

The Mel Jr. \& Marty Zajac Foundation

For Seniors a Children

## Sanction

- Sanctioned by SwimBC: \# 17111


## Location

- UBC Aquatic Centre: 6121 University Blvd., Vancouver, BC V6T 1Z1, Canada
- Competition Pool: 50 m-8 lanes - Omega Electronic Timing


## Organizing Committee

- Meet Director . $\qquad$ Tyler Lewall $\qquad$ .604-736-0411 $\qquad$ vpscswim@telus.net
- Competition Coordinator Brian Johns 604-822-8903 brian.johns@ubc.ca
- Technical \& Entries........................ Rob Traynor........................ 778-688-2975 .........ubcswimming@gmai.com
- Officals Director. $\qquad$ Graem Luis $\qquad$ 604-220-4865 g.luis@telus.net


## Entries

- Domestic team entries should be submitted to https://www.swimming.ca/MeetList.aspx
- Foreign team entries may be e-mailed to ubcswimming@gmail.com
- The Team Manager Event File will be available at https://www.swimming.ca/MeetList.aspx


## Entry Fees

- Individual Events: CA $\$ 90.00$ splash fee, Relays Events: CA $\$ 16.00$ per event
- Fees must be paid in Canadian funds: cheque, money order or cash. Credit card payments and e-mail money transfers are available, please contact the Meet Director for further information.
- Entry fees are due FRIDAY, May 22, 2015 at 08:00 PDT and MUST BE PAID PRIOR TO THE COMPETITION. Entry fees should be paid in person or credit card and not sent via postal service
- Cheques and Money Orders are payable to "VPSC"
- Time trials may be run time permitting at a cost of $\$ 20$ per swim


## Entry Deadline

- Entries are due Tuesday May 12, 2015 at 12:00 PDT (noon).
- Late entries may be charged at $200 \%$, at the discretion of meet management (as per rule SNC 2.2.5)


## Scratches

- Please note the following scratch deadlines:
- Friday events: end of Technical Meeting on Thursday May 21, 2015
- Saturday events: 30 minutes following the end of finals on Friday evening
- Sunday events: 30 minutes following the end of finals on Saturday evening
- Scratches for finals must be submitted 30 minutes following the last heat swim of the morning. $\$ 20$ penalty will be assessed for missed final swims.



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## Proof of Times

- Proof of times are REQUIRED for the 800 m and 1500 m events. Please include proof of times (via e-mail; including a web site where the proof can be verified) if entry times do not appear on one of the following sites: www.swimming.ca, www.usaswimming.org, www.swimrankings.net


## Rules

- SNC and FINA rules will apply.
- SNC warm-up protocol will be in effect (this is posted on the meet web page)


## Doping Control

- Photo identification will be required for doping control purposes. All swimmers require photo identification (e.g. driver's license, school identification card, passport, etc.)


## Eligibility

- All swimmers must be registered with SNC, USS or a FINA recognized organization.
- The qualifying period is between January 1, 2014 and May 12, 2015.
- Qualifying times are included below and in the Hy-Tek Team Manager Event File.
- Swimmers may swim a maximum of 6 individual events. One qualifying event allows up to 6 individual events. Bonus (non-qualifying) events should be entered at an actual time and indicated by the BONUS checkbox in Hy-tek or Splash Team Manager.
- Entry times are to be entered in the course of the performance. Meet management will convert entry times for preliminary/final events at the Hy-tek standards
- For Timed Final events, seeding will be done in order of course entered: long course metres, followed by short course metres, followed by short course yards. Please note that in order to compete in the Top 8 - Final Heat of the Women's and Men's 800 Free and the Women's and Men's 1500 Free - a PROVEN LONG COURSE TIME MUST BE USED FOR ENTRY. Also note the entry limit to the distance events under the Format section of this meet information.


## Training Times

- Pre-meet training will be available in the competition pool Thursday, May 21, 2015, times will be announced.
- For additional pre-meet training, please contact Brian Johns at brian.johns@ubc.ca


## Meet Registration

- All club officials and/or swimmers are required to register at the UBC Aquatic Centre classroom, between 15:00 and 17:00, THURSDAY, May 21, 2015 or before 07:30 FRIDAY May 22. All teams must be REGISTERED AND HAVE THEIR FEES PAID before competing. Please notify the host at vpscswim@telus.net if you cannot register during these times.


## Technical Meeting

- There will be a technical meeting in the classroom of the UBC Aquatic Centre on Thursday, MAY 21, 2015, at 17:00.


