

UVic - Pacific Coast Swimming Assoc.

Individual Meet Results

2016 NRST Spring Sprint 09-Apr-16 to 10-Apr-16 [Ageup: 2016-03-08] SC Meters

Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
Mehr Abrar (12) F					
1:15.75L	F # 1E	Female 12-13 100 Free	30	---	---
1:26.01L	F # 3E	Female 12-13 100 Back	18	---	---
3:20.45L	F # 5C	Female 12-13 200 IM	31	---	---
33.35L	F # 9E	Female 12-13 50 Free	20	---	---
39.11L	F # 11E	Female 12-13 50 Back	8	11	---
1:52.41L	F # 13E	Female 12-13 100 Breast	38	---	---
6:24.93L	F # 14C	Female 12-13 400 Free	20	---	---
Meadow Alberts (10) F					
1:38.67L	F # 1C	Female 10-11 100 Free	42	---	1.97
47.36L	F # 2C	Female 10-11 50 Fly	19	---	1.91
1:47.61L	F # 3C	Female 10-11 100 Back	25	---	0.64
1:43.19L DQ	F # 6C	Female 10-11 100 Fly	---	---	---
55.76L	F # 7C	Female 10-11 50 Breast	20	---	-2.76
39.98L	F # 9C	Female 10-11 50 Free	30	---	-2.25
45.87L	F # 11C	Female 10-11 50 Back	17	---	-4.34
2:05.24L	F # 13C	Female 10-11 100 Breast	27	---	-0.31
Charlotte Alexander (11) F					
1:22.18L	F # 1C	Female 10-11 100 Free	20	---	---
43.73L	F # 2C	Female 10-11 50 Fly	12	5	---
1:45.56L	F # 3C	Female 10-11 100 Back	23	---	---
50.62L	F # 7C	Female 10-11 50 Breast	9	9	---
35.95L	F # 9C	Female 10-11 50 Free	9	9	---
3:06.34L	F # 10A	Female 11 & Under 200 Free	12	5	---
46.48L	F # 11C	Female 10-11 50 Back	19	---	---
1:56.03L	F # 13C	Female 10-11 100 Breast	19	---	---
Riley Andrusak (8) F					
1:27.53L	F # 1A	Female 9 & Under 100 Free	3	16	---
52.39L	F # 2A	Female 9 & Under 50 Fly	6	13	---
55.73L	F # 7A	Female 9 & Under 50 Breast	3	16	---
38.15L	F # 9A	Female 9 & Under 50 Free	3	16	---
49.53L	F # 11A	Female 9 & Under 50 Back	6	13	---
2:02.01L	F # 13A	Female 9 & Under 100 Breast	5	14	---
Trinity Aragon-Scriven (12) F					
1:13.09L	F # 1E	Female 12-13 100 Free	23	---	-3.70
3:11.66L	F # 4C	Female 12-13 200 Breast	6	13	---
3:10.75L	F # 5C	Female 12-13 200 IM	28	---	---
39.36L	F # 7E	Female 12-13 50 Breast	2	17	-3.01
32.93L	F # 9E	Female 12-13 50 Free	17	---	-0.55
2:51.98L	F # 10C	Female 12-13 200 Free	20	---	-5.73
1:28.16L	F # 13E	Female 12-13 100 Breast	5	14	-6.96

