

FastSwim Classic 2021

Hosted by



arena®



December 17th, 18th & 19th

Watermania,
Richmond B.C.
14300 Entertainment Blvd.
Richmond B.C. Canada
604- 275 -7946

Sanctioned by Swim BC: #36179

"We would like to thank the Province of British Columbia for their assistance."



DRAFT - Start times:

All finish times are estimated

Heats

Session: 13&14 Boys / 15& Over

- WU: 6:30am – 7:15am
- Start: 7:30am

Session 2: 12&U girls and boys / 13&14 Girls

- WU: 12:15pm – 12:50 pm
- Start: 1:00pm

Finals 4:30pm – 5:15pm warm up
5:30pm start / 7:30pm finish



Time Standards and Schedule of Events

Girls				BOYS		
15-17	13&14	12&U	FRIDAY	12&U	13&14	15-17
5:05.85	5:14.57	5:39.20	400 FR: Girls			
			200 FR: Boys	2:43.50	2:25.50	2:14.64
41.36	42.57	47.45	50 BR	43.58	39.58	37.50
2:45.31	2:56.82	3:09.40	200 FLY	3:14.81	2:48.58	2:35.75
1:15.40	1:17.37	1:24.48	100 BK	1:25.35	1:15.91	1:09.85
34.48	35.85	38.14	50 FLY	38.99	35.47	32.11
2:44.79	2:54.11	3:01.76	200 IM	2:59.75	2:42.99	2:31.68
			800 FR Boys	11:30.45	10:27.52	9:52.97
15-17	13&14	12&U	SATURDAY	12&U	13&14	15-17
1:26.94	1:29.83	1:37.28	100 BR	1:37.18	1:26.83	1:20.47
2:44.11	2:49.83	3:01.48	200 BK	3:00.11	2:46.78	2:35.45
1:07.74	1:10.77	1:14.24	100 FR	1:13.00	1:07.44	1:03.84
5:45.43	5:57.14	6:24.88	400 IM	6:26.37	5:45.16	5:30.14
19:55.64	20:36.01		1500 FR:		19:45.72	18:40.24
15-17	13&14	12&U	SUNDAY	12&U	13&14	15-17
1:14.31	1:17.29	1:23.84	100 FLY	1:24.84	1:14.11	1:10.00
35.40	36.00	39.49	50 BK	40.75	35.70	33.12
3:11.25	3:19.47	3:34.22	200 BR	3:25.13	3:07.16	2:49.99
31.00	32.76	34.13	50 FR	34.10	30.83	28.45
2:25.14	2:31.79	2:40.11	200 FR: Girls			
			400 FR: Boys	5:39.77	5:14.14	4:55.51
10:30.21	10:42.69	11:30.45	800 FR: Girls			

Meet Rules

- The meet will be run under the most current Swimming Canada rules.
- Swim BC competition warm-up safety procedures will be in effect.
- Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1
- The visiting club's responsibility is to ensure that their swimmers are always supervised, both during the competition and between sessions while at the Watermania facility.
- Only athletes that are in finals will be allowed back in the building for finals
- The maximum capacity within each session is 500 people per session

SAFE SPORT STATEMENT

- All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.

COVID SAFETY/COACHES TECHNICAL INFO

- Information will be sent out the week of the competition that will cover the most current Entry rules, paths of travel inside the facility, team placement, officials' placement, and warm-up/down procedures
- Proof of vaccination will be **REQUIRED** for all volunteers at the meet
- There will be no spectators allowed on the pool deck during the meet. There will be a live stream available for clubs to watch.

