

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

2011 VIR Long Course Championships 10-Jun-11 to 12-Jun-11 LC Meters

Location: Saanich Commonwealth Place

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Rachel Allen (11) F (00)</b>					
1:45.37L	P # 3A	Female 12 & Under 100 Breast	22	---	2.24
3:47.62L	P # 17A	Female 12 & Under 200 Breast	19	---	3.90
<b>Allison Ballantyne (11) F (00)</b>					
1:29.63L	P # 15A	Female 12 & Under 100 Back	23	---	-3.20
2:52.42L	P # 21A	Female 12 & Under 200 Free	23	---	-5.79
<b>Ewan Barker (9) M (00)</b>					
1:43.42L	F # 204	Male 10 & Under 100 Free	11	---	1.14
55.76L	F # 208	Male 10 & Under 50 Breast	6	13	-1.96
4:11.61L	F # 212	Male 10 & Under 200 IM	4	15	5.33
4:13.10L	P # 212	Male 10 & Under 200 IM	6	---	6.82
3:41.41L	F # 216	Male 10 & Under 200 Free	8	11	-1.15
3:47.13L	P # 216	Male 10 & Under 200 Free	8	---	4.57
56.07L	F # 220	Male 10 & Under 50 Back	6	13	0.90
2:05.44L	F # 226	Male 10 & Under 100 Breast	3	20	---
<b>Finn Barker (11) M (00)</b>					
12:22.52L	F # 8A	Male 12 & Under 800 Free	2	30	-13.66
1:40.84L	P # 20A	Male 12 & Under 100 Fly	2	---	-2.78
1:41.74L	F # 20A	Male 12 & Under 100 Fly	2	30	-1.88
2:49.14L	P # 22A	Male 12 & Under 200 Free	11	---	-1.65
5:57.43L	F # 26A	Male 12 & Under 400 Free	7	12	-5.38
3:35.09L	F # 30A	Male 12 & Under 200 Fly	3	20	-8.56
3:39.52L	P # 30A	Male 12 & Under 200 Fly	2	---	-4.13
<b>Ayaka Behro (12) F (00)</b>					
34.74L	P # 1A	Female 12 & Under 50 Free	26	---	-0.65
1:29.04L	P # 15A	Female 12 & Under 100 Back	21	---	-4.80
1:18.83L	P # 31A	Female 12 & Under 100 Free	28	---	-1.28
34.91L	F # 33A	200 Free Relay Lead Off	---	---	-0.48
<b>Leah Biberdorf (10) F (00)</b>					
1:28.26L	F # 203	Female 10 & Under 100 Free	13	---	-4.30
1:36.99L	F # 205	Female 10 & Under 100 Back	7	12	2.71
3:59.58L DQ	P # 211	Female 10 & Under 200 IM	---	---	---
3:12.82L	P # 215	Female 10 & Under 200 Free	11	---	-4.76
42.31L	F # 219	Female 10 & Under 50 Back	2	30	2.00
51.47L	F # 221	Female 10 & Under 50 Fly	11	---	1.50
37.16L	F # 223	Female 10 & Under 50 Free	6	13	0.48

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### Individual Meet Results

2011 VIR Long Course Championships 10-Jun-11 to 12-Jun-11 LC Meters

Location: Saanich Commonwealth Place

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Nival Bissoon (15) M (00)</b>					
27.12L	P # 2C	Male 15 & Over 50 Free	3	---	0.05
27.31L	F # 2C	Male 15 & Over 50 Free	4	15	0.24
2:35.09L	P # 6C	Male 15 & Over 200 IM	5	---	-1.43
2:36.31L	F # 6C	Male 15 & Over 200 IM	7	12	-0.21
19:54.71L	F # 10C	Male 15 & Over 1500 Free	9	---	---
4:56.55L	F # 26C	Male 15 & Over 400 Free	8	11	-4.63
59.82L	F # 32C	Male 15 & Over 100 Free	6	13	-0.99
1:00.80L	P # 32C	Male 15 & Over 100 Free	8	---	-0.01
<b>Sophia Borchers (16) F (00)</b>					
35.39L	F # 11C	200 Medley Relay Lead Off	---	---	0.38
5:34.51L	F # 13C	Female 15 & Over 400 IM	6	13	10.68
5:35.19L	P # 13C	Female 15 & Over 400 IM	7	---	11.36
1:14.17L	F # 15C	Female 15 & Over 100 Back	9	---	1.23
1:16.54L	P # 15C	Female 15 & Over 100 Back	13	---	3.60
<b>Ciaran Breen (10) M (00)</b>					
1:40.75L	F # 204	Male 10 & Under 100 Free	9	---	-9.59
1:50.88L	F # 206	Male 10 & Under 100 Back	4	15	-2.91
4:07.78L	F # 212	Male 10 & Under 200 IM	3	20	---
4:08.30L	P # 212	Male 10 & Under 200 IM	5	---	---
52.27L	F # 220	Male 10 & Under 50 Back	4	15	-1.14
41.09L	F # 224	Male 10 & Under 50 Free	8	11	1.36
2:13.82L	F # 226	Male 10 & Under 100 Breast	4	15	9.15
<b>Emma Carter (11) F (00)</b>					
NS	P # 31A	Female 12 & Under 100 Free	---	---	---
<b>Hanna Carter (15) F (00)</b>					
1:20.96L	F # 3C	Female 15 & Over 100 Breast	7	12	2.72
1:21.80L	P # 3C	Female 15 & Over 100 Breast	7	---	3.56
10:00.60L	F # 7C	Female 15 & Over 800 Free	2	30	---
5:27.95L	F # 13C	Female 15 & Over 400 IM	4	15	7.71
5:37.77L	P # 13C	Female 15 & Over 400 IM	8	---	17.53
2:51.34L	P # 17C	Female 15 & Over 200 Breast	4	---	5.18
2:51.65L	F # 17C	Female 15 & Over 200 Breast	5	14	5.49
2:44.48L	F # 27C	Female 15 & Over 200 Back	7	12	-8.96
2:45.48L	P # 27C	Female 15 & Over 200 Back	7	---	-7.96
1:03.25L	F # 31C	Female 15 & Over 100 Free	9	---	-1.33
1:06.42L	P # 31C	Female 15 & Over 100 Free	14	---	1.84

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Location: Saanich Commonwealth Place

