#### **Individual Meet Results**

Vancouver Island Regional SC Championships 21-Jan-11 to 23-Jan-11 SC Meters

Time	F/P/S	Event	Place	Points	Improv
Rachel Alle	n (10) F (00)				
47.40S	F # 35A	Female 10 & Under 50 Breast	2	30	-1.22
3:49.11S	DQ P # 45A	Female 10 & Under 200 IM			
40.33S	F # 51A	200 Free Relay Lead Off			-7.77
45.02S	F # 59A	Female 10 & Under 50 Back	4	15	-2.70
39.24S	F # 69A	Female 10 & Under 50 Free	7	12	-8.86
1:47.34S	F # 73A	Female 10 & Under 100 Breast	6	13	-4.67
Kennedy Aı	ragon-Scriven (12)	F (00)			
32.29S	P # 1A	Female 12 & Under 50 Free	11		-0.33
3:06.50S	P # 7A	Female 12 & Under 200 IM	19		0.97
38.56S	F # 17A	200 Medley Relay Lead Off			-1.09
1:24.02S	P # 33A	Female 12 & Under 100 Back	13		-1.05
1:24.02S	F # 43A	Female 12 & Under 100 Fly	8	11	-10.53
1:26.93S	P # 43A	Female 12 & Under 100 Fly	6		-7.62
2:54.75S	F # 63A	Female 12 & Under 200 Back	7	12	-13.29
2:54.79S	P # 63A	Female 12 & Under 200 Back	7		-13.25
1:12.17S	P # 71A	Female 12 & Under 100 Free	12		-1.77
Finn Barke	r (11) M (00)				
24:14.15S	F # 16A	Male 12 & Under 1500 Free	4	15	-8.61
5:52.31S	F # 56A	Male 12 & Under 400 Free	8	11	-12.04
1:21.75S	P # 72A	Male 12 & Under 100 Free	16		-4.11
Leah Bibero	dorf (10) F (00)				
45.49S	F # 23A	200 Medley Relay Lead Off			1.11
1:40.55S		Female 10 & Under 100 Free			
1:45.59S	-	Female 10 & Under 100 Back			
43.59S	F # 59A	Female 10 & Under 50 Back	1	50	-0.79
42.79S	F # 69A	Female 10 & Under 50 Free	18		
Nival Risson	on (14) M (00)				
26.07S	F # 2B	Male 13-14 50 Free	2	30	-0.27
26.33S	P # 2B	Male 13-14 50 Free	2		-0.01
2:26.61S	F # 8B	Male 13-14 200 IM	3	20	-4.91
2:28.52S	P # 8B	Male 13-14 200 IM	3		-3.00
1:09.65S	F # 34B	Male 13-14 100 Back	5	14	-1.75
1:10.78S	P # 34B	Male 13-14 100 Back	7		-0.62
1:06.91S	F # 44B	Male 13-14 100 Fly	4	15	-1.27
1:07.21S	P # 44B	Male 13-14 100 Fly	2		-0.97
2:11.54S	P # 50B	Male 13-14 200 Free	6		-2.80
2:11.70S	F # 50B	Male 13-14 200 Free	5	14	-2.64
4:45.89S	F # 56B	Male 13-14 400 Free	9		-6.80
58.13S	F # 72B	Male 13-14 100 Free	3	20	-0.84
58.48S	P # 72B	Male 13-14 100 Free	2		-0.49
20.403	1 π / 2D	Water 13-14 100 Fice	<i>L</i>		-U. <del>4</del> 3

#### **Individual Meet Results**

Vancouver Island Regional SC Championships 21-Jan-11 to 23-Jan-11 SC Meters

Time	F/P/S	Event	Place	<b>Points</b>	Improv
Sophia Borche	ers (15) F (00)				
1:17.28S	F # 3C	Female 15 & Over 100 Breast	6	13	2.98
1:18.26S	P # 3C	Female 15 & Over 100 Breast	6		3.96
2:29.59S	F # 7C	Female 15 & Over 200 IM	6	13	3.56
2:30.62S	P # 7C	Female 15 & Over 200 IM	5		4.59
9:51.40S	F # 13C	Female 15 & Over 800 Free	4	15	-4.62
33.81S	F # 21A	200 Medley Relay Lead Off			0.15
5:13.60S	F # 25C	Female 15 & Over 400 IM	4	15	-3.38
2:43.29S	F # 37C	Female 15 & Over 200 Breast	4	15	1.44
2:45.71S	P # 37C	Female 15 & Over 200 Breast	2		3.86
2:19.10S	F # 49C	Female 15 & Over 200 Free	5	14	6.97
2:19.40S	P # 49C	Female 15 & Over 200 Free	7		7.27
4:45.88S	F # 55C	Female 15 & Over 400 Free	5	14	-4.26
2:27.26S	F # 63C	Female 15 & Over 200 Back	4	15	5.34
2:31.67S	P # 63C	Female 15 & Over 200 Back	5		9.75
Ciaran Breen	(9) M (00)				
1:39.91S	F # 27B	Male 10 & Under 100 Free	5	14	3.18
57.53S	F # 35B	Male 10 & Under 50 Breast	3	20	2.38
3:55.83S	F # 46A	Male 10 & Under 200 IM	4	15	-15.23
4:13.55S	P # 46A	Male 10 & Under 200 IM	6		2.49
Ian Brown (18	8) M				
1:08.00S	P # 4C	Male 15 & Over 100 Breast	1		0.59
1:09.05S	F # 4C	Male 15 & Over 100 Breast	1	50	1.64
2:34.73S	P # 38C	Male 15 & Over 200 Breast	3		-4.41
2:36.79S	F # 38C	Male 15 & Over 200 Breast	2	30	-2.35
1:01.43S	P # 44C	Male 15 & Over 100 Fly	5		0.43
1:03.19S	F # 44C	Male 15 & Over 100 Fly	6	13	2.19
Kimberley Br	van (24) F				
27.75S	P # 1C	Female 15 & Over 50 Free	1		-0.22
27.81S	F # 1C	Female 15 & Over 50 Free	3	20	-0.16
2:22.68S	F # 63C	Female 15 & Over 200 Back	3	20	-0.88
2:22.91S	P # 63C	Female 15 & Over 200 Back	2		-0.65
Emma Carter	(11) F (00)				
1:30.38S	P # 3A	Female 12 & Under 100 Breast	3		-3.41
1:31.57S	F # 3A	Female 12 & Under 100 Breast	4	15	-2.22
3:08.48S	P # 7A	Female 12 & Under 200 IM	21		0.44
6:39.75S	F # 25A	Female 12 & Under 400 IM	5	14	-8.62
3:22.12S	P # 37A	Female 12 & Under 200 Breast	10		0.76
2:48.29S	P # 49A	Female 12 & Under 200 Free	20		-8.14
1:15.28S	P # 71A	Female 12 & Under 100 Free	22		-3.78

