



2017 Canadian Swimming Championships August 4-7, 2017

General Information

Swimming Canada rules govern this competition. Competition Rules or procedures contained in this Meet Information package supersede those found within the Swimming Canada Rulebook.

This meet is open to qualified Swimming Canada registered swimmers and FINA registered foreign swimmers (swimmers registered with foreign swimming federations). Please reference Swimming Canada Rulebook (2013) for eligibility rules (CGR1.2.1 and CGR 1.3.1).

This meet is also open to Para swimmers. Please refer to the Para Swimming information section contained in this meet package for more information.

For information and updates to this document please refer to the Swimming Canada website www.swimming.ca

National Team Selection

This competition will serve as one of the nomination trials for the 2018 Commonwealth Games.

Competition host

Swimming Canada and Neptune Natation

Venue

Olympic Park Sports Centre
4141, ave Pierre-De Coubertin, Montreal, QC, H1V 3N7

Pool

10 lane 50 meter competition pool / 6-lane 50 m warm-up facility / dive tank

Organizing Committee

National Meet Director
Lyne Laprade lynelaprade@gmail.com

National Meet Referee
Louise Leblanc Louise.leblanc@bell.net

Meet Manager
Sylvie Potvin sylviepotvin2@yahoo.ca

Officials Coordinator
Luc Bisailon lucbisailon@gmail.com

Swimming Canada Events Manager
Amanda Zevnik azevnik@swimming.ca

Swimming Canada Meet Entry Coordinator
entries@swimming.ca

Registration

Club representatives and/or coaches are required to sign in their club at the registration desk to receive accreditation.

All coaches must register themselves in person.

The registration desk will be open:

Wed Aug 2: 7:30am–11:30am
3:30pm–7:30pm

Thurs Aug 3: 7:30am–11:30am
3:30pm–7:30pm

Technical Meeting

Thursday, August 3 at 3:00pm

Entry Information

Meet Entry Deadline

Thursday, July 20: 11:59pm Pacific Time.

Entry Fees

\$125.00 per Swimmer

\$20.00 per Relay Team

Clubs that stay at an official host hotel and appear on the Swimming Canada booking report from that hotel will be refunded \$25 per swimmer after the competition.

Entry Process

All entries must be submitted via the online entry system- <https://www.swimming.ca/MeetList.aspx>
There is no limit on the number of individual event entries allowed.

Following the meet entry deadline, all participating clubs will receive an email invoice for fees owing. This invoice must be paid within 48 hours (by credit card, e-transfer or draft couriered to Swimming Canada) in order for entries to be considered final. Please note: the team that enters the swimmer is responsible for paying that swimmer's fees.

Changes and corrections

Changes and corrections may be made up to the meet entry deadline without penalty. Following the meet entry deadline, corrections and modifications



to entries may be made up until the start of the Technical Meeting at a cost of **\$100 per change**.

Late entries

Late entries for swimmers not entered by the meet entry deadline will be accepted up until the start of the Technical Meeting at a fee of double the meet entry fee.

All Canadian Varsity swimmers must be registered in the Competitive Open or Competitive Open-Varsity category and must enter the meet with a club team only. The University registration category 'Varsity' expires on March 31, therefore such entries will not be accepted.

Relay Only Swimmers

Clubs may enter one relay-only swimmer per gender in the competition regardless of age.

Relay only swimmers pay the same individual entry fee as individually qualified swimmers.

Meet Standards

2017 Swimming Canada Standards

Qualification Period

Times performed Long Course since September 1, 2015 are eligible for entry.

Bonus Swims

There are no bonus swims.

Time Trials

A maximum one hour session will be held following the preliminary session each day (Entry process TBC at Technical Meeting).

Each swimmer is permitted a maximum of one entry per day at no additional charge.

Events will follow the same schedule as the competition program.

No official split request will be accepted during Time Trials

After entries close, any swimmer that no-shows for their time trial event will be fined \$50.00. Fine must be paid before the swimmer competes in any events.

Swimming Canada reserves the right to cancel or adjust time trial based on session length.

Para-swimmers are not eligible to participate in Time Trial

Proof of Times

Individual Events: All entries will be proven via the on-line entry system. Any non-validated times in your meet entry submission report must be proven by the meet entry deadline. Meet management may challenge any entry time before or during the competition.

Relay Events: All relay entry times must be proven utilizing swimmers entered in the meet by the final meet entry deadline. The online entry system is to be used to prove relay entry times. Given there are no entry standards for relays, any relay team NOT proven by the end final meet entry deadline will be entered NT.

