

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

Swim BC LC AAA Championships 06-Jul-16 to 10-Jul-16 LC Meters

Location: Saanich Commonwealth Pool

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Jordan Andrusak (17) F</b>					
31.40L	F # 5D	Female 16 & Over 50 Back	4	15	-0.46
2:38.60L	F # 9D	Female 16 & Over 200 Breast	3	16	1.38
2:41.90L	P # 9D	Female 16 & Over 200 Breast	5	---	4.68
2:21.61L	F # 13D	Female 16 & Over 200 IM	1	20	0.71
2:24.37L	P # 13D	Female 16 & Over 200 IM	1	---	3.47
5:04.80L	F # 25D	Female 16 & Over 400 IM	2	18	6.35
5:06.53L	P # 25D	Female 16 & Over 400 IM	2	---	8.08
NS	P # 37D	Female 16 & Over 200 Free	---	---	---
1:05.17L	F # 39D	Female 16 & Over 100 Fly	9	9	-0.56
1:06.54L	P # 39D	Female 16 & Over 100 Fly	12	---	0.81
4:28.73L	F # 43D	Female 16 & Over 400 Free	6	13	-6.16
4:32.00L	P # 43D	Female 16 & Over 400 Free	7	---	-2.89
<b>Kelsey Andrusak (15) F</b>					
9:37.67L	F # 1C	Female 14-15 800 Free	9	9	-83.29
30.81L	F # 3C	Female 14-15 50 Fly	14	3	-0.40
36.00L	F # 7C	Female 14-15 50 Breast	6	13	0.37
1:00.51L	F # 11C	Female 14-15 100 Free	11	6	0.18
1:00.76L	P # 11C	Female 14-15 100 Free	10	---	0.43
2:34.16L	P # 13C	Female 14-15 200 IM	25	---	3.67
28.41L	P # 23C	Female 14-15 50 Free	10	---	0.35
28.50L	F # 23C	Female 14-15 50 Free	12	4.5	0.44
1:01.17L	F # 31	400 Free Relay Lead Off	---	---	0.84
1:09.23L	P # 39C	Female 14-15 100 Fly	28	---	0.78
4:34.42L	F # 43C	Female 14-15 400 Free	9	9	-2.55
4:39.66L	P # 43C	Female 14-15 400 Free	9	---	2.69
<b>Trinity Aragon-Scriven (12) F</b>					
38.15L	F # 7B	Female 12-13 50 Breast	11	6	0.31
3:08.80L	F # 9B	Female 12-13 200 Breast	16	1	1.83
3:10.22L	P # 9B	Female 12-13 200 Breast	15	---	3.25
1:11.93L	P # 11B	Female 12-13 100 Free	47	---	2.40
31.03L	P # 23B	Female 12-13 50 Free	38	---	0.82
2:19.52L	F # 27	400 Free Relay Lead Off	---	---	69.99
1:28.80L	P # 35B	Female 12-13 100 Breast	18	---	4.03
<b>Griffin Arnatt (10) M</b>					
38.08L	F # 6A	Male 11 & Under 50 Back	14	---	0.30
1:12.96L	P # 12A	Male 11 & Under 100 Free	22	---	-0.07
2:49.71L	F # 22A	Male 11 & Under 200 Back	8	11	-1.78
2:50.73L	P # 22A	Male 11 & Under 200 Back	8	---	-0.76
32.34L	P # 24A	Male 11 & Under 50 Free	14	---	-0.76
3:07.88L	P # 26A	Male 11 & Under 200 IM	32	---	6.45
1:21.84L	P # 42A	Male 11 & Under 100 Back	13	---	-1.42
2:41.16L	P # 44A	Male 11 & Under 200 Free	20	---	4.31

## UVic - Pacific Coast Swimming Assoc.

---

### Individual Meet Results

Swim BC LC AAA Championships 06-Jul-16 to 10-Jul-16 LC Meters

Location: Saanich Commonwealth Pool

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Allison Ballantyne (16) F (00)</b>					
29.35L	F # 3D	Female 16 & Over 50 Fly	6	13	0.38
1:00.45L	F # 11D	Female 16 & Over 100 Free	15	2	0.50
1:00.76L	P # 11D	Female 16 & Over 100 Free	15	---	0.81
2:30.05L	F # 13D	Female 16 & Over 200 IM	12	5	1.68
2:30.79L	P # 13D	Female 16 & Over 200 IM	15	---	2.42
28.58L	P # 23D	Female 16 & Over 50 Free	22	---	0.59
5:23.48L	P # 25D	Female 16 & Over 400 IM	19	---	3.00
2:09.82L	F # 37D	Female 16 & Over 200 Free	11	6	0.65
2:10.31L	P # 37D	Female 16 & Over 200 Free	10	---	1.14
1:05.27L	F # 39D	Female 16 & Over 100 Fly	10	7	1.17
1:06.46L	P # 39D	Female 16 & Over 100 Fly	11	---	2.36
<b>Georgia Ballantyne (13) F</b>					
34.19L	F # 3B	Female 12-13 50 Fly	32	---	-1.07
1:05.90L	P # 11B	Female 12-13 100 Free	30	---	0.34
29.63L	F # 23B	Female 12-13 50 Free	14	3	-0.30
29.64L	P # 23B	Female 12-13 50 Free	11	---	-0.29
2:30.70L	P # 37B	Female 12-13 200 Free	35	---	0.96
1:20.71L	P # 41B	Female 12-13 100 Back	28	---	-1.80
<b>Haley Bennett (16) F</b>					
9:19.94L	F # 1D	Female 16 & Over 800 Free	6	13	4.12
2:26.61L	F # 13D	Female 16 & Over 200 IM	10	7	-0.91
2:28.81L	P # 13D	Female 16 & Over 200 IM	9	---	1.29
5:12.43L	P # 25D	Female 16 & Over 400 IM	7	---	4.03
5:13.28L	F # 25D	Female 16 & Over 400 IM	8	11	4.88
2:08.64L	F # 37D	Female 16 & Over 200 Free	10	7	-0.51
2:09.37L	P # 37D	Female 16 & Over 200 Free	9	---	0.22
4:27.96L	F # 43D	Female 16 & Over 400 Free	5	14	0.90
4:30.58L	P # 43D	Female 16 & Over 400 Free	5	---	3.52

