



**TEAM AQUATIC SUPPLIES - SWIM BC
2011 LONG COURSE SENIOR CIRCUIT
October 28-29, 2011
Sanctioned by SwimBC: #11756**

Hosted by the University of Victoria – Pacific Coast Swimming Association
Live results at <http://results.pacificcoastswimming.com>

Location

Saanich Commonwealth Place
4636 Elk Lake Road
Victoria, BC, V8Z 5M1

Facility

8 lanes – **50m** competition pool
25m warm-up pool also available
Concession and fitness store on site.

Rules

All rules and regulations as *per* **FINA** and **SNC**, as outlined in the SNC Rulebook. The **FINA** one start rule and SNC warm-up rules will be in effect. The current SNC swimsuit rule shall be observed as well.

Eligibility

Swimmers appropriately registered with Swim BC or other FINA affiliated organizations.

Qualifying Period

Times achieved after September 1, 2010.

Qualifying Standards

Swim BC 2011-2012 16&O 'AAA' LCM or SCM standards;
DO NOT SUBMIT CONVERTED TIMES.
All SCM entries will be converted by meet management.

BCAAP Recipients

All BCAAP recipients are required to attend all Senior Circuit meets (including BC Senior Championships) unless a viable rationale is presented and approved by the Executive Director of Swim BC.

T.A.S. Senior Circuit Prize Structure

Prize money will be awarded to the top five (5) swimmers based on their aggregate point scores of their best two events at the TAS-Swim BC Senior Circuits. Point scores will be based on the current FINA Point Charts. Each athlete may win only one award. Prize monies are only available to Swim BC-registered swimmers competing for a Swim BC-registered swim club.

1. \$300.00
2. \$250.00
3. \$200.00
4. \$150.00
5. \$100.00

To receive TAS-Swim BC prize money, athletes must achieve a minimum aggregate score of 1500 FINA points. Any monies not awarded will be carried over to the 2011-2012 TAS-Swim BC Senior Championships.

Entries

Submit entries via the Swimming Canada meet site at www.swimming.ca/meetlist.aspx. For questions regarding receipt of entries, please email: meets@pacificcoastswimming.com.

Meet Size

The meet will be limited to a maximum of 300 swimmers.

Format

This is an open event – no age groups. All events are timed finals, senior-seeded, slowest to fastest.

The following entry limits will be in place:

- 50m/100m/200m events – **no limit**
- 400m events – **24 entries**
- 800m/1500m events – **16 entries**

Alternate lists will be maintained and alternates will be added as scratches are received. Teams will be notified as soon as possible of alternate additions. Over-limit entries may be swum at the conclusion of the session, time-permitting.

Scratches

Scratches should be submitted as soon as possible. This includes scratches for swimmers in alternate positions. If lanes become available, we expect the highest ranked alternate to be able to swim.

Entry Limit per swimmer: No limit for entries that meet qualifying standards.

Bonus Events

Swimmers qualified in 1 or 2 events in the competition will be permitted 1 bonus entry per day. Bonus events should be indicated by checking the "Bonus" indicator when selecting the event in Team Manager.

Fees

Individual Events: \$7.50 *per* event
SCP Facility enhancement fee; \$5.00 *per* athlete
Swim BC Provincial Team Fee: \$4.00 *per* athlete

Fees payable to **Pacific Coast Swimmers and Parents Association (PCSPA)** are due no later than 4 pm, Friday October 28, 2011.

Entry Deadline

Initial Entries: **Tuesday, October 18, 2011.**
Psych listing will be available shortly following the deadline at <http://www.pacificcoastswimming.com>.

Meet Managers

Margaret Penning
Email meets@pacificcoastswimming.com

Swim BC Contact

Mike Flegel, Program Director, Swim BC
Telephone: 250-898-9008
Email mikeflegel@swimbc.ca

Swim BC and meet management reserve the right to make changes to meet format should the need arise.





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Event List

Friday, October 28, 2011 Warm-ups 4:00 – 5:00pm Start 5:10pm Anticipated Timeout: 8:30 pm			Saturday, October 29, 2011 Warm-ups 10:00 - 11:00am Start 11:10am Anticipated Timeout: 2:30 pm		
Event number	Gender	Event	Event number	Gender	Event
1	Women	200 Fly	14	Men	200 Fly
2	Men	400 Free	15	Women	400 Free
3	Women	50 Free	16	Men	50 Free
4	Men	100 Fly	17	Women	100 Fly
5	Women	200 IM	18	Men	200 IM
6	Men	200 Back	19	Women	200 Back
7	Women	200 Free	20	Men	200 Free
8	Men	100 Free	21	Women	100 Free
9	Women	100 Breast	22	Men	100 Breast
10	Men	200 Breast	23	Women	200 Breast
11	Women	100 Back	24	Men	100 Back
12	Men	400 IM	25	Women	400 IM
13	Women	800 Free	26	Men	1500 Free

Qualifying Times – BC Senior Circuit 2011

FEMALE		
SCM QT	EVENT	LCM QT
28.20	50 Free	28.76
1:00.66	100 Free	1:01.87
2:11.51	200 Free	2:14.14
4:37.85	400 Free	4:43.41
9:36.49	800 Free	9:48.02
1:09.01	100 Back	1:10.39
2:27.28	200 Back	2:30.23
1:19.45	100 Breast	1:21.04
2:50.77	200 Breast	2:54.18
1:08.21	100 Fly	1:09.58
2:35.09	200 Fly	2:38.20
2:28.06	200 IM	2:31.03
5:16.78	400 IM	5:23.12

MEN		
SCM QT	EVENT	LCM QT
25.54	50 Free	26.11
55.50	100 Free	56.71
2:01.80	200 Free	2:04.24
4:24.32	400 Free	4:29.61
17:55.62	1500 Free	18:17.13
1:04.25	100 Back	1:05.54
2:19.12	200 Back	2:21.91
1:14.08	100 Breast	1:15.56
2:42.33	200 Breast	2:45.58
1:02.79	100 Fly	1:04.04
2:24.51	200 Fly	2:27.40
2:18.88	200 IM	2:21.65
5:04.02	400 IM	5:10.10





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**Sandman Hotel
Host Hotel and Proud Swim BC Sponsor**

**2852 Douglas Street
Victoria, BC
Tel: 1-888-388-0787
Fax: 604-303-8877**



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