It is the responsibility of the club to prove any entry times if requested. Unproven entry times will be declined.

Foreign clubs are required to provide Proof of Time at registration.

Psych Sheets

Psych sheets will be posted on Swimming Canada's website following the final meet entry deadline.

Seeding

1500 / 800 m free

These events will be swum as time finals with the fastest heat competing in the finals session. All other heats swim "seeded" in the preliminary session swimming fastest to slowest alternating women / men.

400 freestyle and 400IM

Only the top 2 heats will be circle seeded in the preliminaries.

Foreign Swimmers

Foreign competitors (other than members of USA Swimming) must provide a letter from their National Federation confirming their registration status. The letter must be submitted to Amanda Zevnik (azevnik@swimming.ca) prior to the meet entry deadline.

A maximum of 2 foreign swimmers will be allowed to advance to the A Finals and B Finals.



Para-Swimming Information

Only events that are indicated as eligible events under the Entry Information section below, will advance to finals.

All preliminary events will be seeded by time and gender (regardless of Sport Classification). Finals will be seeded by points charts. There will only be an A final for all para events.

Entry Information:

Swimmers who would like to request classification, please contact classification@swimming.ca and submitted online a request online at <https://www.swimming.ca/en/resources/para-swimming/request-for-sport-class-form/>.

The deadline for classification requests is July 20, 2017.

Classification will take place on August 3 and all athletes are advised to arrive prior to this date.

All swimmers that are being classified must enter at least one (1) S Sport Class stroke event and one 1 SB Sport Class stroke event.

Swimmers must have at least one Can-Am Minimum Qualifying Standard (MQS), in the following IPC Swimming Paralympic Sport Class events to enter the meet.

Eligible events are:

(50 Free [S1-S13]; 100 Free [S1-S13]; 200 Free [S1-S5,S14]; 400 Free [S6-S13]; 50 Backstroke [S1-S5]; 100 Backstroke [S1-S2 and S6-S14]; 50 Breaststroke [SB1-SB3]; 100 Breaststroke [SB4-SB9 and SB11-SB14]; 50 Butterfly [S1-S7]; 100 Butterfly [S8-S13]; 150 IM [SM1-SM4]; 200 IM [SM5-SM14].

If an event is not offered for a specific Sport Class, an athlete may enter the same stroke and distance event of a higher sport class provided that the athlete has obtained the MET (Meet Entry Time) entry standard for that event.

Once a swimmer has one or more MQS, then a swimmer may swim any event on the event program that they have equaled or bettered either the MQS or the MET.

Swimmers who have met less than five (5) qualifying standards for the competition may enter bonus events as follows:

- 1 Qualifying Time 2 Bonus Events
- 2 Qualifying Times 2 Bonus Events
- 3 Qualifying Times 2 Bonus Events
- 4 or more Qualifying Times 1 Bonus

Events to a maximum of 7 entries

Entry times must be submitted in the course swum (LCM, SCM, SCY) and will be converted by meet management for seeding purposes. All Canadian athletes must use LCM standards for entry.

Proof-of-Time is required with entry submission from sanctioned competitions or events. (See attached entry forms).

Pre-Event Training

Tues Aug 1: 8:00am–12:00pm
4:00pm - 8:00pm

Wed Aug 2: 8:00am–12:00pm
4:00pm-8:00pm

Thurs Aug 3: 8:00am–12:00pm
4:00pm–8:00pm

Accreditation Information

Accreditation

Club accreditations (inclusive of coaches, team manager and support staff) will be assigned based on club size:

1 - 5 swimmers	2 accreditations
6 - 10 swimmers	3 accreditations
11 - 15 swimmers	4 accreditations
16 - 20 swimmers	5 accreditations
21 - 30 swimmers	6 accreditations
31+ swimmers	7 accreditations

Lost accreditation will be replaced at a cost of \$60.00 per accreditation.

Coach Accreditation

Coaches must be registered with the CSCTA and Swimming Canada as an "A1" or "B" member to receive accreditation. All coaches are responsible for checking in and collecting their own accreditation at the meet.

All coaches attending the meet must have their name and information submitted in the club's entry file.



Foreign coaches are asked to fill out the following [accreditation request form](#). All coaches (other than those member of USA swimming) are asked to have their National Federation provide a letter to azevnik@swimming.ca confirming that they are a National Coach or officially tied to a club in that country. For more information, please see the following [document](#).

