

2015 Canadian Swimming Trials

April 1 - 4, 2015

General Information



Swimming Canada rules govern this competition. Competition Rules or procedures contained in this Meet Information package supersede those found within the Swimming Canada Rulebook.

This meet is open to all qualified Swimming Canada registered swimmers and FINA registered foreign swimmers (swimmers ineligible to represent Canada in international events). Please reference Swimming Canada Rulebook (2013) for eligibility rules (CGR 1.2.1 and CGR 1.3.1).

For information and updates please refer to the Swimming Canada web site www.swimming.ca

It is the Swimmer's and Coaches' responsibility to be familiar with all of the information contained in this information package and any information or changes announced at the Technical Meeting. Coaches are responsible for knowledge of all business conducted at the Technical Meeting and at Registration.

National Team Selection

This competition will serve as the selection trials for the 2015 Pan American Games, 2015 FINA World Aquatic Championships and 2015 FINA World Junior Championships.

Competition host

Swimming Canada and Swim Ontario

Venue Address

Toronto Pan Am Sports Center, 875 Morningside Ave.
Toronto, ON M1C 0C7

Pool

10 lane 50 meter competition pool / warm-up facility

Organizing Committee

Meet Directors:

Paul Corkum corko@sympatico.ca
Jeff Holmes jeff_holmes@bell.net

Officials Coordinator:

Alastair Currie alastair@abbeyprint.com

Swimming Canada Competition Coordinators:

David Davidson david.davidson@interuniversity.ns.ca
Bill Hogan billhogan@nf.sympatico.ca

Swimming Canada Events Manager:

Amanda Zevnik azevnik@swimming.ca

Swimming Canada Entries:

Rob Traynor entries@swimming.ca

Registration

Club representatives or coaches are required to register their club at the registration desk to receive accreditation.

The registration desk will be open:

Monday, March 30 4:00pm – 8:00pm
Tuesday, March 31 8:00am – 10:30am

Technical Meeting

Tuesday March 31– 11:00am @ pool.

Entry Information



Entry Deadline

Tuesday March 24 at 11:59pm Eastern Time.

Entry Process

All entries must be submitted via the Meet List on-line entries system. <https://www.swimming.ca/MeetList.aspx>
There is no limit on the number of individual event entries.

All Canadian Varsity swimmers must be registered in the Competitive Open or Competitive Open-Varsity category and must enter the meet with a club team only. The University registration category 'Varsity' expires on March 31, therefore such entries will not be accepted.

When coaches submit an entry file the entry system will automatically email a confirmation of entries when the file has been uploaded. Coaches have 24 hours to review this file from the time of submission and to make corrections/modifications to entries. **Following this, entry time upgrade, event additions or change of events will not be accepted.**

Late entries for new swimmers may be accepted after the entry deadline at the discretion of the meet organizing committee and subject to approval of the Swimming Canada Competition Coordinator. These entries would be surcharged at the rate of 200% of the published entry fee.

A club submitting late entries to a Swimming Canada designated competition will be fined either 200% of the entry fee to a maximum of fine of \$500 for the first offense, second offenses will be a maximum of \$1000 and

third offense for late entries will be \$2000 in a single competitive season.

800 / 1500 Freestyle Entries

Coaches are reminded that all entries are final after the 24 hour review period. If a Coach, for 'tactical' reasons, wishes to have their Swimmer compete outside the top 8 'finals' heat of an 800 or 1500 m freestyle event, it is incumbent on the Coach to enter a suitable time they feel will accomplish that at the point of entry.

Entry Fee

\$135.00 CAN per swimmer

Entry fees must be paid prior to or at meet registration. All cheques are to be made payable to Swimming Canada.

Clubs wishing to pay by credit card; e-transfer; or wire transfer – please contact Amanda Zevnik for payment instructions. A processing fee will be billed on credit card payments.

Meet Standards

The 2015 Swimming Canada "Trials" Long Course & Short Course standards are the entry standards for this meet. <https://www.swimming.ca/NationalStandards>

Qualification Period

Short course and long course times done since September 1, 2013 are eligible for entry.

Swimming Canada does not accept yards or converted yards times for entry.

DO NOT CONVERT ENTRY TIMES.

Bonus Swims

A swimmer may select one individual bonus event regardless of the number of Qualifying Times.

Please indicate bonus events by the BONUS check in Hytek and SPLASH Team Manager.

Bonus swims are to be entered with actual times for seeding purposes (only enter as NT if the swimmer does not have a valid time in the event since September 1, 2013). 800 and 1500m freestyle events must meet the Eastern Canadian Open standard to be used as a Bonus Swim.

Proof of Time

Individual Events: All entries will be proven via the on-line entry system. Meet management may challenge any entry time before or during the competition.

It is the responsibility of the club to prove any entry times if requested. Any club not able to prove an entry time when challenged will be fined \$100.00.

Entry time upgrades will NOT be accepted past the entry deadline.