#### **Individual Meet Results**

Vancouver Island Regional SC Championships 21-Jan-11 to 23-Jan-11 SC Meters

Time	F/P/S	Event	Place	Points	Improv
Hanna Carter	(14) F (00)				
29.48S	F # 1B	Female 13-14 50 Free	13		0.56
29.79S	P # 1B	Female 13-14 50 Free	13		0.87
1:17.67S	F # 3B	Female 13-14 100 Breast	5	14	0.68
1:19.66S	P # 3B	Female 13-14 100 Breast	5		2.67
2:35.02S DQ	Q P # 7B	Female 13-14 200 IM			
5:22.28S	F # 25B	Female 13-14 400 IM	4	15	4.18
2:43.84S	F # 37B	Female 13-14 200 Breast	3	20	-1.03
2:46.70S	P # 37B	Female 13-14 200 Breast	3		1.83
2:20.12S	P # 49B	Female 13-14 200 Free	10		0.73
4:46.17S	F # 55B	Female 13-14 400 Free	7	12	-5.91
1:02.88S	F # 71B	Female 13-14 100 Free	9		-0.66
1:04.32S	P # 71B	Female 13-14 100 Free	13		0.78
Eric Christian	sen (16) M (0	0)			
28.27S	P # 2C	Male 15 & Over 50 Free	9		1.29
1:14.93S	F # 4C	Male 15 & Over 100 Breast	4	15	2.03
1:19.38S	P # 4C	Male 15 & Over 100 Breast	5		6.48
2:41.14S	F # 38C	Male 15 & Over 200 Breast	5	14	5.09
2:41.15S	P # 38C	Male 15 & Over 200 Breast	5		5.10
1:07.41S	P # 44C	Male 15 & Over 100 Fly	10		0.52
2:11.74S	P # 50C	Male 15 & Over 200 Free	12		1.92
NS	P # 72C	Male 15 & Over 100 Free			
Carlene Elise	Creyke (20) F				
1:15.33S	P # 33C	Female 15 & Over 100 Back	13		0.54
1:09.75S	P # 43C	Female 15 & Over 100 Fly	4		2.19
Lauren Crisp	(11) F (00)				
33.33S	P # 1A	Female 12 & Under 50 Free	21		-1.40
3:11.71S	P # 7A	Female 12 & Under 200 IM	24		-7.34
5:44.99S	F # 55A	Female 12 & Under 400 Free	15		-14.79
2:46.16S	F # 63A	Female 12 & Under 200 Back	2	30	-9.12
2:52.49S	P # 63A	Female 12 & Under 200 Back	4		-2.79
1:16.88S	P # 71A	Female 12 & Under 100 Free	25		0.52
Eleanora Dalli	ng (20) F				
1:07.47S	P # 33C	Female 15 & Over 100 Back	3		4.78
Shay-Anne Da	niels (18) F				
NS	P # 49C	Female 15 & Over 200 Free			
1:01.33S	F # 71C	Female 15 & Over 100 Free	3	20	0.72
1:02.16S	P # 71C	Female 15 & Over 100 Free	4		1.55
28.38S	F # 79A	200 Free Relay Lead Off			0.23

#### **Individual Meet Results**

Vancouver Island Regional SC Championships 21-Jan-11 to 23-Jan-11 SC Meters

Time	F/P/S	Event	Place	Points	Improv
Michael De C	lare (15) M (00	)			
29.14S	P # 2C	Male 15 & Over 50 Free	10		0.20
9:38.18S	F # 14C	Male 15 & Over 800 Free	5	14	-0.44
1:06.37S	P # 34C	Male 15 & Over 100 Back	4		-0.09
1:07.75S	F # 34C	Male 15 & Over 100 Back	6	13	1.29
2:11.37S	P # 50C	Male 15 & Over 200 Free	11		0.11
4:41.94S	F # 56C	Male 15 & Over 400 Free	11		1.99
1:01.01S	F # 72C	Male 15 & Over 100 Free	8	11	1.34
1:01.28S	P # 72C	Male 15 & Over 100 Free	7		1.61
Emily Ding (1	14) F (00)				
NS	P # 1B	Female 13-14 50 Free			
1:17.89S	P # 33B	Female 13-14 100 Back	13		4.43
1:07.89S	F # 43B	Female 13-14 100 Fly	5	13.5	0.06
1:10.42S	P # 43B	Female 13-14 100 Fly	6		2.59
2:35.68S	P # 67B	Female 13-14 200 Fly	3		7.10
1:04.44S	P # 71B	Female 13-14 100 Free	14		2.01
Cody Flegel (	26) M				
24.43S	F # 2C	Male 15 & Over 50 Free	2	30	1.37
24.61S	P # 2C	Male 15 & Over 50 Free	3		1.55
	t (11) M (00)				
34.95S	F # 76A	200 Free Relay Lead Off			-0.76
Rory Hills (14		•			
1:19.29S	F # 4B	Male 13-14 100 Breast	3	20	0.05
1:21.21S	P # 4B	Male 13-14 100 Breast	4		1.97
2:31.85S	F # 8B	Male 13-14 200 IM	7	12	1.16
2:33.19S	P # 8B	Male 13-14 200 IM	7		2.50
5:20.21S	F # 26B	Male 13-14 400 IM	4	15	2.98
1:09.45S	P # 34B	Male 13-14 100 Back	5		0.85
1:09.74S	F # 34B	Male 13-14 100 Back	6	13	1.14
2:48.77S	F # 38B	Male 13-14 200 Breast	2	30	2.12
2:49.88S	P # 38B	Male 13-14 200 Breast	2		3.23
2:16.59S	P # 50B	Male 13-14 200 Free	9		2.27
2:26.96S	F # 64B	Male 13-14 200 Back	5	14	0.59
2:27.18S	P # 64B	Male 13-14 200 Back	5		0.81
1:03.26S	P # 72B	Male 13-14 100 Free	11		1.56
	e Horwood (11)	F (00)			
32.86S	P # 1A	Female 12 & Under 50 Free	14		-0.24
3:00.90S	P # 7A	Female 12 & Under 200 IM	12		2.66
6:27.01S D		Female 12 & Under 400 IM			
1:24.35S D	-	Female 12 & Under 100 Back			
1:29.91S	P # 43A	Female 12 & Under 100 Fly	12		-4.36
1:14.62S	P # 71A	Female 12 & Under 100 Free	16		-1.95
32.63S	F # 75A	200 Free Relay Lead Off			-0.47
		· -			

