

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

NRST 7th Annual Spring Sprint 25-May-13 to 26-May-13 LC Meters

Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Kennedy Aragon-Scriven (15) F (00)</b>					
2:32.33L	P # 2C	Female 15 & Over 200 Free	11	---	0.36
1:13.98L	F # 8C	Female 15 & Over 100 Fly	2	17	0.34
1:15.91L	P # 8C	Female 15 & Over 100 Fly	2	---	2.27
31.59L	P # 14C	Female 15 & Over 50 Free	3	---	-0.14
31.62L	F # 14C	Female 15 & Over 50 Free	6	13	-0.11
2:55.28L	P # 21C	Female 15 & Over 200 IM	4	---	-34.61
2:55.68L	F # 21C	Female 15 & Over 200 IM	4	15	-34.21
1:06.51L	F # 30C	Female 15 & Over 100 Free	3	16	-2.89
1:08.18L	P # 30C	Female 15 & Over 100 Free	3	---	-1.22
33.58L	F # 33C	Female 15 & Over 50 Fly	1	20	-0.12
33.76L	P # 33C	Female 15 & Over 50 Fly	2	---	0.06
2:53.95L	P # 35C	Female 15 & Over 200 Fly	2	---	3.49
2:54.24L	F # 35C	Female 15 & Over 200 Fly	2	17	3.78
<b>Trinity Aragon-Scriven (9) F</b>					
1:02.83L	F # 4A	Female 10 & Under 50 Breast	24	---	---
2:28.89L	F # 10A	Female 10 & Under 100 Back	37	---	---
48.68L	F # 13A	Female 10 & Under 50 Free	34	---	---
1:03.13L	F # 23A	Female 10 & Under 50 Back	37	---	---
2:18.14L	F # 26A	Female 10 & Under 100 Breast	19	---	---
1:57.61L	F # 29A	Female 10 & Under 100 Free	35	---	---
<b>David Baker (9) M</b>					
4:14.15L	F # 1B	Male 10 & Under 200 Free	9	9	---
2:12.76L	F # 10B	Male 10 & Under 100 Back	13	4	---
50.43L	F # 13B	Male 10 & Under 50 Free	18	---	3.29
58.37L	F # 23B	Male 10 & Under 50 Back	18	---	---
2:17.83L	F # 26B	Male 10 & Under 100 Breast	10	7	---
1:50.23L	F # 29B	Male 10 & Under 100 Free	15	2	0.72
<b>Stephanie Borissov (9) F</b>					
3:44.27L	F # 1A	Female 10 & Under 200 Free	25	---	2.37
1:03.91L	F # 4A	Female 10 & Under 50 Breast	26	---	-5.78
1:49.50L	F # 10A	Female 10 & Under 100 Back	13	4	-8.58
42.64L	F # 13A	Female 10 & Under 50 Free	17	---	-0.10
<b>Mikyla Bunting (9) F</b>					
3:39.14L	F # 1A	Female 10 & Under 200 Free	21	---	-6.34
53.16L	F # 4A	Female 10 & Under 50 Breast	2	17	-4.69
1:52.40L	F # 10A	Female 10 & Under 100 Back	21	---	0.32
42.19L	F # 13A	Female 10 & Under 50 Free	15	2	-0.38
51.12L	F # 18A	200 Medley Relay Lead Off	---	---	-2.05
50.16L	F # 23A	Female 10 & Under 50 Back	18	---	-3.01
1:56.13L	F # 26A	Female 10 & Under 100 Breast	6	13	-4.03
1:37.37L	F # 29A	Female 10 & Under 100 Free	18	---	-13.62