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Time	F/P/S	Event	Place	Points	Improv
Griffin Arnatt (10) M					
1:16.22L	F # 1D	Male 10-11 100 Free	6	13	-9.60
1:27.71L	F # 3D	Male 10-11 100 Back	7	12	-4.72
3:19.60L	F # 5B	Male 11 & Under 200 IM	8	11	---
3:05.76L	F # 8B	Male 11 & Under 200 Back	9	9	---
34.60L	F # 9D	Male 10-11 50 Free	5	14	-2.11
2:48.75L	F # 10B	Male 11 & Under 200 Free	8	11	-24.60
40.77L	F # 11D	Male 10-11 50 Back	6	13	-3.03
6:03.74L	F # 14B	Male 11 & Under 400 Free	10	7	-54.01
Georgia Ballantyne (13) F					
1:07.59L	F # 1E	Female 12-13 100 Free	10	7	0.16
35.28L	F # 2E	Female 12-13 50 Fly	12	5	0.02
2:57.14L	F # 5C	Female 12-13 200 IM	15	2	-9.45
1:27.75L	F # 6E	Female 12-13 100 Fly	21	---	-2.57
2:57.78L	F # 8C	Female 12-13 200 Back	13	4	-18.60
38.48L	F # 11E	Female 12-13 50 Back	6	13	-3.66
3:31.71L	F # 12C	Female 12-13 200 Fly	7	12	-22.91
1:39.72L	F # 13E	Female 12-13 100 Breast	24	---	-11.88
Sabine Black (11) F					
1:28.21L	F # 1C	Female 10-11 100 Free	30	---	0.83
1:38.40L	F # 3C	Female 10-11 100 Back	12	5	-12.67
3:44.96L	F # 4A	Female 11 & Under 200 Breast	5	14	---
48.59L	F # 7C	Female 10-11 50 Breast	5	14	-2.49
39.20L	F # 9C	Female 10-11 50 Free	28	---	-0.84
3:11.12L	F # 10A	Female 11 & Under 200 Free	15	2	1.35
45.19L	F # 11C	Female 10-11 50 Back	12	5	-4.40
1:47.19L	F # 13C	Female 10-11 100 Breast	7	12	-3.53
Thomas Chapman (13) M					
1:11.08L	F # 3F	Male 12-13 100 Back	3	16	---
2:56.73L	F # 4D	Male 12-13 200 Breast	2	17	---
2:34.23L	F # 5D	Male 12-13 200 IM	3	16	-14.67
1:12.55L	F # 6F	Male 12-13 100 Fly	3	16	---
29.39L	F # 9F	Male 12-13 50 Free	4	15	-1.43
32.94L	F # 11F	Male 12-13 50 Back	2	17	---
1:21.66L	F # 13F	Male 12-13 100 Breast	2	17	-7.95
4:56.04L	F # 14D	Male 12-13 400 Free	5	14	---

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2016 NRST Spring Sprint 09-Apr-16 to 10-Apr-16 [Ageup: 2016-03-08] SC Meters

Location: NAC

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Time	F/P/S	Event	Place	Points	Improv
Lily Chen (12) F					
1:07.33L	F # 1E	Female 12-13 100 Free	6	13	-2.59
1:12.55L	F # 3E	Female 12-13 100 Back	1	20	-3.37
2:50.51L	F # 5C	Female 12-13 200 IM	6	13	-10.68
2:39.65L	F # 8C	Female 12-13 200 Back	1	20	-8.14
30.29L	F # 9E	Female 12-13 50 Free	2	16.5	-0.09
33.33L	F # 11E	Female 12-13 50 Back	1	20	-1.23
1:40.28L	F # 13E	Female 12-13 100 Breast	27	---	---
5:18.67L	F # 14C	Female 12-13 400 Free	4	15	-44.58
Brendan Chow (13) M					
1:09.01L	F # 1F	Male 12-13 100 Free	10	7	-14.14
3:24.03L	F # 4D	Male 12-13 200 Breast	6	13	-22.58
1:29.59L	F # 6F	Male 12-13 100 Fly	12	5	---
30.84L	F # 9F	Male 12-13 50 Free	7	11.5	-2.42
1:31.29L	F # 13F	Male 12-13 100 Breast	10	7	-14.75
5:36.90L	F # 14D	Male 12-13 400 Free	15	2	-62.60
Nathan Chow (11) M					
1:24.69L	F # 3D	Male 10-11 100 Back	4	15	-4.32
3:06.15L	F # 5B	Male 11 & Under 200 IM	5	14	-13.99
1:33.43L	F # 6D	Male 10-11 100 Fly	3	16	-12.35
2:56.23L	F # 8B	Male 11 & Under 200 Back	5	14	---
2:43.21L	F # 10B	Male 11 & Under 200 Free	5	14	-10.03
39.02L	F # 11D	Male 10-11 50 Back	1	20	-3.27
1:41.82L	F # 13D	Male 10-11 100 Breast	4	15	-15.21
5:55.43L	F # 14B	Male 11 & Under 400 Free	9	9	-33.62
Nolan Crisp (9) M					
34.65L	F # 2B	Male 9 & Under 50 Fly	1	20	-6.52
1:20.37L	F # 3B	Male 9 & Under 100 Back	1	20	-9.12
3:06.06L	F # 5B	Male 11 & Under 200 IM	4	15	-25.19
1:23.33L	F # 6B	Male 9 & Under 100 Fly	1	20	-27.44
2:53.77L	F # 8B	Male 11 & Under 200 Back	3	16	---
33.26L	F # 9B	Male 9 & Under 50 Free	1	20	-5.28
2:43.90L	F # 10B	Male 11 & Under 200 Free	6	13	-36.12
37.62L	F # 11B	Male 9 & Under 50 Back	1	20	-4.81
Maia Denis (11) F					
1:17.11L	F # 1C	Female 10-11 100 Free	7	12	-11.69
1:39.03L	F # 3C	Female 10-11 100 Back	14	3	-10.58
3:28.45L	F # 5A	Female 11 & Under 200 IM	10	7	-17.22
1:42.78L	F # 6C	Female 10-11 100 Fly	10	7	---
2:45.76L	F # 10A	Female 11 & Under 200 Free	7	12	-28.20
1:50.50L	F # 13C	Female 10-11 100 Breast	11	6	-14.84
5:47.25L	F # 14A	Female 11 & Under 400 Free	3	16	---