Entries

- This meet is open to swimmers who have achieved ONE posted qualifying time in their designated age category.
- Athletes with 1 QT will receive 3 bonus swims, athletes with 2 times will receive 2 bonus swims, athletes with 3 times will receive 1 bonus swim.
- A swimmer may enter as many additional events up to a maximum of 6 if they have met the qualifying time.
- **NT's will not be accepted and will not be refunded.**
- The Richmond Rapids reserve the right to enter swimmers not meeting the qualifying standards.
- Swimmers must be registered with Swim BC or other affiliated FINA organizations.
- Swimmer age is as of the first day of competition.
- Age groups will be 12&U, 13&14, 15&O
- 10 & unders are limited to 4 hours per session, excluding warm-up. Coaches are requested to adhere to this limit when considering entries.
- If timelines require, **the number of heats in the 400, 800, 1500 Free and/or 400 IM may be limited.** If restrictions are necessary, the heats will be filled by the top 8 swimmers in each age group, plus as many additional swimmers as can be accommodated by seed time. 400m events maybe move to a Timed final format if competition timelines require. Teams will be notified via email if their swimmers are not in the event, and another event may be selected before the scratch deadline. Any openings created by scratches from these events may be filled by deck entry at the meet on a first-come-first-served basis.
- A technical bulleted outlining any required changes to the meet format will be sent out once entries are received.

Heats:

- All heats will be senior seeded, slowest to fastest. (Distance: fastest to slowest)
- Preliminary heats will be start over, with the previous heat remaining in the pool, except in backstroke, where swimmers will clear the pool between heats.
- Swimmers missing a preliminary heat will be considered a scratch and will not be entered in another heat in that event.
- Where possible, swim-offs will run before the end of the session in which the tie occurred, at a time mutually agreed upon by coaches and officials.

Finals & Awards

- Finals for all age groups will run out of the deep end.
- A Finals will be held for all events.
- B Finals will be held for the 15 and over age groups with 24 athletes in the event after the scratch deadline.
- Finalists and alternates will be drawn from the **top 8 plus 4 finishers or 16 plus 4 finishers if there is a B final.** Failure to scratch a finalist or alternate will result in a scratch penalty if the alternate is called. This penalty will adhere to Swim BC's scratch policy at heats/finals meets.
- Awards will be given for 1st through 8th for individual events.

Para Swimmers

- Para-swimmers who are registered with a FINA or WPS affiliate are welcome. Classification numbers must accompany entries. (i.e. s6sb6sm6). WPS Swimming Guidelines will apply.
- All prelims will be integrated, seeded according to entry time. Please contact meet management for any lane placement or other accommodation needed.

Distance (800 / 1500 Free)

- **Positive check-in is required 30 minutes into the start of the session** on the day of the event. Failure to check-in will result in a scratch.
- 1500 Free will be limited to a maximum of 24 athletes per session
- The events will be seeded after positive check-in. Empty lanes remaining after seeding may be filled by deck entry on a first-come-first-served basis.
- Distance events will run after the end of preliminaries.
- Heats will be swum as a timed final, fastest to slowest.
- We intend to run the 800m & 1500m events, but we may have to remove these events or reconfigure where they are swum if the timeline requires.

Scratches

Scratches received prior to December 12 will not incur Meet Fees.

- There is no scratch penalty for no-shows, step downs and unexcused and/or incomplete swims during prelims and/or time finals.
- The following rules apply for all finalists plus alternates as listed on the official posting of prelims results.
 - For all final sessions, no-shows, step-downs, and unexcused incomplete swims will be considered "late scratches" and subject to the late scratch penalty of \$20. Fines are to be paid immediately. The swimmer and/or relay swimmers in question shall not swim subsequent events until the fine is paid.
 - For finals, the scratch deadline will be 30 minutes following the completion of the preliminary events (excluding time final events).
 - For finals, email scratches will not be accepted

Registration

Entry deadline Wednesday, December 9, 2021, at 11:00 pm
Scratch deadline Sunday, December 12, 2021, at 11:00 pm
Deck entry deadline 30 Min after the start of the session

- **Meet entries must be uploaded before the entry deadline to the Swimming Canada meet list.** Entries sent directly to the meet manager **will not** be accepted.
- Team entries may be restricted to preserve timelines. Teams will be entered into the meet based on the date their original entry file is sent. Coaches will be notified if their entries have not been accepted.
- Cheques should be made payable to the "**Richmond Rapids Swim Club.**" Associations must submit one cheque only. No individual cheques will be accepted from members of the association.

Fees

Individual events	\$ 11.00
Swim B.C. Competition Surcharge	\$ 4.00 per swimmer
Deck entries	\$ 20.00 (For time only; not eligible for awards or finals)

Meet Management

Meet Secretary/Entries: secretary@richmondrapids.com
Meet Manager: Enos Shi
Meet Referee: Derek Wheeler
Head Coach: Rob Pettifer: rpettifer@richmondrapids.com
Officials Coordinator: officials@richmondrapids.com

COVID PROTOCOLS

Competition Safety Plan

The competition safety plan has been developed in consultation with the facility to ensure the plan aligns with all facility and health authority requirements.