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

NRST 7th Annual Spring Sprint 25-May-13 to 26-May-13 LC Meters

Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Paula Cota (12) F</b>					
2:51.50L	P # 2A	Female 11-12 200 Free	19	---	-1.20
1:30.71L	P # 8A	Female 11-12 100 Fly	6	---	---
1:32.97L DQ	F # 8A	Female 11-12 100 Fly	---	---	---
3:15.65L DQ	P # 11A	Female 11-12 200 Back	---	---	---
33.27L	F # 14A	Female 11-12 50 Free	6	13	-1.05
33.92L	P # 14A	Female 11-12 50 Free	11	---	-0.40
<b>Chloe Freeman (13) F (00)</b>					
2:50.94L	P # 2B	Female 13-14 200 Free	19	---	-0.14
1:44.40L	P # 8B	Female 13-14 100 Fly	13	---	1.10
3:10.84L	P # 11B	Female 13-14 200 Back	12	---	2.35
3:46.04L	P # 16B	Female 13-14 200 Breast	11	---	8.28
1:39.10L	P # 27B	Female 13-14 100 Breast	12	---	-6.19
1:19.90L	P # 30B	Female 13-14 100 Free	19	---	0.69
1:20.64L	F # 30B	Female 13-14 100 Free	16	1	1.43
3:46.76L DQ	P # 35B	Female 13-14 200 Fly	---	---	---
1:30.35L	P # 37B	Female 13-14 100 Back	15	---	-3.87
<b>Madeleine Gaul (11) F</b>					
3:18.94L	P # 2A	Female 11-12 200 Free	46	---	1.70
2:04.72L	P # 8A	Female 11-12 100 Fly	26	---	---
42.42L	P # 14A	Female 11-12 50 Free	51	---	-3.60
3:50.35L	P # 21A	Female 11-12 200 IM	37	---	---
1:56.63L	P # 27A	Female 11-12 100 Breast	35	---	0.02
1:29.16L	P # 30A	Female 11-12 100 Free	38	---	-9.15
1:44.72L	P # 37A	Female 11-12 100 Back	36	---	---
<b>Armaan Gill (11) M (00)</b>					
3:35.26L	P # 3A	Male 11-12 200 Free	17	---	3.33
55.68L	P # 6A	Male 11-12 50 Breast	6	---	0.15
56.56L	F # 6A	Male 11-12 50 Breast	4	15	1.03
40.43L	P # 15A	Male 11-12 50 Free	14	---	1.93
50.11L	F # 25A	Male 11-12 50 Back	5	14	-1.49
52.99L	P # 25A	Male 11-12 50 Back	5	---	1.39
2:02.07L	P # 28A	Male 11-12 100 Breast	9	---	3.43
2:06.65L	F # 28A	Male 11-12 100 Breast	8	11	8.01
1:41.80L	P # 31A	Male 11-12 100 Free	16	---	0.87
1:57.16L	P # 38A	Male 11-12 100 Back	12	---	3.26

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

NRST 7th Annual Spring Sprint 25-May-13 to 26-May-13 LC Meters

Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Shaun Gill (13) M (00)</b>					
3:09.17L	P # 3B	Male 13-14 200 Free	15	---	5.84
43.29L	P # 6B	Male 13-14 50 Breast	4	---	-0.24
44.22L	F # 6B	Male 13-14 50 Breast	5	14	0.69
35.75L	P # 15B	Male 13-14 50 Free	17	---	0.75
3:33.66L	F # 17B	Male 13-14 200 Breast	7	12	2.79
3:36.67L	P # 17B	Male 13-14 200 Breast	7	---	5.80
3:25.02L DQ	P # 22B	Male 13-14 200 IM	---	---	---
1:38.30L	P # 28B	Male 13-14 100 Breast	4	---	-0.77
1:39.32L	F # 28B	Male 13-14 100 Breast	6	13	0.25
1:24.07L	P # 31B	Male 13-14 100 Free	12	---	0.95
1:42.31L	P # 38B	Male 13-14 100 Back	14	---	-14.73
<b>Isabelle Green (9) F</b>					
DQ	F # 4A	Female 10 & Under 50 Breast	---	---	---
2:30.98L	F # 10A	Female 10 & Under 100 Back	38	---	---
57.42L	F # 13A	Female 10 & Under 50 Free	38	---	-2.82
1:02.79L	F # 23A	Female 10 & Under 50 Back	36	---	-1.54
2:22.53L	F # 26A	Female 10 & Under 100 Breast	23	---	-1.94
2:20.21L	F # 29A	Female 10 & Under 100 Free	40	---	-0.02
<b>Juan Antonio Gutierrez (10) M</b>					
1:07.37L	F # 4B	Male 10 & Under 50 Breast	10	7	---
1:59.92L	F # 10B	Male 10 & Under 100 Back	11	6	6.74
43.49L	F # 13B	Male 10 & Under 50 Free	11	6	-1.30
56.64L	F # 19A	200 Medley Relay Lead Off	---	---	---
51.65L	F # 23B	Male 10 & Under 50 Back	13	4	---
2:26.58L	F # 26B	Male 10 & Under 100 Breast	12	5	---
1:45.67L	F # 29B	Male 10 & Under 100 Free	12	5	---
<b>Jung Ho Ham (13) M</b>					
NS	P # 3B	Male 13-14 200 Free	---	---	---
47.96L	P # 15B	Male 13-14 50 Free	21	---	---
<b>David Hiebert (13) M (00)</b>					
2:33.52L	P # 3B	Male 13-14 200 Free	10	---	0.72
32.10L	P # 15B	Male 13-14 50 Free	13	---	0.65
3:28.04L	F # 17B	Male 13-14 200 Breast	4	15	---
3:29.87L	P # 17B	Male 13-14 200 Breast	4	---	---
3:01.47L	P # 22B	Male 13-14 200 IM	7	---	-0.92
1:10.84L	P # 31B	Male 13-14 100 Free	8	---	0.14
1:11.14L	F # 31B	Male 13-14 100 Free	7	12	0.44
3:40.88L	P # 36B	Male 13-14 200 Fly	1	---	---
1:24.78L	F # 38B	Male 13-14 100 Back	7	12	-1.82
1:27.56L	P # 38B	Male 13-14 100 Back	9	---	0.96
32.69L	F # 40B	200 Free Relay Lead Off	---	---	1.24

