



OPEN WATER CHAMPIONSHIPS

***Hosted by Tye Swim Club
July 8, 2019
Thetis Lake - Victoria, BC***



Swim BC and Tye Swim Club would like to begin by acknowledging that land on which we will compete is within the traditional territories of the Lkwungen (Esquimalt, and Songhees), Malahat, Pacheedaht, Scia'new, T'Sou-ke and W̱SÁNEĆ (Pauquachin, Tsartlip, Tsawout, Tseycum) peoples.

Safe Sport

Swim BC believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

Swim BC is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both 'open' and 'observable' to others.

All participants in this event are reminded that they are bound by Swim BC's Policies and Procedures.



**SWIM BC OPEN WATER CHAMPIONSHIPS
MONDAY, JULY 8, 2019**

TYEE Swim Club - Victoria, BC



SANCTIONED BY SWIM BC: #

DATE: Monday, July 8, 2019

HOSTED BY: Swim BC and TYEE Swim Club

LOCATION: Thetis Lake (just outside Victoria)

The water temperature is expected to be around 20-21°C at the time of the race.

EVENT MANAGER: Tracey Hopkins

MEET ENTRIES: Carrie Matheson

SAFETY OFFICER: Lauren Tee

RACE REFEREE: Terry Ryan

COURSE SPECS: Age 11-12 1.0 KM

Age 13-14* 2.0 KM

Age 15&Over 5.0 KM

***NOTE: 14-year-old swimmers have the option of entering the 15&O 5km race.**

REGISTRATION:

1. All swimmers must be registered with a Swim BC, SNC, USS or other FINA recognized club.
2. Swimmers not already registered with one of the aforementioned organizations MUST obtain a Swim BC "Limited Event" membership at a cost of **\$15.00**. (*Registration Form attached*)
 - a. Registrations are accepted at the race site up to one hour prior to race start.
3. **In accordance with Swimming Canada's Open Water Swimming rules, the minimum age to compete in this event is 11 years as of July 8, 2019.**
4. Age groups are based on the age of the swimmer as of July 8, 2019.

ENTRIES:

1. Entry fees are **\$35.00 per competitor** which includes the Swim BC splash fee of \$4.00 per swimmer
2. Entries are to be submitted on [Swimming Canada's meet listings website](#)
 - a. Swimmers not affiliated with a Swim BC club may enter via email to **Tracey Hopkins** at organizethis250@gmail.com prior to the entry deadline.
3. Please provide team contact person name and phone number with the entries.
4. Fees payable to: **Tyee Aquatic Club** and are non-refundable as of the entry deadline.
 - a. If the organizers and race officials deem the conditions to be unsafe, the race may be canceled. Given that the host will have incurred expenses prior to the event, 50% of the entry fee plus 100% of the Swim BC Splash Fee will be refunded should the race be cancelled.

All Entry Fees, limited event registration forms/fees and consent forms must be handed in prior to the start of the competition.

ENTRY DEADLINE: The entry deadline is **Thursday, JUNE 27, 2019**

Race Management have the discretion to accept entries up to 8:00am on race morning at a late entry fee of \$50.

GENERAL RULES:

1. Swimmers may enter only one event.
2. **Wetsuit for Open Water Swimming Regulations:**

BL 8.4 For open water swimming competitions, with water temperature from 20 C, swimsuits for both men and women shall not cover the neck, nor extend past the shoulder, nor extend below the ankle. Subject to these specific shape specifications, swimsuits for open water swimming competitions shall further comply with all other requirements applicable to swimsuits for pool swimming competition.

BL 8.5 From the 1st of January 2017, for open water swimming competitions in water with temperature below 20 C, men and women may use either swimsuits (BL 8.4) or wetsuits. When the water temperature is below 18 C, the use of wetsuits is compulsory. For the purpose of these rules, wetsuits are swimsuits made of material providing thermal insulation. Wetsuits for both men and women shall completely cover torso, back, shoulders and knees. They shall not extend beyond the neck, wrists and ankles.
3. NO jewellery (earrings, rings, necklaces; including watches) permitted.
4. Fingernails & toenails must be trimmed short.
5. Swimmers must wear the mandatory numbered cap.
 - a. Competitors will receive their **mandatory** numbered competition cap when they check-in.
6. **Consent Forms:** all swimmers must sign a consent form. (*Consent Forms are included in this meet package*)
 - a. All 17 & Under swimmers must have a parent/guardian sign the 17 & Under Consent Form.
 - b. **Signed waivers must be presented at check-in.**

Minimum Entry Standards (SC or LC):		
800m	Event Age	1500
12:30.00	11 - 12	24:00.00
11:30.00	13 - 14	22:00.00
11:00.00	15 & Over	20:30.00