## Officials Briefing

- The officials will meet each day of the competition, one hour prior to the start time of each session. All officials working at that session are required to attend.
- All senior officials may also be required to attend a de-briefing following each session.
- If you have parents traveling with your team that are interested in officiating at this National Level meet please have them contact Graem Luis at g.luis@telus.net
Scoring
- FINA Individual event team scoring: $1^{\text {st }}-16^{\text {th }}: 18,16,15,14,13,12,11,10,8,7,6,5,4,3,2,1$
- FINA Relay event team scoring: $1^{\text {st }}-8^{\text {th }}: 36,32,30,28,26,24,22,20$


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## Awards

- A Combined Team award will be presented to the club that accumulates the highest aggregate scoring total for the men and women's events. See SNC 4.4.6. National federations will not be eligible for this award.
- Prize money may be awarded for placing $1^{\text {st }}$. There is additional prize money for setting a meet record. In case of ties, prize money will be split.
- $1^{\text {st }}, 2^{\text {nd }}$ and $3^{\text {rd }}$ UBC Dolphin trophies for all individual and relay events
- The details of the prize money will be available prior to the competition.


## Format

- Psych Listing: will be available at http://www.ubcd.ca shortly following the entry deadline.
- Finals: will be swum in an alternating format with B finals, followed by A finals.
- C-Finals: will be available in $50 \mathrm{~m}, 100 \mathrm{~m}$ and 200 m events, at the discretion of the meet management; $C$ finals will proceed $B$ finals when offered.
- Positive Check-In - Finals: all finals require positive check in. The positive check-in deadline for finals is at 17:15 each day, prior to the final. Swimmers may check-in any time after the start of the warm up period. If the swimmer is not checked in by 17:15, the alternate will be placed. A finalists are required to march on prior to their final heat.
- Positive Check-In - 800 / 1500: will also be required for the women's and men's, 800 free and 1500 free; check-in times for the 800 \& 1500 events Friday and Sunday is 10:00.
- $\quad 800$ \& 1500 Top 8: the 8 fastest entries will be swum during the finals in the program order. As stated in the Eligibility section: in order to compete in the Top 8 - Final Heat of the Women's and Men's 800 Free and the Women's and Men's 1500 Free, a LONG COURSE TIME MUST BE USED FOR ENTRY. Conversion will not be allowed for the top 8 entries in those events.
- 800 \& 1500 Slower Heats:
- For the W 1500 and M 800 free, will be limited to the top 24 proven entries in each event
- Alternates will be identified and should check back regularly in case of scratches.
- The W 800 and M 1500 free, will be limited to the top 32 proven entries in each event.
- Alternates will be identified and should check back regularly in case of scratches.
- The top 8 will swim during finals with the remaining heats swum fastest to slowest, alternating women and men, at the end of the preliminary session.
- All athletes swimming in the non-final session must provide at least one timer for their lane.
- Relays:
- All relays will be timed-finals.
- The top 16 teams in the $4 \times 100$ Free Relay and the $4 \times 100$ Medley Relay will swim during the finals, while the top 8 teams in the $4 \times 200$ Free Relay will swim during the finals. All other relays will swim at the end of the preliminaries but prior to the overflow heats of other events (see below).
- The heats of the $4 \times 100$ Medley Relay (if necessary) will swim before the $800 / 1500$ preliminary heats on Saturday afternoon.
- Competitor Limit: The meet management will have the discretion to limit the number of participating athletes. We estimate 400 athletes.
- Overflow Heats: The meet management reserves the right to limit the number of heats in the preliminary sessions, where additional heats beyond the set limit of fast heats, will be swum at the end of the preliminary session. If necessary overflow heats may be capped. Notification of capped overflow heats will be sent out after the entry deadline.
- Core preliminary sessions (prior to overflow) are estimated to finish at 12:00. Finals are estimated to finish at 19:30.
- Following the entry deadline, the order of events (including all heats) and estimated schedule will be published


## Questions

- E-mail vpscswim@telus.net or contact someone on the organizing committee


## Updates

- Please check http://www.ubcd.ca for the latest meet updates.