#### **Individual Meet Results**

Vancouver Island Regional SC Championships 21-Jan-11 to 23-Jan-11 SC Meters

Time	F/P/S	Event	Place	<b>Points</b>	Improv
Justin Howe (	(13) M (00)				
30.02S	P # 2B	Male 13-14 50 Free	13		-1.43
19:57.74S	F # 16B	Male 13-14 1500 Free	4	15	-45.25
1:14.60S	P # 34B	Male 13-14 100 Back	11		-5.57
5:06.36S	F # 56B	Male 13-14 400 Free	11		-12.96
1:07.04S	P # 72B	Male 13-14 100 Free	16		-3.01
Nathan Howe	(10) M (00)				
6:21.98S	F # 11B	Male 10 & Under 400 Free	3	20	3.17
45.48S	F # 18A	200 Medley Relay Lead Off			1.30
44.62S	F # 23B	200 Medley Relay Lead Off			0.44
1:29.33S	F # 27B	Male 10 & Under 100 Free	4	15	3.89
1:39.75S	F # 29B	Male 10 & Under 100 Back	2	30	3.91
3:24.93S	P # 46A	Male 10 & Under 200 IM	3		-3.34
3:23.94S DO	Q F # 46A	Male 10 & Under 200 IM			
39.71S	F # 51B	200 Free Relay Lead Off			1.26
2:53.99S	F # 58A	Male 10 & Under 200 Free	1	50	-22.38
2:57.33S	P # 58A	Male 10 & Under 200 Free	1		-19.04
45.44S	F # 59B	Male 10 & Under 50 Back	2	30	1.26
38.61S	F # 69B	Male 10 & Under 50 Free	3	20	0.16
Ryan Howe (1	(4) M (00)				
25.79S	F # 2B	Male 13-14 50 Free	1	50	-0.55
26.08S	P # 2B	Male 13-14 50 Free	1		-0.26
2:15.80S	F # 8B	Male 13-14 200 IM	1	50	-4.42
2:18.01S	P # 8B	Male 13-14 200 IM	1		-2.21
17:29.87S	F # 16B	Male 13-14 1500 Free	2	30	11.85
28.86S	F # 20A	200 Medley Relay Lead Off			-1.38
1:00.02S	F # 34B	Male 13-14 100 Back	1	50	-1.92
1:02.58S	P # 34B	Male 13-14 100 Back	1		0.64
NS	P # 44B	Male 13-14 100 Fly			
1:59.12S	F # 50B	Male 13-14 200 Free	1	50	-0.68
2:01.14S	P # 50B	Male 13-14 200 Free	1		1.34
4:24.85S	F # 56B	Male 13-14 400 Free	2	30	-7.28
2:11.99S	F # 64B	Male 13-14 200 Back	1	50	-6.42
2:18.95S	P # 64B	Male 13-14 200 Back	3		0.54
54.89S	F # 72B	Male 13-14 100 Free	1	50	-1.19
56.54S	P # 72B	Male 13-14 100 Free	1		0.46
26.05S	F # 78A	200 Free Relay Lead Off			-0.29

#### **Individual Meet Results**

Vancouver Island Regional SC Championships 21-Jan-11 to 23-Jan-11 SC Meters

Time	F/P/S	Event	Place	Points	Improv
Alexandra K	Cierstead (14) F	(00)			
1:17.50S	F # 3B	Female 13-14 100 Breast	4	15	0.97
1:18.27S	P # 3B	Female 13-14 100 Breast	2		1.74
2:34.07S	F # 7B	Female 13-14 200 IM	7	12	-2.71
2:36.72S	P # 7B	Female 13-14 200 IM	7		-0.06
9:40.00S	F # 13B	Female 13-14 800 Free	2	30	-18.68
2:41.63S	F # 37B	Female 13-14 200 Breast	2	30	-1.59
2:51.91S	P # 37B	Female 13-14 200 Breast	5		8.69
2:14.02S	F # 49B	Female 13-14 200 Free	4	15	-3.65
2:14.29S	P # 49B	Female 13-14 200 Free	4		-3.38
4:45.33S	F # 55B	Female 13-14 400 Free	6	13	-6.35
1:04.06S	P # 71B	Female 13-14 100 Free	10		0.01
Olivia King	(18) F				
1:20.50S	P # 3C	Female 15 & Over 100 Breast	9		2.95
1:20.58S	F # 3C	Female 15 & Over 100 Breast	8	11	3.03
2:52.84S I		Female 15 & Over 200 Breast			
Lia Lancaste	er (10) F (00)				
1:27.28S	F # 27A	Female 10 & Under 100 Free	7	12	-7.51
1:42.94S	F # 29A		10		0.90
3:44.71S	P # 45A		12		-1.63
3:05.01S	F # 57A		4	15	-22.97
3:09.24S	P # 57A		8		-18.74
48.46S	F # 59A		16		0.52
38.88S	F # 69A		5	14	-0.73
Jasmine Lee					****
1:37.36S	F # 27A	Female 10 & Under 100 Free	18		-0.35
1:46.97S	F # 29A		14		-0.55
52.57S	F # 35A		7	12	1.69
3:50.91S	P # 45A		16		-21.37
41.00S	F # 69A		12		-6.50
1:54.33S	F # 73A		8	11	2.59
		Tentale 10 & Chief 100 Bleast	O	11	2.37
1:32.63S	ng (9) F (00) F # 27A	Female 10 & Under 100 Free	13		-7.88
1:42.13S I					
58.97S	F # 29A F # 35A		12		-0.49
36.97S 46.37S	F # 59A			 11	-0.49 -1.91
57.39S	F # 59A F # 65A		8	11	
		•	8		-5.22
42.52S	F # 69A	Female 10 & Under 50 Free	17		0.47