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

Swim BC LC AAA Championships 06-Jul-16 to 10-Jul-16 LC Meters

Location: Saanich Commonwealth Pool

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Thomas Chapman (13) M</b>					
32.02L	F # 6B	Male 12-13 50 Back	4	11	0.17
1:02.23L	F # 12B	Male 12-13 100 Free	12	5	-1.65
1:02.29L	P # 12B	Male 12-13 100 Free	10	---	-1.59
5:07.99L	F # 14B	Male 12-13 400 IM	4	15	-9.76
5:10.77L	P # 14B	Male 12-13 400 IM	4	---	-6.98
2:26.00L	F # 22B	Male 12-13 200 Back	5	14	-4.60
2:26.89L	P # 22B	Male 12-13 200 Back	1	---	-3.71
2:27.33L	P # 26B	Male 12-13 200 IM	5	---	-2.34
2:29.07L	F # 26B	Male 12-13 200 IM	7	12	-0.60
1:19.70L	F # 36B	Male 12-13 100 Breast	11	6	-0.17
1:19.98L	P # 36B	Male 12-13 100 Breast	9	---	0.11
1:09.43L	P # 42B	Male 12-13 100 Back	7	---	0.07
1:09.92L	F # 42B	Male 12-13 100 Back	8	11	0.56
2:15.55L	F # 44B	Male 12-13 200 Free	13	4	-2.04
2:16.49L	P # 44B	Male 12-13 200 Free	14	---	-1.10
32.66L	F # 48	200 Medley Relay Lead Off	---	---	0.81
<b>Lily Chen (12) F</b>					
33.02L	F # 3B	Female 12-13 50 Fly	20	---	-1.79
32.76L	F # 5B	Female 12-13 50 Back	6	13	0.60
1:05.39L	P # 11B	Female 12-13 100 Free	26	---	0.85
30.59L	F # 15	200 Free Relay Lead Off	---	---	1.59
2:38.20L	F # 21B	Female 12-13 200 Back	13	4	-1.45
2:40.13L	P # 21B	Female 12-13 200 Back	16	---	0.48
29.53L	F # 23B	Female 12-13 50 Free	13	4	0.53
29.76L	P # 23B	Female 12-13 50 Free	13	---	0.76
1:10.98L	F # 41B	Female 12-13 100 Back	7	12	-0.49
1:12.20L	P # 41B	Female 12-13 100 Back	7	---	0.73
32.36L	F # 45	200 Medley Relay Lead Off	---	---	0.20
28.56L	F # 527	Female 11-12 50 Free	1	---	-0.44
<b>Brendan Chow (13) M</b>					
3:13.16L	P # 10B	Male 12-13 200 Breast	30	---	-7.66
1:06.60L	P # 12B	Male 12-13 100 Free	35	---	1.69
29.56L	P # 24B	Male 12-13 50 Free	32	---	-0.12
1:25.16L	P # 36B	Male 12-13 100 Breast	20	---	-0.52
1:20.98L	P # 40B	Male 12-13 100 Fly	37	---	0.67

