

## UVic - Pacific Coast Swimming Assoc.

### Individual Meet Results

PCS Sunday Race Day Series #1 01-Nov-15 SC Meters Alt: 75

Location: McKinnon Pool, University of Victoria

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

| Time                                 | F/P/S  | Event             | Place | Points | Improv |
|--------------------------------------|--------|-------------------|-------|--------|--------|
| <b>Charlotte Alexander (10) F</b>    |        |                   |       |        |        |
| 40.44S                               | F # 1  | Female 50 Free    | 11    | ---    | ---    |
| 50.07S                               | F # 9  | Female 50 Back    | 6     | ---    | ---    |
| 55.83S                               | F # 23 | Female 50 Breast  | 6     | ---    | ---    |
| 3:43.00S                             | F # 29 | Female 200 Free   | 14    | ---    | ---    |
| <b>Trinity Aragon-Scriven (11) F</b> |        |                   |       |        |        |
| 1:47.15S                             | F # 5  | Female 100 Fly    | 2     | ---    | ---    |
| 1:34.99S                             | F # 13 | Female 100 Breast | 2     | ---    | 2.79   |
| 1:20.20S                             | F # 19 | Female 100 Free   | 3     | ---    | -1.43  |
| 42.83S                               | F # 23 | Female 50 Breast  | 1     | ---    | 0.14   |
| <b>Emma Attwell (10) F</b>           |        |                   |       |        |        |
| 39.84S DQ                            | F # 1  | Female 50 Free    | ---   | ---    | ---    |
| 47.27S                               | F # 9  | Female 50 Back    | 4     | ---    | 1.70   |
| 51.10S                               | F # 15 | Female 50 Fly     | 7     | ---    | 4.70   |
| 1:31.29S                             | F # 19 | Female 100 Free   | 4     | ---    | 1.09   |
| 3:23.95S                             | F # 29 | Female 200 Free   | 8     | ---    | -13.47 |
| <b>Sophia Bahr-Cook (9) F</b>        |        |                   |       |        |        |
| 49.32S                               | F # 1  | Female 50 Free    | 22    | ---    | ---    |
| 57.26S                               | F # 9  | Female 50 Back    | 14    | ---    | ---    |
| 2:05.10S                             | F # 19 | Female 100 Free   | 8     | ---    | ---    |
| 1:17.89S                             | F # 23 | Female 50 Breast  | 10    | ---    | ---    |
| <b>Georgia Ballantyne (13) F</b>     |        |                   |       |        |        |
| 30.91S                               | F # 1  | Female 50 Free    | 1     | ---    | 0.64   |
| 1:34.72S                             | F # 13 | Female 100 Breast | 1     | ---    | -12.53 |
| 36.20S                               | F # 15 | Female 50 Fly     | 1     | ---    | 0.88   |
| 3:06.85S                             | F # 21 | Female 200 IM     | 3     | ---    | 8.54   |
| 2:38.08S                             | F # 29 | Female 200 Free   | 1     | ---    | 3.67   |
| <b>Stephanie Borissov (12) F</b>     |        |                   |       |        |        |
| 34.55S                               | F # 1  | Female 50 Free    | 3     | ---    | 0.94   |
| 39.51S                               | F # 9  | Female 50 Back    | 2     | ---    | -0.97  |
| 1:15.26S                             | F # 19 | Female 100 Free   | 1     | ---    | 2.11   |
| 2:44.77S                             | F # 29 | Female 200 Free   | 2     | ---    | -25.35 |
| <b>Alex Camaraire (7) M</b>          |        |                   |       |        |        |
| DQ                                   | F # 2  | Male 50 Free      | ---   | ---    | ---    |
| 1:01.12S DQ                          | F # 10 | Male 50 Back      | ---   | ---    | ---    |
| 2:07.45S                             | F # 20 | Male 100 Free     | 3     | ---    | ---    |
| 1:19.09S                             | F # 24 | Male 50 Breast    | 9     | ---    | ---    |
| <b>Thomas Chapman (13) M</b>         |        |                   |       |        |        |
| 2:36.73S                             | F # 22 | Male 200 IM       | 2     | ---    | ---    |
| 5:04.08S                             | F # 32 | Male 400 Free     | 2     | ---    | ---    |

