

2014 ODLUM BROWN COLLEGES' CUP - PACIFIC

Hosted by the UBC THUNDERBIRDS

Sanctioned by 17013
SwimBC:

Dates: November 1 & 2

Location: UBC Aquatic Centre
6121 University Blvd
Vancouver, BC V6T 1Z1

Pool: 25 metre 8-lane competition, OMEGA Timing
25 yard 6-lane warm up

Meet Director: Brian Johns 604-822-8903 brian.johns@ubc.ca

Meet Manager: Heather Stein heathers1528@gmail.com

Entries: Submitted via the SNC Meet Entry System;
Foreign teams should upload their entry files
through this same process; using the "Out of
Country" option in the Province drop down list.

Entry Deadline: Wed October 29 at 12:00 PDT (noon)

Eligibility: All swimmers must be registered with SNC, CIS,
USA Swimming, NCAA or a FINA Federation.

Entry Fees: \$200 per combined Team (W & M).
Team Fee Includes \$4 per swimmer Swim BC
Provincial Team Splash Fee
Please make cheques payable to "**UBC
Athletics**"

Scoring: Individual – A Final 20-17-16-15-14-13-12-11
B Final 9-7-6-5-4-3-2-1
Relays – Final 40-34-32-30-28-26-24-22

Awards: Team trophy or plaque for the winning team

Accommodations: UBC Conference Centre or the Coast Plaza
Downtown Vancouver.

Format:

- FINA & SNC Rules apply
- This is an Open Age Category Competition
- SNC Swimming Competition Warm-up Safety Procedures will be in effect.
- Preliminaries & Finals, except where noted
- A & B Finals
- Only 3 swimmers per event per team can advance to finals and a maximum of 2 swimmers per team can race in the A or B final. (example: 2-1 / 1-2 / 2-0 / 0-2 or less)
- Empty lanes in the "B" finals filled with next fastest swimmers but will swim exhibition.
- Entry limit of 3 individual events per day plus relays.
- No qualifying times needed to enter the meet.
- Entry times must be achieved after September 1, 2013.
- 2 Relay Teams per team may be entered in a relay event.
- Only 1 Relay Team per team in the A and/or B final.
- Only A Relay Team can score.
- Relay times must be entered for seeding.
- Team scoring using CIS scoring format. Double for relays (see scoring.)
- Combined Team Scoring (no separate Men and Women)
- Limit of 4 heats each for Distance events. Teams must supply timers for swimmers entered.
- We will allow exhibition athletes on a per swimmer basis, space permitting. You must contact the Meet Director to confirm their acceptance.
- High School All Star Team to be invited
- Maximum of 20 swimmers for Men and Women each per team. Swimmers must be on the playing roster.
- Host team supplies pizza and drinks on Saturday after finals.

Saturday November 1 2014

Preliminaries: Warmup 09:00 – 10:20 Start 10:30

Finals: Warm up 15:30 – 16:50 Start 17:00

4 x 50 Mixed Medley Relay (Finals Only)

400 IM
100 Free
200 Fly
50 Breast
100 Back
400 Free
100 IM
200 Breast
50 Fly

4 x 100 Free Relay (Finals Only)

Sunday November 2 2014

Preliminaries: Warmup 07:30 – 08:50 Start 09:00

Finals: Warm up 13:30 – 14:50 Start 15:00

4 x 50 Mixed Free Relay (Finals Only)

100 Breast
50 Back
200 Free
100 Fly
200 Back
50 Free
200 IM

800 W / 1500 M Free (fastest heat in Finals)

4 x 100 Medley Relay (Finals Only)



ODLUM BROWN
Investing for Generations

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June 27, 2014



SWIMMING CANADA COMPETITION WARM-UP SAFETY PROCEDURES

Meet Management for all sanctioned Canadian swimming competition must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the water **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool tank are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated either in pre-competition handout, announcement or deck signage.
- Diving starts shall be permitted only in designated sprint lanes.
- Only one-way swimming from the start end of sprint lanes is permitted.
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the scheduled warm-up time.
- Meet Management may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. Coaches are responsible for equipment reliability and use.
- Hand paddles, drag chutes, and flippers / fins are not permitted during any warm-up at any time.

VIOLATIONS:

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion will be scratched without warning from their first event following the warm-up period in which the violation occurred.
- In the case of a second offense during the same competition the swimmer will be removed from the competition in its entirety. A provincial disciplinary action or report may be filed.

SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest
- Be situated at each end of the competition tank and when applicable, similarly situated in designated warm-up tanks when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

PARA-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

"SWIMMING CANADA WARM-UP COMPETITION SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."



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