



Hyack swim club

Hyack Festival Youth Cup

May 17-19th, 2013

Canada Games Pool

65 East 6th Ave. New Westminster, BC 604-526-4281

Sanctioned by SwimBC: #14333

FRIDAY, MAY 17, 2013

	Warm-up	Start	Estimated Finish
Preliminaries	7:00 – 8:20 am	8:30 am	1:15pm
Finals	4:00 – 4:50 pm	5:00 pm	7:30pm

SATURDAY, MAY 18, 2013

	Warm-up	Start	Estimated Finish
Preliminaries	7:00 – 8:20 am	8:30 am	1:45pm
Finals	4:00 – 4:50 pm	5:00 pm	7:30pm

SUNDAY, MAY 19, 2013

	Warm-up	Start	Estimated Finish
Preliminaries	7:00 – 8:20 am	8:30am	1:30pm
Finals	2 hrs after prelims	1 hour later	Approx 7:00pm

Pool and Facilities

One eight lane, 50 metre competition pool with ARES timing system interfaced with Hy-tek Meet Manager, and 8-lane scoreboard.

Hyack is offering \$\$prize money\$\$ for all age groups – details of prize structure is on page 3 of this meet package.

Hyack will host a barbecue (hamburger or hot dog and drink) for all swimmers, coaches and officials on Saturday, May 18, 2013, between heats and finals.

Preliminaries may be double ended on Friday, Saturday, and Sunday.

A shallow 15 X 20 metre tank will be available continuously for warm up and warm down (NO DIVING)

Eligibility

All swimmers must be registered with Swim BC or FINA affiliate. All swimmers must have at least one Swim BC AAA time to be eligible for the meet. Para-swimmers are welcome. IPC athletes' classification must be designated with entries. Age group is based on swimmers age on 1st day of meet.

Meet management reserves the right to limit entries to AA or A level as required to keep within appropriate session lengths.

First priority for all distance events (400M+) will be given to AAA entries, followed by entries below AA, then A --- provided there is room in the event and time in the session. Session lengths will be capped at 5.5 hours; entries may therefore be limited. Coaches will be notified if entries are not accepted.

Teams are urged to submit entries early, as the meet may fill before the entry deadline.



General

1. All SNC, Swim BC and LMR rules and sanctions apply.
2. The FINA one-start rule, and SNC warm-up procedures will be in effect.
3. Current SNC swimsuit policy will be observed.
4. Age groups: 12&U, 13-14, and 15-18. Swimmers aged 19+ may swim exhibition only and will not qualify for awards.
5. 10 and under swimmers entered in the meet are eligible to swim in finals in the 12&U category.
6. Entries will be limited to 400 swimmers to preserve reasonable session lengths. Entries will be accepted on a first-come, first-served basis. The 400th swimmer's team will be the last team entered. Teams will be notified if entries cannot be accepted.
7. All events will be senior seeded in preliminaries by gender, with heats for finals broken into age groups and genders, except those events being swum as timed finals.
8. 800 and 1500 Free may be swum two per lane, one swimmer starting from each end of the pool. Positive check-in is required by 90 minutes after the start of prelims. All 800/1500 heats will be swum during prelims as timed finals.
9. There will be finals in all events except 800/1500 free.
For 100m, 200m and 400m events, the 12&U and 13-14 age groups will have an A final for the top 8 ranked swimmers. For the 15-18 age group in 100m and 200 events only, there will be an A final for the top 8 swimmers, and a B final for swimmers ranked 9-16. There will be no B final for the 400m events.
10. All relays will be swum as timed finals as the first event during the finals sessions on Friday and Saturday.
11. The initial scratch deadline for finals is 30 minutes after the conclusion of heats on the day the event is swum, in accordance the Swim BC scratch policy. The final scratch deadline for finals shall be 30 minutes prior to the start of the finals session.
12. 10 &U swimmers are limited to 4 hours of competition time per session.
13. Meet manager: Ron Froh, 604-461-0550, ronfroh@gmail.com
14. Entries coordinator/Meet secretary: Ron Froh, 604-461-0550, ronfroh@gmail.com
15. Director of Swimming - Mark Bottrill – 604-461-0550, bottrill@hyack.com
16. Meet Referee: David Rosec
17. Director of officials: Wayne Tamagi, wtamagi@gmail.com

Entries

1. Upload entries to SNC meet website at <http://bit.ly/bcmeetlist>. Entries emailed to the meet manager will not be accepted. Payment for entries must be received no later than first day of the meet. Entries must be received by **May 3, 2013** Early scratch is May 10, 2013. Refunds will only be given for late scratches if accompanied by a medical certificate.
2. RSVP will be accepted until April 15, 2013. After will be first come first served until 400 limit reached. RSVPs please send to bottrill@hyack.com
3. Fees: \$9.00 per individual event, no charge for relays. Please add a \$7.00 per swimmer plunge fee, \$4 of which is the Swim BC provincial team splash fee.
4. All times must be entered in LCM. Teams from the USA: please use the current conversion standards.
5. Deck entries will be permitted to fill empty lanes; no new heats. Deck entry fee of \$10.00 per swim must be paid at



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entry, exhibition only.

