## UVic - Pacific Coast Swimming Assoc.

### **Individual Meet Results**

#### VPSC Dash for Cash 26-Jan-13 SC Meters Location: UBC Aquatic Centre UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

X 1:02.72S       F # 29       Female 14 & Under 100 Free         -1.3         5:09.44S       F # 30       Female 400 IM       4       15       5.33         X 2:355.3S       F # 61       Female 14 & Under 200 Back         5.2         Allison Ballantyre (13) F (00)       3       Female 14 & Under 200 Back         0.2         X 1:17.17S       F # 11       Female 100 Free         0.2         X 1:10.51S       F # 31       Female 100 Free         0.2         X 1:27.31S       F # 43       Female 100 Free         2.0         2.45.13S       F # 61       Female 100 Free         2.0         1.103.400S       F # 31       Female 100 Free       7       12       10.2         1.103.400S       F # 33       Female 100 Free       7       12       0.5         5.17.43S       F # 39       Female 200 Breast       3       16       3.3         2.39.94S       F # 61       Female 200 Breast         3.1         1.05.57S       F # 11       Female 14 & Under 100 Back       2       17 <t< th=""><th>Time</th><th>F/P/S</th><th>Event</th><th>Place</th><th>Points</th><th>Improv</th></t<>	Time	F/P/S	Event	Place	Points	Improv
1:16.25S       F # 17       Fernale 14 & Under 100 Breast       2       17       0.1         X 1:02,72S       F # 29       Fernale 14 & Under 100 Free        -1.3         5:09,44S       F # 39       Fernale 400 IM       4       15       5.33         X 2:35,53S       F # 61       Fernale 14 & Under 50 Free       12        0.3         X 1:17,17S       F # 11       Fernale 14 & Under 50 Free        0.2       X 1:06,91S       F # 31       Fernale 14 & Under 200 Back        0.2         X 1:06,91S       F # 31       Fernale 14 & Under 200 Pree         0.0         X 2:27,31S       F # 61       Fernale 14 & Under 200 Back       8       11       2.5         Hanna Carter (16) F (00)         2.0       2.45,13S       F # 61       Fernale 100 Free       7       12       10.2         1:03,40S       F # 31       Fernale 100 Free       7       12       0.5       5:17,43S       F # 35       Fernale 200 Back       7       12       7.7         Lauren Crisp (13) F (00)          3.16       3.3       16       3.3       16       5.2         1:05,57S       <	Jordan Andru	ısak (13) F				
X 1:02.72S       F # 29       Female 14 & Under 100 Free         -1.3         5:09.44S       F # 30       Female 40 IM       4       15       5.3         X 2:35.53S       F # 61       Female 14 & Under 200 Back         5.2         Allison Ballantyre (13) F (00)         0.3       3.1       5.1       7.1       7.1       F # 11       Female 14 & Under 200 Back         0.2         X 1:07.17S       F # 13       Female 100 Free         0.2       2.45.13S       F # 43       Female 100 Free         0.2         2.45.13S       F # 43       Female 14 & Under 200 Back       8       11       2.5         Hanna Carter (16) F (00)         1.0       2.02       1:10.77S       F # 25       Female 100 Free       7       12       10.2         1:03.400S       F # 31       Female 100 Free       7       12       0.5       5:17.43       F # 33       Female 200 Breast       3       16       3.3         2:39.94S       F # 57       Female 200 Breast         3.1       1:09.42       4.8       11       6.5 <td< td=""><td>X 1:12.62S</td><td>F # 11</td><td>Female 14 &amp; Under 100 Back</td><td></td><td></td><td></td></td<>	X 1:12.62S	F # 11	Female 14 & Under 100 Back			