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Time	F/P/S	Event	Place	Points	Improv
Mello Di (9) F					
1:40.30L	F # 1A	Female 9 & Under 100 Free	10	7	---
1:53.21L	F # 3A	Female 9 & Under 100 Back	8	11	---
57.00L	F # 7A	Female 9 & Under 50 Breast	5	14	---
42.88L	F # 9A	Female 9 & Under 50 Free	8	11	---
Miyu Dobashi (14) M					
1:01.21L	F # 1H	Male 14-15 100 Free	2	17	-2.84
1:07.97L	F # 3H	Male 14-15 100 Back	2	17	-2.73
2:36.51L	F # 5F	Male 14-15 200 IM	4	15	-5.10
2:29.81L	F # 8F	Male 14-15 200 Back	3	16	-4.54
27.87L	F # 9H	Male 14-15 50 Free	2	17	-1.02
31.13L	F # 11H	Male 14-15 50 Back	2	17	-1.87
1:27.99L	F # 13H	Male 14-15 100 Breast	5	14	---
4:55.24L	F # 14F	Male 14-15 400 Free	5	14	-0.31
Megan Frost (11) F					
1:33.24L	F # 1C	Female 10-11 100 Free	34	---	---
1:03.04L	F # 2C	Female 10-11 50 Fly	31	---	---
1:48.79L	F # 3C	Female 10-11 100 Back	27	---	---
54.39L	F # 7C	Female 10-11 50 Breast	16	1	---
40.86L	F # 9C	Female 10-11 50 Free	33	---	---
48.45L	F # 11C	Female 10-11 50 Back	27	---	---
2:01.47L	F # 13C	Female 10-11 100 Breast	24	---	---
Juan Antonio Gutierrez (13) M					
1:00.06L	F # 1F	Male 12-13 100 Free	1	20	-1.82
1:13.78L	F # 3F	Male 12-13 100 Back	7	12	-23.14
2:37.62L	F # 5D	Male 12-13 200 IM	5	14	-45.64
1:13.82L	F # 6F	Male 12-13 100 Fly	5	14	-8.41
28.25L	F # 9F	Male 12-13 50 Free	2	17	-0.33
2:10.12L	F # 10D	Male 12-13 200 Free	1	20	-0.04
1:27.40L	F # 13F	Male 12-13 100 Breast	7	12	-26.56
4:33.14L	F # 14D	Male 12-13 400 Free	1	20	0.05
Julia Hajash (10) F					
1:27.53L	F # 1C	Female 10-11 100 Free	27	---	-16.81
57.53L	F # 2C	Female 10-11 50 Fly	27	---	-13.43
3:45.43L	F # 4A	Female 11 & Under 200 Breast	6	13	---
48.40L	F # 7C	Female 10-11 50 Breast	4	15	-6.04
40.29L	F # 9C	Female 10-11 50 Free	31	---	-4.64
47.92L	F # 11C	Female 10-11 50 Back	25	---	-10.58
1:45.34L	F # 13C	Female 10-11 100 Breast	6	13	-11.98