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Chloe Chapman (14) F</b>					
28.74L	F # 1B	Female 13-14 50 Free	2	30	0.30
29.03L	P # 1B	Female 13-14 50 Free	2	---	0.59
2:42.77L	F # 5B	Female 13-14 200 IM	7	12	-3.94
2:44.47L	P # 5B	Female 13-14 200 IM	7	---	-2.24
33.67L	F # 11B	200 Medley Relay Lead Off	---	---	-2.57
1:17.08L	P # 15B	Female 13-14 100 Back	10	---	1.07
1:17.55L	P # 19B	Female 13-14 100 Fly	9	---	-1.37
1:17.87L	F # 19B	Female 13-14 100 Fly	8	11	-1.05
2:21.09L	P # 21B	Female 13-14 200 Free	3	---	-0.86
2:21.26L	F # 21B	Female 13-14 200 Free	6	13	-0.69
2:52.54L	P # 27B	Female 13-14 200 Back	14	---	3.13
1:02.61L	F # 31B	Female 13-14 100 Free	3	20	0.11
1:05.60L	P # 31B	Female 13-14 100 Free	6	---	3.10
<b>Achintya Chaudhari (13) M (00)</b>					
1:39.03L	P # 4B	Male 13-14 100 Breast	8	---	-0.56
1:40.73L	F # 4B	Male 13-14 100 Breast	7	12	1.14
3:34.77L	P # 18B	Male 13-14 200 Breast	7	---	-5.93
3:34.77L	F # 18B	Male 13-14 200 Breast	7	12	-5.93
<b>Raymond Chou (15) M (00)</b>					
30.04L	P # 2C	Male 15 & Over 50 Free	13	---	0.58
1:24.36L	P # 4C	Male 15 & Over 100 Breast	10	---	-0.78
2:53.89L	P # 6C	Male 15 & Over 200 IM	13	---	-0.83
NS	P # 16C	Male 15 & Over 100 Back	---	---	---
NS	P # 18C	Male 15 & Over 200 Breast	---	---	---
1:04.81L	P # 32C	Male 15 & Over 100 Free	18	---	-0.53
<b>Eric Christiansen (16) M (00)</b>					
1:19.79L	F # 4C	Male 15 & Over 100 Breast	4	15	0.58
1:22.84L	P # 4C	Male 15 & Over 100 Breast	8	---	3.63
2:39.94L	P # 6C	Male 15 & Over 200 IM	10	---	1.05
2:55.55L	F # 18C	Male 15 & Over 200 Breast	4	15	5.10
2:57.57L	P # 18C	Male 15 & Over 200 Breast	5	---	7.12
1:15.31L	P # 20C	Male 15 & Over 100 Fly	10	---	6.97
NS	P # 30C	Male 15 & Over 200 Fly	---	---	---
NS	P # 32C	Male 15 & Over 100 Free	---	---	---
<b>Tanya Christie (12) F (00)</b>					
NS	P # 17A	Female 12 & Under 200 Breast	---	---	---

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Time	F/P/S	Event	Place	Points	Improv
<b>Lauren Crisp (11) F (00)</b>					
32.44L	P # 1A	Female 12 & Under 50 Free	9	---	-0.78
3:05.19L	P # 5A	Female 12 & Under 200 IM	16	---	-2.09
12:07.58L	F # 7A	Female 12 & Under 800 Free	10	---	-23.44
6:30.23L	P # 13A	Female 12 & Under 400 IM	8	---	-8.49
6:30.64L	F # 13A	Female 12 & Under 400 IM	8	11	-8.08
1:15.74L	P # 15A	Female 12 & Under 100 Back	1	---	-0.64
1:17.54L	F # 15A	Female 12 & Under 100 Back	3	20	1.16
3:33.67L	P # 17A	Female 12 & Under 200 Breast	16	---	-3.63
2:42.43L	P # 21A	Female 12 & Under 200 Free	16	---	-3.07
2:39.60L	F # 27A	Female 12 & Under 200 Back	2	30	-2.45
2:40.17L	P # 27A	Female 12 & Under 200 Back	1	---	-1.88
1:13.85L	P # 31A	Female 12 & Under 100 Free	18	---	-1.81
33.47L	F # 33A	200 Free Relay Lead Off	---	---	0.25
<b>Michael De Clare (16) M (00)</b>					
29.46L	P # 2C	Male 15 & Over 50 Free	12	---	-0.19
19:08.87L	F # 10C	Male 15 & Over 1500 Free	8	11	29.97
NS	P # 16C	Male 15 & Over 100 Back	---	---	---
NS	P # 22C	Male 15 & Over 200 Free	---	---	---
2:36.46L	P # 28C	Male 15 & Over 200 Back	8	---	6.48
2:38.41L	F # 28C	Male 15 & Over 200 Back	6	13	8.43
1:04.00L	P # 32C	Male 15 & Over 100 Free	16	---	2.58
<b>Emily Ding (15) F (00)</b>					
29.51L	F # 1C	Female 15 & Over 50 Free	11	---	-0.14
30.30L	P # 1C	Female 15 & Over 50 Free	15	---	0.65
2:44.05L	F # 5C	Female 15 & Over 200 IM	14	---	3.42
2:44.26L	P # 5C	Female 15 & Over 200 IM	18	---	3.63
1:18.40L	F # 15C	Female 15 & Over 100 Back	11	---	3.89
1:21.26L	P # 15C	Female 15 & Over 100 Back	21	---	6.75
1:10.69L	F # 19C	Female 15 & Over 100 Fly	6	13	1.28
1:12.23L	P # 19C	Female 15 & Over 100 Fly	6	---	2.82
5:02.11L	F # 25C	Female 15 & Over 400 Free	10	---	1.80
2:47.37L	P # 29C	Female 15 & Over 200 Fly	5	---	9.93
1:05.02L	P # 31C	Female 15 & Over 100 Free	9	---	1.29
NS	F # 31C	Female 15 & Over 100 Free	---	---	---
<b>Shaun Gill (11) M (00)</b>					
NS	P # 4A	Male 12 & Under 100 Breast	---	---	---
3:50.39L	F # 18A	Male 12 & Under 200 Breast	3	20	-14.61
3:53.08L	P # 18A	Male 12 & Under 200 Breast	3	---	-11.92
<b>Linden Girardeaux (8) F (00)</b>					
59.35L	F # 207	Female 10 & Under 50 Breast	20	---	-0.22
2:12.79L	F # 225	Female 10 & Under 100 Breast	14	---	6.77

