



2014 SWIM BC AAA SHORT COURSE AGE GROUP CHAMPIONSHIPS JANUARY 31 – FEBRUARY 3, 2014 KAMLOOPS



SANCTIONED BY SWIM BC: #15549

DATE **JANUARY 31 – FEBRUARY 3, 2014
(Friday to Monday)**

HOST **Kamloops Classic Swimming**
MEET MANAGER **Jennifer Keim (250-828-3660)**
 meets@swimkamloops.com

PARA ADVISOR **Janet Dunn**
MEET REFEREE **Tom Eustache**

VENUE
Canada Games Aquatic Centre
910 McGill Rd. Kamloops, BC

Prelims: 2 x 8x25m Competition Pools;
Finals: 8x25m Competition pool
Warm-up space available in free-form pool
Omega Timing System and scoreboard

WARM UP AND SESSION TIMES		
FRIDAY, January 31, 2014		
800/1500 Free	Warm-up	12:30 – 1:20pm
	Competition	1:30 – 5:00pm
Relays	Warm-up	*5:00-5:30pm
	Competition	*5:40 – 7:00 pm
50m Time Trials	Competition	*7:15 – 7:45pm
*Anticipated times, subject to change based on entries are received.		
SATURDAY, February 1, 2014		
Heats	Warm-up	7:30-8:50am
	Competition	9:00am – 12:30pm
Finals	Warm-up	3:00 – 4:20pm
	Competition	4:30– 7:40pm
SUNDAY, February 2, 2014		
Heats	Warm-up	7:30-8:50am
	Start	9:00am – 12:30pm
Finals	Warm-up	3:00 – 4:20pm
	Start	4:30 – 7:40pm
MONDAY, February 3, 2014		
Heats	Warm-up	7:30-8:50 am
	Start	9:00am – 12:30pm
Finals	Warm-up	2hrs. after prelims
	Start	3hrs. after prelims

All listed session completion times are approximate

ELIGIBILITY

See also **SPECIAL MEET RULES** below.

- As of the entry deadline, athletes must have attained, after September 1, 2012, at least **TWO 2013-2014 SwimBC AAA long course or short course qualifying time in an applicable age group.**
- All swimmers must be registered with a Swim BC, SNC, or other FINA recognized club.

- Age groups will be 11&U, 13&U, 15&U, 18&U
 - NOTE: Coaches must specify in their entries if they want their swimmer to compete in an older age / age group and notify meet management of the competitor's name, event and swim-up age category.
- The 18&U age category will use the Swim BC "Open/Senior" time standards.
- Swimmer age is as of the first day of competition.
- Event by event, competitors may swim in any age or age group in which they have met the qualifying standard.
 - Swimmers cannot compete in the same individual event in more than one age/age group

NON-QUALIFIED SWIMS

- Non-qualified swims are permitted so that a swimmer with six or fewer qualifying times may enter up to a maximum of **FOUR** non-qualified events.
 - 2 qualifying entries – Up to 4 Non-Q Swims
 - 3 qualifying entries – Up to 3 Non-Q Swims
 - 4 qualifying entries– Up to 2 Non-Q Swims
 - 5 qualifying entries– Up to 1 Non-Q Swims
 - 6 qualifying entries– No Non-Q Swims
- Swimmers must have met the Swim BC **"AA"** standard for all non-qualified swims.
- For 400 freestyle and 400 IM, meet management may schedule any/all non-qualified entries in overflow heats to be run Senior-seeded, fastest to slowest, at the conclusion of the heats, time permitting; if there is insufficient time, non-qualifiers will be offered the opportunity to enter a different event.
- Non-qualified entries in the 800 and 1500 events will be accepted only to the extent that the Friday afternoon session does not extend past 5:00pm.

ENTRIES

- Individual entries are limited to a maximum of **EIGHT** per swimmer. A swimmer entering seven or eight events must have qualifying times in all events entered.
- NO CONVERTED TIMES.** All LCM entries will be converted to SCM by meet management and seeded accordingly.
- Times will be verified with SNC's online entry validations (which will flag bogus or converted times);
- Relay proof of time reports are still required to be emailed to the meet manager (meets@swimkamloops.com)
- CUSTOM TIMES and 'NT' entries ARE NOT ACCEPTED** in individual events.
- Relay entries **must** include names along with the relay entries. Relay swimmers may be changed at the meet.
- Entry fees are \$8.00 per individual event and \$10.00 per relay event.
- Surcharges:
 - \$4.00 per swimmer Swim BC Provincial Team Fee.
- Cheques payable to: **Kamloops Classic Swimming**
- Please include a contact name, phone number, and email address with entries.
- Entries must be uploaded to Swimming Canada meet listings website prior to the entry deadline.