5:09.44S       F # 39       Female 14 & Under 200 Back         5.23         Allison Ballantyne (13)       F (00)         5.2         30.60S       P # 3       Female 14 & Under 50 Free       12        0.3         X 1:17.17S       F # 11       Female 14 & Under 100 Back         0.2         X 1:05.91S       F # 43       Female 14 & Under 200 Free         0.2         2:45.13S       F # 61       Female 14 & Under 200 Back       8       11       2.5         Hanna Carter (16) F (00)         10       2.5       11       10.7       F # 7       Female 100 Free       7       12       10.2         1:10.77.8       F # 31       Female 100 Free       7       12       0.5       5:17.43S       F # 39       Female 100 Free       7       12       0.5         5:17.43S       F # 63       Female 200 Breast       3       16       3.3       2.3       2.3       7.7       7       2       7.7         Lauren Crisp (13) F (00)         3.1       1.0       3       1.6       -5.02         1:05.57S       F # 11 <td< td=""><td>1:16.25S</td><td>F # 17</td><td>Female 14 &amp; Under 100 Breast</td><td>2</td><td>17</td><td>0.15</td></td<>	1:16.25S	F # 17	Female 14 & Under 100 Breast	2	17	0.15
X 2:35:53S       F # 61       Female 14 & Under 200 Back         5:2         Allison Ballantyne (13) F (00)         0.3       0.60S       P # 3       Female 14 & Under 50 Free       12        0.2         X 1:17.17; F # 11       Female 14 & Under 200 Back         0.2         X 1:06.91S       F # 31       Female 14 & Under 200 Free         0.0         Z:45.13S       F # 61       Female 14 & Under 200 Back       8       11       2.5         Hanna Carter (16) F       (00)         12       0.02         4:40.78S       F # 7       Female 100 Free       7       12       0.2         1:10.77S       F # 25       Female 100 Free       7       12       0.2         1:10.77S       F # 25       Female 100 Free       7       12       0.5         5:17.43S       F # 31       Female 200 Breast       3       16       3.3         2:39.94S       F # 63       Female 14 & Under 100 Back       2       17       -0.2         X 1:23.40S       F # 11       Female 14 & Under 100 Breast         3.1         1:09.42S       F #	X 1:02.72S	F # 29	Female 14 & Under 100 Free			-1.30
Allison Ballantyne (13) F (00) $30.60S$ P # 3       Female 14 & Under 50 Free $12$ $$ $0.3$ X 1:17.17S       F # 11       Female 14 & Under 100 Back $$ $$ $0.0$ X 1:20.51       F # 43       Female 14 & Under 200 Free $$ $$ $0.0$ 2:27.31S       F # 61       Female 14 & Under 200 Free $$ $$ $0.0$ 2:45.13S       F # 61       Female 100 Free $7$ $12$ $0.02$ 4:46.78S       F # 7       Female 100 Free $7$ $12$ $0.02$ 1:10.77S       F # 25       Female 100 Free $7$ $12$ $0.5$ 5:17.43S       F # 31       Female 100 Pree $7$ $12$ $0.5$ 5:17.43S       F # 31       Female 400 M $6$ $13$ $11.4$ 2:33.94S       F # 63       Female 200 Breast $3$ $16$ $3.3$ 2:39.94S       F # 11       Female 14 & Under 100 Back $2$ $17$ $-0.2$ X 1:23.40S       F # 11       Female 14 & Under 100 Breast $$ $$ $3.16$ 1:09.42S	5:09.44S	F # 39	Female 400 IM	4	15	5.34