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| Time                        | F/P/S  | Event             | Place | Points | Improv |
|-----------------------------|--------|-------------------|-------|--------|--------|
| <b>Lily Chen (12) F</b>     |        |                   |       |        |        |
| 2:55.58S                    | F # 21 | Female 200 IM     | 1     | ---    | -33.91 |
| 5:27.16S                    | F # 31 | Female 400 Free   | 1     | ---    | -9.68  |
| <b>Brendan Chow (12) M</b>  |        |                   |       |        |        |
| 1:29.07S                    | F # 6  | Male 100 Fly      | 1     | ---    | 1.94   |
| 3:03.00S                    | F # 22 | Male 200 IM       | 3     | ---    | -20.50 |
| 1:31.13S                    | F # 28 | Male 100 Back     | 1     | ---    | 0.08   |
| 5:56.49S                    | F # 32 | Male 400 Free     | 4     | ---    | 2.24   |
| <b>Nathan Chow (11) M</b>   |        |                   |       |        |        |
| 34.46S                      | F # 2  | Male 50 Free      | 3     | ---    | 0.13   |
| 42.29S                      | F # 10 | Male 50 Back      | 1     | ---    | 0.51   |
| 7:10.58S                    | F # 34 | Male 400 IM       | 1     | ---    | ---    |
| <b>Ashley Chu (9) F</b>     |        |                   |       |        |        |
| 48.09S                      | F # 1  | Female 50 Free    | 20    | ---    | -0.30  |
| 57.93S                      | F # 9  | Female 50 Back    | 15    | ---    | -9.38  |
| 1:10.84S                    | F # 23 | Female 50 Breast  | 7     | ---    | 1.27   |
| <b>Sophia Cook (9) F</b>    |        |                   |       |        |        |
| 49.32S                      | F # 1  | Female 50 Free    | 22    | ---    | -6.01  |
| 57.26S                      | F # 9  | Female 50 Back    | 14    | ---    | -18.51 |
| 2:05.10S                    | F # 19 | Female 100 Free   | 8     | ---    | ---    |
| 1:17.89S                    | F # 23 | Female 50 Breast  | 10    | ---    | ---    |
| <b>Daniel Damian (12) M</b> |        |                   |       |        |        |
| 31.50S                      | F # 2  | Male 50 Free      | 1     | ---    | 0.27   |
| 5:26.03S                    | F # 32 | Male 400 Free     | 3     | ---    | -33.24 |
| <b>Thea Damian (8) F</b>    |        |                   |       |        |        |
| 47.95S                      | F # 1  | Female 50 Free    | 19    | ---    | 0.84   |
| 2:10.77S                    | F # 13 | Female 100 Breast | 14    | ---    | -0.87  |
| 4:28.80S DQ                 | F # 21 | Female 200 IM     | ---   | ---    | ---    |
| 2:10.41S                    | F # 27 | Female 100 Back   | 4     | ---    | 6.77   |
| <b>Maia Denis (10) F</b>    |        |                   |       |        |        |
| 37.53S                      | F # 1  | Female 50 Free    | 7     | ---    | 0.81   |
| 1:55.84S                    | F # 13 | Female 100 Breast | 8     | ---    | 2.90   |
| 3:37.13S                    | F # 21 | Female 200 IM     | 6     | ---    | 1.95   |
| 54.59S                      | F # 23 | Female 50 Breast  | 5     | ---    | -4.62  |
| 3:01.47S                    | F # 29 | Female 200 Free   | 5     | ---    | -11.67 |
| 7:39.18S                    | F # 33 | Female 400 IM     | 2     | ---    | ---    |
| <b>Bill Dongfang (10) M</b> |        |                   |       |        |        |
| 36.40S                      | F # 2  | Male 50 Free      | 5     | ---    | 0.10   |
| 1:57.32S                    | F # 14 | Male 100 Breast   | 3     | ---    | ---    |
| 47.49S                      | F # 16 | Male 50 Fly       | 2     | ---    | 2.79   |
| 3:38.17S                    | F # 22 | Male 200 IM       | 4     | ---    | ---    |
| 3:07.82S                    | F # 30 | Male 200 Free     | 1     | ---    | -13.71 |

