

2020 Starlight Open June 26th-28th

Held under the sanction of USA Swimming and Inland Empire Swimming, Inc.
Sanction # IE 20-1419

In granting this sanction it is understood and agreed that USA Swimming (USAS) and Inland Empire Swimming (IES) shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Use of audio-visual recording devices, including a cell phone camera, are not allowed in the changing areas, rest rooms, locker rooms or behind the starting blocks. Deck Changing is prohibited: Changing into or out of swimsuits other than in the facility locker rooms, or other designated area designated by the host facility, is not appropriate, and is prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP") will govern this meet.

Host: Velocity Swimming, P.O. Box 2791, Wenatchee, WA 98807

Location: Wenatchee City Pool, Pioneer Park, 210 Fuller St., Wenatchee, Washington, (509) 664-3397

Format: Timed finals, split age group open. Swimmers will compete for points and ribbons. Ribbons and/or points will be awarded by age group and gender: 8 & under, 9-10, 11-12, 13-14, and 15 & over.

Course: Outdoor, 10 lane, 50 meter pool with anti-wave lane lines. The pool is equipped with the Colorado Timing System with touch pads at both ends. Starting blocks meet USA Swimming height and water depth requirements at start end. The competition course has not been certified in accordance with 104.2.2C(4). Swimmers will use in-water starts at turn end for 200-meter relays. The start end of the pool depth ranges from 5'6 to 9', the turn end ranges in depth from 3'6" to 4'6". The warm-up pool is attached to the main pool and is available during the meet. Deck marshals will be present during warm-ups.

Rules: **Current United States Swimming rules will govern the Meet.** The rules and procedures of IES also apply. The whistle start protocol and the no recall rule will be in effect. There is positive check-in for the 800 free events. Positive check in for these events closes 1 hour before scheduled start time. IES scratch rules will be in effect for these deck-seeded events. Any protests or questions concerning the outcome of an event shall be directed in writing to the Meet Referee by the team coach. The Meet Referee will be the final authority for the conduct of the competition. Coaches that have an athlete with a disability that requires accommodations to the starting procedure must notify the referee prior to the athlete's swim. Coaches must be 2020 members of USA Swimming or Swimming/Natation Canada (SNC). All SNC coaches must complete and submit the USA Swimming liability form prior to the start of warm-ups. Coaches must display current and valid credentials at all times during the meet. Only swimmers, coaches, officials and meet workers are permitted in the deck area. The deck area is considered to be a 3-foot area from the edge of the pool and the area behind the start platforms up to the timer chairs. There will be no swimming in the dive tank except for swimmers to warm-up prior to their events and cool down immediately thereafter. This meet may be covered by media showing swimmers participating in this meet. Entry into this meet is acknowledgement of this fact.

Tobacco products of any kind, alcoholic beverages, glass containers, squirt guns, water balloons, and sports balls are not allowed on deck.

Umbrellas, tarps, and canopies for swimmers will not be allowed on the pool deck but will be allowed in the adjacent park during the meet. The sprinklers may be on each night so personal items should be picked up each night or they may get wet. There is no overnight camping in the park. Please bring a sun hat and sunscreen for your own protection.

Velocity Swimming follows the guidelines for lightning events as set forth by the facility standard or the American Red Cross. The governing rule will be whichever guideline is the most stringent. Questions about this may be addressed to the meet referee.

Awards: -All combined 11 & Over, 13 & Over, and all mixed individual events will be scored and ribbons awarded separately by gender and age group for places 1-10. Relay finishers are awarded ribbons for places 1-3.
-A prize will be provided to the winner of each Heat.
-Individual High point awards will be given to the Girl and Boy in each age group. High point calculations will be based on swimmers' age groups, not event age groups, so points earned in combined events will be added into the calculation for each swimmer.
-Teams are requested to appoint one adult to pick up awards at the end of the meet. Awards will not be mailed.