30.60SP # 3Female 14 & Under 50 Free120.3X 1:17,17SF # 11Female 14 & Under 100 Back0.2X 1:06.91SF # 31Female 100 Free0.0X:2:7,31SF # 43Female 14 & Under 200 Back8112.5Hanna Carter (16)F (00)0.22:45.13SF # 61Female 14 & Under 200 Back8112.5Hanna Carter (16)F (00)0.212.21:10.77SF # 7Female 400 Free7120.21:03.40SF # 31Female 100 Free7120.55:17.43SF # 39Female 400 IM61311.42:43.73SF # 53Female 200 Breast3163.32:30.94SF # 63Female 200 Breast3.11:05.57SF # 11Female 14 & Under 100 Back2170.21:17.1SP # 35Female 14 & Under 100 Breast4.805:21.57SF # 39Female 14 & Under 100 Breast1:09.42SF # 39Female 14 & Under 100 Breast1:109.42SF # 35Female 14 & Under 100 Breast1:09.42SF # 39Female 14 & Under 200 Free3161:101.04SF # 39Female 14 & Under 200 Free3162:15.73SF	X 2:35.53S	F # 61	Female 14 & Under 200 Back			5.29
X 1:17.17S       F # 11       Female 14 & Under 100 Back         0.2         X 1:06.91S       F # 31       Female 100 Free        0.0         X 2:07.31S       F # 43       Female 14 & Under 200 Free        0.0         2:45.13S       F # 61       Female 14 & Under 200 Back       8       11       2.5         Hanna Carter (16)       F (00)       4       15       -2.1         4:46.78S       F # 7       Female 100 Free       7       12       10.2         1:10.77S       F # 25       Female 100 Free       7       12       0.5         5:17.43S       F # 31       Female 100 Free       7       12       0.5         5:17.43S       F # 31       Female 200 Breast       3       16       3.3         2:39.94S       F # 63       Female 100 Breast         3.1         1:05.57S       F # 11       Female 14 & Under 100 Breast         3.16       -50.2         1:10.9.42S       F # 35       Female 14 & Under 100 IM       3       16       -50.2          3.16	Allison Ballar	ntyne (13) F (0	0)			
X 1:06.91S       F # 31       Female 100 Free         1.0         X 2:27.31S       F # 43       Female 14 & Under 200 Free         2.0         2:45.13S       F # 61       Female 14 & Under 200 Back       8       11       2.5         Hanna Carter (16)       F (00)         12       0.0         4:46.78S       F # 7       Female 400 Free       7       12       0.0         1:10.77S       F # 25       Female 100 Free       7       12       0.5         5:17.43S       F # 31       Female 100 Free       7       12       0.5         5:17.43S       F # 39       Female 200 Breast       3       16       3.3         2:39.94S       F # 63       Female 200 Breast       7       12       7.7         Lauren Crisp (13) F       F       60       13        3.1       1.0       2.3       7.7       2.2       7.7         Lauren Crisp (13) F       C00       Breade 14 & Under 100 Back       2       17       -0.2       7.3       1.1       1.0       2.3       1.6       -5.2       2.1       7.5       F # 35       Female 14 & Under 100 Breast        -				12		0.39
X 2:27.31S       F # 43       Female 14 & Under 200 Free         2.0         2:45.13S       F # 61       Female 14 & Under 200 Back       8       11       2.5         Hanna Carter (16)       F (00)          2.0         4:46.78S       F # 7       Female 100 Free       7       12       10.2         1:10.77S       F # 25       Female 100 Free       7       12       0.5         5:17.43S       F # 39       Female 100 Free       7       12       0.5         5:17.43S       F # 57       Female 200 Breast       3       16       