Support Staff Accreditation

Clubs requiring Support Staff (massage therapist, physiologist, doctor, or team manager only) are required to apply using Support Staff Accreditation Request process available here:

[Domestic Support Staff](#)

[Foreign Support Staff](#)

Swimmers Accreditation

Swimmers will be provided an accreditation card for deck access. This card must be displayed at all times. Access to the pool will be through the locker rooms and past the main security checkpoint.

The Deck Accreditation Card remains the property of Swimming Canada and can be withdrawn at Swimming Canada's sole discretion. By using this Card, individuals agree to be filmed, televised, photographed, and otherwise recorded during the Competition for purposes relating to the promotion of Swimming Canada and the development of the sport of swimming.

Deck accreditations are NON-TRANSFERABLE.

Competition Information

Warm-up Safety Procedures

Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in place. The full document can be viewed [here](#).

Preliminaries

Preliminary heats will be swum in 10 lanes, senior seeded (including Para-swimming athletes).

Finals

Finals will be swum in 10 lanes for all events. There will be "A" and "B" finals except when the event is considered a Time Final.

Finals sequence: *B final, A final, B final, medals, A final, B final, medals*

Relays

All relays will be swum in prelims with the fastest 10 teams advancing to the final.

Relay name changes must be submitted 30 minutes prior to the start of the session in which they are swum.

Backstroke Ledges

Backstroke ledges will be available for use. The swimmers shall be responsible for setting the device.

Competition Start Times

Heats: 8:00am warm-up/10:00 am start

Finals: 4:00pm warm-up/6:00 pm start

Swim-offs

All swim-offs are to be run by the end of the session in which the tie occurred at a time mutually agreed upon by coaches and officials.

Meet Scoring

Individual events, places 1 – 20:

50-30-20-19-18-17-16-15-14-13

12-9-8-7-6-5-4-3-2-1

Relays events, places 1 – 10:

50-30-20-19-18-17-16-15-14-13

NOTE: para events will not be scored

Awards

Medals for first, second and third place for Canadian swimmers.

Commemorative Medal for Foreign Swimmers placing in the top three.

If a swimmer is unable to attend their medal ceremony, their club is asked to send a fully uniformed substitute swimmer in their place.

Canadian Women's Team Championship banner

Canadian Men's Team Championship banner

Canadian Combined Team Championship banner

Canadian Female and Male Swim of the Meet (based on 2016 World Rankings)

Canadian Female and Male High Point Aggregate (5-2-1)*



*If necessary, ties will be broken by number of gold medals. If a tie still exists, then it will be broken by number of silver medals then bronze medals. If swimmers have accumulated the exact scores and numbers of each medal, two winners will be awarded.

Scratches

Emailled scratches will be accepted prior to the Technical Meeting by email to scratches@swimming.ca.

Following the start of the Technical Meeting, email scratches WILL NOT be accepted and meet scratch cards are required.

Prelims & Time Final events

Friday Preliminaries and Time Finals events:
30 minutes following the Technical Meeting
Saturday, Sunday, Monday Preliminaries and Time Final events:
30 minutes following the start of Finals the previous evening.

Finals

30 minutes following the completion of the Preliminary events (excluding Time Final events).

Penalty

All penalties must be paid in accordance to Swimming Canada rule SNC 3.4

Doping Control

Doping Control Procedure

Swimmers are notified by a Doping Control Chaperone and are required to sign a notification form.

A Doping Control Chaperone will accompany the swimmer until released by the Doping Control Officer (DCO). Upon notification of testing and if necessary, the athlete may notify the DCO if they are competing in another event in the same session. In such cases, the DCO may direct that testing be carried out later in the session, provided a Chaperone accompanies and/or observes the Athlete at all times and until such time as the Athlete reports back to the Doping Control Station for testing.

Photo identification is required for doping control. Coaches are asked to instruct athletes to bring photo identification to competitions (i.e. driver's license, school identification, passport, etc.)

Doping Control Information

Athletes are encouraged to take the following steps:

- Check the Global DRO (<http://www.globaldro.com/>) to determine if any prescription or over-the-counter medications or treatments that are banned by the WADA Prohibited List.
- Review medical exemptions requirements (<http://www.cces.ca/medical>) if you require the use of a banned medication for a legitimate medical reason.
- Do not use supplements, or take precautions prior to doing so. Supplement products cannot be verified by the CCES or
- In the Global DRO. A lack of industry and government regulation makes it impossible to confirm their ingredients. Read more: www.cces.ca/supplements
- Review the steps of the doping control sample collection procedures: <http://cces.ca/sample-collection-procedures>

For additional resources and general information about anti-doping, please contact the CCES:

- Email: info@cces.ca
- Call toll-free: 1-800-672-7775
- Online: <http://www.cces.ca/athletezone>

Site Information

Hospitality—Officials & Coaches

A hospitality room will be available for coaches and officials.