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| Time                          | F/P/S  | Event             | Place | Points | Improv |
|-------------------------------|--------|-------------------|-------|--------|--------|
| <b>Megan Frost (10) F</b>     |        |                   |       |        |        |
| 52.91S                        | F # 1  | Female 50 Free    | 25    | ---    | ---    |
| DQ                            | F # 13 | Female 100 Breast | ---   | ---    | ---    |
| 2:07.20S                      | F # 19 | Female 100 Free   | 10    | ---    | ---    |
| 1:05.65S DQ                   | F # 23 | Female 50 Breast  | ---   | ---    | ---    |
| <b>Roxanne Goody (10) F</b>   |        |                   |       |        |        |
| 50.29S                        | F # 1  | Female 50 Free    | 23    | ---    | ---    |
| 56.45S                        | F # 9  | Female 50 Back    | 13    | ---    | ---    |
| 2:06.48S                      | F # 19 | Female 100 Free   | 9     | ---    | ---    |
| 1:36.30S DQ                   | F # 23 | Female 50 Breast  | ---   | ---    | ---    |
| <b>Zeinab Guitouni (8) F</b>  |        |                   |       |        |        |
| 1:01.41S                      | F # 1  | Female 50 Free    | 27    | ---    | ---    |
| 28.92S                        | F # 3  | Female 25 Free    | 1     | ---    | 0.07   |
| 33.48S                        | F # 11 | Female 25 Back    | 2     | ---    | 1.09   |
| <b>Alonso Gutierrez (9) M</b> |        |                   |       |        |        |
| 44.12S                        | F # 2  | Male 50 Free      | 10    | ---    | ---    |
| 26.12S                        | F # 12 | Male 25 Back      | 1     | ---    | ---    |
| 1:48.37S                      | F # 20 | Male 100 Free     | 2     | ---    | ---    |
| 1:08.05S DQ                   | F # 24 | Male 50 Breast    | ---   | ---    | ---    |
| <b>Julia Hajash (9) F</b>     |        |                   |       |        |        |
| 43.35S                        | F # 1  | Female 50 Free    | 13    | ---    | 0.54   |
| 51.07S                        | F # 9  | Female 50 Back    | 9     | ---    | 2.10   |
| 1:49.24S                      | F # 13 | Female 100 Breast | 7     | ---    | 1.42   |
| 3:37.02S                      | F # 29 | Female 200 Free   | 11    | ---    | -12.38 |
| <b>Lucy Hallett (8) F</b>     |        |                   |       |        |        |
| 45.16S                        | F # 1  | Female 50 Free    | 17    | ---    | ---    |
| 55.36S                        | F # 9  | Female 50 Back    | 11    | ---    | -6.34  |
| 1:46.58S                      | F # 19 | Female 100 Free   | 5     | ---    | ---    |
| 1:09.48S DQ                   | F # 23 | Female 50 Breast  | ---   | ---    | ---    |
| 2:06.21S                      | F # 27 | Female 100 Back   | 3     | ---    | ---    |
| <b>Heidi Henry (10) F</b>     |        |                   |       |        |        |
| 39.67S                        | F # 1  | Female 50 Free    | 9     | ---    | 0.37   |
| 1:59.03S                      | F # 13 | Female 100 Breast | 10    | ---    | -3.16  |
| 50.73S                        | F # 15 | Female 50 Fly     | 6     | ---    | -3.53  |
| 3:45.56S DQ                   | F # 21 | Female 200 IM     | ---   | ---    | ---    |
| <b>Taiki Hiraoka (11) M</b>   |        |                   |       |        |        |
| 32.55S                        | F # 2  | Male 50 Free      | 2     | ---    | -2.04  |
| 37.67S                        | F # 16 | Male 50 Fly       | 1     | ---    | -5.16  |
| 47.25S                        | F # 24 | Male 50 Breast    | 1     | ---    | -8.06  |
| 11:02.75S                     | F # 36 | Male 800 Free     | 1     | ---    | -56.04 |