3.3         2:39.94S       F # 63       Female 200 Back       2       17       0.20         X 1:23.40S       F # 11       Female 14 & Under 100 Back       2       17       0.20         X 1:23.40S       F # 17       Female 14 & Under 100 Breast         3.1         1:09.42S       F # 35       Female 14 & Under 100 IM       3       1-6       5.02         1:1.17.1S       P # 35       Female 14 & Under 100 IM       3       1-6       5.02         5:21.57S       F # 39       Female 14 & Under 200 Free <td< td=""><td>X 1:17.17S</td><td>F # 11</td><td>Female 14 &amp; Under 100 Back</td><td></td><td></td><td>0.21</td></td<>	X 1:17.17S	F # 11	Female 14 & Under 100 Back			0.21
2:45.13SF # 61Female 14 & Under 200 Back8112.5Hanna Carter (16) F (00)4:46.78SF # 7Female 400 Free71210.21:10.77SF # 25Female 100 Fly415-2.11:03.40SF # 31Female 100 Free7120.55:17.43SF # 39Female 200 Breast3163.32:39.94SF # 63Female 200 Breast3163.32:39.94SF # 63Female 14 & Under 100 Back217-0.2X 1:23.40SF # 11Female 14 & Under 100 Breast3.11:09.42SF # 35Female 14 & Under 100 IM316-50.21:11.171SP # 35Female 14 & Under 100 IM348.05:21.57SF # 39Female 14 & Under 200 Fly6132.2NSF # 61Female 14 & Under 200 Fly6132.2NSF # 61Female 14 & Under 200 Fly6132.2NSF # 61Female 14 & Under 200 Fly613Molly Gowans (13) F2:15.42SF # 43Female 14 & Under 200 Free3161:01.04SF # 29Female 14 & Under 200 Free3161:01.04SF # 29Female 14 & Under 200 Free3162:29.96SF # 61Female 14 & Under 200 Free3162:	X 1:06.91S	F # 31	Female 100 Free			1.04
Hanna Carter (16) F (00)4:46.78SF # 7Female 400 Free71210.21:10.77SF # 25Female 100 Fly415-2.11:03.40SF # 31Female 100 Free7120.55:17.43SF # 39Female 400 IM61311.42:43.73SF # 53Female 200 Breast3163.32:39.94SF # 63Female 200 Breast217-0.21:05.57SF # 11Female 14 & Under 100 Breast1:05.57SF # 17Female 14 & Under 100 Breast1:09.42SF # 35Female 14 & Under 100 IM316-5.021:1.171SP # 35Female 14 & Under 100 IM348.05:21.57SF # 39Female 14 & Under 200 Fly6132.2NSF # 61Female 14 & Under 200 Fly6132.2NSF # 61Female 14 & Under 200 Fly6131:08.61SF # 11Female 14 & Under 200 Back1:08.61SF # 11Female 14 & Under 200 Free3161:0.04SF # 29Female 14 & Under 100 Back4152:15.42SF # 43Female 14 & Under 200 Free3162:29.96SF # 61Female 14 & Under 200 Free3162:15.42SF # 43Female 14 & Under 200 Free3162:29	X 2:27.31S	F # 43	Female 14 & Under 200 Free			2.09
4:46.78SF#7Female 400 Free71210.21:10.77SF#25Female 100 Fly415-2.11:03.40SF#31Female 100 Free7120.55:17.43SF#39Female 400 IM61311.42:43.73SF#57Female 200 Breast3163.32:39.94SF#61311.42:43.73SF#17Female 200 Back7127.7Lauren Crisp (13) F(00)Image: 100 Back217-0.2X 1:23.40SF#17Female 14 & Under 100 Back217-0.2X 1:23.40SF#17Female 14 & Under 100 Breast3.11:09.42SF#35Female 14 & Under 100 IM316-50.21:11.71SP#35Female 14 & Under 100 IM316-50.21:11.71SP#35Female 14 & Under 200 Fly6132.2NSF#40 IM316NSF#11Female 14 & Under 200 Fly613NSF#11Female 14 & Under 200 Back1:01.04SF#29Female 14 & Under 200 Free3161:01.04SF#29Female 14	2:45.13S	F # 61	Female 14 & Under 200 Back	8	11	2.56