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Time	F/P/S	Event	Place	Points	Improv
<b>Evan Guildford (10) M</b>					
1:35.13L	F # 204	Male 10 & Under 100 Free	7	12	---
2:04.66L	F # 206	Male 10 & Under 100 Back	8	11	9.75
1:04.46L	F # 208	Male 10 & Under 50 Breast	7	12	---
58.52L	F # 220	Male 10 & Under 50 Back	7	12	---
43.32L	F # 224	Male 10 & Under 50 Free	9	---	0.50
<b>David Hiebert (11) M (00)</b>					
33.65L	F # 2A	Male 12 & Under 50 Free	6	13	-0.15
33.81L	P # 2A	Male 12 & Under 50 Free	7	---	0.01
3:24.20L	P # 6A	Male 12 & Under 200 IM	9	---	2.16
42.55L	F # 12A	200 Medley Relay Lead Off	---	---	---
1:31.20L	P # 16A	Male 12 & Under 100 Back	9	---	0.78
3:02.85L	P # 22A	Male 12 & Under 200 Free	16	---	-13.61
3:08.49L	P # 28A	Male 12 & Under 200 Back	4	---	-8.54
3:09.65L	F # 28A	Male 12 & Under 200 Back	4	15	-7.38
1:17.96L	P # 32A	Male 12 & Under 100 Free	12	---	-16.69
32.76L	F # 34A	200 Free Relay Lead Off	---	---	-1.04
<b>Rory Hills (15) M (00)</b>					
1:21.01L	F # 4C	Male 15 & Over 100 Breast	6	13	-1.79
1:21.09L	P # 4C	Male 15 & Over 100 Breast	4	---	-1.71
2:35.32L	F # 6C	Male 15 & Over 200 IM	5	14	-2.67
2:35.46L	P # 6C	Male 15 & Over 200 IM	6	---	-2.53
10:20.68L	F # 8C	Male 15 & Over 800 Free	2	30	---
1:09.01L	P # 16C	Male 15 & Over 100 Back	2	---	-0.96
1:09.20L	F # 16C	Male 15 & Over 100 Back	2	30	-0.77
2:54.48L	F # 18C	Male 15 & Over 200 Breast	3	20	-3.63
2:55.09L	P # 18C	Male 15 & Over 200 Breast	4	---	-3.02
2:18.34L	F # 22C	Male 15 & Over 200 Free	5	14	-3.00
2:20.53L	P # 22C	Male 15 & Over 200 Free	10	---	-0.81
2:30.44L	F # 28C	Male 15 & Over 200 Back	3	20	-4.01
2:31.99L	P # 28C	Male 15 & Over 200 Back	4	---	-2.46
1:03.37L	P # 32C	Male 15 & Over 100 Free	15	---	-0.24
<b>Patricia Grace Horwood (12) F (00)</b>					
32.53L	P # 1A	Female 12 & Under 50 Free	12	---	1.18
3:01.72L	P # 5A	Female 12 & Under 200 IM	12	---	3.71
6:28.82L	P # 13A	Female 12 & Under 400 IM	7	---	11.73
1:23.02L	P # 15A	Female 12 & Under 100 Back	11	---	1.18
2:54.80L DQ	P # 27A	Female 12 & Under 200 Back	---	---	---
1:14.33L	P # 31A	Female 12 & Under 100 Free	20	---	-4.97

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Time	F/P/S	Event	Place	Points	Improv
<b>Justin Howe (13) M (00)</b>					
NS	P # 2B	Male 13-14 50 Free	---	---	---
NS	P # 6B	Male 13-14 200 IM	---	---	---
NS	F # 10B	Male 13-14 1500 Free	---	---	---
1:19.40L	P # 16B	Male 13-14 100 Back	7	---	2.10
1:19.60L	F # 16B	Male 13-14 100 Back	8	11	2.30
1:21.52L	F # 20B	Male 13-14 100 Fly	6	13	1.38
1:22.90L	P # 20B	Male 13-14 100 Fly	7	---	2.76
2:22.70L	P # 22B	Male 13-14 200 Free	8	---	2.38
2:22.75L	F # 22B	Male 13-14 200 Free	8	11	2.43
4:52.90L	F # 26B	Male 13-14 400 Free	8	11	-4.88
1:07.22L	P # 32B	Male 13-14 100 Free	10	---	1.43
<b>Nathan Howe (11) M (00)</b>					
1:51.58L	F # 4A	Male 12 & Under 100 Breast	7	12	-7.41
1:52.01L	P # 4A	Male 12 & Under 100 Breast	8	---	-6.98
3:29.04L	P # 6A	Male 12 & Under 200 IM	12	---	-6.35
1:41.72L	P # 16A	Male 12 & Under 100 Back	15	---	2.43
3:03.05L	P # 22A	Male 12 & Under 200 Free	17	---	0.10
3:19.68L	P # 28A	Male 12 & Under 200 Back	5	---	0.91
3:25.98L	F # 28A	Male 12 & Under 200 Back	6	13	7.21
1:26.91L	P # 32A	Male 12 & Under 100 Free	15	---	4.26
<b>Ryan Howe (15) M (00)</b>					
29.36L	F # 12C	200 Medley Relay Lead Off	---	---	0.01
4:55.57L	F # 14C	Male 15 & Over 400 IM	1	50	-2.52
5:08.94L	P # 14C	Male 15 & Over 400 IM	1	---	10.85
1:00.00L	F # 20C	Male 15 & Over 100 Fly	1	50	-0.31
1:02.73L	P # 20C	Male 15 & Over 100 Fly	2	---	2.42
2:15.48L	F # 28C	Male 15 & Over 200 Back	1	50	-1.89
2:20.68L	P # 28C	Male 15 & Over 200 Back	1	---	3.31
56.90L	F # 32C	Male 15 & Over 100 Free	2	30	-2.14
58.80L	P # 32C	Male 15 & Over 100 Free	4	---	-0.24
26.13L	F # 34C	200 Free Relay Lead Off	---	---	-0.42
<b>Alexandra Kierstead (15) F (00)</b>					
1:19.06L	F # 3C	Female 15 & Over 100 Breast	6	13	3.02
1:20.54L	P # 3C	Female 15 & Over 100 Breast	6	---	4.50
2:36.38L	F # 5C	Female 15 & Over 200 IM	5	14	-2.50
2:37.58L	P # 5C	Female 15 & Over 200 IM	4	---	-1.30
2:46.54L	F # 17C	Female 15 & Over 200 Breast	3	20	0.64
2:51.11L	P # 17C	Female 15 & Over 200 Breast	3	---	5.21
2:17.70L	F # 21C	Female 15 & Over 200 Free	10	---	-0.10
2:21.54L	P # 21C	Female 15 & Over 200 Free	10	---	3.74
4:47.92L	F # 25C	Female 15 & Over 400 Free	6	13	-8.64
1:05.40L	P # 31C	Female 15 & Over 100 Free	11	---	-0.18