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Time	F/P/S	Event	Place	Points	Improv
Lucy Hallett (8) F					
1:37.65L	F # 1A	Female 9 & Under 100 Free	7	12	---
1:00.58L	DQ F # 2A	Female 9 & Under 50 Fly	---	---	---
2:03.42L	F # 3A	Female 9 & Under 100 Back	16	1	---
58.96L	F # 7A	Female 9 & Under 50 Breast	7	12	---
39.47L	F # 9A	Female 9 & Under 50 Free	5	14	---
53.06L	F # 11A	Female 9 & Under 50 Back	12	5	---
2:09.77L	F # 13A	Female 9 & Under 100 Breast	8	11	---
David Hiebert (16) M (00)					
1:01.32L	F # 1J	Male 16 & Over 100 Free	3	16	-1.14
31.28L	F # 2J	Male 16 & Over 50 Fly	5	14	-1.76
1:14.88L	F # 3J	Male 16 & Over 100 Back	5	14	-2.14
2:41.11L	F # 5H	Male 16 & Over 200 IM	5	14	-5.49
1:19.21L	F # 6J	Male 16 & Over 100 Fly	7	12	-5.41
2:19.87L	F # 10H	Male 16 & Over 200 Free	5	14	3.16
3:05.51L	F # 12H	Male 16 & Over 200 Fly	3	16	-35.37
1:23.04L	F # 13J	Male 16 & Over 100 Breast	3	16	-26.53
Sebastien Hon (9) M					
1:47.89L	F # 1B	Male 9 & Under 100 Free	4	15	---
1:13.33L	F # 2B	Male 9 & Under 50 Fly	10	7	---
1:57.96L	F # 3B	Male 9 & Under 100 Back	4	15	---
1:06.11L	F # 7B	Male 9 & Under 50 Breast	5	14	---
44.69L	F # 9B	Male 9 & Under 50 Free	5	14	---
Dominic Huang (11) M					
1:17.19L	F # 1D	Male 10-11 100 Free	10	7	-7.71
1:27.56L	F # 3D	Male 10-11 100 Back	6	13	-11.32
3:38.43L	F # 4B	Male 11 & Under 200 Breast	6	13	-28.99
3:05.78L	F # 8B	Male 11 & Under 200 Back	10	7	---
40.67L	F # 11D	Male 10-11 50 Back	5	14	-4.97
1:45.95L	F # 13D	Male 10-11 100 Breast	6	13	-5.83
5:53.53L	F # 14B	Male 11 & Under 400 Free	8	11	-35.41
Teagan Hunt (12) F					
37.12L	F # 2E	Female 12-13 50 Fly	15	2	-1.99
1:31.23L	F # 3E	Female 12-13 100 Back	29	---	-1.25
3:03.98L	F # 5C	Female 12-13 200 IM	26	---	-2.96
1:21.48L	F # 6E	Female 12-13 100 Fly	13	4	-2.31
34.41L	F # 9E	Female 12-13 50 Free	26	---	-0.37
3:09.81L	F # 12C	Female 12-13 200 Fly	6	13	-5.64
1:42.99L	F # 13E	Female 12-13 100 Breast	30	---	-2.17
5:21.79L	F # 14C	Female 12-13 400 Free	5	14	-13.17

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Time	F/P/S	Event	Place	Points	Improv
Elizabeth Jenkins (11) F					
1:24.95L	F # 1C	Female 10-11 100 Free	24	---	---
43.08L	F # 2C	Female 10-11 50 Fly	8	11	---
3:25.37L	F # 5A	Female 11 & Under 200 IM	9	9	---
54.74L	F # 7C	Female 10-11 50 Breast	17	---	---
36.41L	F # 9C	Female 10-11 50 Free	13	4	---
3:00.01L	F # 10A	Female 11 & Under 200 Free	10	7	---
43.91L	F # 11C	Female 10-11 50 Back	7	12	---
1:58.18L	F # 13C	Female 10-11 100 Breast	21	---	---
Artem Kuklev (14) M					
28.28L	F # 2H	Male 14-15 50 Fly	1	20	-1.02
1:11.34L	F # 3H	Male 14-15 100 Back	4	15	---
2:33.50L	F # 5F	Male 14-15 200 IM	2	17	---
1:03.44L	F # 6H	Male 14-15 100 Fly	1	20	-6.30
26.85L	F # 9H	Male 14-15 50 Free	1	20	-0.64
Emily Laidman (14) F					
1:16.81L	F # 3G	Female 14-15 100 Back	6	13	-3.35
3:04.15L	F # 4E	Female 14-15 200 Breast	3	16	-4.26
2:44.48L	F # 5E	Female 14-15 200 IM	5	14	0.16
1:22.72L	F # 6G	Female 14-15 100 Fly	13	4	-4.69
39.26L	F # 7G	Female 14-15 50 Breast	2	17	-7.36
2:26.84L	F # 10E	Female 14-15 200 Free	7	12	-1.15
1:23.62L	F # 13G	Female 14-15 100 Breast	1	20	-0.11
5:12.44L	F # 14E	Female 14-15 400 Free	6	13	-0.20
Kali Lancaster (12) F					
36.14L	F # 2E	Female 12-13 50 Fly	13	4	-2.84
1:24.09L	F # 3E	Female 12-13 100 Back	15	2	-15.75
2:58.42L	F # 5C	Female 12-13 200 IM	19	---	-8.54
1:23.71L	F # 6E	Female 12-13 100 Fly	15	2	-6.29
41.71L	F # 7E	Female 12-13 50 Breast	5	14	-3.51
38.78L	F # 11E	Female 12-13 50 Back	7	12	-7.78
1:30.43L	F # 13E	Female 12-13 100 Breast	8	11	-0.67
5:33.81L	F # 14C	Female 12-13 400 Free	12	5	-25.48
Lia Lancaster (15) F					
1:03.13L	F # 1G	Female 14-15 100 Free	2	17	-1.04
1:15.09L	F # 3G	Female 14-15 100 Back	3	16	-1.63
2:40.72L	F # 5E	Female 14-15 200 IM	4	15	-7.11
2:42.33L	F # 8E	Female 14-15 200 Back	6	13	-0.54
28.79L	F # 9G	Female 14-15 50 Free	1	20	-0.20
2:21.43L	F # 10E	Female 14-15 200 Free	4	15	3.70
1:26.92L	F # 13G	Female 14-15 100 Breast	3	16	-1.91
5:01.50L	F # 14E	Female 14-15 400 Free	3	16	3.73

