



Hyack swim club

2019 Hyack Festival Youth Cup

May 17-19, 2019

Canada Games Pool

65 East 6th Ave. New Westminister, BC 604-526-4281

Sanctioned by Swim BC: #33907

FRIDAY, MAY 17, 2019			
	Warm-up	Start	Estimated Finish
Preliminaries	7:00 – 8:20 am	8:30 am	1:30pm
Finals	4:00 – 4:50 pm	5:00 pm	7:45pm

SATURDAY, MAY 18, 2019			
	Warm-up	Start	Estimated Finish
Preliminaries	7:00 – 8:20 am	8:30 am	1:30pm
Finals	4:00 – 4:50 pm	5:00 pm	7:45pm

SUNDAY, MAY 19, 2019			
	Warm-up	Start	Estimated Finish
Preliminaries	7:00 – 8:20 am	8:30am	1:30pm
Finals	2 hrs after prelims	Approx. 4:30pm	Approx 7:30pm

Pool and Facilities

- One eight lane, 50 metre competition pool with Ares timing system interfaced with Hy-tek Meet Manager, and 8-lane scoreboard.
- Hyack is offering \$\$prize money\$\$ for all age groups – details of prize structure is on page 3 of this meet package.
- Hyack will host a barbecue (hamburger or hot dog and drink) for all swimmers, coaches and officials on Saturday, May 18, 2019, between heats and finals.
- **Due to new regulations the meet will be SINGLE ended. A shallow 15 X 20 metre tank will be available continuously for warm up and warm down (NO DIVING)**

This competition is supported by: City of New Westminister



Eligibility

- All swimmers must be registered with Swim BC or FINA affiliate. All swimmers must have at least one Hyack Festival meet standard to be eligible. One QT allows 5 swims (4 bonus), two QTs allow 6 swims (4 bonus). For swimmers entering more than 6 events they must have the standard for each event to a maximum of nine individual entries.
- Para-swimmers are welcome. IPC athletes' classification must be designated with entries. Age group is based on swimmers age on 1st day of meet.
- Meet management reserves the right to limit entries and manage entries by age group to ensure equal access to the event. Entries must be verified by SNC or foreign equivalent.
- Session lengths will be capped at 5 hours. Coaches will be notified if entries are not accepted.
- Teams are urged to submit entries early, as the meet may fill before the entry deadline.

General

- All SNC, Swim BC and LMR rules and sanctions apply.
- Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1. In-water starts will be conducted as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.2.
- The FINA one-start rule and SNC warm-up procedures will be in effect.
- Current SNC swimsuit policy will be observed. Information available at www.fina.org/content/fina-approved-swimwear.
- **Age groups:** 11&U, 12/13, 14/15, 16-18. Swimmers aged 19+ may swim exhibition only and will not qualify for awards.
- **Age group relay events:** 12&U, 13/14 and 15-18.
- 10 and under swimmers, who meet the qualifying standards, may enter the meet, are limited to 4 hours of competition time per session and are eligible to swim in finals.
- Entries will be limited to 350 swimmers to preserve reasonable session lengths. Entries will be accepted on a first-come, first-served basis. The 350th swimmer's team will be the last team entered. Teams will be notified if entries cannot be accepted.
- 800 and 1500 Free will be seeded fastest to slowest and swum as timed finals. All other events will be senior seeded in preliminaries by gender, with heats for finals broken into age groups and genders.
- 800 and 1500 Free may be swum two per lane. Positive check-in is required within 90 minutes after the start of prelims. All 800/1500 heats will be swum during prelims as timed finals
- **Finals** in all events except 800/1500 free. For 50m, 100m, 200m events of age groups 12/13 and 14/15 there will be A and B finals in the order of A final before B final. For the 16-18 age, only A final. There will be A final only for events with less than 20 entries. 11&U age group events and 400m events will have A final only.
- All relays will be swum as timed finals as the first event during the finals sessions on Friday and Saturday.
- The initial scratch deadline for finals each night will be 30 minutes following the completion of morning preliminaries; in accordance the Swim BC scratch policy. The last scratch deadline for finals shall be 30 minutes prior to the start of the finals session. However, there shall be no re-seeding to include scratches made after the initial scratch deadline.
- There is no scratch penalty for no-shows, step downs and unexcused incomplete swims during prelims. Any scratch after the latest final scratch deadline will be considered "late scratch". Late scratches (as defined above) from finals will be subject to the late scratch penalty of \$20, plus removal from all other events, including relays, on that day. For all finals sessions, no-shows, step downs and unexcused incomplete swims will be considered "late scratches" and dealt with as such.