4:46.78SF#7Female 400 Free71210.21:10.77SF#25Female 100 Fly415-2.11:03.40SF#31Female 100 Free7120.55:17.43SF#39Female 400 IM61311.42:43.73SF#57Female 200 Breast3163.32:39.94SF#61311.42:43.73SF#11Female 200 Back7127.7Lauren Crisp (13) F(00)Image: 100 Breast3.11:05.57SF#11Female 14 & Under 100 Back217-0.2X1:23.40SF#17Female 14 & Under 100 Breast3.11:09.42SF#35Female 14 & Under 100 IM316-50.21:11.71SP#35Female 14 & Under 100 IM316-50.21:11.71SP#35Female 14 & Under 200 Fly6132.2NSF#41Bemale 14 & Under 200 Fly613NSF#11Female 14 & Under 200 Fly6131:01.04SF#19Female 14 & Under 200 Free3161:01.04SF#29Female 14 & Under 200 Free3162:15.42SF	Hanna Cartei	r (16) F (00)				
1:03.40SF # 31Female 100 Free7120.55:17.43SF # 39Female 400 IM61311.42:43.73SF # 57Female 200 Breast3163.32:39.94SF # 63Female 200 Back7127.7Lauren Crisp (13) F (00)1:05.57SF # 11Female 14 & Under 100 Back217-0.2X 1:23.40SF # 17Female 14 & Under 100 Breast3.11:09.42SF # 35Female 14 & Under 100 IM34805:21.57SF # 39Female 14 & Under 100 IM34805:21.57SF # 39Female 14 & Under 200 Fly6132.22NSF # 61Female 14 & Under 200 Fly6132.22NSF # 61Female 14 & Under 200 BackMolly Gowans (13) F4400 Free3161:08.61SF # 11Female 14 & Under 200 Back4151:08.61SF # 11Female 14 & Under 200 Free3162:15.42SF # 43Female 14 & Under 200 Free3162:29.96SF # 61Female 14 & Under 200 Free3162:29.96SF # 23Female 14 & Under 100 Fly4.3X 1:07.16SF # 29Female 14 & Under 100 Free2.42:52.89S <td></td> <td></td> <td>Female 400 Free</td> <td>7</td> <td>12</td> <td>10.21</td>			Female 400 Free	7	12	10.21
5:17.43SF # 39Female 400 IM61311.4 $2:43.73S$ F # 57Female 200 Breast3163.3 $2:39.94S$ F # 63Female 200 Back7127.7Lauren Crisp (13) F (00)I100 Sreast7127.7 $1:05.57S$ F # 11Female 14 & Under 100 Back217-0.2X 1:23.40SF # 17Female 14 & Under 100 Breast3.1 $1:09.42S$ F # 35Female 14 & Under 100 IM316-50.2 $1:11.71S$ P # 35Female 400 IM348.0 $5:21.57S$ F # 49Female 14 & Under 200 Fly6132.2NSF # 61Female 14 & Under 200 Fly6132.2NSF # 61Female 14 & Under 200 BackMolly Gowans (13) F $1:08.61S$ F # 11Female 14 & Under 100 Back415 $1:08.61S$ F # 11Female 14 & Under 100 Free316 $2:29.96S$ F # 61Female 14 & Under 200 Back415 $2:29.96S$ F # 61Female 14 & Under 200 Back415 $2:29.96S$ F # 61Female 14 & Under 200 Back415 $2:29.96S$ F # 61Female 14 & Under 200 Back4.3 $1:1.45S$ F # 23 <td>1:10.77S</td> <td>F # 25</td> <td>Female 100 Fly</td> <td>4</td> <td>15</td> <td>-2.18</td>	1:10.77S	F # 25	Female 100 Fly	4	15	-2.18
5:17.43SF # 39Female 400 IM61311.4 $2:43.73S$ F # 57Female 200 Breast3163.3 $2:39.94S$ F # 63Female 200 Back7127.7Lauren Crisp (13) F (00)II105.57SF # 11Female 14 & Under 100 Back217 $-0.2$ X 1:23.40SF # 17Female 14 & Under 100 Breast $3.1$ 1:09.42SF # 35Female 14 & Under 100 IM316 $-5.0.2$ 1:11.71SP # 35Female 14 & Under 100 IM3 $-48.0$ $3.2.2$ $-7.7$ $-48.0$ $5:21.57S$ F # 49Female 14 & Under 100 IM3 $-48.0$ $3.2.2$ $-7.7$ $-48.0$ $5:21.57S$ F # 39Female 14 & Under 200 Fly613 $2.2.2$ $NS$ $F # 61$ Female 14 & Under 200 Fly613 $2.2.2$ NSF # 61Female 14 & Under 200 Back $$ $$ $$ Molly Gowans (13) F $$ $$ $$ $$ $$ 1:08.61SF # 11Female 14 & Under 100 Back415 $$	1:03.40S	F # 31	Female 100 Free	7	12	0.52
2:43.73SF# 57Female 200 Breast3163.3 $2:39.94S$ F# 63Female 200 Back7127.7Lauren Crisp (13) F(00) $1:05.57S$ F# 11Female 14 & Under 100 Back217-0.2X 1:23.40SF# 17Female 14 & Under 100 Breast3.1 $1:09.42S$ F# 35Female 14 & Under 100 IM316-50.2 $1:11.71S$ P# 35Female 14 & Under 100 IM348.0 $5:21.57S$ F# 39Female 400 IM8116.5 $2:47.37S$ F# 49Female 14 & Under 200 Fly6132.2NSF# 61Female 14 & Under 200 BackMolly Gowans (13) F $4:44.58S$ F# 7Female 14 & Under 200 Back415 $1:01.04S$ F# 29Female 14 & Under 100 Back415 $1:01.04S$ F# 29Female 14 & Under 200 Free316 $2:29.96S$ F# 61Female 14 & Under 200 Free316 $2:29.96S$ F# 61Female 14 & Under 200 Back415 $2:29.96S$ F# 61Female 14 & Under 200 Back415 $2:29.96S$ F# 61Female 14 & Under 200 Back4 <td>5:17.43S</td> <td>F # 39</td> <td>Female 400 IM</td> <td>6</td> <td>13</td> <td>11.43</td>	5:17.43S	F # 39	Female 400 IM	6	13	11.43