**ENTRY DEADLINE:
TUESDAY, JANUARY 21, AT 9:00PM PST**

Entries submitted after the entry deadline **may** be accepted at the discretion of meet management. Any late entries which are accepted will be surcharged at the rate of **200%** of the published entry fees, to a maximum of **\$500/team.**



2014 SWIM BC AAA SHORT COURSE AGE GROUP CHAMPIONSHIPS JANUARY 31 – FEBRUARY 3, 2014 KAMLOOPS



SPECIAL MEET RULES

See also ELIGIBILITY above.

GENERAL

1. This meet will observe rules as outlined in the current SNC Rulebook and Swim BC Tech Guide; where discrepancies exist between Tech Guide and this meet package, the meet package shall be deemed correct.
2. Deck entries and Exhibition Swims are not permitted.
3. There will be no time trials, apart from the pre-planned 50m time trials on Friday after the 4x200 relays.
4. SNC warm-up procedures apply.
5. Preliminary heats will be swum in two pools, divided by meet management such that both pools finish at approximately the same time.
6. Fastest three heats will be circle-seeded except 400m events, where fastest two heats will be circle-seeded.
7. There will be a "B" final in all individual events apart from 11&U, which will have only "A" finals.
8. The "B" finals of the 400m events may be swum in a separate pool while the "A" finals are being run.

SCRATCHES

1. There is no scratch penalty for no-shows, step downs and unexcused incomplete swims during prelims.
2. The following rules apply for all finalists (A and B) plus alternates as listed on the official posting of results.
3. For all finals sessions, no-shows, step downs and unexcused incomplete swims will be considered "late scratches" and dealt with as such.
4. The initial scratch deadline for finals each night will be 30 minutes following the completion of morning preliminaries, excluding any 800/1500 or 'overflow' heats.
5. The last scratch deadline for finals will be 30 minutes prior to the start of the finals session.
6. Late scratches (as defined above) from finals will be subject to the late scratch penalty of \$20, plus removal from all other events, including relays, on that day. In addition, no other member of the 'late-scratching' swimmer's team shall compete until the \$20 penalty has been paid.

Para-swimmers

1. **Para-swimmers' complete classifications must be submitted with entries.** The classification must include all applicable designations: S, SB, and SM.
2. The most current IPC rules will be observed for all events that in which para-swimmers are competing.
3. IPC-licensed athletes will have their results recognized for inclusion on the IPC swimming rankings/record lists.
4. By the entry deadline, swimmers must have attained at least one Swim BC Para-swimming AAA qualifying time.
5. Para-swimming events are open age group – no age restrictions
6. Para-swimmers may enter able-bodied events that match the IPC events of their classification.
7. Para-swimmer events will be single-gender and multi-class. Winners will be determined by using the respective male and female Swimming Canada Performance Points Charts.
8. Dedicated Para-swimming events will be the 50 free, 100 free, 200 Free, 100 back, 100 breast, 50 fly (S1-S7) / 100 Fly (S8-S14) and 150 IM (S1 to S4)/200IM (S5 to S14).
9. 50/100 Fly and 150/200IM will be scored against each other for one set of medalists from each of those pairs of events.
10. In para-swimming events with five or more entries, Para-swimmers will compete integrated with able-bodied heats during preliminaries, seeded by time, then compete in a para-swimming final during the finals session.

- a. In para-swimming events with fewer than five entries, the event(s) will be Para-swimmer-only timed finals during the preliminaries session.

AWARDS

1. Medals will be awarded for 1st, 2nd and 3rd places in all individual and relay events.
2. Ribbons will be awarded for 4th, 5th, 6th, 7th and 8th places in individual events only.

800 – 1500 Freestyle

1. The 800 & 1500 freestyle events will be swum as timed finals, with an initial scratch deadline of **noon on Thursday, January 30, 2014.**
2. **The last-chance scratch deadline will be 30 minutes prior to the start of the 800-1500 session. Any scratches after that point will be treated as a late scratch and subject to the same "late scratch" penalties as for other finals events.**
3. 800 – 1500 Freestyle will be seeded fastest to slowest, rotating age groups (11&U, then 12-13, then 14-15, then 16-18) with the fastest heat of each age group swum one per lane.
4. Heats after will continue to rotate in that same order.
5. Latter heats in age groups may be combined to fill out empty lanes, and may be swum two-per-lane.
6. Swim BC and Meet Management will distribute the timeline of heats for 800/1500 Freestyle at least 48 hours prior to the start of the meet.

