

# **Sixth ANNUAL MIDSUMMER MADNESS** **SHORT COURSE INVITATIONAL**

**AUGUST 6-7, 2016**

### Saanich Commonwealth Place

**4636 Elk Lake Drive**

**Victoria BC CANADA V8Z 5M1**

**Sanctioned by Swim BC**

**START TIMES**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Date** | **Heats** | |  | **Finals** | |  |
|  | **Warm-ups** | **Start** | **Estimated Timeout** | **Warm-ups** | **Start** | **Estimated**  **Timeout** |
| 2016-08-06 | 8:00 am | 9:00 am | 1:30 pm | 4:00 pm | 5:00 pm | 7:30 pm |
| 2016-08-07 | 7:30 am | 8:30 am | 1:00 pm | ~3:00 pm | ~4:00 pm | ~6:00 pm |

**POOL AND FACILITIES**

# Eight-lane, 25m competition pool.

# Ares-Omega electronic timing, touch pads and scoreboard.

# Separate warm-up pool – four short-course lanes in dive tank.

# Coffee shop – the Aquaterra Café – available.

# **ELIGIBILITY**

Swimmers registered with Swim BC or other FINA-related organizations. Note that in order to compete at this meet, Swim BC sessional and novice registrants must upgrade to competitive status. Swimmer age is determined on August 6, 2015.

**GENERAL INFORMATION**

1. This meet is designed to enable swimmers of all ages and levels to attend a midsummer short course heats and finals event.
2. The meet will run under Swim BC and SNC rules: SNC warm-up procedures will be in effect; scoring will be as per SNC rules.
3. There is no entry standard for this meet.
4. As *per* the Swim BC Technical Guide, coaches are asked to exercise discretion in choosing events for 10 & under swimmers so that that deck time, excluding warm-up, does not exceed 4 hours per session.
5. For individual events other than the 800 and 1500 freestyle, heats will swim slowest to fastest, all age groups combined.
6. Finals will swim in age groups 12 & under, 13 & over categories.
7. There will be consolation final in events of distance 50, 100 and 200m.
8. Swimmers may swim up age groups in one or more events. If so, coaches are asked to notify meet management of competitors’ names, events and swim-up age categories.
9. 800 and 1500 Freestyle events will swim as timed finals, fastest to slowest, all age groups combined. The fastest heat of each event, both female and male, will swim in finals, as the final event in the session.
10. Relays will swim in age groups 12 & under, and 13 & overf, and are timed finals. All relays will swim at the beginning of finals in the evening; please submit entry times with relays.
11. Scratch deadline for finals is 30 minutes from the conclusion of heats on the day the final is to swim.
12. A cup of Jelly Beans will be awarded to 1st place finishers, and Ribbons will be awarded to 2nd and 3rd place finishers in both individual and relay events in all age groups.
13. Ribbons will also be awarded to the broken 400 IM winners, combining each of the 100m events.
14. Sunday's Finals session's warmup will begin approximately 2 hours following the end of the morning session, with the finals session beginning an hour later.

## ENTRIES

## Entries must be uploaded prior to the entry deadline to the Swimming Canada website at <http://www.swimmeet.ca/>.  Entries sent directly to the Meet Director cannot be accepted. Please note that this also means we will not be able to accept mailed entries.

## Meet Manager: Ryan Clouston

Email: [meets@pacificcoastswimming.com](mailto:meets@pacificcoastswimming.com)

1. Final entries must be uploaded by Monday**, August 1, 2016**.
2. Entries are $8.00 *per* individual event; $10.00 *per* relay. Final scratch deadline without financial penalty: August 5. 2016.
3. Note that, in addition to individual and relay event fees, Saanich Commonwealth Place requires a $5.00 *per* swimmer Facility Improvement Fee and Swim BC requires a $4.00 *per* swimmer Provincial Team Splash Fee to support Swim BC’s Provincial Team and Regional Camp Initiatives.
4. Please make cheques for the total amount, including all individual and relay entries, *and* Swim BC and SCP facility fees, payable to **Pacific Coast Swimmers and Parents Association (PCSPA)**.
5. Entries must show swimmers' ages, or swimmers will be entered in the 13 & over age category.
6. No refunds of fees for scratched events after the entry deadline except with a medical certificate.
7. This meet is limited to 350 swimmers. Teams will be notified if entries cannot be accepted.

Event Order:

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Saturday** | | |  | **Sunday** | | |
| Women |  | Men |  | Women |  | Men |
| 1 | 4x50 Medley Relay | 2 |  | 21 | 4x50 Free Relay | 22 |
| 3 | 400 Freestyle | 4 |  | 23 | 400 IM | 24 |
| 5 | 50 Butterfly | 6 |  | 25 | 100 Breaststroke | 26 |
| 7 | 100 Backstroke | 8 |  | 27 | 200 Freestyle | 28 |
| 9 | 200 Breaststroke | 10 |  | 29 | 100 Butterfly | 30 |
| 11 | 100 Freestyle | 12 |  | 31 | 50 Breaststroke | 32 |
| 13 | 50 Backstroke | 14 |  | 33 | 200 Backstroke | 34 |
| 15 | 200 IM | 16 |  | 35 | 50 Freestyle | 36 |
| 17 | 200 Butterfly | 18 |  | 37 | 800 Freestyle | 38 |
| 19 | 1500 Freestyle | 20 |  |  |  |  |



../../../../../Dropbox/Meet%20Sanctions/SNC/2014.11.SNC.WarmUpRules.pdf