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Friday, May 22, 2015
Preliminaries: Warm Up: 07:00 - 08:45 Start: 09:00
Finals: Warm Up: 16:00-17:15 Start: 17:30

| WOMEN |  | MEN |  |
| :---: | :---: | :---: | :---: |
|  | 800 Free | 9:18.43L | 1 |
| 2.... . 02 :31.24L | 200 Back | 02:21.79L | 3 |
| 4.... . 01:20.09L | . 100 Breast | 01:13.49L | 5 |
| 6.... 02 :14.78L | 200 Free | 02:04.52L | 7 |
| 8.... .05:25.09L | .400 IM | 05:01.39L | 9 |
| 10....00:30.62L | . 50 Fly | 00:28.24L | 11 |
| 12....18:45.12L | 1500 Free |  |  |
| 13. | 100 Free Relay |  | 14 |

Saturday, May 23, 2015
Preliminaries: Warm Up: 07:00-08:45 Start: 09:00
Finals: Warm Up: 16:00-17:15 Start: 17:30


## Sunday, May 24, 2015

Preliminaries: Warm Up: 07:00-08:45 Start: 09:00
Finals: Warm Up: 16:00-17:15 Start: 17:30



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## Meet Records

| 1 | Men 800 Free | 07:51.74 | 2009-05-22 |
| :---: | :---: | :---: | :---: |
| 2 | Women 200 Back | 02:09.34 | 2012-05-25 |
| 3 | Men 200 Back | 01:59.92 | 2012-05-25 |
| 4 | Women 100 Breast | 01:07.32 | 2009-05-22 |
| 5 | Men 100 Breast | 01:01.57 | 2012-05-25 |
| 6 | Women 200 Free | 01:57.84 | 2008-05-23 |
| 7 | Men 200 Free | 01:46.75 | 2012-05-25 |
| 8 | Women 400 IM | 04:38.75 | 2009-05-22 |
| 9 | Men 400 IM | 04:20.27 | 2008-05-23 |
| 10 | Women 50 Fly | 26.64 | 2010-05-28 |
| 11 | Men 50 Fly | 24.47 | 2013-05-22 |
| 12 | Women 1500 Free | 16:27.99 | 2013-05-25 |
| 15 | Women 100 Fly | 58.59 | 2010-05-29 |
| 16 | Men 100 Fly | 53.52 | 2009-05-23 |
| 17 | Women 50 Back | 28.63 | 2008-05-24 |
| 18 | Men 50 Back | 25.20 | 2012-05-26 |
| 19 | Women 400 Free | 04:05.86 | 2008-05-24 |
| 20 | Men 400 Free | 03:44.22 | 2012-05-26 |
| 21 | Women 200 IM | 02:11.07 | 2009-05-23 |
| 22 | Men 200 IM | 02:00.15 | 2013-05-24 |
| 23 | Women 50 Free | 24.58 | 2008-05-24 |
| 24 | Men 50 Free | 22.50 | 2009-05-23 |
| 25 | Women 200 Breast | 02:25.65 | 2009-05-23 |
| 26 | Men 200 Breast | 02:13.80 | 2012-05-26 |
| 29 | Women 800 Free | 08:27.07 | 2008-05-24 |
| 30 | Women 50 Breast | 30.91 | 2006-06-04 |
| 31 | Men 50 Breast | 27.98 | 2012-05-27 |
| 32 | Women 200 Fly | 02:09.80 | 2014-05-25 |
| 33 | Men 200 Fly | 01:58.12 | 2008-05-25 |
| 34 | Women 100 Free | 54.27 | 2011-05-29 |
| 35 | Men 100 Free | 49.16 | 2009-05-24 |
| 36 | Women 100 Back | 01:00.80 | 2011-05-29 |
| 37 | Men 100 Back | 54.62 | 2012-05-27 |
| 38 | Men 1500 Free | 15:07.30 | 2009-05-24 |

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November 25, 2014


## SWIMMING CANADA COMPETITION WARM-UP SAFETY PROCEDURES

Meet Management for all sanctioned Canadian swimming competition must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

## GENERAL WARM-UP:

- Swimmers must enter the water FEET FIRST in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool tank are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated either in pre-competition handout, announcement or deck signage.
- Diving starts shall be permitted only in designated sprint lanes.
- Only one-way swimming from the start end of sprint lanes is permitted.
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.


## EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the scheduled warm-up time.
- Meet Management may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. Coaches are responsible for equipment reliability and use.
- Hand paddles, drag chutes, and flippers / fins are not permitted during any warm-up at any time.


## VIOLATIONS:

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion will be removed without warning from their first event following the warm-up period in which the violation occurred.
- In the case of a second offense during the same competition the swimmer will be removed from the competition in its entirety. A provincial disciplinary action or report may be filed.


## SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest
- Be situated at each end of the competition tank and when applicable, similarly situated in designated warm-up tanks when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.


## PARA-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:
"SWIMMING CANADA WARM-UP COMPETITION SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."

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 Supplies