- Relay entries must be submitted within 90 minutes after the start of the preliminary session on the day of the event.
- Meet manager: Lesley Gu, hyackmeetmanager@gmail.com and Niki Jacques, niki_jacques@yahoo.ca
- Entries coordinator/Meet secretary: Lesley Gu, hyackmeetmanager@gmail.com and Niki Jacques, niki_jacques@yahoo.ca
- Director of Swimming: Mark Bottrill – 604-461-0550, bottrill@hyack.com
- Meet Referee: Joe Elsinga
- Director of officials: Calin Lucus, calinlucus@hotmail.com

Entries

Upload entries to SNC meet website at <http://bit.ly/bcmeetlist>. Entries emailed to the meet manager will not be accepted. Payment for entries must be received no later than first day of the meet. Entries must be received by May 6, 2019. Early scratch deadline is May 10, 2019. Refunds will only be given for late scratches if accompanied by a medical certificate.

- RSVP will be accepted until March 30, 2019. After RSVP deadline, it will be first come first served until 350 limit reached. RSVPs please send to bottrill@hyack.com
- Fees: \$14.00 per individual event, no charge for relays. Please add a \$14.00 per swimmer plunge fee, \$4 of which is the Swim BC provincial team fee. \$10.00 per official split request to be submitted with request form.
- All times must be entered in LCM. Teams from the USA: please use the current conversion standards.
- Deck entries will be permitted to fill empty lanes; no new heats. Deck entry fee of \$20.00 per swim must be paid at entry. Deck entry will be exhibition only and will not qualify for finals.
- Official split requests: deadline for official split request is the start of each session. Requested team must supply two timers for each request. Official split fee is \$10 for each request.
- A limited number of Hyack swimmers may enter the meet below the qualifying standards.

Officials

LMR clubs entering swimmers must provide a minimum of three timers (and relief) per session as well as stroke and turn officials for each day of the meet, and will be assigned a lane for timing. Any other experienced deck officials would be appreciated. Email Officials Coordinator with names of officials.

All LMR clubs must provide their swimmers with timers for the 800 & 1500 freestyle events.

- It is the visiting club's and/or parents responsibility to ensure that their swimmers are supervised during all breaks between heats and finals.

Awards

Scoring

Finals will be scored 20 18 17 16 15 14 13 12 9 7 6 5 4 3 2 1.

Event category winners will be awarded by aggregate scores. In the event of a tie the highest scoring FINA point swim will determine the winner.

High point team trophy will be awarded, based on Individual & Relay scoring.

Prizes

Cash prizes will be awarded to the top aggregate winner for each age group and gender. The following event categories will be awarded cash prizes;

Event Categories

- 50 & 100 Free
- 200 & 400 Free
- 800 free (women) or 1500 free (men)
- 100&200Fly
- 200IM & 400IM
- 100 & 200 Breast
- 100 & 200 Back

Cash Prize \$40 for the First Place Winner in each aggregate category

Commemorative awards will be provided for the top three finishers in each event for each age group and gender.

Relays: \$40 First Place Winner (each relay team member will receive \$10)

Meet Qualifying Time

2019 Hyack Festival Youth Cup Meet time standards long course

Event	11&U Girls	12 Girl	13 Girls	14 Girls	15-18 Girls
50 Fr	34.99	32.32	32.02	30.19	29.71
100 Fr	1:17.44	1:11.31	1:08.43	1:05.57	1:03.71
200 Fr	2:50.49	2:35.47	2:28.06	2:23.05	2:18.46
400 Fr	6:04.15	5:34.43	5:15.11	5:04.73	4:53.77
800 Fr	12:30.00	12:20.00	11:00.00	10:20.76	10:00.62
1500 Fr					
100 Bk	1:28.88	1:21.16	1:19.47	1:15.71	1:13.45
200 Bk	3:11.80	2:57.28	2:46.37	2:42.59	2:37.70
100 Br	1:39.94	1:32.24	1:29.87	1:26.95	1:25.03
200 Br	3:37.24	3:18.08	3:13.94	3:03.14	3:02.51
100 Fly	1:32.75	1:22.87	1:17.80	1:15.59	1:11.56
200 Fly	3:37.15	3:19.17	3:07.46	2:57.91	2:49.50
200 IM	3:19.95	3:05.28	2:50.93	2:42.47	2:38.33
400 IM	6:43.60	6:16.56	5:58.99	5:45.88	5:38.49

