



S W I M B C

2018 SWIM BC TIER II - SUMMER CHAMPIONSHIPS

Hosted by UVic- Pacific Coast Swimming

July 6-8, 2018

Victoria, BC



Age Groups

- Girls: 14&U, 15-18
- Boys: 15&U, 16-18

Timed Final Events:

- 800 - 1500 Free
- 200 Free Relay G/B & Mixed; 200 Medley Relay G/B & Mixed

Prelims/Final Events:

- 50-100-200-400 Free
- 100-200 Back, Breast, Fly
- 200-400 IM

Qualification Requirements:

- Must qualify with at least one standard
- No bonus swims

Thursday, July 5th - Training Timing (To Be Determined)

SANCTIONED BY SWIM BC: #24658

DATE July 6-8, 2018
HOST UVic-Pacific Coast Swimming
MEET MANAGER Jeff Stevens
jeffreystevens@shaw.ca
MEET REFEREE Margaret Penning
OFFICIALS Jeff Stevens
COORDINATOR jeffreystevens@shaw.ca
PARA ADVISOR Janet Dunn
SWIM BC CONTACT Carrie Matheson (carrie@swimbc.ca)

VENUE

Saanich Commonwealth Pool 4656 Elk Lake Drive - Saanich, BC
 8x50m Competition Pool
 25m warm-up space available
 Omega Timing System and scoreboard will be used
 Food services on site

WARM UP AND SESSION TIMES		
Friday, July 6, 2018		
Prelims	Warm-up	7:30 - 8:50am
	Competition	9:00am - 12:30pm
Finals	Warm-up	3:00 - 3:50pm
	Competition	4:00 - 7:30pm
Saturday, July 7, 2018		
Prelims	Warm-up	7:30 - 8:50am
	Competition	9:00am - 12:30pm
Finals	Warm-up	3:00 - 3:50pm
	Competition	4:00 - 7:30pm
Sunday, July 8, 2018		
Prelims	Warm-up	7:30 - 8:50 am
	Competition	9:00am - 12:30pm
Finals	Warm-up	2hrs. after prelims
	Competition	3hrs. after prelims

Note: All Session completion times are approximate

ELIGIBILITY

- All swimmers must be registered with a Swim BC, Swimming Canada, or other FINA recognized club.
- Qualifying period is from September 1, 2016, to the entry deadline.
- During the Qualifying Period, athletes must have attained at least ONE qualifying times, in an appropriately sanctioned competition, in their age group as of the entry deadline.**
- Age groups for individual events will be:
 - Females: 14 & U and 15-18
 - Males: 15 & U and 16-18
- Swimmer age is as of the first day of competition.
- Event by event, competitors may swim in any age or age group in which they have met the qualifying standard.
 - Coaches must specify, in their entries, if they want their swimmer to compete in an older age group and then **notify meet management via email** of the competitor's name, event and swim-up age category.

- Swimmers cannot compete in the same individual event in more than one age/age group.

NON-QUALIFIED SWIMS

Entries not meeting the qualifying standards will not be accepted. Alternate (qualified) events will need to be submitted before July 3, 2018 at noon.

ENTRIES

- Entries will be validated against the SNC meet results database; invalid entry times, unofficial splits, or converted entry times will not be not accepted.
- There is no limit on the number of qualified events a swimmer may enter.
- NO CONVERTED TIMES.** All SCM entries will be converted to LCM by meet management and seeded accordingly.
- "Custom Time" entries will not be accepted in individual events;** swimmers must have a valid provable entry time in each event they enter.
- For reference purposes, please email a .pdf copy of entries to entries coordinator: **Jeff Stevens; jeffreystevens@shaw.ca**
- Relay entries **MUST** include names along with the relay entries. Relay swimmers may be changed at the meet.
- Relay entries without names will be seeded as "NT".
- Meet Fees (including Swim BC Provincial Team Splash Fees) \$75.00 per swimmer and the Facility Fee: \$5.00 per swimmer
- Cheques payable to: **Pacific Coast Swimmers and Parents Association (PCSPA)**
- All fees **MUST** be paid prior to the start of the meet.
- Entries must be uploaded to Swimming Canada meet listings website prior to the entry deadline.
 - Please include the proper contact name, phone number, and email address when uploading entries.
- Late entries** (entries received or uploaded after 9:00pm on Monday, June 25, 2018) **will be accepted at the discretion of Meet Management. If accepted, the Meet fees will be doubled.**

ENTRY DEADLINE:

MONDAY, JUNE 25, 2018 AT 9:00PM

SCRATCH DEADLINE:

TUESDAY, JULY 3, 2018 AT 12:00 NOON

GENERAL MEET RULES

- This meet will observe rules as outlined in the current Swimming Canada Rulebook and Swim BC Tech Guide; where discrepancies exist between Tech Guide and this meet package, the meet package shall be deemed correct.
- There will be no deck entries, exhibition swims, or time trials.
- Swimming Canada warm-up procedures will apply.
- If necessary to preserve meet timelines, Preliminary heats will be swum chase format, divided by meet management such that both ends finish at approximately the same time.
- Fastest three heats will be circle-seeded except 400m events, where fastest two heats will be circle-seeded.
- There will be "A" and "B" finals in those age groups with 24 or more entries, and an "A" final only if there are fewer than 24 entries in any given age group.
 - The "A" final will be swum first followed by the "B" final.

