



Team Aquatic Supplies BC Senior Championships UBC Aquatic Centre – December 16-18, 2011

SANCTIONED BY SWIM BC: #11930



DATE: December 16-18, 2011
HOSTED BY: Vancouver Dolphins

LOCATION: UBC Aquatic Centre
6121 University Blvd., Vancouver
Ph: (604) 822-8903

POOL SPECS: 8 Lane, 50 metre competition pool
55y outdoor warm-up/cool-down pool

Meet Manager: Margaret Durward
Meet Director: Janice Hanan
ubcdolphins@gmail.com 604-822-8903

Entries Director: Rob Traynor (ubcswimming@gmail.com)

WARM UP AND START TIMES:

Friday, December 16, 2011:

PRELIMS: Warm-Up: 1:00 – 2:00pm
Competition: 2:10pm – 7:00pm*

Saturday, December 17, 2011:

PRELIMS: Warm-Up: 7:30-8:45am
Competition: 9:00am – noon*

FINALS: Warm-Up: 3:30-4:45pm
Competition: 5:00pm – 7:00pm*

Sunday, December 18, 2011:

PRELIMS: Warm-Up: 7:30-8:45am
Competition: 9:00am – noon*

FINALS: Warm-Up: 3:30-4:45pm
Competition: 5:00pm – 7:00pm*

*Note: Session completion times are approximate.

ELIGIBILITY:

- 1) All swimmers must be registered with a Swim BC, SNC, USS or other FINA recognized club.
- 2) Ages are based on the age of the swimmer as of December 16, 2011
- 3) **Qualifying Times are the 2011-2012 Swim BC 15-year-old AAA long course or short course standards. (Do not convert entry times; SCM entries will be converted by meet management)**
- 4) Qualifying period is from September 1, 2010, to the entry deadline.
- 5) Qualifying times for the stroke 50s (Fly, Back, Breast) will be the 100m standard of that stroke; that is, a swimmer who qualifies to swim the 100 can enter that same stroke 50.
- 6) Please ensure all entries are actual valid times; meet management will convert SCM times
- 7) Maximum of SEVEN individual events per swimmer will be allowed (swimmer must have QT in all seven events).

ENTRY DEADLINE:

The entry deadline is **Wednesday, December 7, 2011**. Entries for new qualifiers and adjusted meet entry times will be accepted at no financial penalty until 9pm on Monday December 12, 2011.

NON-QUALIFIED SWIMS:

Entries not meeting the qualifying standard will be accepted under the following structure:

- ONE qualifying standard - FOUR free swims
- TWO qualifying standards – THREE free swims
- THREE qualifying standards – TWO free swims
- etc.

Swimmers may choose any event for their free swim(s), **except the 800/1500 Freestyle events.**

SPECIAL MEET RULES:

- 1) This meet will follow SNC and Swim BC rules as outlined in the current SNC Rulebook and Swim BC Tech Guide, with the exceptions noted herein.
- 2) The 800 and 1500 Freestyle will be conducted as Timed Finals, swum fastest to slowest, alternating a heat of girls and a heat of boys.
- 3) For 50-100-200m events, there will be 3 finals (“A” “B” and “C”).
 - i) “A” finals: 1st – 4th place heat swims
 - ii) “B” finals: 5th – 12th place heat swims
 - iii) “C” finals: 13th – 20th place heat swims
- 4) However, “C” finals will only be offered in 50-100-200 events where:
 - i) 24 or more swimmers entered at or faster than the qualifying standard and
 - ii) there were 24 or more completed swims
- 5) 400m events will have “A” and “B” finals only, in the same format as listed above.
- 6) The order of the finals will be the “C” final, followed by the “B” final, followed by “A” final. “A”, “B” and “C” Finalists must report to the marshalling area at the Clerk of Course 5 minutes prior to the “C” Final.
- 7) There will be a positive check-in for the 800m and 1500m Freestyles.
Deadline for checking in for 800 or 1500 events will be at 1:30pm on Friday, December 16, 2011.
Swimmers who fail to show or incomplete swim after positive check-in will be subject to same penalties as late scratch from finals (See “Scratches” section)
- 8) The fastest three heats in the 400 Free and 400 IM will be swum in the event order as presented. The slower heats of the 400 Free and 400 IM will be swum after the completion of the respective day’s heats.
 - a) The slower heats of the 400 Free and 400 IM will run fastest to slowest alternating women’s / men’s heats.
- 9) Any act of theft, vandalism or similar action will result in immediate disqualification from the meet and the loss of any points accumulated towards team standings by the individual.
- 10) Except for backstroke, all swimmers will remain in the water until the next heat is started.
- 11) Fastest three heats will be circle seeded except for those events being swum as “timed finals”.



