



THETIS LAKE  
SWIM FOR MS

21

YEARS

HTO

speedo



OPEN WATER  
SWIM FOR MS

MSABC PROVINCIAL  
OPEN WATER SWIMMING CHAMPIONSHIPS



RACE DISTANCES: 5K (NO WETSUIT), 3K, 1.5K, 800M | FUNDRAISING PRIZES  
WWW.HTO.CA OR THETISLAKESWIM.WORDPRESS.COM FOR INFO AND TO REGISTER

7:15AM RACE CHECK-IN, 8AM RACES START,  
10:15AM OPEN WATER PROVINCIAL CHAMPIONSHIPS BEGIN, 11:15AM AWARDS

JULY 28TH 2013  
THETIS LAKE