Parking

Parking is available at the facility. Nearby streets are normally reserved for permit holders, please read parking signs carefully when parking on the streets.

Lockers

Lockers are available at the pool in the change rooms—bring your own locks.

Travel Information

Hotel Accommodations

Hotel lists for this competition can be found at: <https://www.swimming.ca/en/resources/miscellaneous/hotels/>

Clubs are reminded to ensure the hotel places them in the Swimming Canada block so they are eligible for the entry fee refund.

Swimming Canada Rental Car Partner



National Rent a Car / Enterprise Rent a Car - for bookings visit
<https://www.swimming.ca/en/resources/miscellaneous/travel-tools/>

This document has been prepared in English and translated to French. Where there is a discrepancy between the two versions, the English version shall be applied.



MEET PROGRAM 2017 Canadian Swimming Championships

Day 1					
PRELIMS WARM-UP: 0800 – 0945 / START 1000			FINALS WARM-UP: 1600 – 1745 / START 18:00		
<u>Women</u>		<u>Men</u>	<u>Women</u>		<u>Men</u>
1	200 Backstroke	2	9	800 Freestyle (FH)	
3A	50 Freestyle multi-sport class	4A		1500 Freestyle (FH)	10
3	50 Freestyle	4	1	200 Backstroke	2
5	200 Breaststroke	6	3A	50 Freestyle multi-sport class	4A
27A	400 Freestyle multi-sport class	28A	3	50 Freestyle	4
7	4 x 200 FR	8	5	200 Breaststroke	6
9	800 Freestyle (SH)	10	27A	400 Freestyle multi-sport class	28A
	1500 Freestyle (SH)		7	4 x 200 FR	8
Day 2					
PRELIMS WARM-UP: 0800 – 0945 / START 1000			FINALS WARM-UP: 1600 – 1745 / START 18:00		
11	200 Freestyle	12	11	200 Freestyle	12
11A	200 Freestyle multi-sport class	12A	11A	200 Freestyle multi-sport class	12A
13	50 Butterfly	14	13	50 Butterfly	14
13A	50 Butterfly multi-sport class	14A	13A	50 Butterfly multi-sport class	14A
15	100 Backstroke	16	15	100 Backstroke	16
15A	100 Backstroke multi-sport class	16A	15A	100 Backstroke multi-sport class	16A
	400 IM			400 IM	
17	50 Breaststroke	18	17	50 Breaststroke	18
19	50 Breaststroke multi-sport class	20	19	50 Breaststroke multi-sport class	20
19A	4 x 100 Mixed MR	20A	19A	4 x 100 Mixed MR	20A
21		21	21		21
Day 3					
PRELIMS WARM-UP: 0800 – 0945 / START 1000			FINALS WARM-UP: 1600 – 1745 / START 18:00		
23	200 IM	24	23	200 IM	24
23A	150/200 IM multi-sport class	24A	23A	200 IM multi-sport class	24A
25	50 Backstroke	26	25	50 Backstroke	26
25A	50 Backstroke multi-sport class	26A	25A	50 Backstroke multi-sport class	26A
	100 Butterfly			100 Butterfly	
27	100 Butterfly multi-sport class	28	27	100 Butterfly multi-sport class	28
27A	400 Freestyle	28A	27A	400 Freestyle	28A
29	4 x 100 FR	30	29	4 x 100 FR	30
31		32	31		32
Day 4					
PRELIMS WARM-UP: 0800 – 0945 / START 1000			FINALS WARM-UP: 1600 – 1745 / START 18:00		
33	100 Freestyle	34	33	100 Freestyle	34
33A	100 Freestyle multi-sport class	34A	33A	100 Freestyle multi-sport class	34A
35	200 Butterfly	36	35	200 Butterfly	36
37	100 Breaststroke	38	37	100 Breaststroke	38
37A	100 Breaststroke multi-sport class	38A	37A	100 Breaststroke multi-sport class	38A
	class			class	
39	4 x 100 MR	40	39	4 x 100 MR	40
41	1500 Freestyle (SH)	42	41	1500 Freestyle (FH)	
	800m Freestyle (SH)			800m Freestyle (FH)	42
FH = Fast Heat SH = Slow Heats FR = Freestyle Relay MR = Medley Relay					

