Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S		Event	Place	Points	Improv
Meadow Albert	s (10) F					
3:41.51S	P	# 11A	Female 10 & Under 200 IM	12		-1.30
39.18S	F	# 14A	Female 10 & Under 50 Free	25		0.01
49.73S	F	# 19A	Female 10 & Under 50 Fly	16	1	5.43
1:41.80S	P	# 31A	Female 10 & Under 100 Back	19		-2.18
3:28.13S D	Q P	# 60A	Female 11 & Under 200 Back			
44.82S	F	# 65A	Female 10 & Under 50 Back	9	9	-0.84
Kelsey Andrusa	k (14) F					
2:29.02S	F	# 12C	Female 14-15 200 IM	3	20	0.51
2:32.21S	P	# 12C	Female 14-15 200 IM	3		3.70
27.45S	F	# 15C	Female 14-15 50 Free	1	50	0.08
27.85S	P	# 15C	Female 14-15 50 Free	1		0.48
30.49S	F	# 20C	Female 14-15 50 Fly	1	50	-0.58
30.96S	P	# 20C	Female 14-15 50 Fly	1		-0.11
1:16.92S	P	# 37C	Female 14-15 100 Breast	2		0.68
1:17.16S	F	# 37C	Female 14-15 100 Breast	2	30	0.92
2:11.62S	F	# 40C	Female 14-15 200 Free	2	30	-5.13
2:13.30S	P	# 40C	Female 14-15 200 Free	2		-3.45
35.69S D	Q P	# 53C	Female 14-15 50 Breast			
1:10.61S	P	# 58C	Female 14-15 100 Fly	5		-2.79
1:11.19S	F	# 58C	Female 14-15 100 Fly	5	14	-2.21
34.13S	P	# 66C	Female 14-15 50 Back	5		
35.12S	F	# 66C	Female 14-15 50 Back	8	11	
Riley Andrusak	(8) F					
38.53S	F	# 14A	Female 10 & Under 50 Free	18		-0.47
56.88S D	Q F	# 19A	Female 10 & Under 50 Fly			
1:50.10S	F	# 28A	Female 10 & Under 100 IM	12	5	
2:05.92S	P	# 36A	Female 10 & Under 100 Breast	15		-2.15
38.22S	F	# 42	200 Free Relay Lead Off			-0.78
1:31.98S	P	# 62A	Female 10 & Under 100 Free	28		-2.89
53.73S	F	# 65A	Female 10 & Under 50 Back	22		1.12

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Trinity Aragon-S	Scriven (11) F				
3:06.58S	P # 12A	Female 11 & Under 200 IM	11		-3.32
31.63S	F # 15A	Female 11 & Under 50 Free	5	14	-1.42
32.31S	P # 15A	Female 11 & Under 50 Free	6		-0.74
3:10.41S	F # 17A	Female 11 & Under 200 Breast	2	30	-3.94
3:18.69S	P # 17A	Female 11 & Under 200 Breast	2		4.34
6:35.52S	F # 29A	Female 11 & Under 400 IM	6	13	-12.65
1:27.80S	P # 32A	Female 11 & Under 100 Back	13		0.19
1:27.83S	F # 37A	Female 11 & Under 100 Breast	2	30	-2.36
1:31.02S	P # 37A	Female 11 & Under 100 Breast	2		0.83
2:47.53S	P # 40A	Female 11 & Under 200 Free	11		-6.31
40.18S	F # 53A	Female 11 & Under 50 Breast	1	50	-2.22
40.98S	P # 53A	Female 11 & Under 50 Breast	1		-1.42
1:11.76S	F # 63A	Female 11 & Under 100 Free	7	12	-4.46
1:12.138	P # 63A	Female 11 & Under 100 Free	7		-4.09
Griffin Arnatt (10) M				
37.72S	F # 4	200 Medley Relay Lead Off			-0.55
3:11.36S	F # 11B	Male 10 & Under 200 IM	3	20	-19.99
3:18.77S	P # 11B	Male 10 & Under 200 IM	4		-12.58
32.85S	F # 14B	Male 10 & Under 50 Free	1	50	-0.35
6:02.68S	F # 22B	Male 10 & Under 400 Free	2	30	0.31
1:24.33S	P # 31B	Male 10 & Under 100 Back	3		-1.98
1:26.51S DC	Q F # 31B	Male 10 & Under 100 Back			
1:45.15S	F # 36B	Male 10 & Under 100 Breast	2	30	-4.30
1:46.37S	P # 36B	Male 10 & Under 100 Breast	2		-3.08
2:46.48S	P # 39B	Male 10 & Under 200 Free	3		-3.06
2:46.75S	F # 39B	Male 10 & Under 200 Free	2	30	-2.79
2:57.42S	P # 61A	Male 11 & Under 200 Back	4		2.29
2:58.23S	F # 61A	Male 11 & Under 200 Back	4	15	3.10
1:14.08S	F # 62B	Male 10 & Under 100 Free	2	30	-0.41
1:16.53S	P # 62B	Male 10 & Under 100 Free	3		2.04
38.30S	F # 65B	Male 10 & Under 50 Back	3	20	0.03
Emma Attwell ((10) F				
3:37.51S	P # 11A	Female 10 & Under 200 IM	10		-5.75
38.06S	F # 14A	Female 10 & Under 50 Free	15	2	0.62
44.11S	F # 19A	Female 10 & Under 50 Fly	7	12	-2.29
1:30.67S	F # 31A	Female 10 & Under 100 Back	6	13	-9.70
1:33.61S	P # 31A	Female 10 & Under 100 Back	7		-6.76
3:08.12S	P # 39A	Female 10 & Under 200 Free	13		-5.37
52.28S	F # 52A	Female 10 & Under 50 Breast	12	5	-1.83
1:23.59S	P # 62A	Female 10 & Under 100 Free	13		-4.13
44.04S	F # 65A	Female 10 & Under 50 Back	6	13	-1.53