Eligibility: Open to 2020 registered USA Swimming athletes and Swim/Natation Canada (SNC) athletes. All SNC swimmers must complete and submit the liability waiver prior to the start of warm-ups. Age Determining Date: age on the first day of the meet shall govern the full meet. Each swimmer must swim in his/her respective age group. USA Swimming and SNC swimmers entered in the meet must be certified by a USA Swimming or SNC member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach then it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Athletes with a disability are welcome and are asked to provide advance notice of necessary accommodations.

Entries: All swimmers may enter three (3) individual events and two (2) relays on Friday. All swimmers may enter six (6) individual events and one (1) relay both Saturday & Sunday. Enter swimmers' best meter times or converted yard time. The priority system will be in effect. Entries will be limited to include all teams up to and including the team that has the 650th swimmer entered. Once the meet has been seeded, swimmers that are already registered in the meet may request to deck enter additional events (up to the corresponding daily limit), pending availability of empty lanes, and at the discretion of the referee, with payment of \$3 per event due upon approval. **There will be no deck registrations.** The 800 Free events will be swum fastest to slowest and may be limited to the fastest 5 heats. Coaches are requested to estimate seed times for NT entries in the 800. The 400 IM events may be limited to the fastest 4 heats. **Swimmers in the 800 Free must supply their own Counter and Timers.** Age groups and genders may be combined for competition but scored separately at the discretion of the Meet Referee.

DECK ENTRY: Only pre-registered swimmers who have not entered the maximum number of events as stated above may deck enter additional events. Deck entries will only be allowed in open lanes at the discretion of the Meet Referee. Deck entries and scratches can only be made by coaches and not by athletes or parents. Deck entry swims are not eligible for any awards or team points. No deck registration will be permitted.

Relays: Teams are limited to four (4) relay entries per relay event. **If the Meet Entry Chair determines that the meet is oversubscribed, the 4th entry may be deleted.** Only the two (2) fastest relay finishers per team are awarded points and ribbons. Mixed relays must consist of two girls and two boys. The boys, girls, and mixed relays will be swum together but scored separately. The "48 year" relays must be comprised of any combination of ages equaling 48 years or less and will not be scored.

At the conclusion of the Saturday morning session we will be holding our COACHES relay. Teams are encouraged to get their coaches together and submit entries. The relay will not be scored. Anyone participating in the coaches relay must be a 2020 member of USA Swimming.

TIME TRIALS: Time trials will be offered on a limited basis. are due no later than 1 hour after the start of morning and afternoon sessions on, Saturday. Time Trial swimmers must already be entered in swim meet in order to participate in Time Trials and pay a \$5.00 fee for each Time Trial entered. Time Trial swims will count towards the maximum swims allowed per day. Coaches requesting a Time Trial for swimmer that is already entered into the maximum number of events, must scratch that swimmer from an already entered event that day. Meet entry fees for events that are scratched in order to participate in Time Trials will not be refunded. The Meet Referee has the final decision on how many heats of Time Trials will be offered. The Meet Referee may also combine strokes of the same distance within the same heat. Time Trial requests must come from team coaches. Payment must be made at the time of entry.

The USAS SWIMS database requires that ALL swimmer data be correct before any meet data (swimmer times) will be loaded into the USAS database. If you know of any swimmer data that is NOT correct in the meet database please notify the meet referee as soon as possible. The appropriate changes will be made. The data will be sent to USAS within 3 days of the meet and your assistance and cooperation in ensuring accuracy will assist us in the timely posting of the swimmers achieved times.

Thanks for your cooperation.

Submissions: USA Swimming and SNC teams must submit Entries using Team Manager "Hy-Tek" Software via email.

Please include a hard copy of "Meet Entry Report" as a back-up.

Entries must include current (2020) USA Swimming or SNC registration numbers.

IES Teams Priority entry deadline is Wednesday, June 3, 2020.

Final Entries deadline is **Wednesday, June 10, 2020.**

Entries may be submitted via email to david_cutter@yahoo.com

Phone and late entries will not be accepted.

Please send the following 4 attachments via email (preferred):

1. Commlink entry file from Team Manager
2. Print file of team individual entries
3. Print file of team relay entries
4. Print file of meet fees due.