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|----------------------------------|----------|-------------------|-------|--------|--------|
| <b>Sebastien Hon (9) M</b>       |          |                   |       |        |        |
| 54.03S                           | DQ F # 2 | Male 50 Free      | ---   | ---    | ---    |
| 2:19.84S                         | DQ F # 8 | Male 100 IM       | ---   | ---    | ---    |
| 1:27.86S                         | F # 24   | Male 50 Breast    | 10    | ---    | 7.88   |
| 4:30.02S                         | F # 30   | Male 200 Free     | 6     | ---    | ---    |
| <b>Dominic Huang (10) M</b>      |          |                   |       |        |        |
| 34.79S                           | F # 2    | Male 50 Free      | 4     | ---    | -1.34  |
| 49.89S                           | F # 24   | Male 50 Breast    | 3     | ---    | 0.04   |
| 6:10.86S                         | F # 32   | Male 400 Free     | 5     | ---    | -11.72 |
| <b>Maia Isaac (11) F</b>         |          |                   |       |        |        |
| 1:49.02S                         | F # 13   | Female 100 Breast | 6     | ---    | ---    |
| 3:40.80S                         | F # 21   | Female 200 IM     | 7     | ---    | ---    |
| 3:25.45S                         | F # 29   | Female 200 Free   | 9     | ---    | ---    |
| <b>Sophia Malachowski (10) F</b> |          |                   |       |        |        |
| 39.68S                           | F # 1    | Female 50 Free    | 10    | ---    | 0.45   |
| 1:45.65S                         | F # 7    | Female 100 IM     | 1     | ---    | ---    |
| 2:07.93S                         | F # 13   | Female 100 Breast | 12    | ---    | ---    |
| <b>Connor Mar (9) M</b>          |          |                   |       |        |        |
| 46.89S                           | F # 2    | Male 50 Free      | 13    | ---    | 1.78   |
| 1:57.63S                         | F # 8    | Male 100 IM       | 2     | ---    | ---    |
| 55.34S                           | F # 16   | Male 50 Fly       | 3     | ---    | 2.77   |
| 3:54.47S                         | F # 30   | Male 200 Free     | 5     | ---    | ---    |
| <b>Nika Marefat (11) F</b>       |          |                   |       |        |        |
| 43.69S                           | F # 1    | Female 50 Free    | 14    | ---    | ---    |
| 1:00.86S                         | DQ F # 9 | Female 50 Back    | ---   | ---    | ---    |
| 1:14.13S                         | F # 23   | Female 50 Breast  | 8     | ---    | ---    |
| 3:51.76S                         | F # 29   | Female 200 Free   | 15    | ---    | ---    |
| <b>Rachael Mebs (14) F</b>       |          |                   |       |        |        |
| 35.16S                           | F # 1    | Female 50 Free    | 5     | ---    | 0.84   |
| 44.30S                           | F # 9    | Female 50 Back    | 3     | ---    | -1.64  |
| 1:48.50S                         | F # 13   | Female 100 Breast | 5     | ---    | 3.84   |
| 45.40S                           | F # 15   | Female 50 Fly     | 4     | ---    | 1.81   |
| 51.75S                           | F # 23   | Female 50 Breast  | 4     | ---    | 3.30   |
| 2:55.58S                         | F # 29   | Female 200 Free   | 4     | ---    | 0.91   |
| <b>Sydney Meldrum (12) F</b>     |          |                   |       |        |        |
| 1:38.26S                         | F # 13   | Female 100 Breast | 4     | ---    | 3.23   |
| 3:06.97S                         | F # 21   | Female 200 IM     | 4     | ---    | 5.71   |
| 6:48.25S                         | F # 33   | Female 400 IM     | 1     | ---    | 23.01  |