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

NRST 7th Annual Spring Sprint 25-May-13 to 26-May-13 LC Meters

Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Nathan Howe (13) M (00)</b>					
2:42.05L	P # 3B	Male 13-14 200 Free	13	---	2.82
1:30.36L	F # 9B	Male 13-14 100 Fly	5	14	0.07
1:37.57L	P # 9B	Male 13-14 100 Fly	5	---	7.28
2:57.20L	P # 12B	Male 13-14 200 Back	10	---	5.42
33.50L	P # 15B	Male 13-14 50 Free	15	---	0.91
39.37L	F # 19B	200 Medley Relay Lead Off	---	---	0.68
3:03.27L	P # 22B	Male 13-14 200 IM	8	---	-8.50
3:05.45L	F # 22B	Male 13-14 200 IM	7	12	-6.32
1:38.71L	P # 28B	Male 13-14 100 Breast	6	---	-9.31
1:39.29L	F # 28B	Male 13-14 100 Breast	5	14	-8.73
1:25.85L	P # 38B	Male 13-14 100 Back	8	---	4.34
<b>Erin Jennings (12) F</b>					
2:34.08L	F # 2A	Female 11-12 200 Free	3	16	-1.07
2:37.00L	P # 2A	Female 11-12 200 Free	4	---	1.85
1:31.87L	P # 8A	Female 11-12 100 Fly	7	---	-2.73
1:33.53L	F # 8A	Female 11-12 100 Fly	5	14	-1.07
33.21L	F # 14A	Female 11-12 50 Free	5	14	-2.67
33.86L	P # 14A	Female 11-12 50 Free	10	---	-2.02
40.20L	F # 18A	200 Medley Relay Lead Off	---	---	-10.30
2:58.50L	P # 21A	Female 11-12 200 IM	4	---	-2.27
2:59.60L	F # 21A	Female 11-12 200 IM	4	15	-1.17
1:34.64L	P # 27A	Female 11-12 100 Breast	3	---	-2.47
1:35.11L	F # 27A	Female 11-12 100 Breast	3	16	-2.00
1:12.54L	F # 30A	Female 11-12 100 Free	4	15	-1.36
1:12.54L	P # 30A	Female 11-12 100 Free	4	---	-1.36
1:24.52L	P # 37A	Female 11-12 100 Back	6	---	2.28
1:25.07L	F # 37A	Female 11-12 100 Back	6	13	2.83
<b>Emily Laidman (12) F</b>					
46.76L	P # 24A	Female 11-12 50 Back	22	---	-2.29
1:50.22L	P # 27A	Female 11-12 100 Breast	20	---	-7.53
1:51.00L	F # 27A	Female 11-12 100 Breast	16	1	-6.75
1:29.85L	P # 30A	Female 11-12 100 Free	40	---	-1.67
1:45.98L	P # 37A	Female 11-12 100 Back	37	---	-2.09
<b>Kali Lancaster (9) F</b>					
3:38.58L	F # 1A	Female 10 & Under 200 Free	20	---	-1.71
57.90L	F # 4A	Female 10 & Under 50 Breast	14	3	-0.21
1:46.76L	F # 10A	Female 10 & Under 100 Back	10	7	5.39
43.75L	F # 13A	Female 10 & Under 50 Free	21	---	3.53

