



# University of Victoria

## Vikes Swimming

### Philosophy

The University of Victoria Vikes Swim Team's primary focus is to provide Canadian swimmers with the opportunity to simultaneously pursue both academic and athletic excellence. In keeping with this philosophy, elite athletes' priorities are linked to Swimming Canada's program throughout the season.

Since 1983 when Dr. Peter Vizsolyi took over the reins of the Vikes Program the program has been geared toward meeting the individual needs of its swimmers. Inherent in this type of philosophy is the commitment to work with a small number of motivated, excellence-oriented athletes. This approach has helped make the Viking program one of the most successful in the country.

The Vikes banner has been carried by 7 Olympians and 21 International Team representatives since 1984. Team members have garnered over 200 medals at National Championship meets and the women's team has placed in the top five nine times since 1985. Last season, the men's team placed third and the women's team finished 5th at the CIS Championships and we hope to improve on that finish this year.

The program includes the use of a 25 meter and a 50 meter pool, dryland facilities including the largest weight facility in Western Canada, swim benches, universal gym and hydra gym, and access to an on-site physiotherapy clinic should the need arise. An excellent exercise physiology lab, one of the only three Canadian Olympic Association approved centers in the country, is available for sport science testing.

Since the 1994 Commonwealth Games the UVic team has benefited from the use of Sannich Commonwealth Place. Access to this facility has further enhanced opportunities for Nationally ranked student athletes to excel.

The University of Victoria represents a unique collegiate program which aims to fulfill the individual athletic and academic needs of both National and International caliber athletes. It has proven itself in the past and is committed toward the future.