Payment and hard copies must be received by the above deadline for entries to be considered official.

****Velocity Swimming respectfully requests that visiting teams supply help with timing in order to ensure that the meet runs without interruption.***

Entry Fees: Entry fees are Four Dollars (\$4.00) for each individual event and Twelve Dollars (\$12.00) for each relay event, plus a Seventeen Dollar (\$17.00) IES surcharge and a Three Dollar (\$3.00) facility surcharge per swimmer.

There will be no refunds.

Fees & surcharges for each team must be paid with one check and accompany entries.

Please make the check payable to **Velocity Swimming** and address to:

**Velocity Swimming
C/O David Cutter
1552 Holly Lane
East Wenatchee, WA 98802**

***** Please Waive requirement for signature *****

Entries submitted on the IES Master Entry Form will be accepted for individual/family entries only from USA Swimming entries. The form can be found on the FORMS page of the IE website, www.ieswim.org

Schedule:

All start times are approximate and may be adjusted depending on entries!

Friday: Session One	Venue Opens: 12:00 PM 1:00 PM – 1:45 PM open warm-up. 2:00 PM – Events Begin.
Saturday: Session Two	Venue Opens: 7:00 AM 8:00 AM - 8:45 AM age 12 & under warm-up. 9:00 AM - events begin.
Session Three	45-minute open warm-up begins at the conclusion of session 2. Events begin 5 minutes after the conclusion of this warm-up.
Sunday: Session Four	Venue Opens: 7:00 AM 8:00 AM - 8:45 AM age 12 & under warm-up. 9:00 AM - events begin. Positive Check in for the 11-12 800 free ends 1 HR prior to scheduled start time.
Session Five	45-minute open warm-up up begins at the conclusion of session 4. Events begin 5 minutes after the conclusion of this warm-up Positive Check in for the 13&over 800 free ends 1 HR prior to scheduled start time.

Warm-up: Lane assignments for warm-ups will be posted. Diving is permitted in designated sprint lanes and only under the direct supervision of a coach. Swimmers participating in the meet without an USA Swimming registered coach must report to the meet referee at the start of each warm-up session.

Meetings:

Friday	Coaches meeting at 12:30 PM Officials meeting at 1:15 PM
Saturday & Sunday	Coaches meeting 7:30 AM Officials meeting 8:15 AM

Afternoon meeting times will be announced as needed depending on the final timeline. Official meeting for the afternoon session will start approximately 10 minutes following the start of the afternoon warm-up session.

Meet Administration:

Meet Referee: Jeff Sutton
Starter: Larry Dressel
Stroke & Turn: Julie Broxson, Keith Kelly, Michelle van der Merwe, Jennifer Marquis
Meet Director: Mike Hartley (coachmike@velocity-swimming.com)
Meet Entry Chair: David Cutter david_cutter@yahoo.com
Administrative Official: David Cutter

We welcome and need the assistance of visiting USAS Officials.

Please bring current certification and USAS registration cards.

Uniform is white over blue. Coaches must always display current and valid credentials during the meet.

General: The Meet Referee shall be the final authority for the conduct of the competition. The length of the break between Sessions may be varied at the Meet Referee & Coaches discretion. The Meet Referee may schedule 10-minute breaks during the competition at his or her discretion. Fly-over starts may be used for all age groups. All events will be timed finals. Hospitality area and lunch will be provided for team Coaches and visiting Officials. Absolutely no animals on deck or in locker room at any time. Handicap parking and access is available in front of pool near main entrance.

Concessions: VELOCITY SWIMMING's concessionaire will be serving dinner Friday & Saturday nights with breakfast and lunch on Saturday & Sunday. If you plan to purchase concessions at the meet, please bring cash. Credit cards are not accepted.