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

NRST 7th Annual Spring Sprint 25-May-13 to 26-May-13 LC Meters

Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Lia Lancaster (12) F (00)</b>					
2:35.29L	P # 2A	Female 11-12 200 Free	3	---	-7.00
1:37.39L	P # 8A	Female 11-12 100 Fly	14	---	0.42
31.84L	P # 14A	Female 11-12 50 Free	1	---	0.05
NS	P # 16A	Female 11-12 200 Breast	---	---	---
<b>Kaleb Lee (10) M</b>					
1:01.02L	F # 4B	Male 10 & Under 50 Breast	9	9	-4.87
2:12.11L DQ	F # 10B	Male 10 & Under 100 Back	---	---	---
53.22L	F # 13B	Male 10 & Under 50 Free	20	---	-2.21
1:01.10L	F # 23B	Male 10 & Under 50 Back	20	---	0.34
2:20.43L	F # 26B	Male 10 & Under 100 Breast	11	6	-3.38
2:06.12L	F # 29B	Male 10 & Under 100 Free	18	---	-7.23
<b>Katie Lee (10) F</b>					
58.85L	F # 4A	Female 10 & Under 50 Breast	20	---	-2.22
2:06.23L	F # 10A	Female 10 & Under 100 Back	32	---	-0.06
44.10L	F # 13A	Female 10 & Under 50 Free	23	---	-1.18
53.46L	F # 23A	Female 10 & Under 50 Back	27	---	-0.29
2:17.36L	F # 26A	Female 10 & Under 100 Breast	18	---	0.28
1:46.38L	F # 29A	Female 10 & Under 100 Free	28	---	-6.58
1:00.08L	F # 32A	Female 10 & Under 50 Fly	21	---	---
<b>Anna Letkeman (14) F (00)</b>					
2:21.84L	F # 2B	Female 13-14 200 Free	2	17	0.06
2:22.21L	P # 2B	Female 13-14 200 Free	2	---	0.43
45.14L	P # 5B	Female 13-14 50 Breast	12	---	-9.82
2:37.55L	F # 11B	Female 13-14 200 Back	1	20	0.03
2:39.42L	P # 11B	Female 13-14 200 Back	2	---	1.90
30.90L	F # 14B	Female 13-14 50 Free	3	16	0.18
31.25L	P # 14B	Female 13-14 50 Free	5	---	0.53
35.71L	F # 18B	200 Medley Relay Lead Off	---	---	1.18
2:48.65L	F # 21B	Female 13-14 200 IM	2	17	0.93
2:49.99L	P # 21B	Female 13-14 200 IM	3	---	2.27
1:40.32L	P # 27B	Female 13-14 100 Breast	13	---	4.73
1:06.52L	F # 30B	Female 13-14 100 Free	2	17	0.18
1:07.83L	P # 30B	Female 13-14 100 Free	4	---	1.49
36.32L	P # 33B	Female 13-14 50 Fly	5	---	0.13
36.40L	F # 33B	Female 13-14 50 Fly	4	15	0.21
<b>Mary MacDonald (9) F</b>					
1:01.25L	F # 23A	Female 10 & Under 50 Back	35	---	-0.02
1:53.58L	F # 29A	Female 10 & Under 100 Free	34	---	-8.44
1:01.35L	F # 32A	Female 10 & Under 50 Fly	23	---	---