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Time	F/P/S	Event	Place	Points	Improv
<b>Kea Koerner (16) F</b>					
4:40.00L	F # 25C	Female 15 & Over 400 Free	1	50	6.37
58.00L	F # 31C	Female 15 & Over 100 Free	1	50	0.30
1:00.27L	P # 31C	Female 15 & Over 100 Free	1	---	2.57
<b>Katherine Krause (15) F (00)</b>					
2:53.84L	P # 5C	Female 15 & Over 200 IM	22	---	2.86
11:14.44L	F # 7C	Female 15 & Over 800 Free	4	15	16.20
37.48L	F # 11C	200 Medley Relay Lead Off	---	---	0.57
1:18.08L	P # 15C	Female 15 & Over 100 Back	15	---	-0.54
1:19.01L	F # 15C	Female 15 & Over 100 Back	13	---	0.39
3:16.55L	P # 17C	Female 15 & Over 200 Breast	10	---	2.53
3:22.07L	F # 17C	Female 15 & Over 200 Breast	8	11	8.05
2:29.28L	P # 21C	Female 15 & Over 200 Free	17	---	-1.06
2:37.08L	F # 21C	Female 15 & Over 200 Free	15	---	6.74
5:19.27L	F # 25C	Female 15 & Over 400 Free	13	---	1.65
2:47.18L	P # 27C	Female 15 & Over 200 Back	8	---	2.95
2:49.76L	F # 27C	Female 15 & Over 200 Back	8	11	5.53
1:11.33L	P # 31C	Female 15 & Over 100 Free	20	---	2.88
1:11.57L	F # 31C	Female 15 & Over 100 Free	16	---	3.12
<b>Lia Lancaster (10) F (00)</b>					
1:13.63L	F # 23	400 Free Relay Lead Off	---	---	-17.88
6:15.85L	F # 201	Female 10 & Under 400 Free	3	20	-67.27
1:24.38L	F # 203	Female 10 & Under 100 Free	6	13	-7.13
1:44.06L	F # 205	Female 10 & Under 100 Back	16	---	-3.25
52.59L	F # 207	Female 10 & Under 50 Breast	6	13	0.09
3:29.31L	F # 211	Female 10 & Under 200 IM	5	14	-8.47
3:33.72L	P # 211	Female 10 & Under 200 IM	7	---	-4.06
NS	F # 219	Female 10 & Under 50 Back	---	---	---
NS	F # 223	Female 10 & Under 50 Free	---	---	---
NS	F # 225	Female 10 & Under 100 Breast	---	---	---
<b>Ki-Sang Lee (10) M (00)</b>					
NS	F # 220	Male 10 & Under 50 Back	---	---	---
NS	F # 226	Male 10 & Under 100 Breast	---	---	---

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Time	F/P/S	Event	Place	Points	Improv
<b>Anna Letkeman (12) F (00)</b>					
32.69L	P # 1A	Female 12 & Under 50 Free	13	---	0.93
3:01.09L	P # 5A	Female 12 & Under 200 IM	11	---	0.24
10:56.47L	F # 7A	Female 12 & Under 800 Free	6	13	---
36.57L	F # 11A	200 Medley Relay Lead Off	---	---	-0.65
1:15.94L	F # 15A	Female 12 & Under 100 Back	2	30	-1.73
1:17.07L	P # 15A	Female 12 & Under 100 Back	3	---	-0.60
2:29.44L	P # 21A	Female 12 & Under 200 Free	2	---	2.23
5:18.77L	F # 25A	Female 12 & Under 400 Free	6	13	4.09
2:43.93L	F # 27A	Female 12 & Under 200 Back	3	20	2.03
2:44.58L	P # 27A	Female 12 & Under 200 Back	3	---	2.68
1:09.33L	F # 31A	Female 12 & Under 100 Free	4	15	0.50
1:10.19L	P # 31A	Female 12 & Under 100 Free	4	---	1.36
<b>Evan Letkeman (16) M (00)</b>					
17:29.46L	F # 10C	Male 15 & Over 1500 Free	2	30	-6.82
4:58.65L	F # 14C	Male 15 & Over 400 IM	2	30	-0.70
5:12.52L	P # 14C	Male 15 & Over 400 IM	2	---	13.17
1:03.72L	P # 20C	Male 15 & Over 100 Fly	3	---	0.59
1:04.83L	F # 20C	Male 15 & Over 100 Fly	5	14	1.70
2:16.58L	F # 28C	Male 15 & Over 200 Back	2	30	-0.78
2:26.73L	P # 28C	Male 15 & Over 200 Back	2	---	9.37
2:19.12L	F # 30C	Male 15 & Over 200 Fly	1	50	2.24
2:22.18L	P # 30C	Male 15 & Over 200 Fly	1	---	5.30
<b>Edward Liang (11) M (00)</b>					
3:59.11L	F # 18A	Male 12 & Under 200 Breast	5	14	-3.82
4:07.08L	P # 18A	Male 12 & Under 200 Breast	5	---	4.15
<b>Cindy Li (10) F (00)</b>					
1:50.66L	F # 205	Female 10 & Under 100 Back	21	---	-2.13
57.02L	F # 207	Female 10 & Under 50 Breast	16	---	-1.14
4:06.85L	P # 211	Female 10 & Under 200 IM	20	---	2.82
52.25L	F # 219	Female 10 & Under 50 Back	26	---	8.01
45.01L	F # 223	Female 10 & Under 50 Free	35	---	1.52
2:06.70L	F # 225	Female 10 & Under 100 Breast	12	---	-1.03
<b>Zi Yi Liu (10) M (00)</b>					
48.07L	F # 224	Male 10 & Under 50 Free	12	---	1.00



## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

2011 VIR Long Course Championships 10-Jun-11 to 12-Jun-11 LC Meters

Location: Saanich Commonwealth Place

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Jessica Luo (9) F (00)</b>					
1:26.38L	F # 203	Female 10 & Under 100 Free	10	---	-7.63
1:38.73L	F # 205	Female 10 & Under 100 Back	9	---	-3.16
53.89L	F # 207	Female 10 & Under 50 Breast	8	11	-0.69
3:24.76L	F # 211	Female 10 & Under 200 IM	3	20	-20.49
3:28.00L	P # 211	Female 10 & Under 200 IM	4	---	-17.25
45.91L	F # 213	200 Medley Relay Lead Off	---	---	0.66
3:18.33L	P # 215	Female 10 & Under 200 Free	13	---	-7.26
45.82L	F # 219	Female 10 & Under 50 Back	10	---	0.57
44.12L	F # 221	Female 10 & Under 50 Fly	4	15	-3.25
38.71L	F # 223	Female 10 & Under 50 Free	11	---	-2.30
<b>Grace MacDonald (9) F (00)</b>					
1:32.17L	F # 203	Female 10 & Under 100 Free	17	---	-4.39
1:03.86L	F # 207	Female 10 & Under 50 Breast	22	---	-2.27
3:26.86L	P # 215	Female 10 & Under 200 Free	19	---	-10.58
50.17L	F # 219	Female 10 & Under 50 Back	21	---	-2.21
58.53L DQ	F # 221	Female 10 & Under 50 Fly	---	---	---
42.58L	F # 223	Female 10 & Under 50 Free	25	---	0.35
<b>Ann MacIntosh (14) F (00)</b>					
28.92L	F # 1B	Female 13-14 50 Free	3	20	0.23
29.14L	P # 1B	Female 13-14 50 Free	3	---	0.45
2:42.20L	P # 5B	Female 13-14 200 IM	5	---	-8.15
2:42.88L	F # 5B	Female 13-14 200 IM	8	11	-7.47
10:34.22L	F # 7B	Female 13-14 800 Free	6	13	8.32
1:16.39L	P # 15B	Female 13-14 100 Back	9	---	0.41
1:13.85L	F # 19B	Female 13-14 100 Fly	4	15	0.27
1:16.28L	P # 19B	Female 13-14 100 Fly	8	---	2.70
2:20.89L	F # 21B	Female 13-14 200 Free	5	14	-2.76
2:21.14L	P # 21B	Female 13-14 200 Free	4	---	-2.51
2:42.86L	P # 27B	Female 13-14 200 Back	7	---	2.73
2:44.81L	F # 27B	Female 13-14 200 Back	7	12	4.68
1:02.24L	P # 31B	Female 13-14 100 Free	1	---	-0.86
1:03.95L	F # 31B	Female 13-14 100 Free	5	14	0.85
29.16L	F # 33B	200 Free Relay Lead Off	---	---	0.47
<b>Ana MacLeod (15) F (00)</b>					
30.70L	P # 1C	Female 15 & Over 50 Free	20	---	-0.21
1:27.42L	P # 15C	Female 15 & Over 100 Back	27	---	1.80
2:30.09L	F # 21C	Female 15 & Over 200 Free	14	---	2.31
2:33.22L	P # 21C	Female 15 & Over 200 Free	18	---	5.44
<b>Ian Mattock (19) M</b>					
26.05L	F # 2C	Male 15 & Over 50 Free	1	50	0.23
26.45L	P # 2C	Male 15 & Over 50 Free	2	---	0.63
17:09.10L	F # 10C	Male 15 & Over 1500 Free	1	50	---

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

2011 VIR Long Course Championships 10-Jun-11 to 12-Jun-11 LC Meters

Location: Saanich Commonwealth Place

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Jon McKay (15) M (00)</b>					
1:20.97L	F # 4C	Male 15 & Over 100 Breast	5	14	-1.65
1:21.35L	P # 4C	Male 15 & Over 100 Breast	7	---	-1.27
2:25.31L	F # 6C	Male 15 & Over 200 IM	2	30	-1.04
2:27.19L	P # 6C	Male 15 & Over 200 IM	2	---	0.84
17:44.48L	F # 10C	Male 15 & Over 1500 Free	3	20	-35.65
5:08.62L	F # 14C	Male 15 & Over 400 IM	3	20	0.38
5:19.89L	P # 14C	Male 15 & Over 400 IM	5	---	11.65
1:04.32L	F # 20C	Male 15 & Over 100 Fly	4	15	-0.62
1:07.14L	P # 20C	Male 15 & Over 100 Fly	5	---	2.20
2:21.22L	F # 30C	Male 15 & Over 200 Fly	2	30	-0.45
2:30.73L	P # 30C	Male 15 & Over 200 Fly	3	---	9.06
59.17L	F # 32C	Male 15 & Over 100 Free	4	15	-1.23
1:00.32L	P # 32C	Male 15 & Over 100 Free	7	---	-0.08
<b>Fionnuala McKenna (10) F (00)</b>					
1:13.90L	F # 23	400 Free Relay Lead Off	---	---	-10.34
6:27.87L	F # 201	Female 10 & Under 400 Free	5	14	-13.97
1:22.95L	F # 203	Female 10 & Under 100 Free	5	14	-1.29
1:39.24L	F # 205	Female 10 & Under 100 Back	11	---	2.45
54.86L	F # 207	Female 10 & Under 50 Breast	11	---	-2.65
1:44.66L	F # 209	Female 10 & Under 100 Fly	3	20	-5.22
3:44.97L	P # 211	Female 10 & Under 200 IM	12	---	3.61
2:54.23L	F # 215	Female 10 & Under 200 Free	2	30	-9.32
3:00.75L	P # 215	Female 10 & Under 200 Free	2	---	-2.80
38.00L	F # 217	200 Free Relay Lead Off	---	---	1.06
43.86L	F # 219	Female 10 & Under 50 Back	5	14	-0.60
36.22L	F # 223	Female 10 & Under 50 Free	2	30	-0.72
<b>Heather McMillan (12) F (00)</b>					
35.15L	P # 1A	Female 12 & Under 50 Free	27	---	0.52
1:38.09L	P # 3A	Female 12 & Under 100 Breast	13	---	4.51
6:52.86L	P # 13A	Female 12 & Under 400 IM	10	---	-7.85
3:28.75L	P # 17A	Female 12 & Under 200 Breast	12	---	1.68
1:37.59L	P # 19A	Female 12 & Under 100 Fly	13	---	-0.04
6:03.09L	F # 25A	Female 12 & Under 400 Free	15	---	-10.79
<b>Lauren McMillan (14) F (00)</b>					
5:23.73L	F # 13B	Female 13-14 400 IM	1	50	1.47
5:32.95L	P # 13B	Female 13-14 400 IM	1	---	10.69
2:47.61L	F # 17B	Female 13-14 200 Breast	1	50	4.45
2:51.90L	P # 17B	Female 13-14 200 Breast	2	---	8.74
4:53.12L	F # 25B	Female 13-14 400 Free	1	50	-14.12
2:29.57L	F # 29B	Female 13-14 200 Fly	1	50	-5.25
2:35.02L	P # 29B	Female 13-14 200 Fly	1	---	0.20