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

Swim BC LC AAA Championships 06-Jul-16 to 10-Jul-16 LC Meters

Location: Saanich Commonwealth Pool

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Nathan Chow (11) M</b>					
37.91L	F # 6A	Male 11 & Under 50 Back	11	---	-0.46
43.95L	F # 8A	Male 11 & Under 50 Breast	14	---	-10.65
1:10.47L	P # 12A	Male 11 & Under 100 Free	12	---	-2.53
6:23.14L	P # 14A	Male 11 & Under 400 IM	13	---	-11.38
31.19L	F # 16	200 Free Relay Lead Off	---	---	-0.09
30.93L	P # 24A	Male 11 & Under 50 Free	5	---	-0.35
30.94L	F # 24A	Male 11 & Under 50 Free	6	13	-0.34
2:53.62L	P # 26A	Male 11 & Under 200 IM	8	---	-2.35
3:00.29L	F # 26A	Male 11 & Under 200 IM	7	12	4.32
1:34.67L	P # 36A	Male 11 & Under 100 Breast	15	---	0.19
1:19.52L	P # 42A	Male 11 & Under 100 Back	6	---	-1.07
1:20.20L	F # 42A	Male 11 & Under 100 Back	7	12	-0.39
<b>Lauren Crisp (16) F</b>					
9:34.55L	F # 1D	Female 16 & Over 800 Free	15	2	7.36
1:02.33L	P # 11D	Female 16 & Over 100 Free	28	---	1.74
2:18.14L	F # 21D	Female 16 & Over 200 Back	2	18	4.56
2:20.59L	P # 21D	Female 16 & Over 200 Back	1	---	7.01
5:12.34L	F # 25D	Female 16 & Over 400 IM	11	6	2.09
5:15.20L	P # 25D	Female 16 & Over 400 IM	12	---	4.95
2:15.23L	P # 37D	Female 16 & Over 200 Free	33	---	3.09
1:04.34L	F # 41D	Female 16 & Over 100 Back	1	20	1.60
1:04.79L	P # 41D	Female 16 & Over 100 Back	1	---	2.05
4:33.00L	F # 43D	Female 16 & Over 400 Free	10	7	-0.38
4:37.74L	P # 43D	Female 16 & Over 400 Free	13	---	4.36
31.49L	F # 49	200 Medley Relay Lead Off	---	---	0.91
<b>Nolan Crisp (9) M</b>					
33.79L	F # 4A	Male 11 & Under 50 Fly	3	16	-0.86
35.31L	F # 6A	Male 11 & Under 50 Back	2	18	-0.55
1:11.26L	P # 12A	Male 11 & Under 100 Free	15	---	0.22
2:44.10L	F # 22A	Male 11 & Under 200 Back	4	15	-4.33
2:47.74L	P # 22A	Male 11 & Under 200 Back	4	---	-0.69
32.07L	P # 24A	Male 11 & Under 50 Free	11	---	-1.06
1:18.63L	P # 40A	Male 11 & Under 100 Fly	7	---	-1.55
1:20.86L	F # 40A	Male 11 & Under 100 Fly	8	11	0.68
1:17.58L	F # 42A	Male 11 & Under 100 Back	5	14	0.44
1:18.69L	P # 42A	Male 11 & Under 100 Back	5	---	1.55
2:40.50L	P # 44A	Male 11 & Under 200 Free	18	---	4.41
35.61L	F # 46	200 Medley Relay Lead Off	---	---	-0.25

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

Swim BC LC AAA Championships 06-Jul-16 to 10-Jul-16 LC Meters

Location: Saanich Commonwealth Pool

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Maia Denis (11) F</b>					
1:13.04L	P # 11A	Female 11 & Under 100 Free	23	---	9.30
32.96L	P # 23A	Female 11 & Under 50 Free	21	---	-0.30
2:37.50L	P # 37A	Female 11 & Under 200 Free	16	---	-0.42
5:31.99L	P # 43A	Female 11 & Under 400 Free	11	---	-7.35
<b>Miyu Dobashi (15) M</b>					
29.22L	F # 4C	Male 14-15 50 Fly	22	---	-0.30
30.82L	F # 6C	Male 14-15 50 Back	10	7	0.58
2:28.21L	P # 22C	Male 14-15 200 Back	21	---	2.79
28.25L	P # 24C	Male 14-15 50 Free	29	---	0.67
1:07.12L	P # 42C	Male 14-15 100 Back	18	---	0.06
30.49L	F # 50	200 Medley Relay Lead Off	---	---	0.25
<b>Bill Dongfang (11) M</b>					
34.00L	F # 4A	Male 11 & Under 50 Fly	4	15	-1.50
39.33L	F # 6A	Male 11 & Under 50 Back	21	---	-0.15
1:15.52L	P # 12A	Male 11 & Under 100 Free	35	---	1.89
32.39L	P # 24A	Male 11 & Under 50 Free	15	---	-0.83
1:13.62L	F # 28	400 Free Relay Lead Off	---	---	-0.01
1:22.09L	P # 40A	Male 11 & Under 100 Fly	15	---	3.39
1:28.06L	P # 42A	Male 11 & Under 100 Back	32	---	2.19
2:47.80L	P # 44A	Male 11 & Under 200 Free	25	---	7.19
<b>Hana Edwards (13) F</b>					
31.63L	F # 5B	Female 12-13 50 Back	2	18	-0.13
2:44.68L	F # 9B	Female 12-13 200 Breast	2	18	-4.99
2:54.48L	P # 9B	Female 12-13 200 Breast	4	---	4.81
2:31.73L	F # 13B	Female 12-13 200 IM	4	15	2.31
2:34.30L	P # 13B	Female 12-13 200 IM	6	---	4.88
2:23.46L	F # 21B	Female 12-13 200 Back	2	18	-2.50
2:26.57L	P # 21B	Female 12-13 200 Back	3	---	0.61
5:10.26L	F # 25B	Female 12-13 400 IM	3	16	1.91
5:11.44L	P # 25B	Female 12-13 400 IM	3	---	3.09
1:17.64L	F # 35B	Female 12-13 100 Breast	3	16	-0.66
1:21.30L	P # 35B	Female 12-13 100 Breast	3	---	3.00
1:07.91L	F # 41B	Female 12-13 100 Back	4	15	-0.15
1:09.96L	P # 41B	Female 12-13 100 Back	4	---	1.90
31.92L	F # 47	200 Medley Relay Lead Off	---	---	0.16
<b>Kira Edwards (15) F</b>					
34.61L	F # 5C	Female 14-15 50 Back	24	---	-0.65
1:07.78L	P # 11C	Female 14-15 100 Free	54	---	4.18
2:32.59L	P # 37C	Female 14-15 200 Free	54	---	14.37
1:16.83L	P # 41C	Female 14-15 100 Back	37	---	0.36