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Time	F/P/S	Event	Place	Points	Improv
Evelyn Li (10) F					
1:35.32L	F # 1C	Female 10-11 100 Free	38	---	---
49.43L	F # 2C	Female 10-11 50 Fly	21	---	---
1:52.51L DQ	F # 3C	Female 10-11 100 Back	---	---	---
59.54L	F # 7C	Female 10-11 50 Breast	25	---	---
42.75L	F # 9C	Female 10-11 50 Free	36	---	---
49.14L	F # 11C	Female 10-11 50 Back	28	---	---
2:09.69L	F # 13C	Female 10-11 100 Breast	29	---	---
Isaac Liu (8) M					
1:49.90L	F # 1B	Male 9 & Under 100 Free	5	14	---
57.00L	F # 2B	Male 9 & Under 50 Fly	5	14	---
2:00.71L	F # 3B	Male 9 & Under 100 Back	6	13	---
1:04.33L	F # 7B	Male 9 & Under 50 Breast	4	15	---
50.42L	F # 9B	Male 9 & Under 50 Free	9	9	---
Grace MacDonald (13) F (00)					
31.04L	F # 2E	Female 12-13 50 Fly	1	20	-0.10
1:15.44L	F # 3E	Female 12-13 100 Back	2	17	-4.11
2:37.94L	F # 5C	Female 12-13 200 IM	1	20	-7.53
1:13.34L	F # 6E	Female 12-13 100 Fly	2	17	3.62
29.66L	F # 9E	Female 12-13 50 Free	1	20	0.01
2:44.64L	F # 12C	Female 12-13 200 Fly	1	20	7.19
1:29.48L	F # 13E	Female 12-13 100 Breast	6	13	-12.63
5:53.55L	F # 14C	Female 12-13 400 Free	18	---	49.67
Jane Maycock (14) F					
1:08.86L	F # 1G	Female 14-15 100 Free	11	6	-4.33
38.27L	F # 2G	Female 14-15 50 Fly	14	3	-4.58
2:53.38L	F # 5E	Female 14-15 200 IM	11	6	-4.82
2:49.75L	F # 8E	Female 14-15 200 Back	10	7	-4.85
32.85L	F # 9G	Female 14-15 50 Free	14	2.5	-0.38
38.00L	F # 11G	Female 14-15 50 Back	10	7	-2.09
3:14.58L DQ	F # 12E	Female 14-15 200 Fly	---	---	---
5:11.55L	F # 14E	Female 14-15 400 Free	5	14	-15.44
Rachael Mebs (14) F					
1:13.92L	F # 1G	Female 14-15 100 Free	19	---	-3.25
38.50L	F # 2G	Female 14-15 50 Fly	15	2	---
3:09.05L	F # 5E	Female 14-15 200 IM	19	---	-10.70
1:29.72L	F # 6G	Female 14-15 100 Fly	18	---	-11.18
48.60L	F # 7G	Female 14-15 50 Breast	11	6	2.09
33.44L	F # 9G	Female 14-15 50 Free	18	---	0.29
3:31.70L	F # 12E	Female 14-15 200 Fly	5	14	---
5:28.94L	F # 14E	Female 14-15 400 Free	16	1	-23.20