7. Backstroke Ledges will be available for Finals sessions.
8. Coaches are asked to check in with the Meet Manager immediately upon arrival to pay entry fees, pick up Meet Package and receive information regarding any changes.
9. A coaches' meeting will be held 10 minutes prior to the start of Prelims on Friday and as necessary through the meet.
10. No more than 48 hours after the entry deadline, club entry contacts will be notified of any non-qualified entries that cannot be accepted and will be given the opportunity to enter an alternative event.
11. Any act of theft, vandalism or similar action will result in immediate disqualification from the meet.

800 - 1500 Freestyle

1. There will be a positive check-in for the 800m and 1500m Freestyles. **Deadline will be 30mins after start of each of their sessions (9:30am).**
2. The Top 8 in each age group will swim in a single heat proceeding from youngest to oldest.
3. All other swimmers will be senior-seeded, swum fastest-to-slowest; two per lane if necessary to meet session timelines.
4. Distance Lap Counters will not be available.

PARA-SWIMMERS

1. **Para-swimmers' complete classifications *(S, SB, SM) must be included with athlete surname in their entries.**
2. The most current WPC rules will be observed for all para-swimming events.
3. By the entry deadline, swimmers must have attained at least ONE Swim BC Para-swimming AAA qualifying time. There are **NO** bonus swims.
4. Para-swimmers may enter able-bodied events provided they meet the Tier II Standard in their age group and that event.
 - a. Para-swimmers cannot enter the same event in both the Para and Able-bodied categories.
5. Para-swimmer events will be single-gender and multi-class. Winners will be determined by using the respective male and female Swimming Canada Performance Points Charts.
6. There will be SEVEN "para-specific events": 50 free, 100 free, 200/400 Free, 50/100 Back, 50/100 breast, 50/100 Fly and 150/200IM, with distances for each class corresponding to the distances outlined in the time standards.
7. Strokes/events where distances are split by class (e.g., 50/100 Back) will be scored against each other for one set of finalists from each of those pairs of events.
8. In para-swimming events with five or more entries, Para-swimmers will have prelims and finals
 - a. In para-swimming events with fewer than five entries, the event(s) will be Para-swimmer-only timed finals during the preliminaries session.
 - b. Para-swimming events will be swum separately from the able-bodied events except for 50 and 100 Free (if there are more than five entries). Para-swimmers will be seeded in prelims according to entry times.

RELAYS

1. Age groups for relays will be:
 - a. Females: 14 & U and 18 & U
 - b. Males: 15 & U and 18 & U
 - c. Mixed: Open
2. There will be no qualifying times for relays.
3. Clubs may enter as many relay teams as they wish; however, only "A" and "B" relay teams will be considered for scoring, and as such, only two relay entries per team per event will be seeded into the fastest heat, except when fewer than nine teams are entered.
4. Mixed relay teams **MUST** have 2 females and 2 males per team.
 - a. No official splits will be taken during the Mixed Relay events.
5. Deadline for relay name/order changes will be:
 - a. For relays swum in the Prelim Sessions: **10:30am**
 - b. For relays swum in Friday's and Saturday's Final Sessions: **one hour after the start of the finals session.**
 - c. For relays swum in Sunday's Final Sessions: **one hour prior to the start of the finals session.**
6. NT entries will be accepted for relay events.
7. Valid relay entry times will be considered those which are no more than 1.50 seconds faster than the cumulative best individual times of the four swimmers entered.
8. Only swimmers whose names appear on the meet entries shall compete in relay events.
9. Swimmers who will be in relays only shall be listed in their club's Hy-tek entry file as "Relay only swimmers"; such swimmers will be subject to swimmer surcharges (both Provincial Team Splash Fees and Facility Fees)
 - a. A relay team may have no more than two "relay-only" swimmers.

SCORING

1. Individual scoring: A-Final: 20-17-16-15-14-13-12-11
B-Final: 9-7-6-5-4-3-2-1
2. Relay scoring: 20-17-16-15-14-13-12-11

AWARDS

1. Medals will be awarded for 1st, 2nd and 3rd places in all individual and relay events.
2. Ribbons will be awarded for 4th, 5th, 6th, 7th and 8th places in individual events only.
3. Swim BC will award a Team Banner to the Top Scoring Club. This will be sent directly to the club after the meet.

SCRATCHES

Scratches received prior to July 3rd will not incur Meet Fees.