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

Swim BC LC AAA Championships 06-Jul-16 to 10-Jul-16 LC Meters

Location: Saanich Commonwealth Pool

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Juan Antonio Gutierrez (13) M</b>					
17:51.39L	F # 2A	Male 13 & Under 1500 Free	2	18	3.40
59.16L	P # 12B	Male 12-13 100 Free	2	---	0.17
59.33L	F # 12B	Male 12-13 100 Free	5	14	0.34
5:20.12L	P # 14B	Male 12-13 400 IM	9	---	-5.03
5:20.49L	F # 14B	Male 12-13 400 IM	6	13	-4.66
27.06L	F # 24B	Male 12-13 50 Free	3	16	-0.35
27.83L	P # 24B	Male 12-13 50 Free	5	---	0.42
2:29.06L	P # 26B	Male 12-13 200 IM	8	---	-3.39
2:32.06L	F # 26B	Male 12-13 200 IM	8	11	-0.39
4:21.00L	F # 38B	Male 12-13 400 Free	1	20	-6.98
4:24.14L	P # 38B	Male 12-13 400 Free	1	---	-3.84
2:03.64L	F # 44B	Male 12-13 200 Free	1	20	-2.77
2:06.64L	P # 44B	Male 12-13 200 Free	1	---	0.23
<b>Allison Hampton (18) F</b>					
33.61L	F # 5D	Female 16 & Over 50 Back	15	2	-0.06
1:02.72L	P # 11D	Female 16 & Over 100 Free	32	---	1.99
28.03L	F # 19	200 Free Relay Lead Off	---	---	0.20
2:31.85L	P # 21D	Female 16 & Over 200 Back	25	---	---
28.35L	P # 23D	Female 16 & Over 50 Free	15	---	0.52
28.38L	F # 23D	Female 16 & Over 50 Free	16	1	0.55
1:24.12L	P # 35D	Female 16 & Over 100 Breast	21	---	2.83
2:13.38L	P # 37D	Female 16 & Over 200 Free	24	---	-1.74
1:10.87L	P # 41D	Female 16 & Over 100 Back	22	---	0.16
32.85L	F # 49	200 Medley Relay Lead Off	---	---	-0.82
<b>Taiki Hiraoka (12) M</b>					
21:18.00L	F # 2A	Male 13 & Under 1500 Free	26	---	-19.63
6:07.34L	P # 14B	Male 12-13 400 IM	36	---	15.17
2:49.51L	P # 26B	Male 12-13 200 IM	39	---	1.03
1:05.71L	F # 28	400 Free Relay Lead Off	---	---	-2.32
3:00.30L	P # 34B	Male 12-13 200 Fly	31	---	5.58
1:15.74L	P # 40B	Male 12-13 100 Fly	30	---	-0.42
<b>Dominic Huang (11) M</b>					
37.95L	F # 4A	Male 11 & Under 50 Fly	28	---	-14.53
37.36L	F # 6A	Male 11 & Under 50 Back	8	11	-0.02
3:31.07L	P # 10A	Male 11 & Under 200 Breast	21	---	1.85
3:00.90L	P # 22A	Male 11 & Under 200 Back	27	---	0.16
3:04.77L	P # 26A	Male 11 & Under 200 IM	28	---	-2.69
1:38.69L	P # 36A	Male 11 & Under 100 Breast	24	---	-0.13
1:22.12L	P # 42A	Male 11 & Under 100 Back	14	---	-1.43

