



**2011 Fall Invitational  
October 22 & 23, 2011  
Sanctioned by Swim BC: #11334**

**Location:** Nanaimo Aquatic Center  
741 Third Street  
Nanaimo, B.C.  
Club Contact: 250-714-1800

**Pool:** 25 meter 8 lane pool, bleachers on deck  
Electronic timing will be used (Colorado Timing Systems)

**Participating clubs:** This meet is open to all clubs who wish to attend.

<b>Start Times:</b>	<b>Sat. October 22</b>	<b>Sun. October 23</b>
	<b>Warm-up: 9:30 – 10:20 am</b>	<b>Warm-up: 8:00- 8:50 am</b>
	<b>Start: 10:30 am</b>	<b>Start: 9:00 am</b>
	<b>Estimated out time: 4:30</b>	<b>Estimated out time: 3:00</b>

Open warm-ups. Lanes one and eight will be opened as dive lanes for the last 25 minutes of warm-up. Safety Marshals must be present during the warm-up period.

**Eligibility:** All swimmers must be registered with Swim BC or FINA Affiliated club. Age groups are based on the age of the swimmers as of October 22, 2011.

Entries will be limited to 250 swimmers with the 250<sup>th</sup> swimmers team being the last team accepted.

**Reservations:** Will be accepted via e-mail to: [meets@nanaimoriptides.com](mailto:meets@nanaimoriptides.com) on a first come first serve basis. A deposit of \$100.00 will be needed to secure your spots. Deposits must be received by NRST within 14 calendar days of your request to confirm entries, after which time spots will not be held until payment has been received. Deposits are non-refundable. Confirmations will be made via e-mail after deposit has been received.

**Entries:** Meet entries must be uploaded prior to the entry deadline through the Swimming Canada [www.swimmeet.ca](http://www.swimmeet.ca) website. Entries sent directly to the meet manager will not be accepted. Please re-upload the entire entry file if making changes.

**Entry Deadline:** All entries must be received by **Friday, October 14, 2011**

**Entry Fees:** Individual Events: \$8.00 event  
Relay Events: \$8.50 per team entered  
SWIM BC Provincial Team Splash Fee \$4.00 swimmer  
**Cheques payable to NRST must be received prior to Saturday's Warm Ups to Meet Manager**  
Please submit one cheque for all swimmers entered under the club acronym payable to NRST

**Meet Rules:**

- SNC swimsuit rule is in effect
- SNC and Swim BC rules as stated in the SNC Rule book and the Swim BC Technical Guide will apply.
- 10 & Under will be swum in all individual events
- Coaches please be aware of the Swim BC recommended 4 hour timeline for 10 and Unders and enter your swimmers accordingly.
- 11 & Over will be seeded together.
- Seeding will be slowest to fastest.
- All events are timed finals.
- Swimmers are limited to a maximum of 4 events per day.

Meet management reserves the right to limit the # of heats and/or to reschedule events based on the # of entries received to achieve desired timelines.

**Deck Entries:** No Deck entries will be accepted

**Scratches:** Please email known scratches to Riptides by email at [meets@nanaimoriptides.com](mailto:meets@nanaimoriptides.com) by **12:00pm October 19<sup>th</sup>, 2011** Scratches made after this time will be subject to the entry fees and will not be reimbursed.

**Awards:** Placement cards will be issued to all swimmers

**Officials:** All clubs will be required to supply 3 timers plus on deck official for the duration of the meet. Please submit official's names to the Riptide office at before October 17, 2011

**Meet Manager:**  
Phone: 250 714-1800  
Email: [meets@nanaimoriptides.com](mailto:meets@nanaimoriptides.com)

## SATURDAY

GIRLS	EVENT	BOYS
1	200m Free Relay	2
3	10 & Under 50 Back	4
5	11 & Over 50m Back	6
7	11 & Over 100m Back	8
9	10 & Under 100m Free	10
11	11 & Over 100m Free	12
13	10 & Under 50m Fly	14
15	11 & Over 50m Fly	16
17	11 & Over 100m Fly	18
19	10 & Under 100m Breast	20
21	11 & Over 200m Breast	22
23	11 & Over 400m Free	24

## SUNDAY

GIRLS	EVENT	BOYS
25	200m Medley Relay	26
27	10 & Under 50m Free	28
29	11 & Over 50m Free	30
31	10 & Under 100 Back	32
33	11 & Over 200 back	34
35	10 & Under 50m Breast	36
37	11 & Over 50m Breast	38
39	11 & Over 100m Breast	40
41	11 & Over 200m Free	42
43	10 & Under 100 IM	44
47	11 & Over 200 IM	48