0.09
29.72S	F # 2B	Male 13-14 50 Free	7	12	0.51
1:26.24S	P # 4B	Male 13-14 100 Breast	4	---	-5.38
1:27.33S	F # 4B	Male 13-14 100 Breast	4	15	-4.29
2:54.31S	P # 8B	Male 13-14 200 IM	10	---	6.81
1:17.36S	P # 26B	Male 13-14 100 Back	6	---	0.16
1:19.43S	F # 26B	Male 13-14 100 Back	7	12	2.23
1:23.82S	P # 36B	Male 13-14 100 Fly	10	---	1.50
5:20.22S	F # 58B	Male 13-14 400 Free	10	7	12.48
2:45.71S	P # 66B	Male 13-14 200 Back	8	---	0.82
2:51.02S	F # 66B	Male 13-14 200 Back	8	11	6.13
1:08.41S	P # 74B	Male 13-14 100 Free	13	---	4.27
Zac Parkes (16) M					
1:10.51S	F # 4C	Male 15 & Over 100 Breast	2	17	1.33
1:14.12S	P # 4C	Male 15 & Over 100 Breast	3	---	4.94
2:15.91S	F # 8C	Male 15 & Over 200 IM	1	20	0.62
2:21.48S	P # 8C	Male 15 & Over 200 IM	2	---	6.19
4:49.38S	F # 20C	Male 15 & Over 400 IM	1	20	-28.72
2:37.71S	F # 30C	Male 15 & Over 200 Breast	3	16	-8.04
2:44.61S	P # 30C	Male 15 & Over 200 Breast	2	---	-1.14
1:08.28S	P # 36C	Male 15 & Over 100 Fly	10	---	0.78
28.36S	F # 52	200 Medley Relay Lead Off	---	---	0.47
4:16.77S	F # 58C	Male 15 & Over 400 Free	3	16	6.02
2:12.49S	F # 66C	Male 15 & Over 200 Back	1	20	1.79
2:19.54S	P # 66C	Male 15 & Over 200 Back	2	---	8.84
2:24.87S	F # 70C	Male 15 & Over 200 Fly	4	15	-29.59
2:34.48S	P # 70C	Male 15 & Over 200 Fly	6	---	-19.98
25.94S	F # 82	200 Free Relay Lead Off	---	---	1.19
Caroline Rendez (15) F					
NS	P # 35C	Female 15 & Over 100 Fly	---	---	---
NS	P # 41C	Female 15 & Over 200 Free	---	---	---

UVic - Pacific Coast Swimming Assoc.

