



SWIM BC  
2019 OCTOBER SENIOR CIRCUIT  
LONG COURSE  
SATURDAY, OCTOBER 19, 2019  
Sanctioned by Swim BC: #34478

## TIMELINE

Warm Up: 11:30am – 12:30pm

Racing: 12:40pm – (approx.) 5:00pm

## LOCATION

Saanich Commonwealth Place  
4636 Elk Lake Road  
Victoria, BC, V8X 5M1

## FACILITY

8 lanes – 50m competition pool  
25m warm-up pool available  
Concession and fitness store on site

## MEET MANAGER

Name: Jeff Stevens

Email: [meets@pacificcoastswimming.com](mailto:meets@pacificcoastswimming.com)

## RULES

All applicable SNC and Swim BC rules will be observed.

SNC warm-up rules will be in effect.

The current SNC swimsuit rule will be observed as well.

**Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1.**

## ELIGIBILITY

Swimmers appropriately registered with Swim BC or other FINA affiliated organizations.

## QUALIFYING PERIOD

Times achieved after January 1, 2018.

## QUALIFYING STANDARDS

Swim BC 2017-2018 Senior Open Standards; DO NOT SUBMIT CONVERTED TIMES.

All SCM entries will be converted by meet management.

## ENTRIES

Submit entries via the Swimming Canada meet site at [www.swimming.ca/meetlist.aspx](http://www.swimming.ca/meetlist.aspx). For questions regarding receipt of entries, please email [meets@pacificcoastswimming.com](mailto:meets@pacificcoastswimming.com)

## MEET SIZE

The meet will be limited to a maximum of 225 swimmers.

## FORMAT

This is an open event – no age groups. All events are timed finals, senior-seeded, slowest to fastest. No awards will be presented.

## ENTRIES

The following entry limits will be in place:

- 50m/100m/200m events – **no limit**
- 400m events – **24 entries**
- 1500m event – **8 male and 8 female entries**

Alternate lists will be maintained, and alternates will be added as scratches are received. Teams will be notified as soon as possible of alternate additions. 800m official splits in the 1500m event will be made available upon request.

Over-limit entries may be swum at the conclusion of the session, time-permitting.

## SCRATCHES

Scratches should be submitted as soon as possible. This includes scratches for swimmers in alternate positions. If lanes become available, we expect the highest ranked alternate to be able to swim.

## BONUS EVENTS

All swimmers with at least one qualifying entry will be permitted to enter up to SIX events, provided valid entry times are provided.

## FEES

Meet Fees (including Swim BC Provincial Team Splash Fees) \$50.00 per athlete.  
SCP Facility Enhancement Fee: \$5.00 per athlete.

Fees payable to **Pacific Coast Swimmers' and Parents' Association (PSCPA)** are due no later than 12 Noon on Saturday, October 19, 2019.

## ENTRY DEADLINE

All entries must be received no later than **Friday October 11, 2019, at 12:00 midnight.**

Psych listing will be available shortly following the deadline.



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Event List

<b>Saturday, October 19, 2019</b>		
Warm-ups 11:30am – 12:30pm		
Start 12:40pm		
Anticipated Timeout: 5:00pm		
<u>Women's Event Number</u>	<u>Event</u>	<u>Men's Event Number</u>
1	200 F.R.	2
3	400 Free	4
5	200 Breast	6
7	100 Free	8
9	50 Fly	10
11	200 Back	12
13	100 Fly	14
15	50 Breast	16
17	200 IM	18
19	100 Back	20
21	50 Free	22
23	200 Fly	24
25	100 Breast	26
27	50 Back	28
29	200 Free	30
31	400 IM	32
33	200 M.R.	34
35	1500 Free	36