#### **Individual Meet Results**

Vancouver Island Regional SC Championships 21-Jan-11 to 23-Jan-11 SC Meters

Time	F/P/S	Event	Place	Points	Improv
Anna Letkem	an (12) F (00)				
31.08S	F # 1A	Female 12 & Under 50 Free	4	15	-0.50
31.38S	P # 1A	Female 12 & Under 50 Free	5		-0.20
10:48.71S	F # 13A	Female 12 & Under 800 Free	4	15	-0.78
1:22.09S	P # 33A	Female 12 & Under 100 Back	10		-1.13
2:28.82S	F # 49A	Female 12 & Under 200 Free	5	14	-3.90
2:30.97S	P # 49A	Female 12 & Under 200 Free	7		-1.75
5:18.82S	F # 55A	Female 12 & Under 400 Free	8	11	-8.93
1:08.46S	F # 71A	Female 12 & Under 100 Free	6	13	-2.20
1:09.19S	P # 71A	Female 12 & Under 100 Free	6		-1.47
Evan Letkema	an (16) M (00)				
2:17.65S	F # 8C	Male 15 & Over 200 IM	3	20	-4.24
2:21.75S	P # 8C	Male 15 & Over 200 IM	4		-0.14
17:18.70S	F # 16C	Male 15 & Over 1500 Free	3	20	10.01
4:48.10S	F # 26C	Male 15 & Over 400 IM	1	50	-2.69
1:03.33S	P # 34C	Male 15 & Over 100 Back	3		-1.29
1:04.15S	F # 34C	Male 15 & Over 100 Back	3	20	-0.47
2:04.13S	F # 50C	Male 15 & Over 200 Free	7	12	1.05
2:04.50S	P # 50C	Male 15 & Over 200 Free	7		1.42
4:21.24S	F # 56C	Male 15 & Over 400 Free	3	20	-7.78
2:19.04S	P # 68C	Male 15 & Over 200 Fly	1		-2.91
2:22.26S	F # 68C	Male 15 & Over 200 Fly	2	30	0.31
Jessica Luo (8	8) F (00)				
1:46.63S	F # 29A	Female 10 & Under 100 Back	13		3.63
1:55.46S	F # 39A	Female 10 & Under 100 Fly	4	15	-5.65
3:55.10S	P # 45A	Female 10 & Under 200 IM	17		4.00
45.31S	F # 59A	Female 10 & Under 50 Back	5	14	-1.95
47.37S	F # 65A	Female 10 & Under 50 Fly	6	13	-1.55
43.03S	F # 69A	Female 10 & Under 50 Free	21		-1.66
Ann MacIntos	sh (13) F (00)				
29.60S	P # 1B	Female 13-14 50 Free	12		0.01
29.62S	F # 1B	Female 13-14 50 Free	14		0.03
2:41.31S	F # 7B	Female 13-14 200 IM	14		-0.98
2:42.26S	P # 7B	Female 13-14 200 IM	13		-0.03
33.73S	F # 19A	200 Medley Relay Lead Off			-0.12
1:13.10S	F # 33B	Female 13-14 100 Back	4	15	-0.01
1:14.13S	P # 33B	Female 13-14 100 Back	6		1.02
2:23.45S	P # 49B	Female 13-14 200 Free	15		1.17
2:37.14S	F # 63B	Female 13-14 200 Back	5	14	0.32
2:38.83S	P # 63B	Female 13-14 200 Back	8		2.01
1:04.45S	P # 71B	Female 13-14 100 Free	15		-0.28
1:05.75S	F # 71B	Female 13-14 100 Free	13		1.02

