



KILLER WHALES
SWIM CLUB

Campbell River Killer Whales Invitational

Saturday, November 26 & Sunday, November 27, 2022
Sanctioned by Swim BC: #38200

Pool: Strathcona Gardens Recreation Center
225 S Dogwood St
Campbell River, BC
6 Lane, 25 meters – Electronic Timing

Saturday Nov 26	Warm-up: 2:00 pm	Start: 3:00 pm	Finish: 8:00 pm (estimate)
Sunday Nov 27	Warm-up: 8:00 am	Start: 8:45 am	Finish: 2:00 pm (estimate)

Safe Sport Statement: All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.

Eligibility: All swimmers must be registered with Swim BC or FINA Affiliated club. Age groups are based on the age of swimmer as of November 26, 2022. Entries are limited to the team entering the 200th swimmer.

Meet Entries: Entries will only be accepted via upload to SNC Meet Website
Swimmers are limited to a total of six individual events.
Please email a printout of your entries to the meet secretary for verification.

Entry Deadline: All entries must be received by **Monday, November 21, 2022**

Entry Fees: Cost per swimmer - \$9/event + \$5 Swim BC Competition Surcharge.
Make cheques payable to CRKW.

Awards: Random prizes will be distributed through the events. Special prizes will be awarded to the 50 Freestyle Eliminator and 200 Mystery IM Eliminator winners.

Meet Rules: **SNC rules will apply.**

- All events will be OPEN with mixed gender but separated by age group and gender in results.
- No Provincial or National Records will be recognized from Mixed Gender Events.
- Seeding will be slowest to fastest.
- All events are timed finals.
- The Meet will not be scored.
- Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1
- In-water starts will be conducted as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.2

Deck Entries: Deck entries will be accepted on a first come first serve basis to fill empty lanes only.
Deck entries will be \$10.00 per race and swimmers may not exceed the 6-race maximum. Deck entries must include the swimmers correct nine-digit SNC ID and date of birth for those swimmers not already in the meet.

The 1500 freestyle will be limited to 2 heats and the 800 freestyle to 4 heats.

SWIM BC COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS SWIM MEET

Scratches: Please email known scratches to Stephanie Schulte at schultebase@gmail.com by 10:00 pm **Thursday, November 24, 2022**. Scratches after the No Charge Deadline will not be refunded unless a medical note is provided.

Officials: If members of your club would be interested in assisting us with any deck positions, please contact Chris Hayduk by email at travellingmathman@yahoo.com. Any help would be greatly appreciated.

Marshals: Safety Marshals will be present during warm up session.

Accommodations: Hotel information available on request.

Eliminator Events:

50 Freestyle Eliminator: This event takes place on Saturday.

The top 6 male and female swimmers over 13 years old in the 50 freestyle will be selected along with the 6 fastest 12 and under swimmers (regardless of gender).

Swimmers are automatically eligible for this event when they enter the 50 freestyle.

Coaches: do NOT enter your swimmers in event 10, 11 or 12. They will swim five 50's of freestyle, 3 minutes apart, with the slowest swimmer being eliminated each time. The winner of the final 50 is the eliminator champion. The winner of each heat will be the Freestyle Eliminator champion and get an iTunes gift card. This is a fun, bonus swim and no official results will be collected.

200 Mystery IM Eliminator: This event takes place on Sunday.

The top 6 male and female swimmers in the 200 IM on Saturday will automatically advance into the 200 IM Eliminator Sunday morning. Swimmers are automatically eligible for this event when they enter the 200 IM. Coaches: Do NOT enter your swimmers in events 14 or 15. Each eligible swimmer will select their order of swims from a hat and will swim them in the order selected. There will be 6 swimmers swimming different strokes at the same time. The winner of the heat will be the IM Eliminator Champion and get an iTunes gift card. This is a fun, bonus swim and no official results will be collected.

CRKW acknowledges the financial support of the Province of British Columbia



CRKW Invitational

Saturday, November 26, 2022

Warm Up 2:00 pm

Start 3:00 pm

Event Description

- 1 Open 1500 Freestyle Time Trial (400, 800, 1500)
- 2 Open 50 Freestyle
- 3 Open 200 IM
- 4 Open 100 Breaststroke
- 5 Open 50 Butterfly
- 6 Open 100 Butterfly
- 7 Open 100 Backstroke
- 8 Open 400 IM
- 9 **12 and Under Mixed Free ELIMINATOR**
- 10 **Senior Girls 50 FREE ELIMINATOR**
- 11 **Senior Boys 50 FREE ELIMINATOR**

Sunday, November 27, 2022

Warm Up 8:00 am

Start 9:00 am

Event Description

- 12 **Senior Girl MYSTERY 200 IM**
- 13 **Senior Boy MYSTERY 200 IM**
- 14 Open 50 Backstroke
- 15 Open 200 Freestyle
- 16 Open 200 Backstroke
- 17 Open 50 Breaststroke
- 18 Open 100 Freestyle
- 19 Open 200 Breaststroke
- 20 Open 200 Butterfly

**Distance events may be cut to ensure timelines are met. An additional event will be offered in this case.

“Our aim is not to produce champions, but to create an environment where champions are inevitable”



COMPETITION WARM-UP SAFETY PROCEDURES

Meet Management for all sanctioned Swim BC swimming competitions must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout or announcement and visible through on deck signage.
- Swim BC recommends that**, where lane density exceeds 20 swimmers per lane SC or 40 swimmers per lane LC, Meet Management split warm-up to ensure a safe environment (swimmers per lane) exists (i.e. by club, gender or age). A split warm up must be communicated in some fashion prior to the start of warm-up. This can be through a pre-competition handout or email, a technical meeting, or a general announcement.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts, at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.
- Pre-event training shall be managed by the coaches and will have sufficient lifeguards on deck. There will be no Safety Marshals in place during pre-event training.
- Safety Marshals will not be in place during the competition in warm-up/warm-down pools.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at meet management's discretion and recommended only for national events or senior competitions.
- At meet management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for national events or senior competitions.

VIOLATIONS:

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context are required. This section is specific to diving violations and not equipment.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed, by the Meet Referee, without warning from their first individual event following the warm-up period in which the violation occurred and the alternates in that event notified should that event be a final. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager and should subsequent violations occur the swimmer may be removed by the Referee without warning from their first individual event as noted above.
- In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition by the Meet Referee.



SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest;
- Be situated at each end of the competition pool and when applicable, similarly situated in designated warm-up pools when pre-competition warm-ups are scheduled;
- Actively monitor all scheduled warm-up periods;
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

A minimum of 2 safety marshals are recommended for each of the 25m warm-up pools in use during short course competitions, and a minimum of 4 safety marshals are recommended for 50m warm-up pools in use during long course competitions.

Depending on the level of competition, Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the procedures or communicating a concern to a coach.

Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official.

PARA SWIMMER NOTIFICATION:

Coaches are requested to notify Meet Manager, prior to the meet, of any Para swimmers participating in warm-ups. Meet Management may designate a Para swimmer lane for warm-up when necessary.

The following statement must appear in all Swim BC sanctioned meet information and posted notices:

“SWIM BC COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET.”