

**October 23, 2016**

**UVIC-SFU Dual Meet (SC)**

**Results at** [**http://results.pacificcoastswimming.com**](http://results.pacificcoastswimming.com)

**POOL AND FACILITIES**

Saanich Commonwealth Place, Victoria 8-lane, 25m competition pool

**ELIGIBILITY**

This is a dual meet involving competitive swimmers from the UVIC Varsity Swim Team and SFU Varsity Swim Team. Swimmers must be registered with Swim BC or other FINA-related organizations.

**GENERAL INFORMATION**

All events are timed finals. Swimmers can enter a maximum of 3 individual events. Events will be scored as follows: 11, 4, 2, 0 for relays and 9, 4, 3, 2, 1, 0 for individual events. Note: Stroke 50s will be run during breaks and will be non-scoring. The best 3 swimmers from each team score, and the best 2 relay teams from each team score. There will be 4 swims maximum per swimmer (including relays)

**COACHES - ENTRIES**

Please upload entries onto the PCS SCP pool computer by October 21, 2016.

**Warm-ups:** 8:30 AM

**Start:** 9:30 AM

**Timeout:** 11:30 AM

**Women Men**

1 400 Medley Relay 2

3 800 Freestyle 4

5 200 Freestyle 6

7 100 Backstroke 8

9 100 Breaststroke 10

11 200 Butterfly 12

13 50 Freestyle 14

**--- 10 min break ---**

15 100 Freestyle 16

17 200 Backstroke 18

19 200 Breaststroke 20

21 400 Freestyle 22

23 100 Butterfly 24

**--- 10 min break ---**

25 200 Individual Medley 26

27 200 Freestyle Relay 28