#### **Individual Meet Results**

Vancouver Island Regional SC Championships 21-Jan-11 to 23-Jan-11 SC Meters

Time	F/P/S	Event	Place	Points	Improv
Ana MacLeod	l (15) F (00)				
30.43S	P # 1C	Female 15 & Over 50 Free	16		0.12
38.12S	F # 21A	200 Medley Relay Lead Off			-0.93
1:22.73S	P # 33C	Female 15 & Over 100 Back	21		0.06
2:29.20S	P # 49C	Female 15 & Over 200 Free	14		-1.14
2:59.28S	F # 63C	Female 15 & Over 200 Back	8	11	-0.76
3:02.71S	P # 63C	Female 15 & Over 200 Back	13		2.67
1:08.30S	P # 71C	Female 15 & Over 100 Free	15		-0.17
Ian Mattock	(19) M				
1:54.55S	F # 50C	Male 15 & Over 200 Free	1	50	-0.75
1:56.97S	P # 50C	Male 15 & Over 200 Free	2		1.67
Jon McKay (	15) M (00)				
2:26.41S	F # 8C	Male 15 & Over 200 IM	7	12	2.90
2:28.79S	P # 8C	Male 15 & Over 200 IM	8		5.28
32.71S	F # 22A	200 Medley Relay Lead Off			1.05
5:10.53S	F # 26C	Male 15 & Over 400 IM	5	14	0.67
1:07.47S	F # 34C	Male 15 & Over 100 Back	5	14	0.33
1:09.27S	P # 34C	Male 15 & Over 100 Back	7		2.13
1:09.19S	P # 44C	Male 15 & Over 100 Fly	11		1.19
2:11.80S	P # 50C	Male 15 & Over 200 Free	13		3.35
4:44.70S	F # 56C	Male 15 & Over 400 Free	12		6.49
2:22.73S	F # 64C	Male 15 & Over 200 Back	2	30	-5.98
2:26.60S	P # 64C	Male 15 & Over 200 Back	4		-2.11
1:00.48S	F # 72C	Male 15 & Over 100 Free	6	13	0.06
1:01.42S	P # 72C	Male 15 & Over 100 Free	8		1.00
Fionnuala Mc	Kenna (9) F (0	0)			
1:27.12S	F # 27A	Female 10 & Under 100 Free	6	13	-3.04
1:40.39S	F # 29A	Female 10 & Under 100 Back	6	13	1.27
3:35.10S	F # 45A	Female 10 & Under 200 IM	8	11	-10.05
3:38.47S	P # 45A	Female 10 & Under 200 IM	8		-6.68
3:12.55S	F # 57A	Female 10 & Under 200 Free	7	12	-9.70
3:13.71S	P # 57A	Female 10 & Under 200 Free	9		-8.54
46.49S	F # 59A	Female 10 & Under 50 Back	9		-0.26
39.54S	F # 69A	Female 10 & Under 50 Free	9		0.26
Heather McM	illan (11) F (00	)			
34.67S	P # 1A	Female 12 & Under 50 Free	30		-1.06
1:34.67S	P # 3A	Female 12 & Under 100 Breast	8		-2.10
1:35.05S	F # 3A	Female 12 & Under 100 Breast	8	11	-1.72
1:28.86S	P # 33A	Female 12 & Under 100 Back	22		-1.88
3:29.08S	P # 37A	Female 12 & Under 200 Breast	13		-7.19
3:08.52S	P # 63A	Female 12 & Under 200 Back	16		-6.19
1:17.57S	P # 71A	Female 12 & Under 100 Free	28		-5.69

# **Individual Meet Results**

Vancouver Island Regional SC Championships 21-Jan-11 to 23-Jan-11 SC Meters

Time	F/P/S	Event	Place	Points	Improv
Lauren McM	(illan (14) F (00)	1			
1:16.53S	F # 3B	Female 13-14 100 Breast	3	20	2.17
1:18.19S	P # 3B	Female 13-14 100 Breast	1		3.83
2:29.50S	F # 7B	Female 13-14 200 IM	3	20	2.57
2:32.33S	P # 7B	Female 13-14 200 IM	3		5.40
5:16.22S	F # 25B	Female 13-14 400 IM	3	20	-8.50
2:40.72S	F # 37B	Female 13-14 200 Breast	1	50	1.18
2:46.34S	P # 37B	Female 13-14 200 Breast	2		6.80
1:07.09S	F # 43B	Female 13-14 100 Fly	3	20	-2.07
1:10.05S	P # 43B	Female 13-14 100 Fly	4		0.89
4:48.98S	F # 55B	Female 13-14 400 Free	10		-4.08
2:25.50S	F # 67B	Female 13-14 200 Fly	2	30	-5.15
2:30.12S	P # 67B	Female 13-14 200 Fly	2		-0.53
Shannon Mcl	Millan (9) F (00	)			
1:38.86S	F # 27A	Female 10 & Under 100 Free	19		-2.62
1:45.00S	F # 29A	Female 10 & Under 100 Back	11		0.86
46.74S	F # 59A	Female 10 & Under 50 Back	11		-1.44
45.54S	F # 65A	Female 10 & Under 50 Fly	4	15	-2.20
39.40S	F # 69A	Female 10 & Under 50 Free	8	11	-2.80
Victoria Moc	k (13) F (00)				
1:26.87S	P # 3B	Female 13-14 100 Breast	10		2.56
2:38.18S	F # 7B	Female 13-14 200 IM	10		0.96
2:39.85S	P # 7B	Female 13-14 200 IM	11		2.63
19:18.43S	F # 15B	Female 13-14 1500 Free	3	20	6.33
5:40.69S	F # 25B	Female 13-14 400 IM	10		9.03
1:16.52S	P # 33B	Female 13-14 100 Back	11		-0.99
1:16.11S	P # 43B	Female 13-14 100 Fly	13		0.31
5:00.76S	F # 55B	Female 13-14 400 Free	13		6.81
2:37.31S	F # 63B	Female 13-14 200 Back	6	13	-1.99
2:38.31S	P # 63B	Female 13-14 200 Back	7		-0.99
Savannah Mo	oneo (17) F (00)				
1:16.99S	P # 3C	Female 15 & Over 100 Breast	3		2.20
1:17.01S	F # 3C	Female 15 & Over 100 Breast	4	15	2.22
2:39.10S	P # 7C	Female 15 & Over 200 IM	10		9.95
1:10.82S	F # 33C	Female 15 & Over 100 Back	7	12	-0.25
1:11.57S	P # 33C	Female 15 & Over 100 Back	10		0.50
NS	P # 49C	Female 15 & Over 200 Free			
2:38.69S	P # 63C	Female 15 & Over 200 Back	7		7.73
NS	P # 71C	Female 15 & Over 100 Free			