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

2011 VIR Long Course Championships 10-Jun-11 to 12-Jun-11 LC Meters

Location: Saanich Commonwealth Place

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Shannon McMillan (9) F (00)</b>					
1:32.80L	F # 203	Female 10 & Under 100 Free	18	---	-2.38
1:44.57L	F # 205	Female 10 & Under 100 Back	17	---	-0.66
3:53.75L	P # 211	Female 10 & Under 200 IM	17	---	-2.10
3:28.48L	P # 215	Female 10 & Under 200 Free	20	---	-4.62
47.43L	F # 219	Female 10 & Under 50 Back	13	---	0.81
43.98L	F # 221	Female 10 & Under 50 Fly	3	20	-0.19
40.26L	F # 223	Female 10 & Under 50 Free	16	---	0.06
<b>Victoria Mock (14) F (00)</b>					
1:27.96L	F # 3B	Female 13-14 100 Breast	4	15	-2.11
1:29.36L	P # 3B	Female 13-14 100 Breast	4	---	-0.71
2:42.67L	F # 5B	Female 13-14 200 IM	6	13	0.59
2:44.22L	P # 5B	Female 13-14 200 IM	6	---	2.14
18:51.63L	F # 9B	Female 13-14 1500 Free	1	50	---
5:34.10L	F # 13B	Female 13-14 400 IM	3	20	-7.83
5:49.27L	P # 13B	Female 13-14 400 IM	3	---	7.34
1:19.51L	P # 15B	Female 13-14 100 Back	15	---	0.39
1:17.90L	P # 19B	Female 13-14 100 Fly	11	---	4.31
4:55.07L	F # 25B	Female 13-14 400 Free	2	30	1.99
2:46.84L	P # 27B	Female 13-14 200 Back	10	---	3.66
2:41.69L	F # 29B	Female 13-14 200 Fly	2	30	-0.08
2:54.83L	P # 29B	Female 13-14 200 Fly	3	---	13.06
<b>Savannah Moneo (17) F (00)</b>					
NS	P # 3C	Female 15 & Over 100 Breast	---	---	---
1:19.58L	P # 15C	Female 15 & Over 100 Back	18	---	6.46
<b>Rosie Moulton (15) F (00)</b>					
5:21.59L	F # 13C	Female 15 & Over 400 IM	3	20	1.73
5:32.18L	P # 13C	Female 15 & Over 400 IM	5	---	12.32
2:14.40L	F # 21C	Female 15 & Over 200 Free	2	30	1.59
2:20.00L	P # 21C	Female 15 & Over 200 Free	8	---	7.19
4:42.17L	F # 25C	Female 15 & Over 400 Free	2	30	0.41
2:35.99L	F # 29C	Female 15 & Over 200 Fly	2	30	-10.41
2:42.81L	P # 29C	Female 15 & Over 200 Fly	4	---	-3.59
1:01.49L	F # 31C	Female 15 & Over 100 Free	2	30	0.58
1:03.73L	P # 31C	Female 15 & Over 100 Free	3	---	2.82
28.00L	F # 33C	200 Free Relay Lead Off	---	---	-0.27
<b>Mackenzie Mueller (10) F</b>					
53.51L	F # 219	Female 10 & Under 50 Back	31	---	1.77
48.00L	F # 223	Female 10 & Under 50 Free	37	---	2.01

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

2011 VIR Long Course Championships 10-Jun-11 to 12-Jun-11 LC Meters

Location: Saanich Commonwealth Place

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Kristopher Neilson (11) M (00)</b>					
1:29.05L	P # 16A	Male 12 & Under 100 Back	7	---	-1.10
1:29.61L	F # 16A	Male 12 & Under 100 Back	8	11	-0.54
3:23.72L	P # 18A	Male 12 & Under 200 Breast	1	---	-1.11
3:28.79L	F # 18A	Male 12 & Under 200 Breast	1	50	3.96
2:57.48L	P # 22A	Male 12 & Under 200 Free	14	---	6.66
5:57.60L	F # 26A	Male 12 & Under 400 Free	8	11	-4.47
3:28.87L	F # 30A	Male 12 & Under 200 Fly	2	30	-8.70
3:40.68L	P # 30A	Male 12 & Under 200 Fly	3	---	3.11
1:24.08L	P # 32A	Male 12 & Under 100 Free	13	---	4.84
<b>Rachael Newman (17) F (00)</b>					
5:28.90L	F # 13C	Female 15 & Over 400 IM	5	14	1.79
5:33.80L	P # 13C	Female 15 & Over 400 IM	6	---	6.69
<b>Nicholas Nolt (10) M (00)</b>					
6:05.33L	F # 202	Male 10 & Under 400 Free	2	30	-6.69
1:18.49L	F # 204	Male 10 & Under 100 Free	1	50	-9.78
1:37.23L	F # 206	Male 10 & Under 100 Back	2	30	-2.76
1:48.76L	F # 210	Male 10 & Under 100 Fly	1	50	0.28
3:25.56L	F # 212	Male 10 & Under 200 IM	1	50	-6.14
3:29.65L	P # 212	Male 10 & Under 200 IM	2	---	-2.05
2:50.29L	F # 216	Male 10 & Under 200 Free	1	50	-6.27
2:55.13L	P # 216	Male 10 & Under 200 Free	1	---	-1.43
45.44L	F # 220	Male 10 & Under 50 Back	1	50	-2.30
41.60L	F # 222	Male 10 & Under 50 Fly	2	30	-6.67
34.97L	F # 224	Male 10 & Under 50 Free	1	50	-0.92
<b>Luna-Mae Northcott (9) F</b>					
NS	F # 223	Female 10 & Under 50 Free	---	---	---
<b>Stephen Olmos (14) M (00)</b>					
29.36L	P # 2B	Male 13-14 50 Free	9	---	0.65
1:24.74L	F # 4B	Male 13-14 100 Breast	3	20	1.35
1:28.89L	P # 4B	Male 13-14 100 Breast	4	---	5.50
2:46.78L	P # 6B	Male 13-14 200 IM	10	---	-2.44
34.34L	F # 12C	200 Medley Relay Lead Off	---	---	0.38
1:15.01L	F # 16B	Male 13-14 100 Back	6	13	0.27
1:20.60L	P # 16B	Male 13-14 100 Back	8	---	5.86
3:07.66L	F # 18B	Male 13-14 200 Breast	4	15	-3.61
3:12.51L	P # 18B	Male 13-14 200 Breast	4	---	1.24
2:37.07L	P # 22B	Male 13-14 200 Free	15	---	10.35
3:02.71L	F # 30B	Male 13-14 200 Fly	5	14	---
3:07.62L	P # 30B	Male 13-14 200 Fly	6	---	---
1:06.78L	P # 32B	Male 13-14 100 Free	9	---	2.07