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|-------------------------------|-----------|-------------------|-------|--------|--------|
| <b>Ruby Pandachuck (7) F</b>  |           |                   |       |        |        |
| 57.43S                        | F # 1     | Female 50 Free    | 26    | ---    | -1.54  |
| 29.92S                        | F # 11    | Female 25 Back    | 1     | ---    | -5.74  |
| 2:04.45S                      | F # 19    | Female 100 Free   | 7     | ---    | ---    |
| 1:15.66S                      | F # 23    | Female 50 Breast  | 9     | ---    | -2.51  |
| <b>Jacob Rambo (13) M</b>     |           |                   |       |        |        |
| 2:35.90S                      | F # 22    | Male 200 IM       | 1     | ---    | ---    |
| 4:55.69S                      | F # 32    | Male 400 Free     | 1     | ---    | ---    |
| <b>Tahlia Reid (10) F</b>     |           |                   |       |        |        |
| 47.13S                        | F # 1     | Female 50 Free    | 18    | ---    | ---    |
| 1:11.37S                      | F # 9     | Female 50 Back    | 17    | ---    | ---    |
| 2:02.08S                      | F # 19    | Female 100 Free   | 6     | ---    | ---    |
| 1:21.35S                      | F # 23    | Female 50 Breast  | 11    | ---    | ---    |
| <b>Arran Robertson (11) M</b> |           |                   |       |        |        |
| 38.77S                        | F # 2     | Male 50 Free      | 7     | ---    | 0.50   |
| 1:47.08S                      | F # 14    | Male 100 Breast   | 2     | ---    | -17.41 |
| 3:52.19S                      | F # 22    | Male 200 IM       | 6     | ---    | ---    |
| 50.63S                        | F # 24    | Male 50 Breast    | 4     | ---    | -0.87  |
| <b>Annika Rupert (8) F</b>    |           |                   |       |        |        |
| 44.70S                        | F # 1     | Female 50 Free    | 16    | ---    | 0.71   |
| 50.63S                        | F # 9     | Female 50 Back    | 7     | ---    | 0.78   |
| 1:58.33S                      | F # 13    | Female 100 Breast | 9     | ---    | 1.42   |
| 3:39.82S                      | F # 29    | Female 200 Free   | 13    | ---    | -7.22  |
| <b>Bridget Rupert (8) F</b>   |           |                   |       |        |        |
| 44.37S                        | F # 1     | Female 50 Free    | 15    | ---    | 0.27   |
| 54.55S                        | F # 9     | Female 50 Back    | 10    | ---    | 1.78   |
| 2:06.19S                      | F # 13    | Female 100 Breast | 11    | ---    | -3.78  |
| 3:38.24S                      | F # 29    | Female 200 Free   | 12    | ---    | -11.98 |
| <b>Hamzah Shihadeh (11) M</b> |           |                   |       |        |        |
| 44.47S                        | F # 2     | Male 50 Free      | 11    | ---    | 0.94   |
| 1:09.68S                      | DQ F # 16 | Male 50 Fly       | ---   | ---    | ---    |
| 4:29.06S                      | F # 22    | Male 200 IM       | 8     | ---    | ---    |
| 3:50.50S                      | F # 30    | Male 200 Free     | 4     | ---    | ---    |
| <b>Joshua Simmonds (10) M</b> |           |                   |       |        |        |
| 49.26S                        | F # 2     | Male 50 Free      | 14    | ---    | ---    |
| 22.45S                        | F # 4     | Male 25 Free      | 1     | ---    | ---    |
| 27.21S                        | F # 12    | Male 25 Back      | 2     | ---    | ---    |
| 28.37S                        | F # 18    | Male 25 Fly       | 1     | ---    | ---    |