NOTE: The heats may be re-seeded after the scratch deadline, meaning that swimmers may move into an earlier heat.

RELAYS

1. Age groups for relays will be 12&U, 14&U, 18&U.
2. Clubs may enter as many relay teams as they wish; however, only "A" and "B" relay teams will be considered for scoring, and as such, only two relay entries per team per event will be seeded into the fastest heat, except in events where fewer than nine teams are entered.
3. For the 4x50 relay events, only the fastest eight proven relay entries (limit two per team as outlined above) in each event will swim as timed finals at the conclusion of finals sessions. All other relay heats will swim as a timed final at the end of the preliminaries session.
 - a. The 4x200F.R. events on Friday will be swum as timed finals seeded slowest to fastest.
4. Proof-of-time is to be submitted for each relay team entered; however, NT entries will be accepted.
5. Valid relay entry times will be considered those which are no more than 1.50 seconds faster than the cumulative times of the four swimmers entered.
6. There are no qualifying times for relays.
7. Only swimmers whose names appear on the meet entries shall compete in relay events.
8. Swimmers who will be in relays only shall be listed in their club's Hytek entry file as "Relay only swimmers"; such swimmers will be subject to Swim BC Splash Fee.
 - a. A relay team may have no more than two "relay-only" swimmers.

SCORING

1. Individual scoring: A-Final: 50-30-20-15-14-13-12-11
 - a. B-Final: 9-7-6-5-4-3-2-1
2. Relay scoring: 50-30-20-15-14-13-12-11



2014 SWIM BC AAA SHORT COURSE AGE GROUP CHAMPIONSHIPS JANUARY 31 – FEBRUARY 3, 2014 KAMLOOPS



ATHLETE DEVELOPMENT PRESENTATION (TBC)

- Sunday: SwimBC's Provincial Coach and Regional Coach will deliver a presentation on SwimBC's Athlete Development Strategy for long-term success. This presentation is directed at parents of 14&U swimmers but is open to anyone interested.

50M TIME TRIALS

50m time trials for 50FL, 50BK, 50BR will be held on Friday, 15 minutes after the conclusion of the relays, specifically for swimmers looking to achieve SNC Age Championships QTs.

Qualifying standard for the 50m Time Trial events will be AAA time in the 100 or 200 distance of that stroke.

Entry and seeding will utilize 100m time.

Entry fee for time trials events will be \$10.

OTHER

- Coaches are asked to check in with the Meet Manager immediately upon arrival to pick up Meet Package, pay entry fees, and receive information regarding any changes.
- A coaches' meeting will be held 10 minutes prior to the start of timed finals on Friday and as necessary.
- Clubs are asked to submit names of timers and deck officials with session availability to
- Any act of theft, vandalism or similar action will result in immediate disqualification from the meet.

FRIDAY, JANUARY 31, 2014

		800-1500 FREE	RELAYS	50m Time Trials
Warm up		12:30-1:20pm	5:00pm* – 5:30pm	6:45pm* – 7:00pm
Start		1:30 – 5:00pm	5:40pm* – 6:45pm	7:00pm* – 7:30pm
GIRLS	BOYS	AGE GROUP	EVENT	
1 (800m)	2 (800m)	11&U	800 / 1500 Free (TF)	
3 (800m)	4 (1500m)	13&U	800 / 1500 Free (TF)	
5 (800m)	6 (1500m)	15&U	800 / 1500 Free (TF)	
7 (800m)	8 (1500m)	18&U	800 / 1500 Free (TF)	
9	10	12&U	800 Free Relay (TF)	
11	12	14&U	800 Free Relay (TF)	
13	14	18&U	800 Free Relay (TF)	
> 800 / 1500 free will swim fastest to slowest, rotating age groups – see applicable section of meet rules for explanation.				
* Anticipated start times; subject to change based on number of entries received.				
> 15-minute break after relays, before start of timed-final 50m TT events				
301	302	18&U	50 Fly	
303	304	18&U	50 Back	
305	306	18&U	50 Breast	

SATURDAY, FEBRUARY 1, 2014

		HEATS	FINALS
Warm up		7:30-8:50am	3:00 – 4:20pm
Competition		9:00am-12:30pm*	4:30 – 7:40pm*
GIRLS EVENT #	BOYS EVENT #	EVENT	
15,17,19,21		400 Free	
	16, 18, 20, 22	200 Free	
201	202	Para 200 Free	
23, 25, 27, 29	24, 26, 28, 30	200 Fly	
31, 33, 35, 37	32, 34, 36, 38	100 Back	
203	204	100 Back	
39, 41, 43, 45	40, 42, 44, 46	200 IM	
205	206	Para 150m IM (SM1-SM6)	
207	208	Para 200 IM (SM7-SM14)	
RELAYS			
47, 49, 51	48, 50, 52	4x50 Free Relay	