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

NRST 7th Annual Spring Sprint 25-May-13 to 26-May-13 LC Meters

Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Skyla MacDonald (9) F</b>					
3:29.60L	F # 1A	Female 10 & Under 200 Free	15	2	2.72
1:04.15L	F # 4A	Female 10 & Under 50 Breast	27	---	-0.65
1:51.42L	F # 10A	Female 10 & Under 100 Back	19	---	7.72
43.40L	F # 13A	Female 10 & Under 50 Free	20	---	1.18
4:01.86L	F # 20A	Female 10 & Under 200 IM	12	5	-6.66
51.35L	F # 23A	Female 10 & Under 50 Back	22	---	0.75
1:34.69L	F # 29A	Female 10 & Under 100 Free	14	3	-2.38
1:04.13L	F # 32A	Female 10 & Under 50 Fly	24	---	-0.04
42.17L	F # 39A	200 Free Relay Lead Off	---	---	-0.05
<b>Ana MacLeod (17) F (00)</b>					
2:21.66L	F # 2C	Female 15 & Over 200 Free	2	17	-4.08
2:27.45L	P # 2C	Female 15 & Over 200 Free	5	---	1.71
1:15.27L	F # 8C	Female 15 & Over 100 Fly	3	16	-2.76
1:20.00L	P # 8C	Female 15 & Over 100 Fly	7	---	1.97
30.48L	F # 14C	Female 15 & Over 50 Free	2	17	-0.22
32.33L	P # 14C	Female 15 & Over 50 Free	8	---	1.63
40.68L	F # 24C	Female 15 & Over 50 Back	2	17	1.46
42.30L	P # 24C	Female 15 & Over 50 Back	2	---	3.08
1:06.37L	F # 30C	Female 15 & Over 100 Free	2	17	-0.94
1:08.68L	P # 30C	Female 15 & Over 100 Free	4	---	1.37
34.51L	F # 33C	Female 15 & Over 50 Fly	3	16	1.01
34.61L	P # 33C	Female 15 & Over 50 Fly	3	---	1.11
2:50.19L	F # 35C	Female 15 & Over 200 Fly	1	20	-14.90
2:53.48L	P # 35C	Female 15 & Over 200 Fly	1	---	-11.61
30.46L	F # 39C	200 Free Relay Lead Off	---	---	-0.24
<b>Jane Maycock (11) F</b>					
3:05.04L	P # 2A	Female 11-12 200 Free	35	---	1.71
3:15.18L DQ	P # 11A	Female 11-12 200 Back	---	---	---
37.16L	P # 14A	Female 11-12 50 Free	30	---	-1.41
3:35.87L	P # 21A	Female 11-12 200 IM	27	---	3.53
42.83L	F # 24A	Female 11-12 50 Back	12	5	-0.87
44.84L	P # 24A	Female 11-12 50 Back	18	---	1.14
1:24.04L	P # 30A	Female 11-12 100 Free	27	---	-0.68
1:35.31L	P # 37A	Female 11-12 100 Back	25	---	-1.47

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

NRST 7th Annual Spring Sprint 25-May-13 to 26-May-13 LC Meters

Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Fionnuala McKenna (12) F (00)</b>					
2:46.52L	P # 2A	Female 11-12 200 Free	13	---	2.12
2:46.85L	F # 2A	Female 11-12 200 Free	12	5	2.45
1:34.49L	F # 8A	Female 11-12 100 Fly	10	7	2.57
1:37.21L	P # 8A	Female 11-12 100 Fly	13	---	5.29
3:13.86L	P # 11A	Female 11-12 200 Back	15	---	-7.56
3:17.92L	F # 11A	Female 11-12 200 Back	13	4	-3.50
32.49L	F # 14A	Female 11-12 50 Free	3	16	1.03
32.96L	P # 14A	Female 11-12 50 Free	4	---	1.50
3:08.41L	F # 21A	Female 11-12 200 IM	10	7	-3.97
3:13.63L	P # 21A	Female 11-12 200 IM	12	---	1.25
40.72L	P # 24A	Female 11-12 50 Back	7	---	-0.21
40.81L	F # 24A	Female 11-12 50 Back	6	13	-0.12
1:10.34L	F # 30A	Female 11-12 100 Free	3	16	0.43
1:10.66L	P # 30A	Female 11-12 100 Free	2	---	0.75
38.96L	P # 33A	Female 11-12 50 Fly	5	---	2.89
39.51L	F # 33A	Female 11-12 50 Fly	7	12	3.44
<b>Sydney Meldrum (9) F</b>					
55.34L	F # 4A	Female 10 & Under 50 Breast	8	11	-2.72
1:49.43L	F # 10A	Female 10 & Under 100 Back	12	5	0.82
45.58L	F # 13A	Female 10 & Under 50 Free	29	---	0.79
48.69L	F # 23A	Female 10 & Under 50 Back	12	5	-1.65
2:01.42L	F # 26A	Female 10 & Under 100 Breast	10	7	-5.10
1:46.88L	F # 29A	Female 10 & Under 100 Free	29	---	1.98
<b>Darius Morrison (10) M</b>					
3:03.28L	F # 1B	Male 10 & Under 200 Free	4	15	-27.64
1:55.42L	F # 7B	Male 10 & Under 100 Fly	5	14	3.90
1:30.23L	F # 10B	Male 10 & Under 100 Back	2	17	-0.17
36.27L	F # 13B	Male 10 & Under 50 Free	3	16	0.44
3:22.99L	F # 20B	Male 10 & Under 200 IM	2	17	4.37
40.84L	F # 23B	Male 10 & Under 50 Back	1	20	-0.87
1:51.44L	F # 26B	Male 10 & Under 100 Breast	4	15	-7.07
1:25.25L	F # 29B	Male 10 & Under 100 Free	3	16	2.17
36.07L	F # 40A	200 Free Relay Lead Off	---	---	0.24