6. A limited number of Hyack swimmers may enter the meet below the qualifying standards.
7. Qualification Times (QT) are based on SwimBC 2013 AAA Provincial Age Group Qualifying times (Relays are not counted).
 - 1-2 QT= 6 events
 - 3 or more QT= up to 8 events
 - 9 plus events must have QT for each event entered

Awards

The top three winners each event in each age group will receive cash awards;

- **\$30 First Place Winner**
- **\$20 Second Place**
- **\$10 Third Place**

The top relay team each event in each age group will receive cash awards;

- **\$40 First Place Winner (each team member will receive \$10 cash prize)**

High point team trophy will be awarded, based on Individual & Relay scoring as follows: 50-30-20-15-14-13-12-11.

The highest scoring male and female swim of the day will be awarded \$20 for the following age groups;

- **12&Under**
- **13-14**
- **15-18**

Officials

1. LMR clubs entering swimmers must provide a minimum of three timers (and relief) per session as well as stroke and turn officials for each day of the meet, and will be assigned a lane for timing. Any other experienced deck officials would be appreciated. Email Director of Officials Wayne Tamagi wtamagi@gmail.com with names of officials. All LMR clubs must provide their swimmers with timers for the 800 & 1500 freestyle events.
2. It is the visiting club's and/or parents responsibility to ensure that their swimmers are supervised during all breaks between heats and finals.

Accommodation

Best Western Plus Chelsea Inn

725 Brunette Avenue

Coquitlam, BC

1-866-525-7779

www.bestwesternchelseainn.com



Hyack swim club

Friday, May 17, 2013

Preliminaries warm-up from 7:00-8:20am for 8:30am start

Finals warm-up 4:00-4:50 for 5:00pm start

Girls Event #	Event	Boys Event #	Notes
1	200 Fly		
	100 Fly	2	
3	100 Breast		
	200 Breast	4	
5	100 Free		
	200 Free	6	
7	400 IM		
	1500 Free	8	Timed Finals swum during prelims
9	12 & Under 200 Medley Relay	10	Swum first during finals
11	13-14 200 Medley Relay	12	Swum first during finals
13	15-18 200 Medley Relay	14	Swum first during finals



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Saturday, May 18, 2013

Preliminaries warm-up from 7:00-8:20am for 8:30am start

Finals warm-up from 4:00-4:50pm, for 5:00pm start

Girls Event #	Event	Boys Event #	Notes
	200 Fly	15	
16	100 Fly		
	100 Back	17	
18	200 Back		
	100 Free	19	
20	200 Free		
	400 IM	21	
22	800 Free	23	Timed Finals swum during prelims
25	12 & U 200 Free Relay	24	Swum first during finals
27	13-14 200 Free Relay	26	Swum first during finals
29	15-18 200 Free Relay	28	Swum first during finals

Sunday – May 19, 2013

Preliminaries warm-up from 7:00-8:20am for 8:30am start

Finals warm-up two hours after end of Preliminaries

Finals begin one hour later

Girls Event #	Event	Boys Event #	Notes
30	400 Free	31	top 8 heats 4 each boys/girls
32	100 Back		
	200 Back	33	
34	50 Free	35	
36	200 Breast		
	100 Breast	37	
38	200 IM	39	
101	400 Free	102	Overflow if necessary



RISK MANAGEMENT / WARM-UP PROCEDURES 2009

During the designated warm-up period, the meet management committee shall be responsible for ensuring that all Risk Management/Warm-up procedures are followed. It is incumbent on all participants, i.e. meet management, coaches, swimmers, and officials to comply with these procedures. Non-compliance with these procedures will result in a warning or removal of the swimmer from the warm-up pool, and possible further reporting to meet management and the Referee for action under rule SW 2.1.1.

Meet management shall designate Safety Marshals to actively monitor the warm-up period in the competition pool and ensure compliance with these procedures. Safety Marshals should be notified of any disabled swimmers who are participating in warm-ups. Additional "practice" pools, if any, are to be supervised by lifeguards and coaches.

"Safety Marshals shall be responsible to the Referee for all aspects of safety related to conduct during the warm-up period and shall ensure that all appropriate warm-up procedures are followed." (CSW 2.13.1.5)

GENERAL WARM-UP RULES:

- Swimmers shall enter the water FEET FIRST in a cautious manner.
- No Running on the pool deck
- No Diving from the side of the pool.
- Meet Management shall provide signage to indicate designated lane use during warm-up.
- Notices/barriers shall be placed on starting blocks to prevent diving during the general warm-up.
- Diving Starts are only permitted in designated Sprint Lanes during the warm-up period.
- Lanes shall be open primarily for 'Circle Swimming during the General warm-up period.
- Coaches and swimmers shall allow Backstrokers & PARA swimmers the 'right of way' for safety purposes.
- Meet Management may designate a Sprint Lane(s) and/or a Pace Lane(s) throughout the general warm-up period.

SPECIFIC/SPRINT WARM-UP PERIOD:

- Sprint and Pace lanes must be opened for at least the last 30 minutes of warm-ups or as designated by meet management.
- Outside Lanes should be designated as Sprint Lanes.
- Only 'one-way' swimming shall be permitted in Sprint Lanes.
- Sprint Lanes, Pace Lanes, and Circle Swimming lanes shall be clearly marked with signage.

The following statement shall appear in the meet information and in posted notices:

"SNC WARM UP PROCEDURES WILL BE IN EFFECT AT THIS MEET".

EQUIPMENT:

- FLUTTER BOARDS and PULLBUOYS are allowed.
- HAND PADDLES and FLIPPERS (ZOOMERS) are NOT ALLOWED.



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