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

2011 VIR Long Course Championships 10-Jun-11 to 12-Jun-11 LC Meters

Location: Saanich Commonwealth Place

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Emma Reinsch (11) F (00)</b>					
34.59L	P # 1A	Female 12 & Under 50 Free	24	---	-1.04
13:05.27L	F # 7A	Female 12 & Under 800 Free	12	---	-12.84
1:34.11L	P # 15A	Female 12 & Under 100 Back	28	---	0.81
3:00.41L	P # 21A	Female 12 & Under 200 Free	26	---	-1.96
6:15.64L	F # 25A	Female 12 & Under 400 Free	17	---	-6.97
1:18.52L	P # 31A	Female 12 & Under 100 Free	27	---	-3.13
<b>Rachel Sawchuk (12) F (00)</b>					
33.64L	P # 1A	Female 12 & Under 50 Free	20	---	0.57
3:22.99L	P # 5A	Female 12 & Under 200 IM	25	---	6.53
39.96L	F # 11A	200 Medley Relay Lead Off	---	---	-0.40
1:24.34L	P # 15A	Female 12 & Under 100 Back	14	---	0.16
2:39.20L	P # 21A	Female 12 & Under 200 Free	13	---	-1.75
3:02.21L	P # 27A	Female 12 & Under 200 Back	12	---	-2.96
1:13.12L	P # 31A	Female 12 & Under 100 Free	17	---	-0.81
<b>Julia Schmidt (18) F</b>					
30.02L	P # 1C	Female 15 & Over 50 Free	13	---	-0.68
2:39.45L	P # 5C	Female 15 & Over 200 IM	7	---	-3.88
<b>Michael Schmidt (8) M (00)</b>					
1:22.66L	F # 204	Male 10 & Under 100 Free	2	30	-9.74
48.05L	F # 208	Male 10 & Under 50 Breast	1	50	-2.15
3:29.21L	P # 212	Male 10 & Under 200 IM	1	---	---
3:30.70L	F # 212	Male 10 & Under 200 IM	2	30	---
3:02.40L	F # 216	Male 10 & Under 200 Free	3	20	-6.38
3:07.85L	P # 216	Male 10 & Under 200 Free	3	---	-0.93
36.60L	F # 218	200 Free Relay Lead Off	---	---	1.44
35.12L	F # 224	Male 10 & Under 50 Free	2	30	-0.04
1:46.48L	F # 226	Male 10 & Under 100 Breast	1	50	1.82
<b>Stefanie Schmidt (16) F (00)</b>					
5:10.98L	F # 13C	Female 15 & Over 400 IM	1	50	-3.71
5:21.48L	P # 13C	Female 15 & Over 400 IM	3	---	6.79
<b>Jackson Sinclair (14) M (00)</b>					
1:26.64L	P # 4B	Male 13-14 100 Breast	3	---	3.39
1:13.07L	P # 16B	Male 13-14 100 Back	4	---	-0.77
1:14.60L	F # 16B	Male 13-14 100 Back	5	14	0.76
2:53.72L	F # 18B	Male 13-14 200 Breast	2	30	-1.17
2:55.69L	P # 18B	Male 13-14 200 Breast	1	---	0.80
NS	P # 22B	Male 13-14 200 Free	---	---	---
4:45.96L	F # 26B	Male 13-14 400 Free	6	13	3.97
2:34.48L	F # 28B	Male 13-14 200 Back	4	15	-9.34
2:41.22L	P # 28B	Male 13-14 200 Back	5	---	-2.60
NS	P # 32B	Male 13-14 100 Free	---	---	---

