

Sport-Specific Rules for Swimming for the Nanaimo 2014 BC Summer Games July 17-20, 2014

Sport: Swimming / Para Swimming / Special Olympics Sanctioned by SwimBC: 15771

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These sport-specific rules last updated: April 29, 2014

As a condition of entry into, or volunteering at, the BC Summer Games, it must be understood that participants and volunteers enter entirely at their own risk, and will not hold the Nanaimo 2014 BC Summer Games Society, the Province of BC, and/or the BC Games Society staff, their agents and/or volunteer workers responsible for injury, loss, or damage occurring during the 2014 BC Summer Games.

The Nanaimo 2014 BC Summer Games Society, the Province of BC, and the BC Games Society do not assume responsibility for loss of wages or medical, dental, or hospital care for athletes, coaches, officials, or volunteers as a result of participating or volunteering in the 2014 BC Summer Games.

Age Eligibility: 12 - 14 years of age as of July 17, 2014.

Para-Swimming: 12-30 years of age as of July 17, 2014. SO - minimum 13 years of age as of July 17, 2014.

*Note*: The sport-specific rules in this document shall pertain to able-bodied and para-swimmers; rules pertaining specifically to Special Olympics swimmers are available at the following URL: <u>http://www.bcgames.org/Sport/TechnicalPackagesandRules/BCSummerGames/Swimming-SpecialOlympics.aspx</u>

Venue: Nanaimo Aquatic Centre; 8 lane x 25m pool with Colorado electronic timing

**Eligibility Requirements**: In addition to BC Games general eligibility rules that state athletes may attend only <u>one</u> BC Games, the following sport-specific eligibility requirements are in effect for the 2014 BC Summer Games:

- All able-bodied and para-swimmers must be registered with Swim BC.
- Any able-bodied swimmer holding a 2013-2014 SNC Western Championship qualifying time, prior to June 18, 2014, are ineligible.
- Any Para-swimmers who holding a 2013-2014 Can-Am Championships qualifying time, prior to June 18, 2014, are ineligible.
- For able-bodied swimmers, the minimum standard for entry into any individual event shall be the 2013-2014 Swim BC "AA" standards. In zones where the full complement of competitors cannot be filled then the Provincial Advisor will have the discretion of lessening the minimum time standards.
- Able-bodied Swimmers will be limited to a maximum of seven (7) individual events plus relays.
- Para Swimmers will be limited to a maximum of nine (9) individual events plus relays.



### **Events Categories:**

Able-bodied Time Final (TF) Events: 400 Freestyle, 800/1500 Freestyle, 400 IM 4x50 Free Relay, 4x50 Medley Relay

Able-bodied Heats & Finals Events:	50 Freestyle, 100 Freestyle, 200 Freestyle,
	100 Backstroke, 200 Backstroke, 100 Breaststroke,
	200 Breaststroke, 100 Butterfly, 200 Butterfly, 200IM

Para Events (Timed Finals): 50 Free, 100 Free, 200 Free 4x50 FR 50 Back, 100 Back 100 IM 50 Breast, 100 Breast 50 Fly

- **Relays**: Competitors can only swim on one relay team per event. Competitors may only swim for their Zone Team. Each zone will have one designate that will count towards points, but may swim others as exhibition.
- **Rules:** All applicable Swimming Canada / Swim BC technical rules will be in effect at the Games competition.

The Swim BC heats/finals scratch rules will be in effect.

**Medals:** The Minus-One Rule will be implemented for all sports. This means that when there are four or more competitors or teams, Bronze, Silver and Gold medals will be awarded; when there are three competitors or teams, Silver and Gold medals will be awarded and when there are two competitors or teams only a Gold medal will be awarded.

For more details about BC Games medals click here.

Notwithstanding the "Minus-One rule", Bronze, Silver and Gold medals will be presented in the following events:

**Boys and Girls:** 400 Freestyle, 800/1500 Freestyle, 400 IM, 4x50 Free Relay, 4x50 Medley Relay, 50 Freestyle, 100 Freestyle, 200 Freestyle, 100 Backstroke, 200 Backstroke, 100 Breaststroke, 200 Breaststroke, 100 Butterfly, 200 Butterfly, 200 IM.



Zone Team Compositions:

Able-Bodied Swimmers	Zones 2 – 6 are permitted 20 athletes per zone - 10 male & 10 female Zones 1, 7 & 8 are permitted 10 athletes per zone – 5 male & 5 female Wildcards: 30 wildcards are permitted for the sport Maximum Athletes: A total of 160 athletes are permitted for the sport.				
Para-Swimming	The sport is permitted to have 8 athletes total (regardless of zone)				
Special Olympics	The sport is permitted to have 24 athletes total (regardless of zone)				
Coaches/Managers:	1 Head coach and 1 Assistant coach/manager per zone (one of each gender).				
Para Coaches/Managers:	1 Head Coach and 3 Assistant Coaches for the sport. Where the Zone team includes both make and female athletes, the Head Coach and one Assistant Coach must be of the opposite gender, otherwise at least one must be the same gender as the athletes. One Head Coach is required for the sport.				
Coaching Standards:	BC Games Society requires that all Head Coaches must be fully certified at NCCP Level 2.				

Please note that the role of coaches and managers at the BC Games includes traveling to and from the Host Community with your team/zone and residing with your team/zone in BC Games accommodation in a supervisory capacity.

### **Registration Deadlines**

- Zone reps are to email a preliminary list of selected swimmers to SwimBC by **April 30**, **2014**.
- Zone reps must upload <u>team lists</u> to the BC Summer Games website no later than **4:00pm on June 18, 2014**

### Entry Deadline

• Hy-tek compatible entry files must be uploaded to the <u>Swimming Canada meet</u> registration system no later than **July 10, 2014** 

### Accommodation/Transportation:

Coaches/chaperones/team managers are required to travel on BC Summer Games transportation and stay in BC Games accommodation.