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EVENT DETAILS:

1. All competitors **MUST** sign in at the Registration Tent at by **9:00am** on Monday July 8th and then sign out after the race, whether they finish or not, prior to leaving the venue.
 - a. No refunds will be available for no-shows or late arrivals
2. The race course will be available for warm-up from 8:30 to 9:00am. Swimmers must be checked in before entering the water for warmup.
3. **A mandatory day of race briefing** will be held for all coaches and competitors at 9:15am.
4. Events will be started in waves based on age group.
5. The first wave is scheduled to go at 9:30am, with all waves underway by 9:45am.
6. Every swimmer will be accounted for before they enter the water and as they exit. Swimmers must sign out after they exit the water whether they finish or not; prior to leaving the finish area.

RACE DETAILS:

1. Race will be manually timed.
2. Races will be done as mixed gender.
3. Start line will be an in-water start.
4. Finish line will be in the water
5. Course closes at noon (2 ½ hours after the first wave starts)
6. **Safety Craft:** Race organizers will have a number of safety crafts and personnel available throughout the race course, as per the Swimming Canada Open Water Safety Guidelines. No individual escort craft are permitted.

AWARDS:

Individual Awards of Gold, Silver & Bronze medals for 1st, 2nd & 3rd places in each age group and gender (11-12, 13-14, 15&O).

EVACUATION PLAN:

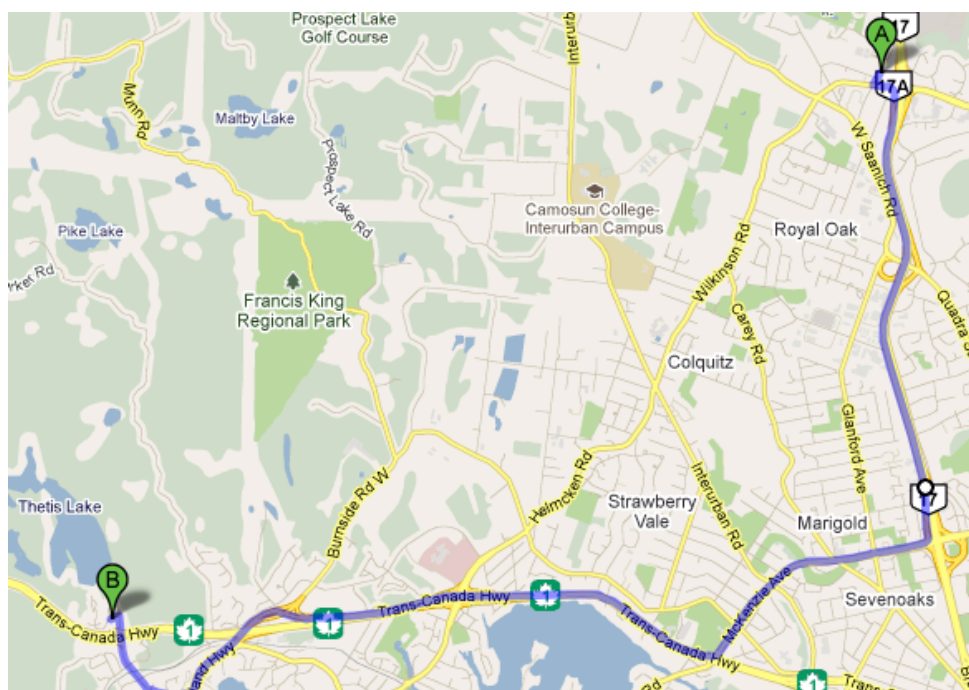
Swimmers can be evacuated/assisted via power boats, paddle craft, and lifeguards on the water during the races.

DELAY PLAN:

If conditions dictate the race may be postponed no later than 10:30am at the Referee's discretion.

DIRECTIONS:

"A" is the location of Saanich Commonwealth Place; "B" is the Thetis Lake parking lot. (Map below)