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

2011 VIR Long Course Championships 10-Jun-11 to 12-Jun-11 LC Meters

Location: Saanich Commonwealth Place

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Nicholas Sinclair (19) M</b>					
1:55.64L	P # 22C	Male 15 & Over 200 Free	1	---	4.77
<b>Anna Stebeck (10) F (00)</b>					
1:34.63L	F # 203	Female 10 & Under 100 Free	22	---	-8.12
1:51.76L	F # 205	Female 10 & Under 100 Back	22	---	-1.42
3:57.17L	P # 211	Female 10 & Under 200 IM	18	---	-21.01
3:28.48L	P # 215	Female 10 & Under 200 Free	20	---	-1.40
X 44.97L	F # 217	200 Free Relay Lead Off	---	---	1.00
52.81L	F # 219	Female 10 & Under 50 Back	30	---	-0.14
44.18L	F # 223	Female 10 & Under 50 Free	32	---	0.21
<b>Ava Tarrant (9) F (00)</b>					
1:50.39L	F # 205	Female 10 & Under 100 Back	20	---	-1.34
52.00L	F # 213	200 Medley Relay Lead Off	---	---	1.24
43.08L	F # 217	200 Free Relay Lead Off	---	---	0.93
49.76L	F # 219	Female 10 & Under 50 Back	20	---	-1.00
54.35L	F # 221	Female 10 & Under 50 Fly	14	---	5.53
45.21L	F # 223	Female 10 & Under 50 Free	36	---	3.06
<b>Sophie Tarrant (10) F (00)</b>					
6:07.47L	F # 201	Female 10 & Under 400 Free	1	50	-2.12
<b>Riley Tesch (13) F (00)</b>					
1:33.14L	P # 3B	Female 13-14 100 Breast	9	---	-0.05
3:04.81L	P # 5B	Female 13-14 200 IM	19	---	3.00
3:19.51L	F # 17B	Female 13-14 200 Breast	8	11	-1.69
3:20.31L	P # 17B	Female 13-14 200 Breast	8	---	-0.89
1:30.36L	P # 19B	Female 13-14 100 Fly	19	---	1.79
2:47.10L	P # 21B	Female 13-14 200 Free	21	---	-1.60
3:21.62L	F # 29B	Female 13-14 200 Fly	6	13	2.64
3:22.79L	P # 29B	Female 13-14 200 Fly	6	---	3.81
<b>Aidan Thirkell (16) M (00)</b>					
NS	P # 14C	Male 15 & Over 400 IM	---	---	---
NS	P # 18C	Male 15 & Over 200 Breast	---	---	---
NS	P # 22C	Male 15 & Over 200 Free	---	---	---
<b>Rebecca Thomson (17) F (00)</b>					
1:24.26L	P # 15C	Female 15 & Over 100 Back	25	---	0.43
2:39.62L	P # 21C	Female 15 & Over 200 Free	22	---	6.34
2:53.62L	P # 27C	Female 15 & Over 200 Back	9	---	-0.76
<b>Christian Turpin (8) M (00)</b>					
1:53.33L	F # 206	Male 10 & Under 100 Back	7	12	0.17
49.46L	F # 214	200 Medley Relay Lead Off	---	---	-1.21
52.61L	F # 220	Male 10 & Under 50 Back	5	14	1.94
48.81L	F # 224	Male 10 & Under 50 Free	13	---	3.95

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

2011 VIR Long Course Championships 10-Jun-11 to 12-Jun-11 LC Meters

Location: Saanich Commonwealth Place

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Heidi Ullrich (13) F (00)</b>					
30.94L	P # 1B	Female 13-14 50 Free	11	---	0.56
2:59.19L	DQ P # 5B	Female 13-14 200 IM	---	---	---
10:18.19L	F # 7B	Female 13-14 800 Free	4	15	-3.15
1:21.37L	P # 15B	Female 13-14 100 Back	19	---	-9.99
1:21.02L	P # 19B	Female 13-14 100 Fly	14	---	3.36
2:21.86L	F # 21B	Female 13-14 200 Free	7	12	-3.70
2:25.27L	P # 21B	Female 13-14 200 Free	8	---	-0.29
5:03.52L	F # 25B	Female 13-14 400 Free	5	14	-0.37
2:54.61L	P # 27B	Female 13-14 200 Back	16	---	6.44
2:47.36L	F # 29B	Female 13-14 200 Fly	4	15	-3.27
3:01.91L	P # 29B	Female 13-14 200 Fly	4	---	11.28
<b>Remei Van Raamsdonk (9) F (00)</b>					
NS	F # 223	Female 10 & Under 50 Free	---	---	---
<b>Victoria von Sacken Nash (11) F (00)</b>					
37.75L	P # 1A	Female 12 & Under 50 Free	34	---	0.34
1:49.31L	P # 3A	Female 12 & Under 100 Breast	26	---	5.45
3:48.64L	P # 17A	Female 12 & Under 200 Breast	20	---	3.53
<b>Olivia Waller (10) F</b>					
1:37.24L	F # 203	Female 10 & Under 100 Free	29	---	-10.84
2:00.92L	F # 205	Female 10 & Under 100 Back	28	---	1.63
1:04.33L	F # 207	Female 10 & Under 50 Breast	23	---	-0.58
3:43.62L	P # 215	Female 10 & Under 200 Free	27	---	-13.95
51.10L	F # 219	Female 10 & Under 50 Back	24	---	-0.13
41.19L	F # 223	Female 10 & Under 50 Free	21	---	-1.32
<b>Allison Wood (20) F</b>					
28.89L	F # 1C	Female 15 & Over 50 Free	3	20	0.68
29.06L	P # 1C	Female 15 & Over 50 Free	1	---	0.85
2:39.58L	F # 5C	Female 15 & Over 200 IM	8	11	4.06
2:40.12L	P # 5C	Female 15 & Over 200 IM	10	---	4.60
1:11.23L	P # 15C	Female 15 & Over 100 Back	3	---	5.78
2:15.89L	P # 21C	Female 15 & Over 200 Free	1	---	-2.05
<b>Katelyn Woo (11) F (00)</b>					
1:38.55L	P # 15A	Female 12 & Under 100 Back	30	---	1.59

## UVic - Pacific Coast Swimming Assoc.

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### Individual Meet Results

**2011 VIR Long Course Championships 10-Jun-11 to 12-Jun-11 LC Meters**

**Location: Saanich Commonwealth Place**

**UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Tabitha Zammit (12) F (00)</b>					
1:30.69L	P # 3A	Female 12 & Under 100 Breast	3	---	0.66
1:31.03L	F # 3A	Female 12 & Under 100 Breast	4	15	1.00
2:50.06L	F # 5A	Female 12 & Under 200 IM	4	15	-3.44
2:52.88L	P # 5A	Female 12 & Under 200 IM	3	---	-0.62
11:41.36L	F # 7A	Female 12 & Under 800 Free	9	---	---
1:21.94L	P # 15A	Female 12 & Under 100 Back	7	---	-0.96
1:23.25L	F # 15A	Female 12 & Under 100 Back	8	11	0.35
3:08.74L	F # 17A	Female 12 & Under 200 Breast	2	30	0.69
3:10.18L	P # 17A	Female 12 & Under 200 Breast	2	---	2.13
2:41.04L	P # 21A	Female 12 & Under 200 Free	15	---	-1.77
5:40.28L	F # 25A	Female 12 & Under 400 Free	14	---	4.35
2:54.73L	P # 27A	Female 12 & Under 200 Back	7	---	1.20
2:58.72L	F # 27A	Female 12 & Under 200 Back	8	11	5.19