

## **Pacific Coast Swimming Club Commitment Policy 2022/23**

### **Annual Club Commitment**

Typically, PCS hosts 7-10 meets per year and each family is expected to meet the following minimum number of sessions per year at PCS-hosted swim meets:

Group (as of October 1/22) Minimum Club Commitment:

National 1 & 2: 18 sessions

Senior 1 & 2: 15 sessions

Provincial 1, 2 & 3: 12 sessions

Development 1, 2 & 3: 10 sessions

Lightning Fast sessions not tracked, but families expected to complete 1 session/meet where child is participating

NOTE: one session is equivalent to either one preliminary, or one finals, session per meet

NOTE: There may be other PCS-only meets held through the year, such as Sunday Race Series and time trials, where parents of participating swimmers will be asked to help. These smaller, non-revenue generating meets are for PCS only and, as a result, do not count towards club commitment sessions (although we are grateful for your time!).

For families with more than one swimmer, the club commitment applies to the highest-level swimmer in each family only.

Parents are strongly encouraged to pro-actively approach PCS staff if they have any concerns about their ability to meet the club commitment. PCS staff will communicate with families who may be at risk of not meeting their club commitments and identify if alternative arrangements are needed.

PCS reserves the right to collect a club commitment penalty of up to \$500 for member families not completing their annual club commitment.

### **Club Commitment - Recognition**

PCS gratefully appreciates and recognizes your contribution of time and effort. Typically, recognition includes:

- white/red PCS officials t-shirt for those who meet minimum commitment
- Free drop-in maintenance swims in August to registered swimmers whose families meet their minimum club requirements for that year
- Families who have exceeded the minimum commitment will be entered into a draw for some exciting prizes

## **Officials Training Commitment and Progression**

It is important that parents progress and advance through our officials program alongside their swimmers. At least one person per family is expected to complete training for the positions listed below. Participating in one officials training session is equivalent to 1 session, to be counted towards the annual requirement.

Group (as of October 1/22) Expected Training Certification

Lightning Fast: Timer (once your child starts competing)

Development: Timer

Provincial: Stroke and turn judge

Senior and National: One senior officials position (e.g., starter, electronics, clerk-of-course, chief timer, referee) per family. May require special training. Contact Penny Robertson [penny.robertson@gmail.com](mailto:penny.robertson@gmail.com) and/or David Fairhurst [davidgafairhurst@gmail.com](mailto:davidgafairhurst@gmail.com) for more information.

Officials Training Dates will be posted on the PCS website, with emails sent out to member families once these have been finalized. Families are encouraged to register with Swimming Canada and take part in online training modules prior to participating in offered officials clinics. [Swimming Canada](#)

## **Swim Meet Food Donations**

PCS is known for providing delicious and abundant food for officials and volunteers at our swim meets! All families will contribute some food for the volunteers and coaches at all PCS-hosted meets, as requested (sandwiches, fruit, vegetables, baking, etc.).