#### **Individual Meet Results**

Vancouver Island Regional SC Championships 21-Jan-11 to 23-Jan-11 SC Meters

Time	F/P/S	Event	Place	Points	Improv
Rosie Moulto	on (14) F (00)				
27.34S	F # 1B	Female 13-14 50 Free	1	50	0.06
28.43S	P # 1B	Female 13-14 50 Free	2		1.15
1:14.78S	F # 3B	Female 13-14 100 Breast	1	50	-0.70
1:18.30S	P # 3B	Female 13-14 100 Breast	3		2.82
2:24.02S	F # 7B	Female 13-14 200 IM	1	50	0.78
2:28.84S	P # 7B	Female 13-14 200 IM	2		5.60
5:13.27S	F # 25B	Female 13-14 400 IM	2	30	6.70
1:07.85S	F # 43B	Female 13-14 100 Fly	4	15	0.10
1:09.54S	P # 43B	Female 13-14 100 Fly	3		1.79
2:08.10S	F # 49B	Female 13-14 200 Free	1	50	0.64
2:12.09S	P # 49B	Female 13-14 200 Free	1		4.63
27.79S	F # 77A	200 Free Relay Lead Off			0.51
Kristopher N	leilson (10) M (0	00)			
5:52.56S	F # 11B	Male 10 & Under 400 Free	1	50	-19.76
1:19.48S	F # 27B	Male 10 & Under 100 Free	2	30	-3.47
1:29.42S	F # 29B	Male 10 & Under 100 Back	1	50	-10.27
44.54S	F # 35B	Male 10 & Under 50 Breast	1	50	-0.35
1:33.31S	F # 39B	Male 10 & Under 100 Fly	1	50	
3:06.26S	F # 46A	Male 10 & Under 200 IM	1	50	-6.78
3:11.19S	P # 46A	Male 10 & Under 200 IM	1		-1.85
40.93S	F # 59B	Male 10 & Under 50 Back	1	50	-0.73
41.45S	F # 65B	Male 10 & Under 50 Fly	1	50	-0.64
1:34.22S	F # 73B	Male 10 & Under 100 Breast	1	50	-2.03
Siobhan New	zell (19) F				
2:03.81S	F # 49C	Female 15 & Over 200 Free	1	50	1.59
2:08.49S	P # 49C	Female 15 & Over 200 Free	1		6.27
Rachael New			_		
27.57S	F # 1C	Female 15 & Over 50 Free	1	40	-0.09
28.28S	P # 1C	Female 15 & Over 50 Free	3		0.62
9:15.21S	F # 13C	Female 15 & Over 800 Free	1	50	-4.87
1:10.33S	F # 33C	Female 15 & Over 100 Back	6	13	4.05
1:10.53S	P # 33C	Female 15 & Over 100 Back	9		4.25
1:03.79S	F # 43C	Female 15 & Over 100 Fly	1	50	-0.77
1:06.12S	P # 43C	Female 15 & Over 100 Fly	1		1.56
2:08.07S	F # 49C	Female 15 & Over 200 Free	3	20	3.69
2:10.61S	P # 49C	Female 15 & Over 200 Free	3		6.23
4:26.88S	F # 55C	Female 15 & Over 400 Free	2	30	-1.06
4.20.885 2:19.47S	F # 67C	Female 15 & Over 200 Fly	1	50	0.70
2:23.27S	P # 67C	Female 15 & Over 200 Fly	1		4.50
		Tomaic 13 & Over 200 11y	1	<b>-</b>	4.50
Danielle New	, ,	Family 15 % Own 100 P. 1			
NS	P # 33C	Female 15 & Over 100 Back			

#### **Individual Meet Results**

Vancouver Island Regional SC Championships 21-Jan-11 to 23-Jan-11 SC Meters

Time	F/P/S	Event	Place	Points	Improv
Nicholas Nolt	(10) M (00)				
6:17.15S	F # 11B	Male 10 & Under 400 Free	2	30	-25.78
1:19.13S	F # 27B	Male 10 & Under 100 Free	1	50	-2.67
3:36.53S	P # 46A	Male 10 & Under 200 IM	4		-6.04
3:39.00S	F # 46A	Male 10 & Under 200 IM	3	20	-3.57
2:54.70S	F # 58A	Male 10 & Under 200 Free	2	30	-9.88
2:57.96S	P # 58A	Male 10 & Under 200 Free	2		-6.62
46.32S	F # 59B	Male 10 & Under 50 Back	3	20	-1.14
46.73S	F # 65B	Male 10 & Under 50 Fly	2	30	0.53
35.16S	F # 69B	Male 10 & Under 50 Free	1	50	-1.33
Stephen Olmos	s (14) M (00)				
28.54S	F # 2B	Male 13-14 50 Free	8	11	0.05
28.68S	P # 2B	Male 13-14 50 Free	8		0.19
1:24.93S	P # 4B	Male 13-14 100 Breast	6		-0.43
1:25.20S	F # 4B	Male 13-14 100 Breast	7	12	-0.16
2:46.84S	P # 8B	Male 13-14 200 IM	13		3.87
1:16.36S	P # 34B	Male 13-14 100 Back	15		2.31
3:10.85S	P # 38B	Male 13-14 200 Breast	9		2.77
2:39.32S DQ	P # 64B	Male 13-14 200 Back			
1:05.88S	P # 72B	Male 13-14 100 Free	14		2.69
Zac Parkes (1'	7) M (00)				
16:08.30S	F # 16C	Male 15 & Over 1500 Free	2	30	13.44
Ben Partridge	(22) M (4)				
57.98S	P # 44C	Male 15 & Over 100 Fly	1		-0.21
58.36S	F # 44C	Male 15 & Over 100 Fly	1	50	0.17
Rachel Sawchu	ık (12) F (00)				
33.08S	P # 1A	Female 12 & Under 50 Free	17		-0.12
39.66S	F # 17A	200 Medley Relay Lead Off			-1.62
1:25.90S	P # 33A	Female 12 & Under 100 Back	18		-3.35
2:40.28S	P # 49A	Female 12 & Under 200 Free	16		-9.85
3:02.90S	P # 63A	Female 12 & Under 200 Back	13		-9.00
1:13.90S	P # 71A	Female 12 & Under 100 Free	14		-2.24
33.52S	F # 75A	200 Free Relay Lead Off			0.32
Julia Schmidt	(18) F				
1:07.05S	F # 43C	Female 15 & Over 100 Fly	2	30	-0.05
1:07.10S	P # 43C	Female 15 & Over 100 Fly	2		
2:23.31S	F # 67C	Female 15 & Over 200 Fly	2	30	-0.18
2:24.79S	P # 67C	Female 15 & Over 200 Fly	2		1.30

