



PACIFIC COAST SWIMMING



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WWW URL <http://www.integratedsports.net/pacificcoastswim/>

Pacific Coast Swimmers and Parents Association Newsletter, October 2002

PCS to hold first Invitational Swim Meet, the "Christmas Cracker", 14-15 December 2002. Watch our web site for details, or come to our October Board Meeting and AGM to hear all about it. Look forward to fast swimming and prizes too!

Pacific Coast Swimming's first annual season kick-off BBQ and swim camp was a tremendous success. Thanks to the approximately one hundred members who attended, and special thanks to Thrifty's, Silver Rill Corn, and David Scott, Bill MacArthur and their cheerful cooking crew. We consumed 90 hot dogs, 90 hamburgers and about eight dozen corn on the cob, talked, laughed, played baseball and generally had a great time. A terrific start to our swimming year!

Registration proceeds apace and we have a great group of swimmers, from beginners to International athletes. Pool time allocation was completed in early September, to be assessed by the Saanich Commonwealth Pool Review Board in early October. Your coaches will keep you posted if there are any changes in swim schedules as a result of this review; the schedules are posted as well on our web site (URL above).

Stutzel 11th, Creel 13th in Tough 10k Race at 2002 World Championships in Egypt. Pacific Coast swimmers David Creel and Karley Stutzel finished strongly in a tough world class field. Stutzel is in her third year at the University of Victoria and is two-time Canadian Female Long Distance Swimmer of the Year,

in 2000 and 2001. Creel won his first National titles this past summer when he took both the Canadian National 5km and 10km events to earn a spot on the World Championship team. Creel is also in his third year at the University of Victoria. PCS head coach Ron Jacks is the head coach of the Canadian Open Water team in Egypt. Jacks was the coach of Canada's last World Open Water Champion, Greg Streppel, in 1994. For more details, including race courses, see our web site.

The next PCSPA Board Meeting is scheduled for Tuesday October 22, 2002 in the Pacific Sport Boardroom at 7:30pm. Everyone is welcome to attend and we look forward to seeing you there.

The first PCSPA Annual General Meeting will be on Monday October 28, 2002 in the Pacific Sport Board Room at Saanich Commonwealth Place at 7:30pm. All Board Positions will be up for election. The nominating committee will be seeking willing nominees between now and the AGM. If you are interested, contact us at pcspa@shaw.ca. As well, remember that nominations may be made from the floor at the meeting itself.

New to the sport? Confused about rules and regulations, and wondering how to help at swim meets? Read the SwimBC Swim Guide at http://www.swimbc.ca/publications/swimguide/swimguide_main.asp and the Parents' Resource Guide at http://www.swimbc.ca/publications/swimguide/swimguide_main.asp?section=9 for really useful information.

General Information

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Coaching contacts

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This PCSPA Newsletter is produced on a semi-regular basis throughout the swim year. It will be distributed to the swimmers; as well, it is available for download through our web site. For up-to-date information on PCS-PCSPA activities, please contact your Coach or any PCSPA Board member, and stay in touch with the PCS-PCSPA web sites, at <http://www.integratedsports.net/pacificcoastswim/>.