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|-------------------------------------|--------|-------------------|-------|--------|--------|
| <b>Madea Solberg (10) F</b>         |        |                   |       |        |        |
| 41.44S                              | F # 1  | Female 50 Free    | 12    | ---    | -2.86  |
| 53.53S                              | F # 15 | Female 50 Fly     | 8     | ---    | 4.78   |
| 4:05.49S                            | F # 21 | Female 200 IM     | 9     | ---    | 2.61   |
| 3:33.99S                            | F # 29 | Female 200 Free   | 10    | ---    | 5.64   |
| <b>Bijou Speirs (12) F</b>          |        |                   |       |        |        |
| 1:35.77S                            | F # 13 | Female 100 Breast | 3     | ---    | 1.61   |
| 39.27S                              | F # 15 | Female 50 Fly     | 2     | ---    | -1.41  |
| 3:06.49S                            | F # 21 | Female 200 IM     | 2     | ---    | -4.21  |
| 11:50.95S                           | F # 35 | Female 800 Free   | 1     | ---    | -10.52 |
| <b>Maya Stevens (9) F</b>           |        |                   |       |        |        |
| 39.19S                              | F # 1  | Female 50 Free    | 8     | ---    | -0.32  |
| 48.13S                              | F # 9  | Female 50 Back    | 5     | ---    | 0.44   |
| 3:15.25S                            | F # 29 | Female 200 Free   | 7     | ---    | -4.78  |
| 8:00.10S                            | F # 33 | Female 400 IM     | 3     | ---    | -3.28  |
| <b>Atanas Tchaouchev (9) M</b>      |        |                   |       |        |        |
| 44.53S                              | F # 2  | Male 50 Free      | 12    | ---    | 0.77   |
| 1:59.63S                            | F # 14 | Male 100 Breast   | 4     | ---    | 0.03   |
| 1:49.76S                            | F # 28 | Male 100 Back     | 3     | ---    | -4.17  |
| 3:48.81S                            | F # 30 | Male 200 Free     | 3     | ---    | 6.51   |
| <b>Constantine Tchaouchev (6) M</b> |        |                   |       |        |        |
| 1:04.79S                            | F # 2  | Male 50 Free      | 19    | ---    | ---    |
| 29.39S                              | F # 4  | Male 25 Free      | 4     | ---    | ---    |
| 30.55S                              | F # 12 | Male 25 Back      | 4     | ---    | ---    |
| <b>Emma Vizina (10) F</b>           |        |                   |       |        |        |
| 50.82S                              | F # 9  | Female 50 Back    | 8     | ---    | -0.90  |
| 2:08.86S                            | F # 13 | Female 100 Breast | 13    | ---    | -7.59  |
| 4:17.41S                            | F # 21 | Female 200 IM     | 10    | ---    | -11.65 |
| 1:59.98S                            | F # 27 | Female 100 Back   | 2     | ---    | 1.16   |
| <b>Ethan Woo (7) M</b>              |        |                   |       |        |        |
| 1:00.73S                            | F # 2  | Male 50 Free      | 16    | ---    | ---    |
| 57.12S                              | F # 10 | Male 50 Back      | 2     | ---    | ---    |
| 2:12.14S                            | F # 20 | Male 100 Free     | 5     | ---    | ---    |
| 1:31.36S DQ                         | F # 24 | Male 50 Breast    | ---   | ---    | ---    |