#### **Individual Meet Results**

Vancouver Island Regional SC Championships 21-Jan-11 to 23-Jan-11 SC Meters

Time	F/P/S	Event	Place	Points	Improv
Michael Schm	nidt (8) M (00)				
44.79S	F # 35B	Male 10 & Under 50 Breast	2	30	-2.70
3:23.76S	P # 46A	Male 10 & Under 200 IM	2		-9.02
3:31.39S	F # 46A	Male 10 & Under 200 IM	2	30	-1.39
46.77S	F # 59B	Male 10 & Under 50 Back	4	15	-1.26
48.54S	F # 65B	Male 10 & Under 50 Fly	3	20	1.40
37.30S	F # 69B	Male 10 & Under 50 Free	2	30	0.17
1:44.72S	F # 73B	Male 10 & Under 100 Breast	2	30	3.91
Stefanie Schm	nidt (15) F (00)				
1:06.75S	F # 33C	Female 15 & Over 100 Back	4	15	1.98
1:07.69S	P # 33C	Female 15 & Over 100 Back	4		2.92
2:11.11S	F # 49C	Female 15 & Over 200 Free	4	15	4.48
2:12.64S	P # 49C	Female 15 & Over 200 Free	4		6.01
2:19.57S	F # 63C	Female 15 & Over 200 Back	1	50	5.78
2:22.57S	P # 63C	Female 15 & Over 200 Back	1		8.78
1:02.02S	F # 71C	Female 15 & Over 100 Free	4	15	2.28
1:04.30S	P # 71C	Female 15 & Over 100 Free	9		4.56
Jackson Sincl	air (14) M (00)				
28.97S	P # 2B	Male 13-14 50 Free	9		0.49
1:19.49S	F # 4B	Male 13-14 100 Breast	4	15	-2.49
1:20.56S	P # 4B	Male 13-14 100 Breast	3		-1.42
2:49.11S	F # 38B	Male 13-14 200 Breast	3	20	-0.29
2:52.24S	P # 38B	Male 13-14 200 Breast	4		2.84
2:17.21S	P # 50B	Male 13-14 200 Free	10		2.65
1:02.82S	P # 72B	Male 13-14 100 Free	10		-0.13
Elizabeth Siss	ons (21) F				
1:11.83S	P # 43C	Female 15 & Over 100 Fly	7		4.19
Tyler Smith (	10) M	•			
1:01.11S	P # 44C	Male 15 & Over 100 Fly	4		0.42
Mj Sorba (19 2:03.51S	F # 50C	Male 15 & Over 200 Free	5	14	0.24
2:05.59S	P # 50C		8	14	2.32
4:21.72S	F # 56C	Male 15 & Over 400 Free	4	15	3.51
		Wate 13 & Over 400 Fice	4	13	3.31
Nicole Stauft		E 1 15 0 0 50 E	4	1.5	0.20
28.55S	F # 1C	Female 15 & Over 50 Free	4	15	0.38
28.65S	P # 1C	Female 15 & Over 50 Free	5		0.48
1:03.21S 1:03.37S	P # 71C	Female 15 & Over 100 Free	6	12	0.69
	F # 71C	Female 15 & Over 100 Free	7	12	0.85
28.48S	F # 79A	200 Free Relay Lead Off			0.31

#### **Individual Meet Results**

Vancouver Island Regional SC Championships 21-Jan-11 to 23-Jan-11 SC Meters

Time	F/P/S	Event	Place	Points	Improv			
Anna Stebeck	Anna Stebeck (9) F (00)							
1:40.09S	F # 27A	Female 10 & Under 100 Free	20		2.93			
1:01.85S	F # 35A	Female 10 & Under 50 Breast	14		-0.16			
4:02.20S	P # 45A	Female 10 & Under 200 IM	19		-3.77			
3:32.47S	P # 57A	Female 10 & Under 200 Free	16		0.07			
55.43S	F # 59A	Female 10 & Under 50 Back	22		3.43			
45.56S	F # 69A	Female 10 & Under 50 Free	25		2.01			
Eric Stein (20	0) M							
2:33.95S	P # 38C	Male 15 & Over 200 Breast	2		5.83			
Sage Sturgeon	n (19) M (00)							
24.03S	F # 2C	Male 15 & Over 50 Free	1	50	0.51			
24.31S	P # 2C	Male 15 & Over 50 Free	1		0.79			
59.53S	F # 34C	Male 15 & Over 100 Back	1	50	0.19			
1:00.67S	P # 34C	Male 15 & Over 100 Back	1		1.33			
1:58.47S	P # 50C	Male 15 & Over 200 Free	4		4.01			
2:02.10S	F # 50C	Male 15 & Over 200 Free	4	15	7.64			
4:15.20S	F # 56C	Male 15 & Over 400 Free	2	30	4.31			
52.65S	P # 72C	Male 15 & Over 100 Free	1		0.60			
52.65S	F # 72C	Male 15 & Over 100 Free	1	50	0.60			
24.10S	F # 80A	200 Free Relay Lead Off			0.58			
Sophie Tarrai	nt (10) F (00)							
1:24.40S	F # 27A	Female 10 & Under 100 Free	4	15	-2.00			
47.71S	F # 35A	Female 10 & Under 50 Breast	3	20	-1.98			
3:23.42S	F # 45A	Female 10 & Under 200 IM	4	15	-10.23			
3:24.40S	P # 45A	Female 10 & Under 200 IM	2		-9.25			
39.43S	F # 51A	200 Free Relay Lead Off			0.10			
47.34S	F # 59A	Female 10 & Under 50 Back	13		-0.37			
38.11S	F # 69A	Female 10 & Under 50 Free	3	20	-1.22			
1:42.69S	F # 73A	Female 10 & Under 100 Breast	2	30	-6.14			
X 1:12.62S	F #300C	400 Free Relay Lead Off			-13.78			
Riley Tesch (	12) F (00)	•						
1:32.39S	F # 3A	Female 12 & Under 100 Breast	5	14	-2.48			
1:34.34S	P # 3A	Female 12 & Under 100 Breast	7		-0.53			
3:08.18S	P # 7A	Female 12 & Under 200 IM	20		-0.90			
3:18.70S	F # 37A	Female 12 & Under 200 Breast	8	11	-3.80			
3:20.31S	P # 37A	Female 12 & Under 200 Breast	8		-2.19			
2:44.14S	P # 49A	Female 12 & Under 200 Free	19		-5.55			
1:15.24S	P # 71A	Female 12 & Under 100 Free	21		-0.61			
	ll (16) M (00)							
Aldan Thirke NS	P # 38C	Male 15 & Over 200 Breast						
NS NS	P # 50C	Male 15 & Over 200 Free						
110	1 # JUC	Maic 13 & Over 200 Fite						