Individual Meet Results

VIR SC Championships 15-Jan-10 to 17-Jan-10 SC Meters

Location: Duncan

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
NS	F # 57C	Female 15 & Over 400 Free	---	---	---
NS	P # 73C	Female 15 & Over 100 Free	---	---	---
Julia Schmidt (17) F					
5:23.44S	F # 19C	Female 15 & Over 400 IM	7	12	2.91
1:07.37S	F # 35C	Female 15 & Over 100 Fly	3	16	0.18
1:09.34S	P # 35C	Female 15 & Over 100 Fly	5	---	2.15
2:17.98S	F # 41C	Female 15 & Over 200 Free	11	6	1.68
2:20.25S	P # 41C	Female 15 & Over 200 Free	14	---	3.95
2:36.19S	P # 65C	Female 15 & Over 200 Back	8	---	4.90
2:26.10S	F # 69C	Female 15 & Over 200 Fly	4	15	0.57
2:29.27S	P # 69C	Female 15 & Over 200 Fly	5	---	3.74
Stefanie Schmidt (14) F					
DQ	F # 19B	Female 13-14 400 IM	---	---	---
1:07.84S	F # 25B	Female 13-14 100 Back	1	20	1.29
1:10.46S	P # 25B	Female 13-14 100 Back	1	---	3.91
2:12.25S	F # 41B	Female 13-14 200 Free	1	20	-1.50
2:17.85S	P # 41B	Female 13-14 200 Free	3	---	4.10
32.59S	F # 49	200 Medley Relay Lead Off	---	---	0.53
Jackson Sinclair (13) M					
32.72S	P # 2B	Male 13-14 50 Free	18	---	-0.26
1:28.91S	P # 4B	Male 13-14 100 Breast	7	---	---
1:30.24S	F # 4B	Male 13-14 100 Breast	8	11	---
1:21.06S	P # 26B	Male 13-14 100 Back	11	---	2.07
2:27.70S	P # 42B	Male 13-14 200 Free	9	---	-1.19
5:17.51S	F # 58B	Male 13-14 400 Free	9	9	1.11
2:56.15S	P # 66B	Male 13-14 200 Back	11	---	4.18
1:11.81S	P # 74B	Male 13-14 100 Free	17	---	1.40
Ariyan Suleman (15) M					
29.95S	P # 2C	Male 15 & Over 50 Free	10	---	0.52
DQ	P # 4C	Male 15 & Over 100 Breast	---	---	---
3:09.70S	P # 30C	Male 15 & Over 200 Breast	10	---	3.41
1:26.83S	P # 36C	Male 15 & Over 100 Fly	18	---	---
NS	P # 74C	Male 15 & Over 100 Free	---	---	---
Riley Tesch (11) F					
1:39.71S	P # 3A	Female 11-12 100 Breast	10	---	-0.07
7:06.31S	F # 19A	Female 11-12 400 IM	6	13	-2.52
3:37.02S	P # 29A	Female 11-12 200 Breast	10	---	3.71
2:58.41S	P # 41A	Female 11-12 200 Free	22	---	-4.42
6:20.55S	F # 57A	Female 11-12 400 Free	23	---	-11.92
1:18.11S	P # 73A	Female 11-12 100 Free	24	---	-4.52
Aidan Thirkell (15) M					
4:33.67S	F # 58C	Male 15 & Over 400 Free	11	6	2.41
2:34.89S	P # 66C	Male 15 & Over 200 Back	13	---	-2.22
1:00.46S	P # 74C	Male 15 & Over 100 Free	14	---	1.59

UVic - Pacific Coast Swimming Assoc.