*All listed session completion times are approximate



**2014 SWIM BC AAA SHORT COURSE
AGE GROUP CHAMPIONSHIPS
JANUARY 31 – FEBRUARY 3 2014 KAMLOOPS**



SUNDAY, FEBRUARY 2, 2014

	HEATS	FINALS
Warm up	7:30-8:50am	3:00 – 4:20pm
Competition	9:00am-12:30pm*	4:30 – 7:40pm*
GIRLS EVENT #	BOYS EVENT #	EVENT
53, 55, 57, 59	54, 56, 58, 60	400 IM
61, 63, 65, 67	62, 64, 66, 68	100 Free
209	210	Para 100 Free
69, 71, 73, 75	70, 72, 74, 76	200 Back
77, 79, 81, 83	78, 80, 82, 84	100 Breast
211	212	Para 100 Breast
RELAYS		
85, 87, 89	86, 88, 90	4x50 Medley Relay

***All listed session completion times are approximate**

MONDAY, FEBRUARY 3, 2014

	HEATS	FINALS
Warm up	7:30-8:50am	**2:30 - 3:20pm
Competition	9:00am-12:30pm*	**3:30 – 6:00pm*
GIRLS EVENT #	BOYS EVENT #	EVENT
213	214	Para 50 Free
91, 93, 95, 97	92, 94, 96, 98	50 Free
99, 101, 103, 105	100, 102, 104, 106	200 Breast
107, 109, 111, 113		200 Free
	108, 110, 112, 114	400 Free
215	216	Para 50 Fly (S1-S6)
217	218	Para 100 Fly (S7-S14)
115, 117, 119, 121	116, 118, 120, 122	100 Fly

***All listed session completion times are approximate**

****Start time for Monday finals will be confirmed after entries have been received and session timelines have been confirmed.**

S W I M B C



2014 SWIM BC AAA SHORT COURSE AGE GROUP CHAMPIONSHIPS JANUARY 31 – FEBRUARY 3 2014 KAMLOOPS



SWIMMING/NATATION CANADA RISK MANAGEMENT / WARM-UP PROCEDURES



During the designated warm-up period, the meet management committee shall be responsible for ensuring that all Risk Management/Warm-up procedures are followed. It is incumbent on all participants, i.e. meet management, coaches, swimmers, and officials to comply with these procedures. Non-compliance with these procedures will result in a warning or removal of the swimmer from the warm-up pool, and possible further reporting to meet management and the Referee for action under rule SW 2.1.1.

Meet management shall designate Safety Marshals to actively monitor the warm-up period in the competition pool and ensure compliance with these procedures. Safety Marshals should be notified of any disabled swimmers who are participating in warm-ups. Additional "practice" pools, if any, are to be supervised by lifeguards and coaches.

"Safety Marshals shall be responsible to the Referee for all aspects of safety related to conduct during the warm-up period and shall ensure that all appropriate warm-up procedures are followed." (CSW 2.13.1.5)

GENERAL WARM-UP RULES:

- Swimmers shall enter the water FEET FIRST in a cautious manner.
- No Running on the pool deck
- No Diving from the side of the pool.
- Meet Management shall provide signage to indicate designated lane use during warm-up.
- Notices/barriers shall be placed on starting blocks to prevent diving during the general warm-up.
- Diving Starts are only permitted in designated Sprint Lanes during the warm-up period.
- Lanes shall be open primarily for 'Circle Swimming during the General warm-up period.
- Coaches and swimmers shall allow Backstrokers & PARA swimmers the 'right of way' for safety purposes.
- Meet Management may designate a Sprint Lane(s) and/or a Pace Lane(s) throughout the general warm-up period.

SPECIFIC/SPRINT WARM-UP PERIOD:

- Sprint and Pace lanes must be opened for at least the last 30 minutes of warm-ups or as designated by meet management.
- Outside Lanes should be designated as Sprint Lanes.
- Only 'one-way' swimming shall be permitted in Sprint Lanes.
- Sprint Lanes, Pace Lanes, and Circle Swimming lanes shall be clearly marked with signage.

The following statement shall appear in the meet information and in posted notices:

"SNC WARM UP PROCEDURES WILL BE IN EFFECT AT THIS MEET".

EQUIPMENT:

- FLUTTER BOARDS and PULLBUOYS are allowed.
- HAND PADDLES and FLIPPERS (ZOOMERS) are NOT ALLOWED.

SNC Board Approved July 2, 2005

Revision 6 01/10/2009 APP D-1