Swim BC states that all participants must stay in BC Games accommodation, regardless of where they reside.



If it is necessary, and by request only (contact the Provincial Advisor), individual swimmers can arrange their own transportation to/from the games. Once at the Games, the swimmer must use the accommodations provided by the BC Summer Games and also use the shuttle services provided by the BC Summer Games. Also see BC Games accommodation rules for further details.

Each individual Zone is required to arrive as a group at the Accreditation Centre before noon on **Thursday July 17, 2014**. Further notice will be provided to each Zone about arrival times based on information from the BC Summer Games representatives.

**Para Swimming:** Swim BC states that all participants must stay in BC Games accommodation, regardless of where they reside. The exception to this is any participant with a disability who may choose to reside outside BC Games accommodation. If they choose outside accommodation, they are responsible for any associated costs of that accommodation, and they also will not be eligible for BC Games transportation at the Games. Meals will be provided, as per the Bus & Meal Schedule for the sport. Also see BC Games General Rules for further details.

**Officials:** Transportation, accommodation, and meals, as arranged by the Host Community, will be provided for 30 officials, 1 Para-Swimming official and 1 SO official.



### **Event Order:**

## Day 1: Session 1

Day	1:	Session 2	

Girls	Event	Boys
1	400 IM - Timed Final	2
3	100 Breast - Para	4
5	100 Breast - SO	6
7	50 Free - Heats	8
9	100 Breast - Heats	10
11	4 x 50 FR - Para	12
13	4 x 50 FR - SO	14
15	200 Back - Heats	16
17	200 Fly - Heats	18
19	200 Free - Heats	20

<u>Girls</u>	Event	Boys
21	100 Back - Para	22
23	100 Back - SO	24
7F	50 Free	8F
9F	100 Breast	10F
25	100 IM - Para	26
27	100 IM - SO	28
15F	200 Back	16F
17F	200 Fly	18F
19F	200 Free	20F

# Day 2: Session 3

# Day 2: Session 4

## Day 3: Session 5

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<u>Girls</u>	Event	Boys	Girls	Event	Boys	Girls	Event	Boys
29	400 Free – TF	30	49	50 Free- Para	50	57	200 Free - Para	58
31	50 Back - Para	32	51	50 Free - SO	52	59	200 Free - SO	60
33	50 Back - SO	34	35F	100 Fly	36F	61	800 Free - TF	62
35	100 Fly - Heats	36	37F	200 Breast	38F	63	1500 Free - TF	64
37	200 Breast - Heats	38	53	50 Breast - Para	54	65	50 Fly – Para	66
39	100 Free - Para	40	55	50 Breast - SO	56	67	50 Fly – SO	68
41	100 Free - SO	42	43F	200 IM	44F	69	4 x 50 MR - TF	70
43	200 IM - Heats	44	45F	100 Back	46F	71	4 x 50 FR – TF	72
45	100 Back - Heats	46	47F	100 Free	48F			
47	100 Free - Heats	48						



### SUGGESTED 2014 BC SUMMER GAMES ATHLETE/COACH SELECTION PROCESS

- All Clubs in your region are required to submit eligible athletes with current season results from any sanctioned competition within the qualifying period of January 1, 2014 to June 11, 2014. Relay lead-off legs and time trials will not be considered for selection. All times will be converted from long course to short course at 2% for ranking.
- We would suggest that each Zone rep identify a coach to assist in the selection procedure
- FINA point charts to be used to allocate a points score to submitted times
- The 10 male and 10 female to be selected as follows:
  - First six selections:
    - . The swimmer with the highest two-event-combined point score in each of the following stroke categories will be selected:
      - . Sprint Free (50-100-200)
      - Distance Free (400-800/1500)
      - Backstroke (100-200)
      - Breaststroke (100-200)
      - . Butterfly (100-200)
      - . IM (200-400)
- Final four selections:
  - The final four spots will be based on the next highest combined point scores, regardless of stroke category, with the caveat that only 3 swimmers may be selected in any one category.
- Where a swimmers ranks highest in more than one category, they will be selected in the category where the scored the highest

### **Coach Selection**

- It is recommended that the Head Coaches within each region nominate the Head Coach for their zone's team, with the understanding that coach must be fully certified NCCP Level 2.
- Where an agreement cannot be reached, SwimBC recommends selecting the coach based whose swimmer had the highest combined FINA point score in any stroke category.



# **Sport Contacts**

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Zone 1 Rep - Kootenays Shelly Kochorek Home Phone: (250) 342-0473 Email: cvotters@hotmail.com

Zone 2 Rep - Thompson-Okanagan Jill Doroshuk Home Phone: (250) 496-5776 Email: <u>doroshuks@telus.net</u> Zone 3 Rep - Fraser Valley Donna Chow Home Phone: (604) 535-8005 Email: donna.chow@telus.net

Zone 4 Rep - Fraser River-Delta Guy Landry Home Phone: (604) 626-9237 Email: <u>glandry7@telus.net</u>

Zone 5 Rep - Vancouver-Squamish Bob Janowicz Home Phone: (604) 261-1314 Email: <u>bob@janowicz.ca</u>

Zone 6 Rep - Vancouver Island-Central Coast Heather Ney Home Phone: (250) 218-1281 Email: hsney@hotmail.com

Zone 7 Rep - North West Joanne Beraducci Home Phone: (250) 847-2807 Email: jojoducci@gmail.com

Zone 8 Rep - Cariboo-North East Angela Swyers Home Phone: (250) 747-2154 Email: <u>angela.swyers@westfraser.com</u>