2:39.94SF # 63Female 200 Back7127.7Lauren Crisp (13) F (00)IF # 11Female 14 & Under 100 Back217 $-0.2$ X 1:23.40SF # 17Female 14 & Under 100 Breast $3.1$ 1:09.42SF # 35Female 14 & Under 100 IM316 $-50.2$ 1:11.71SP # 35Female 14 & Under 100 IM3 $-48.0$ 5:21.57SF # 39Female 400 IM811 $6.5$ 2:47.37SF # 49Female 14 & Under 200 Fly613 $2.2$ NSF # 61Female 14 & Under 200 Back $$ Molly Gowans (13) F $$ 4:44.58SF # 7Female 400 Free6131:00.4SF # 29Female 14 & Under 100 Back4151:01.04SF # 29Female 14 & Under 200 Free3162:15.42SF # 61Female 14 & Under 200 Back4152:29.96SF # 61Female 14 & Under 200 Back415X 1:21.45SF # 23Female 14 & Under 200 Back415X 1:21.45SF # 23Female 14 & Under 200 Back4.3X 1:07.16SF # 29Female 14 & Under 200 Free4.3X 1:07.16SF # 29Female 14 & Under 100 Free2				3		3.37
1:05.57SF#11Female 14 & Under 100 Back217 $-0.2$ X 1:23.40SF#17 $-0.2$ $3.1$ $$ $$ $3.1$ 1:09.42SF#35Female 14 & Under 100 IM316 $-50.2$ 1:11.71SP#35Female 14 & Under 100 IM3 $$ $-48.0$ 5:21.57SF#39Female 400 IM811 $6.5$ 2:47.37SF#49Female 14 & Under 200 Fly613 $2.2$ NSF#61Female 14 & Under 200 Back $$ $$ $$ Molly Gowans (13) F4:44.58SF#7Female 14 & Under 100 Back415 $$ 1:08.61SF#11Female 14 & Under 100 Free316 $$ 2:15.42SF#43Female 14 & Under 200 Free316 $$ 2:15.42SF#43Female 14 & Under 200 Free316 $$ 2:15.42SF#43Female 14 & Under 200 Free316 $$ 2:29.96SF#61Female 14 & Under 200 Back415 $$ X1:21.45SF#23Female 14 & Under 200 Back415 $$ 2:52.89SF#40Free $$ $$ 4.3X1:07.16SF#23Female 14 & Under 100 Free $$ <td>2:39.94S</td> <td></td> <td>Female 200 Back</td> <td>7</td> <td>12</td> <td>7.77</td>	2:39.94S		Female 200 Back	7	12	7.77
1:05.57SF # 11Female 14 & Under 100 Back217 $-0.2$ X 1:23.40SF # 17Female 14 & Under 100 Breast3.11:09.42SF # 35Female 14 & Under 100 IM316 $-50.2$ 1:11.71SP # 35Female 14 & Under 100 IM348.05:21.57SF # 39Female 400 IM811 $6.5$ 2:47.37SF # 49Female 14 & Under 200 Fly6132.2NSF # 61Female 14 & Under 200 BackMoly Gowans (13) F4:44.58SF # 7Female 14 & Under 100 Back4151:08.61SF # 11Female 14 & Under 100 Free3162:15.42SF # 43Female 14 & Under 200 Free3162:29.96SF # 61Female 14 & Under 200 Back415Patricia Grace Horwood(13) F (00)4.3X 1:07.16SF # 23Female 14 & Under 100 Free4.3X 1:07.16SF # 49Female 14 & Under 100 Free4.3X 1:07.16SF # 49Female 14 & Under 100 Free2.42:52.89SF # 49Female 14 & Under 200 Free2.4	Lauren Crisp	(13) F (00)				
X 1:23.40S       F # 17       Female 14 & Under 100 Breast         3.1         1:09.42S       F # 35       Female 14 & Under 100 IM       3       16       -50.2         1:11.71S       P # 35       Female 14 & Under 100 IM       3        -48.0         5:21.57S       F # 39       Female 400 IM       8       11       6.5         2:47.37S       F # 49       Female 14 & Under 200 Fly       6       13       2.2         NS       F # 61       Female 14 & Under 200 Back            Molly Gowans (13)       F              1:08.61S       F # 11       Female 14 & Under 100 Back       4       15           1:01.04S       F # 29       Female 14 & Under 100 Free       3       16           2:15.42S       F # 43       Female 14 & Under 200 Free       3       16           2:29.96S       F # 61       Female 14 & Under 200 Back       4       15           X 1:21.45S       F # 23       Female 14 & Under 100 Fly         4.3         X 1:07.1	-		Female 14 & Under 100 Back	2	17	-0.25