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

Swim BC LC AAA Championships 06-Jul-16 to 10-Jul-16 LC Meters

Location: Saanich Commonwealth Pool

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Erin Jennings (15) F</b>					
9:34.32L	F # 1C	Female 14-15 800 Free	6	13	-3.37
1:02.79L	P # 11C	Female 14-15 100 Free	30	---	-0.47
2:30.98L	F # 21C	Female 14-15 200 Back	15	2	2.03
2:31.61L	P # 21C	Female 14-15 200 Back	16	---	2.66
2:11.80L	F # 37C	Female 14-15 200 Free	11	6	0.23
2:13.96L	P # 37C	Female 14-15 200 Free	14	---	2.39
1:11.85L	P # 41C	Female 14-15 100 Back	26	---	0.62
4:35.65L	F # 43C	Female 14-15 400 Free	6	13	-3.83
4:39.03L	P # 43C	Female 14-15 400 Free	7	---	-0.45
<b>Artem Kuklev (14) M</b>					
28.22L	F # 4C	Male 14-15 50 Fly	11	6	0.13
57.32L	P # 12C	Male 14-15 100 Free	19	---	-0.54
26.73L	P # 24C	Male 14-15 50 Free	17	---	-0.12
2:19.99L	P # 34C	Male 14-15 200 Fly	5	---	-3.62
2:23.30L	F # 34C	Male 14-15 200 Fly	8	11	-0.31
4:32.48L	P # 38C	Male 14-15 400 Free	16	---	-3.22
4:35.02L	F # 38C	Male 14-15 400 Free	16	1	-0.68
1:02.83L	P # 40C	Male 14-15 100 Fly	17	---	-0.61
1:02.83L	F # 40C	Male 14-15 100 Fly	15	2	-0.61
<b>Emily Laidman (15) F</b>					
38.18L	F # 7C	Female 14-15 50 Breast	19	---	0.27
3:05.25L	P # 9C	Female 14-15 200 Breast	27	---	4.95
2:47.46L	P # 13C	Female 14-15 200 IM	47	---	5.30
DNF	P # 25C	Female 14-15 400 IM	---	---	---
1:25.02L	P # 35C	Female 14-15 100 Breast	25	---	2.60
<b>Kali Lancaster (12) F</b>					
37.59L	F # 7B	Female 12-13 50 Breast	7	12	-0.05
3:11.27L	P # 9B	Female 12-13 200 Breast	17	---	9.36
1:08.12L	P # 11B	Female 12-13 100 Free	43	---	-1.29
31.27L	P # 23B	Female 12-13 50 Free	40	---	-0.12
1:23.91L	F # 35B	Female 12-13 100 Breast	13	4	1.23
1:24.22L	P # 35B	Female 12-13 100 Breast	12	---	1.54
<b>Lia Lancaster (15) F</b>					
10:24.31L	F # 1C	Female 14-15 800 Free	32	---	20.25
1:02.47L	P # 11C	Female 14-15 100 Free	25	---	0.02
28.75L	P # 23C	Female 14-15 50 Free	19	---	0.82
1:01.85L	F # 31	400 Free Relay Lead Off	---	---	-0.60
2:21.44L	P # 37C	Female 14-15 200 Free	45	---	3.71
4:55.43L	P # 43C	Female 14-15 400 Free	32	---	0.87
29.32L	F # 513C	Female 14-15 50 Free	3	---	1.39

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

Swim BC LC AAA Championships 06-Jul-16 to 10-Jul-16 LC Meters

Location: Saanich Commonwealth Pool

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Erin Lawrance (16) F</b>					
9:18.17L	F # 1D	Female 16 & Over 800 Free	5	14	5.63
1:00.15L	P # 11D	Female 16 & Over 100 Free	12	---	0.46
1:00.18L	F # 11D	Female 16 & Over 100 Free	12	5	0.49
5:08.91L	P # 25D	Female 16 & Over 400 IM	4	---	1.27
5:09.50L	F # 25D	Female 16 & Over 400 IM	6	13	1.86
2:23.54L	F # 33D	Female 16 & Over 200 Fly	7	12	1.27
2:25.24L	P # 33D	Female 16 & Over 200 Fly	7	---	2.97
2:07.88L	P # 37D	Female 16 & Over 200 Free	6	---	0.97
2:07.89L	F # 37D	Female 16 & Over 200 Free	7	12	0.98
1:05.66L	F # 39D	Female 16 & Over 100 Fly	7	12	0.34
1:06.02L	P # 39D	Female 16 & Over 100 Fly	8	---	0.70
4:26.86L	F # 43D	Female 16 & Over 400 Free	3	16	0.42
4:29.10L	P # 43D	Female 16 & Over 400 Free	4	---	2.66
<b>Anna Letkeman (17) F (00)</b>					
9:45.25L	F # 1D	Female 16 & Over 800 Free	21	---	3.90
1:03.44L	P # 11D	Female 16 & Over 100 Free	41	---	-1.97
2:34.49L	P # 21D	Female 16 & Over 200 Back	29	---	3.42
2:15.29L	P # 37D	Female 16 & Over 200 Free	34	---	-0.27
1:11.04L	P # 41D	Female 16 & Over 100 Back	24	---	-0.05
4:39.60L	P # 43D	Female 16 & Over 400 Free	15	---	-1.29
4:40.73L	F # 43D	Female 16 & Over 400 Free	16	1	-0.16
34.45L	F # 49	200 Medley Relay Lead Off	---	---	1.59
<b>Hannah Lorette (15) F</b>					
30.93L	F # 3C	Female 14-15 50 Fly	16	1	-0.15
31.86L	F # 5C	Female 14-15 50 Back	3	16	0.75
2:23.27L	F # 21C	Female 14-15 200 Back	2	18	-0.94
2:24.65L	P # 21C	Female 14-15 200 Back	2	---	0.44
2:17.87L	P # 37C	Female 14-15 200 Free	36	---	0.63
1:10.68L	P # 39C	Female 14-15 100 Fly	35	---	-2.02
1:07.58L	F # 41C	Female 14-15 100 Back	6	13	0.55
1:07.93L	P # 41C	Female 14-15 100 Back	4	---	0.90
32.16L	F # 49	200 Medley Relay Lead Off	---	---	1.05



## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

Swim BC LC AAA Championships 06-Jul-16 to 10-Jul-16 LC Meters

Location: Saanich Commonwealth Pool

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Sophie Lorette (13) F</b>					
9:20.60L	F # 1B	Female 12-13 800 Free	1	20	-15.11
30.12L	F # 3B	Female 12-13 50 Fly	1	20	0.52
1:02.21L	F # 11B	Female 12-13 100 Free	6	13	0.11
1:02.75L	P # 11B	Female 12-13 100 Free	8	---	0.65
2:21.11L	F # 33B	Female 12-13 200 Fly	1	20	-5.23
2:35.84L	P # 33B	Female 12-13 200 Fly	4	---	9.50
2:12.30L	F # 37B	Female 12-13 200 Free	3	16	0.19
2:17.75L	P # 37B	Female 12-13 200 Free	5	---	5.64
1:06.02L	F # 39B	Female 12-13 100 Fly	2	18	0.18
1:08.64L	P # 39B	Female 12-13 100 Fly	3	---	2.80
4:32.62L	F # 43B	Female 12-13 400 Free	1	20	-2.61
4:37.88L	P # 43B	Female 12-13 400 Free	1	---	2.65
32.79L	F # 47	200 Medley Relay Lead Off	---	---	-0.39
<b>Jessica Luo (14) F (00)</b>					
9:43.72L	F # 1C	Female 14-15 800 Free	13	4	-25.08
29.72L	F # 3C	Female 14-15 50 Fly	3	16	0.93
58.35L	F # 11C	Female 14-15 100 Free	1	20	-0.35
59.09L	P # 11C	Female 14-15 100 Free	2	---	0.39
27.77L	F # 23C	Female 14-15 50 Free	4	15	0.23
28.07L	P # 23C	Female 14-15 50 Free	4	---	0.53
2:20.43L	F # 33C	Female 14-15 200 Fly	1	20	-1.41
2:25.17L	P # 33C	Female 14-15 200 Fly	4	---	3.33
2:06.83L	F # 37C	Female 14-15 200 Free	1	20	-0.55
2:09.92L	P # 37C	Female 14-15 200 Free	3	---	2.54
1:03.63L	F # 39C	Female 14-15 100 Fly	2	18	0.66
1:04.52L	P # 39C	Female 14-15 100 Fly	3	---	1.55
4:37.45L	F # 43C	Female 14-15 400 Free	11	6	-3.32
4:40.00L	P # 43C	Female 14-15 400 Free	10	---	-0.77
<b>Jeremy Lynn (21) M</b>					
NS	P # 24D	Male 16 & Over 50 Free	---	---	---
<b>Grace MacDonald (14) F (00)</b>					
30.94L	F # 3C	Female 14-15 50 Fly	17	---	0.42
1:01.96L	P # 11C	Female 14-15 100 Free	23	---	-0.70
28.38L	F # 17	200 Free Relay Lead Off	---	---	0.09
28.57L	P # 23C	Female 14-15 50 Free	16	---	0.28
28.84L	F # 23C	Female 14-15 50 Free	16	1	0.55
1:01.03L	F # 29	400 Free Relay Lead Off	---	---	-1.63
2:45.43L	P # 33C	Female 14-15 200 Fly	30	---	7.98
1:28.36L	P # 35C	Female 14-15 100 Breast	28	---	2.76
1:09.22L	P # 39C	Female 14-15 100 Fly	27	---	0.48