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

NRST 7th Annual Spring Sprint 25-May-13 to 26-May-13 LC Meters

Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Mackenzie Mueller (12) F</b>					
3:00.31L	P # 2A	Female 11-12 200 Free	29	---	3.17
1:50.49L	P # 8A	Female 11-12 100 Fly	18	---	-8.65
1:54.76L	F # 8A	Female 11-12 100 Fly	16	1	-4.38
3:13.80L	P # 11A	Female 11-12 200 Back	14	---	5.80
3:19.63L	F # 11A	Female 11-12 200 Back	14	3	11.63
37.79L	P # 14A	Female 11-12 50 Free	34	---	-1.98
43.77L	F # 18A	200 Medley Relay Lead Off	---	---	1.31
42.49L	P # 24A	Female 11-12 50 Back	12	---	0.03
43.62L	F # 24A	Female 11-12 50 Back	15	2	1.16
1:22.76L	P # 30A	Female 11-12 100 Free	25	---	-2.63
45.22L	F # 33A	Female 11-12 50 Fly	11	6	-8.10
45.72L	P # 33A	Female 11-12 50 Fly	14	---	-7.60
1:33.78L	P # 37A	Female 11-12 100 Back	20	---	-0.27
1:34.20L	F # 37A	Female 11-12 100 Back	15	2	0.15
37.22L	F # 39A	200 Free Relay Lead Off	---	---	-2.55
<b>Michael Schmidt (10) M (00)</b>					
2:35.26L	F # 1B	Male 10 & Under 200 Free	1	20	-12.39
1:32.42L	F # 7B	Male 10 & Under 100 Fly	1	20	-2.13
3:14.61L	P # 12	Male 11 & Over 200 Back	7	---	---
32.76L	F # 13B	Male 10 & Under 50 Free	1	20	0.37
<b>Reka Sikli (13) F</b>					
42.55L	P # 5B	Female 13-14 50 Breast	6	---	-0.70
43.78L	F # 5B	Female 13-14 50 Breast	8	11	0.53
1:46.92L	P # 8B	Female 13-14 100 Fly	14	---	-13.23
3:00.65L	P # 11B	Female 13-14 200 Back	8	---	-0.74
3:04.01L	F # 11B	Female 13-14 200 Back	8	11	2.62
3:29.36L	P # 16B	Female 13-14 200 Breast	8	---	0.42
3:31.06L	F # 16B	Female 13-14 200 Breast	8	11	2.12
3:11.63L	P # 21B	Female 13-14 200 IM	13	---	0.40
1:36.06L	P # 27B	Female 13-14 100 Breast	11	---	1.91
42.68L	P # 33B	Female 13-14 50 Fly	10	---	-3.30
1:28.11L	P # 37B	Female 13-14 100 Back	13	---	3.51
35.70L	F # 39B	200 Free Relay Lead Off	---	---	0.61
<b>Mikaela Smyth (13) F</b>					
3:22.52L	P # 2B	Female 13-14 200 Free	25	---	---
1:56.15L	P # 8B	Female 13-14 100 Fly	16	---	---
39.65L	P # 14B	Female 13-14 50 Free	24	---	---
1:31.19L	P # 30B	Female 13-14 100 Free	24	---	---
48.70L	P # 33B	Female 13-14 50 Fly	14	---	---
4:38.64L	F # 35B	Female 13-14 200 Fly	2	17	---
4:46.75L	P # 35B	Female 13-14 200 Fly	2	---	---
2:03.63L	P # 37B	Female 13-14 100 Back	20	---	---



## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

NRST 7th Annual Spring Sprint 25-May-13 to 26-May-13 LC Meters

Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Ortansa Somosan (10) F</b>					
3:41.52L	F # 1A	Female 10 & Under 200 Free	23	---	7.84
53.79L	F # 4A	Female 10 & Under 50 Breast	4	15	2.03
1:51.22L	F # 10A	Female 10 & Under 100 Back	18	---	0.14
41.80L	F # 13A	Female 10 & Under 50 Free	14	3	-0.78
50.06L	F # 23A	Female 10 & Under 50 Back	17	---	-0.48
1:57.28L	F # 26A	Female 10 & Under 100 Breast	7	12	4.20
1:36.64L	F # 29A	Female 10 & Under 100 Free	16	1	-4.27
<b>Anna Stebeck (12) F (00)</b>					
2:51.07L	P # 2A	Female 11-12 200 Free	17	---	-1.11
2:52.45L	F # 2A	Female 11-12 200 Free	16	1	0.27
1:52.24L	P # 8A	Female 11-12 100 Fly	21	---	-2.42
37.34L	P # 14A	Female 11-12 50 Free	31	---	0.96
3:30.89L	P # 21A	Female 11-12 200 IM	26	---	2.62
1:17.99L	P # 30A	Female 11-12 100 Free	17	---	-0.77
1:44.20L DQ	P # 37A	Female 11-12 100 Back	---	---	---
<b>Jemma Stevens (9) F</b>					
3:45.61L	F # 1A	Female 10 & Under 200 Free	26	---	0.96
1:04.63L	F # 4A	Female 10 & Under 50 Breast	29	---	-1.83
1:49.61L	F # 10A	Female 10 & Under 100 Back	14	3	4.21
43.13L	F # 13A	Female 10 & Under 50 Free	18	---	0.90
4:08.50L DQ	F # 20A	Female 10 & Under 200 IM	---	---	---
50.35L	F # 23A	Female 10 & Under 50 Back	19	---	1.80
1:41.51L	F # 29A	Female 10 & Under 100 Free	24	---	-1.14
59.73L	F # 32A	Female 10 & Under 50 Fly	20	---	-4.03
<b>Andrew Sun (13) M</b>					
3:09.29L	P # 3B	Male 13-14 200 Free	16	---	---
3:20.84L	P # 12B	Male 13-14 200 Back	13	---	---
37.81L	P # 15B	Male 13-14 50 Free	19	---	-23.04
1:55.28L	F # 28B	Male 13-14 100 Breast	7	12	---
1:57.43L	P # 28B	Male 13-14 100 Breast	7	---	---
1:24.78L	P # 31B	Male 13-14 100 Free	13	---	---
45.46L	P # 34B	Male 13-14 50 Fly	4	---	---
1:03.40L	F # 34B	Male 13-14 50 Fly	3	16	---
1:38.69L	P # 38B	Male 13-14 100 Back	13	---	---