Vendor: Northwest Designs (there will be NO suit vendor on site for this meet)

Results: Posted to Meet Mobile and front wall of the locker room facility

Team Hotel: Red Lion Hotel, (509) 663-0711, Wenatchee

Velocity Swimming has reserved a block of rooms for the event

Additional lodging options can be found at <https://visitwenatchee.org/listings/category/hotels-motels/>

IMPORTANT NOTE:

there will be **NO CAMPING** possible in Pioneer Park, as we have had in previous years

Pool Directions: From Hwy 2, travel south on Wenatchee Avenue.
Turn right at intersection with Miller Street.
Travel south on Miller to Russell (Pioneer Middle School is on the left).
Turn left on Russell - one block to Fuller – pool is on the left.

From Hwy 28 (East Wenatchee) cross Columbia River Bridge, turn right on Mission St.
then immediate left on Ferry St. Follow Ferry St. (turns into Russell).
Pool will be on the right on Fuller Street.

2020 Starlight Open

Fee Computation Form

Number of Individual Events: _____ x \$4.00 = \$ _____
Number of Relay Events: _____ x \$12.00 = \$ _____
IES Surcharge per Swimmer: _____ x \$17.00 = \$ _____
Facility Surcharge per Swimmer: _____ x \$3.00 = \$ _____
Total amount due: _____ \$ _____

NOTE: Please make one check payable to Velocity Swimming

Name of Team: _____

Submitted by: _____

Date: _____

Address: _____

Telephone: _____ Day _____ Evening _____

E-mail:(important) _____

Mail Entries To:

**Velocity Swimming
C/O David Cutter
1552 Holly Lane
East Wenatchee, WA 98802**

***** Please Waive requirement for signature *****

Entry Submission must include:

1. Commlink entry file from Team Manager
2. Print file of team individual entries
3. Print file of team relay entries
4. Print file of meet fees due.

Please include a hard copy of "Meet Entry Report" as a back-up.

Entries must include current (2020) USA Swimming or SNC registration numbers.

IES Teams Priority deadline is Wed., June 3, 2020. (Note: requirement for Priority in Submissions section)

Final Entries deadline is **Wednesday, June 10, 2020.**

Entries may be submitted via email to david_cutter@yahoo.com

Phone and late entries will not be accepted.

Payment & printout hard copies must be received by deadline for entries to be considered official.

Entries submitted on the IES Master Entry Form will be accepted for individual/family entries only. The form can be found on the FORMS page of the IE website, www.ieswim.org

Session: 1 Friday Afternoon

Day of Meet: 1 Starts at 02:00 PM Heat Interval: 25 Seconds / Back +15 Seconds

Start time is approximate and may be adjusted depending on entries!

- Finals 1 Mixed 13-14 400 IM
- Finals 2 Mixed 15 & Over 400 IM
- Finals 3 Girls 11-14 400 Medley Relay
- Finals 4 Boys 11-14 400 Medley Relay
- Finals 5 Mixed 11-14 400 Medley Relay
- Finals 6 Women 15 & Over 400 Medley Relay
- Finals 7 Men 15 & Over 400 Medley Relay
- Finals 8 Mixed 15 & Over 400 Medley Relay
- Finals 9 Mixed 8 & Under 100 Freestyle
- Finals 10 Mixed 9-10 100 Freestyle
- Finals 11 Mixed 11-12 100 Freestyle
- Finals 12 Mixed 13-14 100 Freestyle
- Finals 13 Mixed 15 & Over 100 Freestyle
- Finals 14 Mixed 11-12 400 Freestyle
- Finals 15 Mixed 10 & Under 200 IM
- Finals 16 Mixed 11-12 200 IM
- Finals 17 Mixed 48 & Under 200 Freestyle Relay

Session: 2 Saturday Morning

Day of Meet: 2 Starts at 09:30 AM Heat Interval: 25 Seconds / Back +15 Seconds

Start time is approximate and may be adjusted depending on entries!