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

Swim BC LC AAA Championships 06-Jul-16 to 10-Jul-16 LC Meters

Location: Saanich Commonwealth Pool

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Jon McKay (20) M (00)</b>					
15:49.34L	F # 2C	Male 16 & Over 1500 Free	1	20	30.65
4:40.17L	F # 14D	Male 16 & Over 400 IM	2	18	3.30
4:43.82L	P # 14D	Male 16 & Over 400 IM	5	---	6.95
2:06.80L	F # 34D	Male 16 & Over 200 Fly	3	16	4.08
2:09.49L	P # 34D	Male 16 & Over 200 Fly	3	---	6.77
4:02.30L	F # 38D	Male 16 & Over 400 Free	3	16	8.42
4:04.49L	P # 38D	Male 16 & Over 400 Free	3	---	10.61
<b>Fionnuala McKenna (15) F</b>					
31.79L	F # 3C	Female 14-15 50 Fly	28	---	0.21
34.36L	F # 5C	Female 14-15 50 Back	22	---	0.99
1:03.65L	P # 11C	Female 14-15 100 Free	37	---	1.04
28.72L	P # 23C	Female 14-15 50 Free	17	---	0.09
2:22.42L	P # 37C	Female 14-15 200 Free	47	---	-0.93
28.95L	F # 513C	Female 14-15 50 Free	1	---	0.32
<b>Sydney Meldrum (12) F</b>					
34.45L	F # 5B	Female 12-13 50 Back	13	4	-0.43
2:42.55L	P # 13B	Female 12-13 200 IM	22	---	-0.63
31.07L	F # 15	200 Free Relay Lead Off	---	---	-0.40
5:44.14L	P # 25B	Female 12-13 400 IM	16	---	-2.64
5:48.81L DQ	F # 25B	Female 12-13 400 IM	---	---	---
2:53.52L	P # 33B	Female 12-13 200 Fly	20	---	-1.19
1:13.60L	P # 39B	Female 12-13 100 Fly	17	---	-1.58
34.85L	F # 45	200 Medley Relay Lead Off	---	---	-0.03
<b>Cale Murdock (18) M</b>					
28.65L	F # 6D	Male 16 & Over 50 Back	5	14	0.29
53.73L	P # 12D	Male 16 & Over 100 Free	10	---	0.65
53.77L	F # 12D	Male 16 & Over 100 Free	14	3	0.69
25.04L	F # 24D	Male 16 & Over 50 Free	13	4	0.28
25.13L	P # 24D	Male 16 & Over 50 Free	14	---	0.37
2:11.79L	F # 26D	Male 16 & Over 200 IM	10	7	-1.04
2:13.66L	P # 26D	Male 16 & Over 200 IM	11	---	0.83
1:53.43L	F # 44D	Male 16 & Over 200 Free	1	20	-0.23
1:54.63L	P # 44D	Male 16 & Over 200 Free	1	---	0.97
<b>Emma Murdock (16) F</b>					
29.58L	F # 3D	Female 16 & Over 50 Fly	8	11	0.84
1:01.03L	P # 11D	Female 16 & Over 100 Free	17	---	-1.29
28.72L	P # 23D	Female 16 & Over 50 Free	27	---	-0.68
2:17.00L	P # 37D	Female 16 & Over 200 Free	37	---	1.53
1:07.44L	P # 39D	Female 16 & Over 100 Fly	17	---	-1.58
1:07.73L	F # 39D	Female 16 & Over 100 Fly	14	3	-1.29
1:10.16L	P # 41D	Female 16 & Over 100 Back	19	---	0.71
1:11.56L	F # 41D	Female 16 & Over 100 Back	16	1	2.11

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

Swim BC LC AAA Championships 06-Jul-16 to 10-Jul-16 LC Meters

Location: Saanich Commonwealth Pool

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Keir Ogilvie (13) M</b>					
18:16.11L	F # 2A	Male 13 & Under 1500 Free	5	14	-72.42
28.14L	F # 4B	Male 12-13 50 Fly	1	20	-0.17
59.22L	F # 12B	Male 12-13 100 Free	4	15	-0.20
1:01.72L	P # 12B	Male 12-13 100 Free	8	---	2.30
5:07.52L	F # 14B	Male 12-13 400 IM	3	16	-3.42
5:17.35L	P # 14B	Male 12-13 400 IM	7	---	6.41
2:26.15L	F # 26B	Male 12-13 200 IM	4	15	1.35
2:27.10L	P # 26B	Male 12-13 200 IM	4	---	2.30
2:18.79L	F # 34B	Male 12-13 200 Fly	1	20	-3.30
2:26.13L	P # 34B	Male 12-13 200 Fly	2	---	4.04
1:02.36L	F # 40B	Male 12-13 100 Fly	1	20	-0.74
1:04.38L	P # 40B	Male 12-13 100 Fly	2	---	1.28
2:09.16L	F # 44B	Male 12-13 200 Free	9	9	-1.82
2:13.63L	P # 44B	Male 12-13 200 Free	9	---	2.65
<b>Jacob Rambo (14) M</b>					
29.89L	F # 4C	Male 14-15 50 Fly	26	---	0.52
5:07.48L	P # 14C	Male 14-15 400 IM	16	---	0.09
5:10.40L	F # 14C	Male 14-15 400 IM	15	2	3.01
2:25.24L	P # 22C	Male 14-15 200 Back	18	---	1.56
2:26.03L	P # 26C	Male 14-15 200 IM	22	---	2.15
2:25.66L	F # 34C	Male 14-15 200 Fly	13	4	0.30
2:27.00L	P # 34C	Male 14-15 200 Fly	11	---	1.64
1:04.90L	P # 40C	Male 14-15 100 Fly	26	---	-0.58
30.64L	F # 48	200 Medley Relay Lead Off	---	---	-0.97
<b>Laura Rincon (13) F</b>					
32.42L	F # 3B	Female 12-13 50 Fly	12	5	-0.62
36.74L	F # 7B	Female 12-13 50 Breast	4	15	-0.08
2:57.05L	P # 9B	Female 12-13 200 Breast	5	---	3.23
2:57.13L	F # 9B	Female 12-13 200 Breast	6	13	3.31
2:42.06L	P # 13B	Female 12-13 200 IM	21	---	-0.43
1:08.86L	F # 29	400 Free Relay Lead Off	---	---	0.19
1:17.79L	F # 35B	Female 12-13 100 Breast	4	15	-3.30
1:21.36L	P # 35B	Female 12-13 100 Breast	4	---	0.27
1:17.56L	P # 39B	Female 12-13 100 Fly	30	---	1.21