Individual Meet Results

VIR SC Championships 15-Jan-10 to 17-Jan-10 SC Meters

Location: Duncan

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
Rebecca Thomson (15) F					
32.84S	P # 1C	Female 15 & Over 50 Free	23	---	---
1:28.78S	P # 3C	Female 15 & Over 100 Breast	15	---	-1.07
10:55.89S	F # 13E	Female 15 & Over 800 Free	9	9	-96.08
6:00.94S	F # 19C	Female 15 & Over 400 IM	13	4	-4.31
3:12.91S	P # 29C	Female 15 & Over 200 Breast	16	---	0.96
2:31.54S	P # 41C	Female 15 & Over 200 Free	26	---	-0.54
5:17.87S	F # 57C	Female 15 & Over 400 Free	23	---	-3.81
1:10.09S	P # 73C	Female 15 & Over 100 Free	27	---	-0.81
Heidi Ullrich (11) F					
34.58S	P # 1A	Female 11-12 50 Free	20	---	-0.32
1:32.62S	P # 25A	Female 11-12 100 Back	18	---	-1.21
1:29.71S	P # 35A	Female 11-12 100 Fly	7	---	-4.51
1:32.36S	F # 35A	Female 11-12 100 Fly	8	11	-1.86
6:05.18S	F # 57A	Female 11-12 400 Free	20	---	11.84
3:18.58S	F # 69A	Female 11-12 200 Fly	5	14	---
3:20.36S	P # 69A	Female 11-12 200 Fly	6	---	---
1:16.15S	P # 73A	Female 11-12 100 Free	20	---	-5.53
Victoria von Sacken Nash (9) F					
1:38.49S	F # 17C	Female 6-10 100 Free	26	---	-1.04
50.99S	F # 27C	Female 6-10 50 Breast	9	9	-0.96
3:53.48S	P # 37	Female 10 & Under 200 IM	22	---	-2.83
51.13S	F # 67C	Female 6-10 50 Fly	11	6	-2.01
43.28S	F # 71C	Female 6-10 50 Free	26	---	-0.94
1:50.41S	F # 75C	Female 6-10 100 Breast	9	9	-1.70
Alice Wang (16) F					
1:18.02S	F # 3C	Female 15 & Over 100 Breast	5	14	0.56
1:18.09S	P # 3C	Female 15 & Over 100 Breast	3	---	0.63
2:27.91S	F # 7C	Female 15 & Over 200 IM	2	17	-1.21
2:31.02S	P # 7C	Female 15 & Over 200 IM	3	---	1.90
5:22.82S	F # 19C	Female 15 & Over 400 IM	6	13	---
2:45.92S	F # 29C	Female 15 & Over 200 Breast	4	14.5	-2.09
2:47.13S	P # 29C	Female 15 & Over 200 Breast	5	---	-0.88
4:53.00S	F # 57C	Female 15 & Over 400 Free	16	1	-1.26
2:24.30S	F # 69C	Female 15 & Over 200 Fly	2	17	-4.06
2:27.42S	P # 69C	Female 15 & Over 200 Fly	1	---	-0.94
1:04.13S	P # 73C	Female 15 & Over 100 Free	12	---	-5.79
1:04.69S	F # 73C	Female 15 & Over 100 Free	13	4	-5.23
Brenden Ward (15) M					
29.13S	P # 2C	Male 15 & Over 50 Free	9	---	-0.51
1:22.79S	P # 4C	Male 15 & Over 100 Breast	9	---	-0.71
2:55.85S	P # 30C	Male 15 & Over 200 Breast	7	---	-3.29
3:02.16S	F # 30C	Male 15 & Over 200 Breast	8	11	3.02
1:18.63S	P # 36C	Male 15 & Over 100 Fly	17	---	-1.04

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Time	F/P/S	Event	Place	Points	Improv
4:57.68S	F # 58C	Male 15 & Over 400 Free	17	---	3.29
1:04.36S	P # 74C	Male 15 & Over 100 Free	19	---	-0.30
Leanna Woo (13) F					
32.40S	P # 1B	Female 13-14 50 Free	23	---	0.78
2:52.96S	P # 7B	Female 13-14 200 IM	22	---	5.14
11:24.23S	F # 13C	Female 13-14 800 Free	18	---	46.14
1:18.08S	P # 25B	Female 13-14 100 Back	13	---	2.18
1:20.47S	P # 35B	Female 13-14 100 Fly	18	---	6.63
2:36.58S	P # 41B	Female 13-14 200 Free	25	---	5.68
2:44.48S	P # 65B	Female 13-14 200 Back	20	---	0.10
1:11.45S	P # 73B	Female 13-14 100 Free	31	---	3.60
Melanie Yu (16) F					
1:22.75S	P # 3C	Female 15 & Over 100 Breast	9	---	1.98
2:55.86S	P # 7C	Female 15 & Over 200 IM	22	---	3.28
6:14.48S	F # 19C	Female 15 & Over 400 IM	14	3	---
3:00.23S	P # 29C	Female 15 & Over 200 Breast	12	---	2.50
1:24.07S	P # 35C	Female 15 & Over 100 Fly	26	---	-0.08
Tabitha Zammit (11) F					
1:36.76S	F # 3A	Female 11-12 100 Breast	7	12	-2.04
1:37.53S	P # 3A	Female 11-12 100 Breast	8	---	-1.27
3:06.98S	P # 7A	Female 11-12 200 IM	14	---	-14.41
6:07.73S	F # 57A	Female 11-12 400 Free	21	---	-27.58
3:10.88S	P # 65A	Female 11-12 200 Back	18	---	-7.62
1:21.44S	P # 73A	Female 11-12 100 Free	26	---	-3.89