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

NRST 7th Annual Spring Sprint 25-May-13 to 26-May-13 LC Meters

Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Ava Tarrant (11) F (00)</b>					
2:57.75L	P # 2A	Female 11-12 200 Free	28	---	-15.21
3:16.36L	P # 11A	Female 11-12 200 Back	19	---	---
34.19L	F # 14A	Female 11-12 50 Free	12	5	0.59
34.46L	P # 14A	Female 11-12 50 Free	14	---	0.86
3:19.93L	P # 21A	Female 11-12 200 IM	21	---	2.91
1:23.12L	P # 30A	Female 11-12 100 Free	26	---	2.19
1:31.36L	F # 37A	Female 11-12 100 Back	11	6	0.11
1:33.33L	P # 37A	Female 11-12 100 Back	19	---	2.08
<b>Sophie Tarrant (12) F (00)</b>					
39.92L	F # 5A	Female 11-12 50 Breast	1	20	0.59
40.16L	P # 5A	Female 11-12 50 Breast	1	---	0.83
1:22.22L	F # 8A	Female 11-12 100 Fly	1	20	1.51
1:23.36L	P # 8A	Female 11-12 100 Fly	1	---	2.65
2:53.46L	F # 11A	Female 11-12 200 Back	2	17	-1.17
2:54.17L	P # 11A	Female 11-12 200 Back	2	---	-0.46
3:03.10L	F # 16A	Female 11-12 200 Breast	1	20	-0.47
3:06.09L	P # 16A	Female 11-12 200 Breast	1	---	2.52
2:46.16L	F # 21A	Female 11-12 200 IM	1	20	-2.70
2:49.74L	P # 21A	Female 11-12 200 IM	1	---	0.88
38.53L	F # 24A	Female 11-12 50 Back	2	17	-10.83
38.90L	P # 24A	Female 11-12 50 Back	2	---	-10.46
1:25.40L	F # 27A	Female 11-12 100 Breast	1	20	-0.43
1:25.60L	P # 27A	Female 11-12 100 Breast	1	---	-0.23
35.34L	F # 33A	Female 11-12 50 Fly	1	20	-1.31
36.42L	P # 33A	Female 11-12 50 Fly	2	---	-0.23
33.00L	F # 39A	200 Free Relay Lead Off	---	---	0.67
<b>Riley Tesch (15) F (00)</b>					
2:30.64L	P # 2C	Female 15 & Over 200 Free	7	---	-9.02
2:32.34L	F # 2C	Female 15 & Over 200 Free	8	11	-7.32
42.47L	P # 5C	Female 15 & Over 50 Breast	5	---	1.03
43.11L	F # 5C	Female 15 & Over 50 Breast	4	15	1.67
1:19.07L	P # 8C	Female 15 & Over 100 Fly	5	---	-2.73
1:22.26L	F # 8C	Female 15 & Over 100 Fly	8	11	0.46
3:12.95L	P # 16C	Female 15 & Over 200 Breast	4	---	0.52
3:15.98L	F # 16C	Female 15 & Over 200 Breast	4	15	3.55
<b>Michaela Vandenharn (10) F</b>					
1:05.48L	F # 4A	Female 10 & Under 50 Breast	30	---	-2.01
2:08.05L	F # 10A	Female 10 & Under 100 Back	33	---	-2.84
58.61L	F # 13A	Female 10 & Under 50 Free	39	---	-0.19
57.82L	F # 23A	Female 10 & Under 50 Back	33	---	-2.28
2:19.57L	F # 26A	Female 10 & Under 100 Breast	21	---	-2.96
2:04.70L	F # 29A	Female 10 & Under 100 Free	37	---	---

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

NRST 7th Annual Spring Sprint 25-May-13 to 26-May-13 LC Meters

Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Victoria von Sacken Nash (13) F (00)</b>					
2:38.24L	P # 2B	Female 13-14 200 Free	15	---	-2.02
2:39.84L	F # 2B	Female 13-14 200 Free	13	4	-0.42
39.05L	F # 5B	Female 13-14 50 Breast	2	17	-1.43
40.01L	P # 5B	Female 13-14 50 Breast	1	---	-0.47
33.82L	P # 14B	Female 13-14 50 Free	17	---	-0.07
33.83L	F # 14B	Female 13-14 50 Free	15	2	-0.06
3:09.21L	F # 16B	Female 13-14 200 Breast	3	16	-3.11
3:09.82L	P # 16B	Female 13-14 200 Breast	2	---	-2.50
2:56.22L	F # 21B	Female 13-14 200 IM	6	13	-4.11
2:57.18L	P # 21B	Female 13-14 200 IM	6	---	-3.15
1:26.23L	P # 27B	Female 13-14 100 Breast	2	---	-1.10
1:26.24L	F # 27B	Female 13-14 100 Breast	2	17	-1.09
1:13.26L	P # 30B	Female 13-14 100 Free	16	---	0.28
1:14.60L	F # 30B	Female 13-14 100 Free	12	5	1.62
39.70L	P # 33B	Female 13-14 50 Fly	9	---	-2.32
40.19L	F # 33B	Female 13-14 50 Fly	8	11	-1.83
<b>Tabitha Zammit (14) F (00)</b>					
42.51L	F # 5B	Female 13-14 50 Breast	4	15	1.20
43.38L	P # 5B	Female 13-14 50 Breast	9	---	2.07
1:26.41L	F # 8B	Female 13-14 100 Fly	6	13	-1.18
1:29.92L	P # 8B	Female 13-14 100 Fly	10	---	2.33
3:04.93L	P # 11B	Female 13-14 200 Back	10	---	12.64
3:08.19L	F # 16B	Female 13-14 200 Breast	2	17	0.14
3:13.57L	P # 16B	Female 13-14 200 Breast	4	---	5.52
42.33L	F # 18C	200 Medley Relay Lead Off	---	---	2.65