

BC OPEN WATER SWIMMING CHAMPIONSHIPS MONDAY, JULY 8, 2013 ALBERT DYCK MEMORIAL PARK – ABBOTSFORD, BC



SANCTIONED BY SWIM BC: #14517

DATE: Monday, July 8, 2013

HOSTED BY: Swim BC

LOCATION: Albert Dyck Memorial Park (near Abbotsford International Airport)

COURSE SPECS: Age 12-13 2.0 KM

Age 14-15* 3.0 KM Age 16 & Over 5.0 KM

*NOTE: 14-15-year-old swimmers have the option of entering the 16&O 5km race.

Albert Dyck Memorial Park is an abandoned gravel quarry which has been converted into a park administered by Abbotsford governments, with the water quality checked on a regular basis.

The course will be a 1km loop.

It is a relatively small body of water, most often used as a water-ski venue.

The water temperature is expected to be around 20-21C at the time of the race.

EVENT MANAGER: Mike Flegel (mike@swimbc.ca)

GENERAL RULES:

- > All swimmers must be registered with a Swim BC, SNC, USS or other FINA recognized club
- > Swimmers not already registered with one of the aforementioend organizations MUST obtain a SwimBC "Limited Event" membership at a cost of \$10
 - Registrations are accepted at the race site up to one hour prior to race start
- No wetsuits will be allowed for the sanctioned competition, but there may be additional "exhibition-only" races which would allow wetsuits.
- > Age groups are based on the age of the swimmer as of July 8, 2013
- > In accordance with Swimmig Canada's Open Water Swimming rules, the minimum age to compete in this event is 12 years as of July 8, 2013

Minimum Entry Standards (SC or LC):		
WOMEN (800)	EVENT	MEN (1500)
12:30	12-13	24:00.00
11:30	14-15	22:00.00
11:00	16&0	20:30.00

- Entry fees are \$24.00 per competitor which includes the Swim BC splash fee of \$4.00 per swimmer
- > Please provide team contact person name and phone number with the entries
- > Entry Fees and any race-day registration fees must be paid prior to the competition
- > Fees payable to: "Swim BC"
- > Entries are to be submitted on Swimming Canada's meet listings website
- > Entries are to be uploaded via the Swimming Canada online entry system at
 - Swimmers not affiliated with a Swim BC club may enter via email to mike@swimbc.ca



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ENTRY DEADLINE: The entry deadline is **Tuesday, July 2, 2013**Race organizers have the discretion to accept entries up to 9:00am on race morning at a late entry fee of \$35.

AWARDS:

Individual Awards:

> Gold, Silver & Bronze medals for 1st, 2nd & 3rd places in each age group (12-13, 14-15, 16&Over) and gender.

Registrations and warm-up:

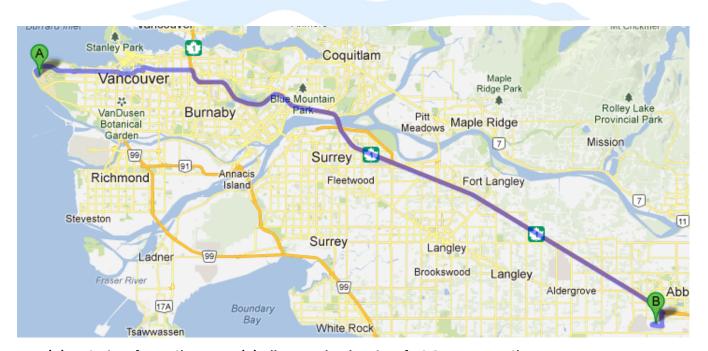
- All competitors MUST sign on at the registration tent at Albert Dyck Park by 9:00am on Monday July 8th.
 - No refunds will be available for no-shows or late arrivals
- > The race course will be available for warm-up from 8:30-9:10am on July 8th.
- > Events will be started in waves based on age group.
- > The first wave is scheduled to go at 9:30am, with all waves underway by 9:45am.

Pre-Race Briefing:

- > A mandatory pre-race briefing will be held for all competitors at precisely 9:15am.
- > Competitors will receive their **mandatory** numbered compeition cap

Safety Craft:

Race organizers will have a number of safety crafts and personnel available throughout the race course, as per the SwimBC Open Water Safety Guidelines. No individual escort craft are permitted.



(A) UBC, site of AAA Champs to (B) Albert Dyck Lake, site of BC Open Water Champs