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

Swim BC LC AAA Championships 06-Jul-16 to 10-Jul-16 LC Meters

Location: Saanich Commonwealth Pool

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Michael Schmidt (13) M</b>					
29.27L	F # 4B	Male 12-13 50 Fly	6	13	-3.07
32.21L	F # 8B	Male 12-13 50 Breast	1	13	0.24
2:31.39L	F # 10B	Male 12-13 200 Breast	1	20	1.01
2:37.62L	P # 10B	Male 12-13 200 Breast	1	---	7.24
5:01.17L	F # 14B	Male 12-13 400 IM	1	20	-2.84
5:07.10L	P # 14B	Male 12-13 400 IM	2	---	3.09
26.83L	F # 18	200 Free Relay Lead Off	---	---	-0.22
27.07L	P # 24B	Male 12-13 50 Free	3	---	0.02
27.11L	F # 24B	Male 12-13 50 Free	4	15	0.06
2:20.04L	F # 26B	Male 12-13 200 IM	1	20	-5.33
2:24.88L	P # 26B	Male 12-13 200 IM	2	---	-0.49
59.54L	F # 30	400 Free Relay Lead Off	---	---	1.36
1:10.17L	F # 36B	Male 12-13 100 Breast	1	20	-0.72
1:11.65L	P # 36B	Male 12-13 100 Breast	1	---	0.76
2:07.78L	F # 44B	Male 12-13 200 Free	5	14	-4.32
2:12.49L	P # 44B	Male 12-13 200 Free	6	---	0.39
<b>Jemma Stevens (12) F</b>					
10:28.49L	F # 1B	Female 12-13 800 Free	23	---	-3.83
1:06.19L	P # 11B	Female 12-13 100 Free	33	---	0.82
30.63L	P # 23B	Female 12-13 50 Free	34	---	-0.27
2:24.86L	P # 37B	Female 12-13 200 Free	27	---	0.14
5:00.07L	P # 43B	Female 12-13 400 Free	23	---	-1.44
<b>Sophie Tarrant (16) F</b>					
9:44.94L	F # 1D	Female 16 & Over 800 Free	20	---	-1.67
34.39L	F # 7D	Female 16 & Over 50 Breast	3	16	-0.23
2:42.08L	P # 9D	Female 16 & Over 200 Breast	6	---	0.78
2:36.82L	DQ F # 9D	Female 16 & Over 200 Breast	---	---	---
2:25.14L	F # 13D	Female 16 & Over 200 IM	4	15	-2.30
2:25.51L	P # 13D	Female 16 & Over 200 IM	3	---	-1.93
5:08.42L	F # 25D	Female 16 & Over 400 IM	5	14	-3.71
5:13.90L	P # 25D	Female 16 & Over 400 IM	8	---	1.77
1:13.53L	F # 35D	Female 16 & Over 100 Breast	3	16	-0.96
1:14.54L	P # 35D	Female 16 & Over 100 Breast	3	---	0.05
2:11.31L	P # 37D	Female 16 & Over 200 Free	17	---	1.16
1:08.46L	P # 39D	Female 16 & Over 100 Fly	27	---	1.56
<b>Anastasia Trudel (12) F</b>					
10:23.20L	F # 1B	Female 12-13 800 Free	19	---	-2.43
33.66L	F # 3B	Female 12-13 50 Fly	27	---	0.48
1:05.87L	P # 11B	Female 12-13 100 Free	28	---	1.12
30.03L	P # 23B	Female 12-13 50 Free	21	---	-0.27
1:04.54L	F # 27	400 Free Relay Lead Off	---	---	-0.21
2:25.60L	P # 37B	Female 12-13 200 Free	29	---	1.02

## UVic - Pacific Coast Swimming Assoc.

---

### Individual Meet Results

Swim BC LC AAA Championships 06-Jul-16 to 10-Jul-16 LC Meters

Location: Saanich Commonwealth Pool

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
<b>Victoria von Sacken Nash (16) F (00)</b>					
35.69L	F # 7D	Female 16 & Over 50 Breast	10	6.5	-0.16
2:52.57L	P # 9D	Female 16 & Over 200 Breast	15	---	5.86
2:49.66L DQ	F # 9D	Female 16 & Over 200 Breast	---	---	---
1:05.31L	P # 11D	Female 16 & Over 100 Free	48	---	2.03
2:34.73L	P # 13D	Female 16 & Over 200 IM	26	---	-0.23
1:18.58L	F # 35D	Female 16 & Over 100 Breast	12	5	0.73
1:19.54L	P # 35D	Female 16 & Over 100 Breast	13	---	1.69
NS	P # 37D	Female 16 & Over 200 Free	---	---	---
<b>Jasmine Yu (11) F</b>					
41.76L	F # 7A	Female 11 & Under 50 Breast	5	14	-1.24
3:18.53L	P # 9A	Female 11 & Under 200 Breast	13	---	-3.34
1:15.07L	P # 11A	Female 11 & Under 100 Free	29	---	1.01
33.36L	P # 23A	Female 11 & Under 50 Free	26	---	-0.39
1:32.07L	P # 35A	Female 11 & Under 100 Breast	9	---	-1.74