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- 12) **Warm-up:** SNC's warm-up procedures will be in effect. No diving into pool until sprint lanes are announced approx. 30 minutes prior to the conclusion of warm-up.
- 13) A **coaches meeting** will be held 10 minutes prior to the start of the first day and as needed throughout the competition.
- 14) **CHANGES** - should it become necessary to change warm-up and or starting times, coaches will be notified as soon as possible.
- 15) Deck Entries will be accepted to **fill empty lanes only** at a cost of \$15.00/entry. All Deck entry requests must be submitted to the Meet Manager / Clerk of Course with payment for that deck entry.
Deck entries are not eligible for prize money or finals consideration – they are swims for time only.
- 16) **THERE WILL BE NO EXHIBITION SWIMS OR TIME TRIALS AT THIS CHAMPIONSHIPS EVENT.**

ENTRY FEES:

Entry fees are **\$8.50 per individual event** and **\$10 per relay entry**. There is also a **\$4.00/swimmer** Provincial Team Splash fee (this applies to all Swim BC and 'out-of-province' athletes).

Entries must be submitted to the SNC meet website meetlist.notlong.com website.

Entries sent to the meet manager will not be accepted.

Cheques are to be made payable to **PDSA**.

SCORING & AWARDS:

No Team Scoring

T.A.S. BC SENIOR CHAMPIONSHIPS PRIZE MONEY: \$5200

- 1) \$2600: \$100 in prize money will be awarded to the winner of each Olympic event
- 2) A further \$2600 will be awarded to the swimmers posting the five highest world-ranked swims, based on the final FINA 2010-2011 LCM World Rankings. Each swimmer's highest FINA-point scoring swim will be used to determine prize winners as follows:
 - 1st - \$1000
 - 2nd - \$750
 - 3rd - \$500
 - 4th - \$250
 - 5th - \$100

**Prize monies are only available to those swimmers who are registered with, and competing for, a Swim BC registered club.

BCAAP Recipients

All BCAAP recipients are required to attend **all** Senior Circuit meet(s), including BC Senior Champs unless a viable rationale is presented in writing to, and approved by, the Swim BC Executive Director no later than one week prior to the entry due date.

PARA-SWIMMING

- 1) There will be no dedicated Para-swimming events at this meet.

Relays

- 1) Relays are limited to two relay entries per club, per event
- 2) Relays will run as timed final at the end of each final session, seeded by proved entry times.

SCRATCHES – PLEASE READ CAREFULLY

- 3) There is no scratch penalty for no-shows, step downs and unexcused incomplete swims during prelims.
- 4) For all finals sessions, no-shows, step downs and unexcused incomplete swims will all be considered a late scratch.
- 5) The initial scratch deadline for finals each night will be 30 minutes following the completion of morning preliminaries, excluding any 800/1500 or "overflow" heats
- 6) The last scratch deadline for finals will be 30 minutes prior to the start of the finals session. Both the clerk of course and the coach of the alternate swimmer must be notified of the scratch by the coach of the scratching swimmer prior to this deadline.
- 7) Late scratches (as defined above) from finals will be subject to the late scratch penalty of \$20, plus removal from all other events, including relays, on that day. In addition, no other member of the offending swimmer's team shall compete in a final until the \$20 penalty has been paid.



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FRIDAY HEATS DECEMBER 16, 2011

Warm Ups 1:00pm – 2:00pm
Start 2:10pm
Anticipated Time out: 7:00pm

Event Number WOMEN	EVENT	Event Number MEN
1	50 Breast	2
3	50 Free	4
5	50 Fly	6
7	50 Back	8
9	800 women/1500 men Free (timed final)	10

SATURDAY HEATS DECEMBER 17, 2011

Warm Ups 7:30am – 8:45am
Start 9:00am
Anticipated Time out: 12:00pm

Event Number WOMEN	EVENT	Event Number MEN
11	200 Free	12
13	100 Breast	14
15	200 Fly	16
17	100 Back	18
19	400 IM*	20

* (swum fast to slow alternating one heat women, one heat men)

SATURDAY FINALS DECEMBER 17, 2011

Warm Ups 3:30pm – 4:45pm
Start 5:00pm
Anticipated Time out: 7:00pm

Event Number WOMEN	EVENT	Event Number MEN
11	200 Free	12
13	100 Breast	14
3	50 Free (from Friday)	4
15	200 Fly	16
17	100 Back	18
5	50 Fly (from Friday)	6
19	400 IM	20
21	4x100 Free Relay	22



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SUNDAY HEATS DECEMBER 18, 2011

Warm Ups 7:30am – 8:45am
 Start 9:00am
 Anticipated Time out: 12:00pm

Event Number WOMEN	EVENT	Event Number MEN
23	200 Breast	24
25	100 Fly	26
27	200 Back	28
29	100 Free	30
31	200 IM	32
33	400 Free **	34
**(swum fast to slow alternating one heat women, one heat men)		

SUNDAY FINALS DECEMBER 18, 2011

Warm Ups 3:30pm – 4:45pm
 Start 5:00pm
 Anticipated Time out: 7:00pm

Event Number WOMEN	EVENT	Event Number MEN
23	200 Breast	24
25	100 Fly	26
27	200 Back	28
1	50 Breast (from Friday)	2
29	100 Free	30
31	200 IM	32
7	50 Back (from Friday)	8
33	400 Free	34
35	4x100 Medley Relay	36

Psych Listing will be available shortly after the scratch deadline at: www.pacificdolphins.com

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www.team-aquatic.com