1:09.42SF#35Female 14 & Under 100 IM316-50.21:11.71SP#35Female 14 & Under 100 IM348.05:21.57SF#39Female 400 IM8116.52:47.37SF#49Female 14 & Under 200 Fly6132.2NSF#61Female 14 & Under 200 BackMolly Gowans (13)F4:44.58SF#7Female 14 & Under 200 Back4151:08.61SF#11Female 14 & Under 100 Back4151:01.04SF#29Female 14 & Under 100 Free3162:15.42SF#43Female 14 & Under 200 Free3162:29.96SF#61Female 14 & Under 200 Back415Patricia Grace Horwood(13)F(00)4.3X 1:07.16SF#29Female 14 & Under 100 Free2.42:52.89SF#49Female 14 & Under 200 Free2.4	X 1:23.40S	F # 17	Female 14 & Under 100 Breast			3.15
1:11.71SP # 35Female 14 & Under 100 IM348.05:21.57SF # 39Female 400 IM8116.52:47.37SF # 49Female 14 & Under 200 Fly6132.2NSF # 61Female 14 & Under 200 BackMolly Gowans (13) F $$ 4:44.58SF # 7Female 14 & Under 100 Back4151:08.61SF # 11Female 14 & Under 100 Back4151:01.04SF # 29Female 14 & Under 100 Free3162:15.42SF # 43Female 14 & Under 200 Free3162:29.96SF # 61Female 14 & Under 200 Back415Patricia Grace Horwood (13) F(00)4.3X 1:07.16SF # 23Female 14 & Under 100 Fig4.3X 1:07.16SF # 49Female 14 & Under 100 Fig2.42:52.89SF # 49Female 14 & Under 200 Fig712			Female 14 & Under 100 IM	3	16	-50.29
5:21.57SF # 39Female 400 IM8116.5 $2:47.37S$ F # 49Female 14 & Under 200 Fly6132.2NSF # 61Female 14 & Under 200 BackMolly Gowans (13)F $4:44.58S$ F # 7Female 400 Free613 $1:08.61S$ F # 11Female 14 & Under 100 Back415 $1:00.61S$ F # 29Female 14 & Under 100 Free316 $2:15.42S$ F # 43Female 14 & Under 200 Free316 $2:29.96S$ F # 61Female 14 & Under 200 Back415Patricia Grace Horwood (13) F (00)X 1:21.45SF # 23Female 14 & Under 100 Fly4.3X 1:07.16SF # 29Female 14 & Under 100 Free2.4 $2:52.89S$ F # 49Female 14 & Under 200 Fly712			Female 14 & Under 100 IM	3		-48.00
$\begin{array}{cccccccccccccccccccccccccccccccccccc$				8	11	6.53
NSF # 61Female 14 & Under 200 BackMolly Gowans (13)F $4:44.58S$ F # 7Female 400 Free613 $1:08.61S$ F # 11Female 14 & Under 100 Back415 $1:01.04S$ F # 29Female 14 & Under 100 Free316 $2:15.42S$ F # 43Female 14 & Under 200 Free316 $2:29.96S$ F # 61Female 14 & Under 200 Back415Patricia Grace Horwod (13) F (00)X 1:21.45SF # 23Female 14 & Under 100 FlyX 1:07.16SF # 29Female 14 & Under 100 Free2.4 $2:52.89S$ F # 49Female 14 & Under 200 Fly712					13	2.27
4:44.58SF # 7Female 400 Free613 $1:08.61S$ F # 11Female 14 & Under 100 Back415 $1:01.04S$ F # 29Female 14 & Under 100 Free316 $2:15.42S$ F # 43Female 14 & Under 200 Free316 $2:29.96S$ F # 61Female 14 & Under 200 Back415Patricia Grace Horwood (13) F (00)X 1:21.45SF # 23Female 14 & Under 100 Fly4.3X 1:07.16SF # 29Female 14 & Under 100 Free2.42:52.89SF # 49Female 14 & Under 200 Fly712			-			
4:44.58SF # 7Female 400 Free6131:08.61SF # 11Female 14 & Under 100 Back4151:01.04SF # 29Female 14 & Under 100 Free3162:15.42SF # 43Female 14 & Under 200 Free3162:29.96SF # 61Female 14 & Under 200 Back415Patricia Grace Horwood (13) F (00)X 1:21.45SF # 23Female 14 & Under 100 Fly4.3X 1:07.16SF # 29Female 14 & Under 100 Free2.42:52.89SF # 49Female 14 & Under 200 Fly712	Molly Gowan	s (13) F				