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Time	F/P/S	Event	Place	Points	Improv
Sydney Meldrum (12) F					
34.59L	F # 2E	Female 12-13 50 Fly	7	12	---
1:18.02L	F # 3E	Female 12-13 100 Back	4	15	-5.09
2:50.65L	F # 5C	Female 12-13 200 IM	7	12	-25.43
1:19.67L	F # 6E	Female 12-13 100 Fly	8	11	-25.51
2:46.40L	F # 8C	Female 12-13 200 Back	3	16	-13.14
2:37.94L	F # 10C	Female 12-13 200 Free	11	6	-19.12
1:32.45L	F # 13E	Female 12-13 100 Breast	11	6	-3.51
5:33.34L	F # 14C	Female 12-13 400 Free	11	6	-26.86
Taryn Mercer (10) F					
1:35.09L	F # 1C	Female 10-11 100 Free	37	---	---
59.44L	F # 2C	Female 10-11 50 Fly	29	---	---
1:57.55L	F # 3C	Female 10-11 100 Back	30	---	---
56.36L	F # 7C	Female 10-11 50 Breast	22	---	---
NS	F # 9C	Female 10-11 50 Free	---	---	---
50.11L	F # 11C	Female 10-11 50 Back	29	---	---
2:09.13L	F # 13C	Female 10-11 100 Breast	28	---	---
Mackenzie Mueller (15) F					
36.27L	F # 2G	Female 14-15 50 Fly	9	9	-5.54
3:24.90L	F # 4E	Female 14-15 200 Breast	7	12	---
2:53.45L	F # 5E	Female 14-15 200 IM	12	5	-3.48
1:28.41L	F # 6G	Female 14-15 100 Fly	16	1	-9.70
NS	F # 7G	Female 14-15 50 Breast	---	---	---
31.11L	F # 9G	Female 14-15 50 Free	6	13	0.09
3:17.24L	F # 12E	Female 14-15 200 Fly	4	15	---
5:14.23L	F # 14E	Female 14-15 400 Free	8	11	-5.26
Emma Obee (11) F					
1:35.88L	F # 1C	Female 10-11 100 Free	39	---	---
1:00.38L	F # 2C	Female 10-11 50 Fly	30	---	---
1:47.91L	F # 3C	Female 10-11 100 Back	26	---	---
59.90L	F # 7C	Female 10-11 50 Breast	26	---	---
42.71L	F # 9C	Female 10-11 50 Free	35	---	---
47.41L	F # 11C	Female 10-11 50 Back	23	---	---
2:22.83L	F # 13C	Female 10-11 100 Breast	33	---	---
Keir Ogilvie (13) M					
29.50L	F # 2F	Male 12-13 50 Fly	1	20	-0.57
1:10.24L	F # 3F	Male 12-13 100 Back	2	17	-5.10
2:35.60L	F # 5D	Male 12-13 200 IM	4	15	-11.79
1:06.54L	F # 6F	Male 12-13 100 Fly	1	20	-0.53
28.83L	F # 9F	Male 12-13 50 Free	3	16	-1.15
2:35.80L	F # 12D	Male 12-13 200 Fly	1	20	4.62
1:25.88L	F # 13F	Male 12-13 100 Breast	5	14	---
4:53.52L	F # 14D	Male 12-13 400 Free	4	15	-0.19

UVic - Pacific Coast Swimming Assoc.

