

**PCS Parent & Swimmers Association - Club Commitment - Season 2015-16**

<b>We agree to volunteer for the following meets</b>		<b>Total Sessions</b>	<b>Volunteering for (enter # of sessions)</b>	<b>We agree to contribute food items for volunteers and coaches for the following meets</b>	
Senior Circuit	2015 - Oct 31	1	<input type="text"/>	Senior Circuit	<input type="text"/>
Christmas Cracker	2015 - Dec 4, 5 & 6	6	<input type="text"/>	Christmas Cracker	<input type="text"/>
BC AAA SC Championship	2016 - Mar 3, 4, 5 & 6	8	<input type="text"/>	BC AAA SC Championships	<input type="text"/>
Wavemaker LC	2016 - Apr 29, 30, May 1	6	<input type="text"/>	Wavemaker LC	<input type="text"/>
VIR LC Championship	2016 - Jun 3, 4 & 5	6	<input type="text"/>	VIR LC Championship	<input type="text"/>
<b>Total</b>		<b>18</b>			

<b>We have previously volunteered as:</b>		<b>One or more of us would like to participate in:</b>	
Timer	<input type="text"/>	Timer Clinic	<input type="text"/>
Stroke & Turn Judge	<input type="text"/>	Stroke & Turn Judge Clinic	<input type="text"/>
Hytex Operator	<input type="text"/>	Hytex Operator Training	<input type="text"/>
Ares Operator	<input type="text"/>	Ares Operator Training	<input type="text"/>
Webcast	<input type="text"/>	Webcast Training	<input type="text"/>
Chief Finish Judge	<input type="text"/>	Chief Finish Judge Clinic	<input type="text"/>
Clerk of Course	<input type="text"/>	Clerk of Course Clinic	<input type="text"/>
Safety Marshal	<input type="text"/>		
Chief Timer	<input type="text"/>		
Starter	<input type="text"/>		
Referee	<input type="text"/>		
Meet Manager	<input type="text"/>		

**Our family is unable to volunteer. A cheque of \$500 is enclosed to cover for our commitments for 2015-16 season**

<b>Swimmer Name(s) and Group(s):</b>	<input type="text"/>
<b>Parent Siganture(s):</b>	<input type="text"/>
<b>Parent Phone Number and Email Address:</b>	<input type="text"/>

*NOTE: Please complete one club commitment form for your family*

**2015-2016 REGISTRATION – PACIFIC COAST SWIMMING  
PACIFIC COAST SWIMMING CLUB COMMITMENT AND VOLUNTEERING POLICY**

Pacific Coast Swimming is a competitive swim club and consequently, swim meets are central to what we do! Swim meets are the way our athletes and coaches gauge progress and achieve goals.

PCS hosts a number of swim meets each season. These include our own Annual Invitational Meets as well as Regional, Provincial, National and sometimes International Championship meets.

**Indirectly, most swim meets act as fundraisers; so hosting swim meets helps to support our programs and keeps our monthly swim fees at manageable levels. Team and swimmer travel costs are also minimized by hosting meets at home.** The average cost of an out-of-town meet to a swimmer's family begins at about \$100 per day. Hosting meets at home saves families this added expense.

Swim meets often require a large number of officials and all the officials you see on the pool deck are volunteers. When you volunteer you're not just helping your swimmer, you're helping all swimmers, both directly and indirectly. Directly, the meet happens: without volunteers, meets don't run. With your help, all swimmers have an opportunity to swim fast and achieve their goals. And meets are also a lot of fun!

PCS asks that all families support their own and other PCS swimmers by volunteering their time and their talents, particularly at competitive events. We will train you on pool deck and through occasional Officials' Clinics throughout the year - watch for notices on our web site. Most people start with timing, and then try out the other positions until they find their niche. These include food service, stroke and turn judges, starters, referees, electronics and database operations and more. Information and descriptions for these jobs is available on the PCS website.

**Here are the volunteer commitments PCS expects from swimmers and their families in Groups A through D.**

- At least one representative from all families in Groups D and below should attend one officials' clinic, so that they are certified to the minimum Level 1 Official (Timing).
- At least one representative from all families in Groups A, B and C should be certified in one or more additional positions (e.g.: Timing, Stroke and Turn, Chief Timer, Chief Finish, Booth Positions, Food Service).
- At least one representative from each family will volunteer for a majority of the sessions at all PCS hosted swim meets (e.g. food service, timing, other officiating); and
- All families will contribute food for the volunteers and coaches at all PCS-hosted meets as requested (sandwiches, fruit, vegetables, baking, etc.).
- All families are required to complete a Club Commitment Form as part of their registration process.

**To recognize your volunteer contributions, PCS is offering:**

- a) One free volunteer recognition t-shirt for families whose members volunteer for 17+ sessions; 2 free shirts for those who volunteer 24 or more sessions. Volunteer expectations are subject to change when Swim BC meets for 2015-2016 season are awarded.
- b) Free drop-in maintenance sessions in August 2016 to registered swimmers whose families exceeded the minimum volunteer requirements for the 2015-2016 season.