1:01.04S       F # 29       Female 14 & Under 100 Free       3       16          2:15.42S       F # 43       Female 14 & Under 200 Free       3       16          2:29.96S       F # 61       Female 14 & Under 200 Back       4       15          Patricia Grace Horwood (13) F (00)         X 1:21.45S       F # 23       Female 14 & Under 100 Fly        4.3         X 1:07.16S       F # 29       Female 14 & Under 100 Free        2.4         2:52.89S       F # 49       Female 14 & Under 200 Fly       7       12			Female 400 Free	6	13	
1:01.04SF # 29Female 14 & Under 100 Free3162:15.42SF # 43Female 14 & Under 200 Free3162:29.96SF # 61Female 14 & Under 200 Back415Patricia Grace Horwood (13) F (00)X 1:21.45SF # 23Female 14 & Under 100 Fly4.3X 1:07.16SF # 29Female 14 & Under 100 Free2.42:52.89SF # 49Female 14 & Under 200 Fly712	1:08.61S	F # 11	Female 14 & Under 100 Back	4	15	
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	1:01.04S		Female 14 & Under 100 Free	3		
2:29.96S       F # 61       Female 14 & Under 200 Back       4       15          Patricia Grace Horwood (13)       F (00)         4.3         X 1:21.45S       F # 23       Female 14 & Under 100 Fly        4.3         X 1:07.16S       F # 29       Female 14 & Under 100 Free        2.4         2:52.89S       F # 49       Female 14 & Under 200 Fly       7       12		F # 43	Female 14 & Under 200 Free			
X 1:21.45S       F # 23       Female 14 & Under 100 Fly        4.3         X 1:07.16S       F # 29       Female 14 & Under 100 Free        2.4         2:52.89S       F # 49       Female 14 & Under 200 Fly       7       12						
X 1:21.45S       F # 23       Female 14 & Under 100 Fly        4.3         X 1:07.16S       F # 29       Female 14 & Under 100 Free        2.4         2:52.89S       F # 49       Female 14 & Under 200 Fly       7       12			F (00)			
X 1:07.16S       F # 29       Female 14 & Under 100 Free        2.4         2:52.89S       F # 49       Female 14 & Under 200 Fly       7       12						4.36
2:52.89S F # 49 Female 14 & Under 200 Fly 7 12			-			2.42
·				7	12	
$X_{2:3/.385}$ F # 61 Female 14 & Under 200 Back 1.3	X 2:37.38S	F # 61	Female 14 & Under 200 Back			1.34

# UVic - Pacific Coast Swimming Assoc.

### **Individual Meet Results**

#### VPSC Dash for Cash 26-Jan-13 SC Meters Location: UBC Aquatic Centre UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
Justin Howe (1	15) M (00)				
27.43S	P # 6	Male 50 Free	25		-0.28
X 1:20.40S	F # 20	Male 100 Breast			-32.17
X 1:05.31S	F # 26	Male 100 Fly			-5.32
4:59.76S	F # 40	Male 400 IM	4	15	-0.57
X 2:05.19S	F # 46	Male 200 Free			1.47
X 2:23.02S	F # 64	Male 200 Back			1.89
Anna Letkema	n (14) F (00)				
30.14S	P # 3	Female 14 & Under 50 Free	10		-0.48
X 1:32.25S	F # 17	Female 14 & Under 100 Breast			-18.22
X 1:04.86S	F # 29	Female 14 & Under 100 Free			0.59
2:16.74S	F # 43	Female 14 & Under 200 Free	5	14	-1.25
2:38.228	F # 61	Female 14 & Under 200 Back	6	13	5.05
Victoria Mock	(15) F (00)				
29.15S	P # 5	Female 50 Free	6		-1.52
29.29S	F # 5	Female 50 Free	5	14	-1.38
4:27.80S	F # 7	Female 400 Free	1	20	2.82
1:09.90S	F # 25	Female 100 Fly	3	16	-0.03
5:07.37S	F # 39	Female 400 IM	3	16	2.23
2:29.24S	F # 51	Female 200 Fly	3	16	3.05