Covid Safety Coordinator

Coaches Contact:

Alex Pettifer: alex@richmondrapids.com

Officials Contact:

Enos Shi: officials@richmondrapids.com

Maximum Competition Numbers

Maximum Event Occupancy: 500

This includes swimmers, coaches, officials, and volunteers.

Warm-up Lane Assignments

Warm-up lanes will be assigned to teams to minimize inter-team contact. The number of lanes assigned will be based on the number of swimmers on a team.

Warm-Up: times and procedure will be determined once meet entries have been received

Entrance/Exit

Entrance: Through the side entrance of the building (Deep end of the pool) and the main entrance.

Exit: Through the side entrance of the building (Deep end of the pool) and the main entrance.

Change Rooms

Change rooms will be available with no restrictions.

Team Placement

Each team will be assigned an area in the stands. The athletes must remain in their area unless they use the warm-down pool, the change rooms, or competing.

Masks

All public health guidelines will be followed throughout the competition. Officials, coaches, and volunteers will wear masks throughout the competition. Athletes will wear masks until they are about to enter the pool for warm-up or competition purposes.

Coach Placement

Coaches will be asked to remain with their team in their designated area in the stands, except in the case of warming up/down athletes, communicating with officials, or escorting athletes (younger swimmers) to the entrance to the start area.

Sick Individuals

Anyone showing symptoms of Covid will not be permitted to enter the facility. Anyone feeling sick during the competition leave the venue and notify the Covid Safety Coordinators immediately.

Warm-up/Warm down tank

8 lanes will be available for Warm Up and Warm Down during the entire length of the competition.



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Holiday Inn Express and Suites Riverport (walking distance to the pool)

10688 NO. 6 ROAD Richmond, BC, Canada V6W 1E7

Hotel Front Desk: 1-604-241-1830

Hotel Fax: 1-604-241-1840

Team booking contact: 604-248-8201



COMPETITION WARM-UP SAFETY PROCEDURES

Meet Management for all sanctioned Swim BC swimming competitions must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout or announcement and visible through on deck signage.
- Swim BC recommends that**, where lane density exceeds 20 swimmers per lane SC or 40 swimmers per lane LC, Meet Management split warm-up to ensure a safe environment (swimmers per lane) exists (i.e. by club, gender or age). A split warm up must be communicated in some fashion prior to the start of warm-up. This can be through a pre-competition handout or email, a technical meeting, or a general announcement.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts, at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.
- Pre-event training shall be managed by the coaches and will have sufficient lifeguards on deck. There will be no Safety Marshals in place during pre-event training.
- Safety Marshals will not be in place during the competition in warm-up/warm-down pools.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at meet management's discretion and recommended only for national events or senior competitions.
- At meet management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for national events or senior competitions.

VIOLATIONS:

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context are required. This section is specific to diving violations and not equipment.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed, by the Meet Referee, without warning from their first individual event following the warm-up period in which the violation occurred and the alternates in that event notified should that event be a final. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager and should subsequent violations occur the swimmer may be removed by the Referee without warning from their first individual event as noted above.
- In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition by the Meet Referee.



SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest;
- Be situated at each end of the competition pool and when applicable, similarly situated in designated warm-up pools when pre-competition warm-ups are scheduled;
- Actively monitor all scheduled warm-up periods;
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

A minimum of 2 safety marshals are recommended for each of the 25m warm-up pools in use during short course competitions, and a minimum of 4 safety marshals are recommended for 50m warm-up pools in use during long course competitions.

Depending on the level of competition, Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the procedures or communicating a concern to a coach.

Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official.

PARA SWIMMER NOTIFICATION:

Coaches are requested to notify Meet Manager, prior to the meet, of any Para swimmers participating in warm-ups. Meet Management may designate a Para swimmer lane for warm-up when necessary.

The following statement must appear in all Swim BC sanctioned meet information and posted notices:

"SWIM BC COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."