1. There is no scratch penalty for no-shows, step downs and unexcused incomplete swims during prelims.
2. The following rules apply for all finalists (A and B) plus alternates as listed on the official posting of prelims results.
 - a. For all finals sessions, no-shows, step downs and unexcused incomplete swims will be considered "late scratches" and dealt with as such.
 - b. The initial scratch deadline for finals will be:
 - i. **Friday:** 30 minutes from the conclusion of Event 8 (400IM);
 - ii. **Saturday:** 30 minutes from the conclusion of Prelims; and
 - iii. **Sunday:** 30 minutes from the conclusion of Event 32 (200IM).
 - c. The last scratch deadline for finals will be 30 minutes prior to the start of the finals session.
 - d. Late scratches (as defined above) from finals will be subject to the late scratch penalty of \$20, plus removal from all other events, including relays, on that day.

ATHLETE DEVELOPMENT PRESENTATION

Saturday and Sunday (during Morning Warm-ups): Swim BC's Performance Director will deliver a presentation on Swim BC's Athlete Development Strategy for long-term success. This presentation is directed at parents of 14&U swimmers but is open to anyone interested.

Tier II - Summer Championships
Schedule of Events

Friday, July 6, 2018 PRELIMS			
Warm-Up:		7:30 - 8:50am	
Competition:		9:00am - 12:30pm	
GIRLS	BOYS	AGE	EVENT
1	2	Open	200 Free
101/201	102/202	Para	200/400 Free (TF)
3	4	Open	200 Back
5	6	Open	100 Breast
103/203	104/204	Para	50/100 Breast
7	8	Open	400 IM
9	10	Open	800 Free (TF)

Friday, July 6, 2018 FINALS			
Warm-Up:		3:00 - 3:50pm	
Competition:		4:00 - 7:30pm	
GIRLS	BOYS	AGE	EVENT
1	2	Open	200 Free
3	4	Open	200 Back
5	6	Open	100 Breast
101/201	102/202	Para	50/100 Breast
7	8	Open	400 IM
11		14&U F	200 Medley Relay
	12	15&U M	200 Medley Relay
13		18&U F	200 Medley Relay
	14	18&U M	200 Medley Relay

SATURDAY, July 7, 2018 PRELIMS			
Warm-Up:		7:30 - 8:50am	
Competition:		9:00am - 12:30pm	
GIRLS	BOYS	AGE	EVENT
105	106	Para	100 Free
15	16	Open	100 Free
17	18	Open	200 Breast
107/207	108/208	Para	50/100 Fly
19	20	Open	100 Fly
21	22	Open	400 Free
23		Open	Mixed 200 Free Relay

SATURDAY, July 7, 2018 FINALS			
Warm-Up:		3:00 - 3:50pm	
Competition:		4:00 - 7:30pm	
GIRLS	BOYS	AGE	EVENT
105	106	Para	100 Free
15	16	Open	100 Free
17	18	Open	200 Breast
107/207	108/208	Para	50/100 Fly
19	20	Open	100 Fly
21	22	Open	400 Free
24		Open	Mixed Medley Relay

SUNDAY, July 8, 2018 PRELIMS			
Warm-Up:		7:30 - 8:50am	
Competition:		9:00am - 12:30pm	
GIRLS	BOYS	AGE	EVENT
109/209	110/210	Para	50/100 Back
25	26	Open	200 Fly
111	112	Para	50 Free
27	28	Open	50 Free
29	30	Open	100 Back
113/213	114/214	Para	150/200 IM
31	32	Open	200 IM
33	34	Open	1500 Free (TF)

SUNDAY, July 8, 2018 FINALS			
Warm-Up:		Approx. 2hrs. after conclusion of prelims	
Competition:		Start of competition 1hr. later	
GIRLS	BOYS	AGE	EVENT
35		14&U F	200 Free Relay
	36	15&U M	200 Free Relay
37		18&U F	200 Free Relay
	38	18&U M	200 Free Relay
109/209	110/210	Para	50/100 Back
25	26	Open	200 Fly
111	112	Para	50 Free
27	28	Open	50 Free
29	30	Open	100 Back
113/213	114/214	Para	150/200 IM
31	32	Open	200 IM



COMPETITION WARM-UP SAFETY PROCEDURES

Meet Management for all sanctioned Canadian swimming competitions must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout, an announcement or deck signage.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts, at meet management's discretion. (This is not mandatory if not enough general lanespace is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at meet management's discretion and recommended only for higher level or senior competitions.
- At meet management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for higher level or senior competitions

VIOLATIONS:

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context is required.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first individual event following the warm-up period in which the violation occurred and the alternates in that event notified should that event be a final. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager.
- In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition.

SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest.
- Be situated at each end of the competition pool and when applicable, similarly situated in designated warm-up pools when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

Depending on the level of competition, Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the rules or communicating a concern to a coach.

Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official.

PARA-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

"SWIMMING CANADA COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."