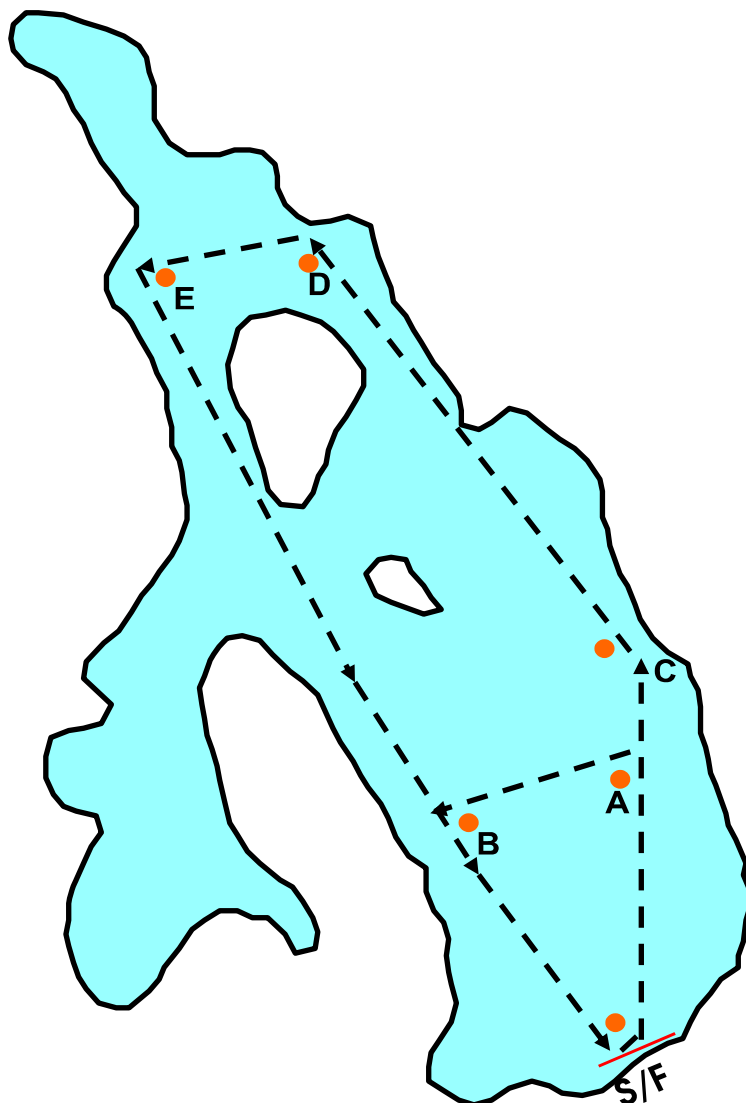


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BC Open Water Swimming Championships: Course Map



Course Description:

(S/F is the start/finish area near the beach)

1000m: Two 500m loops

2 x S/F→A→B→SF

2000m: One 500m loop, plus one 1500m loop

S/F→A→B→SF plus S/F→A→C→D→E→B→S/F

5000m: One 500m loop, plus three 1500m loops

S/F→A→B→SF plus 3 x (S/F→A→C→D→E→B→S/F)



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FORMS INCLUDED

- Limited Event Registration Form
- 17 & Under Consent Form
- 18 & Over Consent Form



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LIMITED EVENT REGISTRATION FORM
TO PARTICIPATE IN AN OPEN WATER COMPETITION

Swimmer's Name: _____

Birthdate (yyyy/mm/dd): _____

Mailing Address: _____

City: _____

Postal Code: _____

Email Address: _____

Phone #: _____

Parent/Guardian Name (Primary Contact): _____

Registration Fee: \$15.00

Payment Type: Cheque payable to Swim BC

Date: _____

Parent's Signature: _____
(if 17 or younger)



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**CONSENT FORM FOR MINORS (17 YEARS OLD AND UNDER) TO PARTICIPATE IN AN OPEN WATER
COMPETITION**

(CONSENT FORM – 17 & Under)

_____ authorizes _____
(Name of parent or coach) (Name of person 17 years and under)

Age: _____ Date of birth _____
(Day/month/year)

to participate in an Open Water swimming competition.

Date of event: _____

Hosted by: _____

Name of Body of Water: _____

Location of Body of Water (City): _____

This competition is sanctioned by Swimming/Natation Canada and the Provincial section of Swimming/Natation Canada

Signature of parent or guardian _____

Or, by default, his/her coach _____

Date: _____

Participant signature: _____



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CONSENT FORM FOR A PERSON (18 YEARS OLD AND OLDER) TO PARTICIPATE
IN AN OPEN WATER COMPETITION

CONSENT FORM - 18 & Over

Please fill out this questionnaire. This is necessary due to the inherent risks associated with Open Water swimming. Your answers will permit us to better help you in case of emergency. Only the Organizing Committee will have access to the information provided below and will be destroyed after the competition.

Name of the competition: _____ Date of the competition: _____

Your name: _____

Date of birth: _____

Club: _____

Name of Coach: _____

Emergency Contact: _____ Telephone number: _____

Other medical / health information that you feel is important for those that may need to administer First Aid: (please do not write anything if you have no health problems)

I consider myself to be of sound mind and health to register for this Open Water competition. I absolve the organizing committee and the PS of all responsibility to any personal harm which may occur because of this competition and accept the risks inherent with this type of competition.

Date: _____

Signature: _____