Individual Meet Results

2016 NRST Spring Sprint 09-Apr-16 to 10-Apr-16 [Ageup: 2016-03-08] SC Meters

Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
Jacob Rambo (14) M					
30.44L	F # 2H	Male 14-15 50 Fly	2	17	---
1:11.21L	F # 3H	Male 14-15 100 Back	3	16	---
2:34.41L	F # 5F	Male 14-15 200 IM	3	16	---
37.30L	F # 7H	Male 14-15 50 Breast	4	15	---
2:24.49L	F # 8F	Male 14-15 200 Back	1	20	---
2:30.42L	F # 12F	Male 14-15 200 Fly	1	20	---
1:21.03L	F # 13H	Male 14-15 100 Breast	2	17	---
4:44.61L	F # 14F	Male 14-15 400 Free	2	17	---
Tahlia Reid (11) F					
1:31.23L	F # 1C	Female 10-11 100 Free	33	---	---
1:06.24L	DQ F # 2C	Female 10-11 50 Fly	---	---	---
2:10.30L	F # 3C	Female 10-11 100 Back	32	---	---
56.80L	F # 7C	Female 10-11 50 Breast	24	---	---
38.97L	F # 9C	Female 10-11 50 Free	26	---	---
56.45L	F # 11C	Female 10-11 50 Back	31	---	---
2:03.32L	F # 13C	Female 10-11 100 Breast	26	---	---
Laura Rincon (13) F					
1:22.21L	F # 3E	Female 12-13 100 Back	11	6	---
3:01.03L	F # 4C	Female 12-13 200 Breast	1	20	2.45
2:52.46L	F # 5C	Female 12-13 200 IM	10	7	1.31
1:19.82L	F # 6E	Female 12-13 100 Fly	9	9	-3.23
37.46L	F # 7E	Female 12-13 50 Breast	1	20	0.59
2:32.12L	F # 10C	Female 12-13 200 Free	5	14	-11.25
1:22.56L	F # 13E	Female 12-13 100 Breast	1	20	0.20
5:23.31L	F # 14C	Female 12-13 400 Free	9	9	---
Arran Robertson (11) M					
1:23.33L	F # 1D	Male 10-11 100 Free	14	3	-13.23
46.35L	F # 2D	Male 10-11 50 Fly	8	11	---
3:32.75L	F # 4B	Male 11 & Under 200 Breast	3	16	-23.22
46.00L	F # 7D	Male 10-11 50 Breast	2	17	-6.23
36.31L	F # 9D	Male 10-11 50 Free	7	12	-5.26
46.69L	F # 11D	Male 10-11 50 Back	10	7	-3.92
1:39.94L	F # 13D	Male 10-11 100 Breast	2	17	-7.75
Annika Rupert (9) F					
1:37.73L	F # 1A	Female 9 & Under 100 Free	8	11	-16.65
1:03.76L	F # 2A	Female 9 & Under 50 Fly	10	7	---
1:48.31L	F # 3A	Female 9 & Under 100 Back	6	13	-6.46
56.41L	F # 7A	Female 9 & Under 50 Breast	4	15	-1.66
42.27L	F # 9A	Female 9 & Under 50 Free	7	12	-4.86
50.22L	F # 11A	Female 9 & Under 50 Back	7	12	-3.85
2:04.65L	F # 13A	Female 9 & Under 100 Breast	7	12	-5.75

UVic - Pacific Coast Swimming Assoc.

Individual Meet Results

2016 NRST Spring Sprint 09-Apr-16 to 10-Apr-16 [Ageup: 2016-03-08] SC Meters

Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
Bridget Rupert (9) F					
1:35.73L	F # 1A	Female 9 & Under 100 Free	6	13	-24.86
51.92L	F # 2A	Female 9 & Under 50 Fly	5	14	---
1:50.21L	F # 3A	Female 9 & Under 100 Back	7	12	-21.12
54.55L	F # 7A	Female 9 & Under 50 Breast	2	17	-6.60
41.62L	F # 9A	Female 9 & Under 50 Free	6	13	-5.11
49.45L	F # 11A	Female 9 & Under 50 Back	5	14	-9.65
2:01.75L	F # 13A	Female 9 & Under 100 Breast	4	15	-10.68
Michael Schmidt (13) M					
1:13.36L	F # 3F	Male 12-13 100 Back	5	14	-11.50
2:39.69L	F # 4D	Male 12-13 200 Breast	1	20	5.45
2:31.54L	F # 5D	Male 12-13 200 IM	1	20	-1.53
32.87L	F # 7F	Male 12-13 50 Breast	1	20	0.13
27.92L	F # 9F	Male 12-13 50 Free	1	20	-1.14
2:17.12L	F # 10D	Male 12-13 200 Free	2	17	-5.03
1:13.97L	F # 13F	Male 12-13 100 Breast	1	20	2.20
4:49.86L	F # 14D	Male 12-13 400 Free	2	17	-62.35
Ishi Sharma (9) F					
1:55.81L	F # 1A	Female 9 & Under 100 Free	18	---	---
2:09.68L	F # 3A	Female 9 & Under 100 Back	18	---	---
Hamzah Shihadeh (11) M					
1:30.36L	F # 1D	Male 10-11 100 Free	17	---	---
52.94L	F # 2D	Male 10-11 50 Fly	11	6	---
1:45.47L	F # 3D	Male 10-11 100 Back	12	5	---
56.64L	F # 7D	Male 10-11 50 Breast	12	5	---
40.58L	F # 9D	Male 10-11 50 Free	14	3	---
Madea Solberg (10) F					
1:28.73L	F # 1C	Female 10-11 100 Free	31	---	-14.74
DQ	F # 2C	Female 10-11 50 Fly	---	---	---
1:33.11L	F # 3C	Female 10-11 100 Back	6	13	-22.59
2:04.53L	F # 6C	Female 10-11 100 Fly	18	---	---
57.93L DQ	F # 7C	Female 10-11 50 Breast	---	---	---
39.58L	F # 9C	Female 10-11 50 Free	29	---	-5.58
39.86L	F # 11C	Female 10-11 50 Back	2	17	-11.66
1:59.88L	F # 13C	Female 10-11 100 Breast	23	---	-14.16