#### **Individual Meet Results**

Vancouver Island Regional SC Championships 21-Jan-11 to 23-Jan-11 SC Meters

Time	F/P/S	Event	Place	Points	Improv			
Rebecca Thor	Rebecca Thomson (16) F (00)							
33.11S	P # 1C	· ·	20		0.91			
1:30.43S	P # 3C	Female 15 & Over 100 Breast	15		2.23			
2:52.74S	P # 7C	Female 15 & Over 200 IM	16		1.24			
1:20.56S	P # 330	Female 15 & Over 100 Back	19					
2:32.08S	P # 490	Female 15 & Over 200 Free	16		3.93			
Heidi Ullrich	(12) F (00)							
30.78S	P # 1A	Female 12 & Under 50 Free	2		-0.82			
31.03S	F # 1A	Female 12 & Under 50 Free	3	20	-0.57			
2:49.20S	F # 7A		3	20	-2.16			
2:52.99S	P # 7A		5		1.63			
20:06.62S	F # 15A		1	50	4.25			
1:15.36S	F # 43A		1	50	-1.83			
1:18.66S	P # 43A	•	1		1.47			
2:22.39S	F # 49A	ž	2	30	-12.75			
2:30.00S	P # 49A		5		-5.14			
5:07.66S	F # 55A		2	30	-6.79			
1:06.31S	F # 71A		2	25	-0.44			
1:06.97S	P # 71A		2		0.22			
30.36S	F # 77 <i>E</i>		2		-1.24			
		200 Free Relay Lead Off			-1.24			
David Vizsoly		7 M 1 17 0 0 000 F			1.24			
1:54.41S	P # 500	Male 15 & Over 200 Free	1		-1.24			
Victoria von S	Sacken Nash (10	0) F (00)						
6:35.11S	F # 11 <i>A</i>	Female 10 & Under 400 Free	5	14	-45.53			
1:28.40S	F # 27A	A Female 10 & Under 100 Free	9		-1.49			
47.78S	F # 35A	A Female 10 & Under 50 Breast	4	15	-0.11			
3:26.80S	P # 45A	A Female 10 & Under 200 IM	5		-7.02			
3:28.14S	F # 45A	A Female 10 & Under 200 IM	7	12	-5.68			
3:07.78S	P # 57A	A Female 10 & Under 200 Free	7		-14.49			
3:09.18S	F # 57A	A Female 10 & Under 200 Free	6	13	-13.09			
46.23S	F # 59A	A Female 10 & Under 50 Back	7	12	0.56			
46.33S	F # 65A	A Female 10 & Under 50 Fly	5	14	1.76			
39.02S	F # 69A	A Female 10 & Under 50 Free	6	13	-0.12			
1:42.71S	F # 73A		3	20	1.42			
William Vosp	or (19) M							
1:01.38S	F # 440	Male 15 & Over 100 Fly	4	15	1.79			
1:04.13S	P # 440	•	8		4.54			
2:15.28S	F # 680	•	1	50	2.24			
2:19.73S	P # 680	•	2		6.69			
		Wale 13 & Over 200 Pty	2		0.09			
	berger (20) M	3 M 1 15 0 0 1500 5		<b>5</b> 0	10.00			
15:11.14S	F # 160	Male 15 & Over 1500 Free	1	50	-12.98			
Allison Wood	, ,							
2:14.76S	P # 490	Female 15 & Over 200 Free	5		-1.54			

#### **Individual Meet Results**

Vancouver Island Regional SC Championships 21-Jan-11 to 23-Jan-11 SC Meters

Time	F/P/S	Event	Place	Points	Improv		
Katelyn Woo (10) F (00)							
47.27S	F # 23A	200 Medley Relay Lead Off			2.61		
1:40.56S	F # 29A	Female 10 & Under 100 Back	8	11	0.22		
1:51.95S	F # 39A	Female 10 & Under 100 Fly	3	20	1.19		
3:43.91S	P # 45A	Female 10 & Under 200 IM	11		-4.93		
46.87S	F # 59A	Female 10 & Under 50 Back	12		2.21		
45.21S	F # 65A	Female 10 & Under 50 Fly	3	20	-2.07		
42.99S	F # 69A	Female 10 & Under 50 Free	20		-0.37		
Leanna Woo	(14) F (00)						
31.10S	P # 1B	Female 13-14 50 Free	20		0.06		
2:51.64S	P # 7B	Female 13-14 200 IM	23		3.82		
34.81S	F # 19A	200 Medley Relay Lead Off			0.34		
1:13.80S	F # 33B	Female 13-14 100 Back	7	12	-0.14		
1:14.56S	P # 33B	Female 13-14 100 Back	7		0.62		
1:21.18S	P # 43B	Female 13-14 100 Fly	20		7.34		
2:43.53S	P # 63B	Female 13-14 200 Back	12		2.40		
1:08.41S	P # 71B	Female 13-14 100 Free	27		0.56		
Tabitha Zam	mit (12) F (00)						
1:27.31S	P # 3A	Female 12 & Under 100 Breast	1		0.04		
1:27.74S	F # 3A	Female 12 & Under 100 Breast	2	30	0.47		
2:52.81S	F # 7A	Female 12 & Under 200 IM	6	13	-12.68		
2:54.69S	P # 7A	Female 12 & Under 200 IM	7		-10.80		
1:20.60S	P # 33A	Female 12 & Under 100 Back	6		-0.53		
1:21.66S	F # 33A	Female 12 & Under 100 Back	7	12	0.53		
3:04.55S	F # 37A	Female 12 & Under 200 Breast	2	30	-2.60		
3:07.48S	P # 37A	Female 12 & Under 200 Breast	1		0.33		
2:36.58S	P # 49A	Female 12 & Under 200 Free	13		-1.11		
2:48.85S	F # 63A	Female 12 & Under 200 Back	4	15	-5.91		
2:51.75S	P # 63A	Female 12 & Under 200 Back	3		-3.01		