- Finals 18 Mixed 11-12 200 Backstroke
- Finals 19 Mixed 10 & Under 200 Freestyle
- Finals 20 Mixed 11-12 200 Freestyle
- Finals 21 Girls 10 & Under 200 Freestyle Relay
- Finals 22 Boys 10 & Under 200 Freestyle Relay
- Finals 23 Mixed 10 & Under 200 Freestyle Relay
- Finals 24 Girls 11-12 400 Freestyle Relay
- Finals 25 Boys 11-12 400 Freestyle Relay
- Finals 26 Mixed 11-12 400 Freestyle Relay
- Finals 27 Mixed 10 & Under 100 Breaststroke
- Finals 28 Mixed 11-12 100 Breaststroke
- Finals 29 Mixed 8 & Under 50 Backstroke
- Finals 30 Mixed 9-10 50 Backstroke
- Finals 31 Mixed 11-12 50 Backstroke
- Finals 32 Mixed 8 & Under 50 Butterfly
- Finals 33 Mixed 9-10 50 Butterfly
- Finals 34 Mixed 11-12 50 Butterfly
- Finals 35 Mixed 200 Medley Coaches Relay

Session: 3 Saturday Afternoon

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 25 Seconds / Back +15 Seconds

Start time is approximate and may be adjusted depending on entries!

- Finals 36 Women 13 & Over 400 Freestyle Relay
- Finals 37 Men 13 & Over 400 Freestyle Relay
- Finals 38 Mixed 13 & Over 400 Freestyle Relay
- Finals 39 Mixed 13-14 200 Backstroke
- Finals 40 Mixed 15 & Over 200 Backstroke
- Finals 41 Mixed 13-14 400 Freestyle
- Finals 42 Mixed 15 & Over 400 Freestyle
- Finals 43 Mixed 13-14 200 IM
- Finals 44 Mixed 15 & Over 200 IM
- Finals 45 Mixed 13-14 100 Butterfly
- Finals 46 Mixed 15 & Over 100 Butterfly
- Finals 47 Mixed 13-14 100 Breaststroke
- Finals 48 Mixed 15 & Over 100 Breaststroke

Session: 4 Sunday Morning

Day of Meet: 3 Starts at 09:30 AM Heat Interval: 25 Seconds / Back +15 Seconds

Start time is approximate and may be adjusted depending on entries!

- Finals 49 Mixed 11-12 400 IM
- Finals 50 Girls 12 & Under 200 Medley Relay
- Finals 51 Boys 12 & Under 200 Medley Relay
- Finals 52 Mixed 12 & Under 200 Medley Relay
- Finals 53 Mixed 11-12 200 Butterfly
- Finals 54 Mixed 10 & Under 100 Backstroke
- Finals 55 Mixed 11-12 100 Backstroke
- Finals 56 Mixed 10 & Under 100 Butterfly
- Finals 57 Mixed 11-12 100 Butterfly
- Finals 58 Mixed 11-12 200 Breaststroke
- Finals 59 Mixed 8 & Under 50 Breaststroke
- Finals 60 Mixed 9-10 50 Breaststroke
- Finals 61 Mixed 11-12 50 Breaststroke
- Finals 62 Mixed 8 & Under 50 Freestyle
- Finals 63 Mixed 9-10 50 Freestyle
- Finals 64 Mixed 11-12 50 Freestyle
- Finals 65 Mixed 11-12 800 Freestyle

Session: 5 Sunday Afternoon

Day of Meet: 3 Starts at 02:00 PM Heat Interval: 25 Seconds / Back +15 Seconds

Start time is approximate and may be adjusted depending on entries!

- Finals 66 Women 13 & Over 200 Medley Relay
- Finals 67 Men 13 & Over 200 Medley Relay
- Finals 68 Mixed 13 & Over 200 Medley Relay
- Finals 69 Mixed 13-14 200 Freestyle
- Finals 70 Mixed 15 & Over 200 Freestyle
- Finals 71 Mixed 13-14 100 Backstroke
- Finals 72 Mixed 15 & Over 100 Backstroke
- Finals 73 Mixed 13-14 200 Breaststroke
- Finals 74 Mixed 15 & Over 200 Breaststroke
- Finals 75 Mixed 13-14 50 Freestyle
- Finals 76 Mixed 15 & Over 50 Freestyle
- Finals 77 Mixed 13-14 200 Butterfly
- Finals 78 Mixed 15 & Over 200 Butterfly
- Finals 79 Mixed 13 & Over 800 Freestyle