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Individual Meet Results

2016 NRST Spring Sprint 09-Apr-16 to 10-Apr-16 [Ageup: 2016-03-08] SC Meters

Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
Bijou Speirs (12) F					
1:09.60L	F # 1E	Female 12-13 100 Free	16	1	-8.75
3:10.07L	F # 4C	Female 12-13 200 Breast	4	15	---
1:24.76L	F # 6E	Female 12-13 100 Fly	18	---	-14.86
41.97L	F # 7E	Female 12-13 50 Breast	6	13	-16.32
31.93L	F # 9E	Female 12-13 50 Free	10	7	-1.24
2:36.06L	F # 10C	Female 12-13 200 Free	7	12	-17.17
1:27.67L	F # 13E	Female 12-13 100 Breast	4	15	-17.97
5:39.48L	F # 14C	Female 12-13 400 Free	15	2	-29.32
Jemma Stevens (12) F					
1:11.92L	F # 1E	Female 12-13 100 Free	22	---	-4.14
1:21.83L	F # 3E	Female 12-13 100 Back	9	9	-0.34
2:58.28L	F # 5C	Female 12-13 200 IM	18	---	0.08
1:28.35L	F # 6E	Female 12-13 100 Fly	24	---	-4.21
2:58.38L	F # 8C	Female 12-13 200 Back	14	3	5.08
2:31.79L	F # 10C	Female 12-13 200 Free	4	15	-8.22
1:35.47L	F # 13E	Female 12-13 100 Breast	16	1	-6.02
5:15.35L	F # 14C	Female 12-13 400 Free	2	17	-17.73
Maya Stevens (9) F					
1:31.55L	F # 1A	Female 9 & Under 100 Free	4	15	-2.80
41.91L	F # 2A	Female 9 & Under 50 Fly	1	20	-3.33
1:43.83L	F # 3A	Female 9 & Under 100 Back	4	15	-6.36
1:41.72L	F # 6A	Female 9 & Under 100 Fly	1	20	-13.37
38.45L	F # 9A	Female 9 & Under 50 Free	4	15	-1.22
3:19.28L	F # 10A	Female 11 & Under 200 Free	18	---	0.54
44.73L	F # 11A	Female 9 & Under 50 Back	3	16	-6.35
2:03.58L	F # 13A	Female 9 & Under 100 Breast	6	13	-6.84
Anastasia Trudel (12) F					
1:06.97L	F # 1E	Female 12-13 100 Free	4	15	0.24
34.81L	F # 2E	Female 12-13 50 Fly	9	9	-9.03
1:21.58L	F # 3E	Female 12-13 100 Back	8	11	-4.26
2:50.69L	F # 5C	Female 12-13 200 IM	8	11	-13.62
1:23.34L	F # 6E	Female 12-13 100 Fly	14	3	---
30.52L	F # 9E	Female 12-13 50 Free	4	15	0.22
2:27.71L	F # 10C	Female 12-13 200 Free	2	17	-3.07
5:08.07L	F # 14C	Female 12-13 400 Free	1	20	-7.93
Ethan Woo (7) M					
1:50.49L	F # 1B	Male 9 & Under 100 Free	6	13	---
1:57.86L	DQ F # 3B	Male 9 & Under 100 Back	---	---	---
1:12.84L	F # 7B	Male 9 & Under 50 Breast	6	13	---
47.82L	F # 9B	Male 9 & Under 50 Free	8	11	---
52.92L	F # 11B	Male 9 & Under 50 Back	5	14	---
2:30.00L	F # 13B	Male 9 & Under 100 Breast	3	16	---

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Individual Meet Results

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Location: NAC

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Event	Place	Points	Improv
Jasmine Yu (11) F					
1:14.06L	F # 1C	Female 10-11 100 Free	3	16	-6.88
3:22.26L	F # 4A	Female 11 & Under 200 Breast	1	20	-25.03
1:37.80L	F # 6C	Female 10-11 100 Fly	7	12	---
43.98L	F # 7C	Female 10-11 50 Breast	1	20	-2.92
33.75L	F # 9C	Female 10-11 50 Free	2	17	-3.63
2:44.19L	F # 10A	Female 11 & Under 200 Free	6	13	-19.15
1:33.81L	F # 13C	Female 10-11 100 Breast	1	20	-5.92