Foreign clubs are required to provide Proof of Time at registration.

Psych Sheets

Psych sheets will be posted on Swimming Canada's web site following the entry deadline.

Seeding

After all times have been proven, entry times will be seeded as follows:

1. LCM qualifying times;
2. SCM qualifying times;
3. LCM bonus times;
4. SCM bonus times;
5. Non-compliant times (NT).

Foreign Swimmers

Foreign competitors (other than members of US Swimming) must provide a letter from their National Federation confirming their registration status.

The letter must be submitted to azevnik@swimming.ca prior to the meet entry deadline.

Pre-Event Training



Pre-event training is available as follows:

March 29: 9:00am – 11:30am / 4:00pm – 7:00pm
This time is unstructured "open" training time

March 30: 8:00am – 12:00pm / 4:00pm – 8:00pm
This time is unstructured "open" training time

March 31: 8:00am – 12:00pm / 4:00pm – 8:00pm

The evening time is structured as follows:

Sprint lanes (1 & 8) open / ½ of one lane will be dedicated to backstroke start devices

Pace lanes (0 & 9) open

Accreditation Information



Accreditation

Club deck accreditations (inclusive of coaches, team manager and support staff) will be assigned based on club size and as follows:

- | | |
|-----------------|------------------|
| 1 - 5 swimmers | 2 accreditations |
| 6 - 10 swimmers | 3 accreditations |

11 - 15 swimmers	4 accreditations
16 - 20 swimmers	5 accreditations
21 - 30 swimmers	6 accreditations
31+ swimmers	7 accreditations

Extra accreditations may be purchased at a cost of \$60.00 per accreditation, based on availability.

Lost accreditation will be replaced at a cost of \$60.00 per accreditation.

Swimmers Accreditation

Swimmers will be provided an accreditation card for deck access. This card must be displayed at all times. Access to the pool will be through the locker rooms and past the main security checkpoint.

Coach Accreditation

Coaches must be registered as Swimming Canada "A1" or "B" member. Coach Accreditations must be visible while on deck.

[Domestic Coach Accreditation Request Form](#)

[Foreign Coach Accreditation Request Form](#)

Support Staff Accreditation

Positions eligible for accreditation are: physiologists, chiropractors, doctors, massage therapists, biomechanists, psychologist, physiotherapist, video technician, team managers or chaperones ONLY.

Clubs must complete the Domestic or International **Support Staff Accreditation Form**

[Domestic Support Staff Accreditation Request Form](#)

[Foreign Support Staff Accreditation Request Form](#)

Clubs not submitting the form in advance may be subject to a \$10 fine per support staff. Clubs submitting a coach as support staff are reminded that the individual is not permitted to act in a coaching role. Any breach of this policy will result in removal of accreditation and a professional conduct notification will be filed with the CSCTA.

Note

The Deck Accreditation Card remains the property of Swimming Canada and can be withdrawn, with immediate effect, at Swimming Canada's sole discretion. By using this Card, individuals agree to be filmed, televised, photographed, identified and otherwise recorded during the Swimming Canada Competition for purposes relating to the promotion of Swimming Canada and the development of the sport of swimming.

For risk management and insurance purposes, deck accreditations should not be provided to children, youth or adults who are not participants in the competition, either as an athlete, coach, support staff or volunteer/official.

Competition Information



Preliminaries

Preliminary heats will be swum in 10 lanes, senior seeded (top 3 heats circle seeded).

Finals

Finals will be swum in 8 lanes for all events. There will be an "A" and "B" final for all events except 'Timed Final' events, which will swim an "A" final only.

Finals sequence:

"B" Final > "A" Final > "B" Final > Medals > "A" Final > "B" Final > Medals

Note: Foreign swimmers cannot advance to the "A" final nor be seeded in the top 8 of a 'Timed Final'. Foreign swimmers finishing, or in the case of a 'Timed Final', seeded in the top 8 will be re-seeded into the 'B' final or 2nd fastest heat of a 'Timed Final'.

1500 / 800 m free

These events will be swum as timed finals with the fastest heat competing in the finals session. All other heats swim "seeded" in the preliminary session swimming fastest to slowest alternating women / men.

400 freestyle and 400 IM

Meet Management reserve the right to create "Overflow Heats" of these events based on timelines and entry numbers. This decision will be announced at the Technical Meeting.

Backstroke Starting Devices

Backstroke ledges will be available for use.

Competition Start Times

Heats: 8:00am warm-up / 10:00am start

Finals: 4:00pm warm-up / 6:00pm start

Swim-offs

All swim-offs are to be run at the end of the session in which the tie occurred at a time mutually agreed upon by coaches and officials.

Awards

Medals for 1st / 2nd / 3rd place

Male & Female Swim of the Meet - \$1000

- Based on World Rankings
- Tie breaker: FINA Points

NOTE: If a swimmer is unable to attend their award ceremony, the swimmer's club must send a fully uniformed substitute swimmer in their place.