Event	11&U Boys	12 Boys	13 Boys	14-15 Boys	16-18 Boys
50 Fr	35.14	32.48	29.87	27.87	26.55
100 Fr	1:17.49	1:11.87	1:05.50	1:01.47	57.68
200 Fr	2:50.93	2:37.97	2:37.97	2:16.26	2:08.35
400 Fr	6:04.11	5:38.40	5:07.85	4:48.50	4:35.82
800 Fr					
1500 Fr	21:00.00	20:30.50	20:00.50	19:01.40	18:14.48
100 Bk	1:29.41	1:22.56	1:17.34	1:12.57	1:09.30
200 Bk	3:13.56	2:54.96	2:45.41	2:38.85	2:33.16
100 Br	1:42.46	1:35.34	1:27.16	1:21.20	1:19.47
200 Br	3:40.18	3:22.68	3:06.81	2:56.98	2:52.57
100 Fly	1:34.01	1:24.61	1:15.70	1:09.39	1:04.71
200 Fly	3:27.40	3:23.09	3:00.81	2:41.73	2:36.71
200 IM	3:13.18	3:08.05	2:56.73	2:31.88	2:25.60
400 IM	6:54.71	6:32.85	5:59.91	5:26.89	5:21.71

Event Order

Friday, May 17, 2019

Preliminaries warm-up from 7:00-8:20am for 8:30am start

Finals warm-up 4:00-4:50 for 5:00pm start

Girls Event #	Event	Boys Event #	Notes
1	200 Fly		
	100 Fly	2	
3	100 Breast		
	200 Breast	4	
5	100 Free		
	200 Free	6	
7	400 IM		
	1500 Free	8	Timed Finals swum during prelims
9	12 & Under 200 Medley Relay	10	Swum first during finals
11	13-14 200 Medley Relay	12	Swum first during finals
13	15-18 200 Medley Relay	14	Swum first during finals

Saturday, May 18, 2019

Preliminaries warm-up from 7:00-8:20am for 8:30am start

Finals warm-up from 4:00-4:50pm, for 5:00pm start

Girls Event #	Event	Boys Event #	Notes
	200 Fly	16	
17	100 Fly		
	100 Back	18	
19	200 Back		
	100 Free	20	
21	200 Free		
	400 IM	22	
23	800 Free		Timed Finals swum during prelims
25	12 & U 200 Free Relay	26	Swum first during finals starts with boy's event then girl's event
27	13-14 200 Free Relay	28	Swum first during finals starts with boy's event then girl's event
29	15-18 200 Free Relay	30	Swum first during finals starts with boy's event then girl's event

Sunday – May 19, 2019

Preliminaries warm-up from 7:00-8:20am for 8:30am start

Finals warm-up two hours after end of Preliminaries

Finals start one hour later

Girls Event #	Event	Boys Event #	Notes
31	100 Back		
	200 Back	32	
33	50 Free	34	
35	200 Breast		
	100 Breast	36	
37	200 IM	38	
39	400 Free	40	top 5 boys/girls heats to be swum slow to fast
139	400 Free	140	Overflow if necessary to be swum fast to slow



COMPETITION WARM-UP SAFETY PROCEDURES

Meet Management for all sanctioned Canadian swimming competitions must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout, an announcement or deck signage.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts, at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at meet management's discretion and recommended only for higher level or senior competitions.
- At meet management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for higher level or senior competitions.

VIOLATIONS:

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context is required.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first individual event following the warm-up period in which the violation occurred and the alternates in that event notified should that event be a final. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager.
- In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition.

SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest.
- Be situated at each end of the competition pool and when applicable, similarly situated in designated warm-up pools when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

Depending on the level of competition, Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the rules or communicating a concern to a coach.

Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official.

PARA-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

"SWIMMING CANADA COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."