Scratches

All scratches must be submitted on official scratch cards.
E-mail scratches are **NOT** accepted.

Prelims & Time Final events

Wednesday Preliminaries:
30 minutes following the Technical Meeting

Thursday, Friday, Saturday Preliminaries:
30 minutes following the start of Finals the previous evening.

Finals

30 minutes following the completion of the Preliminary events (excluding time final events).

Penalty

“No-Shows”, “step-downs” and “unexcused incomplete swims” will be penalized \$50.00 for prelims and finals.

Fines incurred in preliminaries may be paid up to the end of the prelim session. The swimmer in question may swim other events in that preliminary session prior to paying the penalty. Should the swimmer in question qualify for finals, the fine must be paid prior to the scratch deadline.

Fines incurred on the final day of competition and not collected will be billed to the club by Swimming Canada. Clubs will not be permitted to enter subsequent Swimming Canada meets if such fines are outstanding.

Doping Control



Doping Control Procedure

Swimmers are selected randomly each day doping control is scheduled. Swimmers are notified by a Doping Control Chaperone and are required to sign a notification form.

A Doping Control Chaperone will accompany the swimmer until released by the Doping Control Officer (DCO). Upon notification of testing and if necessary, the athlete may notify the DCO if they are competing in another event in the same session. In such cases, the DCO may direct that testing be carried out later in the session, provided a Chaperone accompanies and/or observes the Athlete at all times and until such time as the Athlete reports back to the Doping Control Station for testing.

Photo identification is required for doping control. Coaches are asked to instruct athletes to bring photo identification to competitions (i.e. driver's license, school identification, passport, etc.)

Doping Control Information

Swimmers may reference the list of banned substances in the Canadian Centre for Ethics in Sport (CCES) publication

“Drug Classification” OR by accessing the CCES website at www.cces.ca. (Recommended)

Please be aware of advisory notes on www.cces.ca.

For specific drug inquiries please contact the CCES at 1-800-672-7775.

Site Information



Hospitality

A hospitality room will be available for officials. Light refreshments will be available coaches. Accreditation must be displayed.

Parking

Pay parking is available at the facility in designated areas. For more information please visit the TPASC website

Lockers

Lockers are available at the pool in the change rooms—bring your own locks.

Travel Information



Hotel Accommodations

Hotel lists for this competition can be found at: <https://www.swimming.ca/Hotels.aspx>

Swimming Canada Rental Car Partner

National Rent a Car / Enterprise Rent a Car - for bookings visit <https://www.swimming.ca/Travel>

This document has been prepared in English and translated to French. Where there is a discrepancy between the two versions, the English version shall be applied.

Meet Program

2015 Canadian Swimming Trials

Day 1 - Wednesday, April 1, 2015

Preliminary Session Warm-up: 8:00 – 9:50 Start: 10:00am			Final Session Warm-up: 4:00 – 5:45pm Start: 6:00pm		
<u>Women</u>		<u>Men</u>	<u>Women</u>		<u>Men</u>
1	50 Fly	2		800 Free (FH)	10
3	200 Free	4	1	50 Fly	2
5	100 Back	6	3	200 Free	4
7	200 Breast	8	5	100 Back	6
9	1500 Free (SH)		7	200 Breast	8
	800 Free (SH)	10	9	1500 Free (FH)	

Day 2 - Thursday, April 2, 2015

Preliminary Session Warm-up: 8:00 – 9:50 Start: 10:00am			Final Session Warm-up: 4:00 – 5:45pm Start: 6:00pm		
<u>Women</u>		<u>Men</u>	<u>Women</u>		<u>Men</u>
11	100 Free	12	11	100 Free	12
13	100 Breast	14	13	100 Breast	14
15	400 IM	16	15	400 IM	16
17	50 Back	18	17	50 Back	18

Day 3 - Friday, April 3, 2015

Preliminary Session Warm-up: 8:00 – 9:50 Start: 10:00am			Final Session Warm-up: 4:00 – 5:45pm Start: 6:00pm		
<u>Women</u>		<u>Men</u>	<u>Women</u>		<u>Men</u>
19	400 Free	20	19	400 Free	20
21	100 Fly	22	21	100 Fly	22
23	200 Back	24	23	200 Back	24
25	50 Breast	26	25	50 Breast	26

Day 4 - Saturday, April 4, 2015

Preliminary Session Warm-up: 8:00 – 9:50 Start: 10:00am			Final Session Warm-up: 4:00 – 5:45pm Start: 6:00pm		
<u>Women</u>		<u>Men</u>	<u>Women</u>		<u>Men</u>
27	200 Fly	28	33	800 Free	
29	50 Free	30	27	200 Fly	28
31	200 IM	32	29	50 Free	30
33	800 Free (SH)		31	200 IM	32
	1500 Free (SH)	34		1500 Free (FH)	34

SH = Slow Heats

FH = Fast Heats