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Allison Ballanty	yne (15) F (00)				
2:24.90S	F # 120	Female 14-15 200 IM	2	30	3.13
2:31.34S	P # 120	Female 14-15 200 IM	2		9.57
2:27.49S	F # 340	Female 14-15 200 Fly	1	50	3.05
2:35.96S	P # 340	Female 14-15 200 Fly	2		11.52
1:18.65S	F # 370	Female 14-15 100 Breast	4	15	-22.39
1:20.68S	P # 370	Female 14-15 100 Breast	6		-20.36
2:08.98S	F # 400	Female 14-15 200 Free	1	50	4.27
2:11.71S	P # 400	Female 14-15 200 Free	1		7.00
28.07S	F # 48	200 Free Relay Lead Off			0.05
4:35.86S	F # 550	Female 14-15 400 Free	1	50	6.32
1:05.89S	F # 580	Female 14-15 100 Fly	1	50	1.47
1:09.72S	P # 580	Female 14-15 100 Fly	2		5.30
2:26.08S	F # 600	Female 14-15 200 Back	3	20	-5.19
2:31.79S	P # 600	Female 14-15 200 Back	5		0.52
59.91S	F # 630	Female 14-15 100 Free	1	50	1.72
1:01.81S	P # 630	Female 14-15 100 Free	2		3.62
Georgia Ballant	tyne (13) F				
2:47.76S	P # 12H	B Female 12-13 200 IM	12		-1.16
29.49S	F # 15H	Female 12-13 50 Free	5	14	-0.46
29.95S	P # 15H	Female 12-13 50 Free	5		
34.91S	P # 20H	B Female 12-13 50 Fly	11		0.95
11:00.28S	F # 23H	B Female 12-13 800 Free	10	7	-24.10
1:19.54S	P # 32H	B Female 12-13 100 Back	15		-3.08
2:20.598	F # 40H	Female 12-13 200 Free	6	13	-13.82
2:23.63S	P # 40H	B Female 12-13 200 Free	7		-10.78
1:22.88S	P # 581	B Female 12-13 100 Fly	16		1.66
2:50.30S	P # 60H	B Female 12-13 200 Back	12		0.67
1:04.63S	P # 631	B Female 12-13 100 Free	4		-1.22
1:04.86S	F # 631	B Female 12-13 100 Free	5	14	-0.99

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Haley Bennett	(16) F				
31.74S	F # 9	200 Medley Relay Lead Off			0.51
2:26.46S	F # 12D	Female 16 & Over 200 IM	3	20	5.08
2:29.63S	P # 12D	Female 16 & Over 200 IM	4		8.25
9:20.74S	F # 23D	Female 16 & Over 800 Free	4	15	15.95
5:09.02S	F # 29D	Female 16 & Over 400 IM	5	14	8.75
1:19.68S	P # 37D	Female 16 & Over 100 Breast	2		4.34
1:20.62S	F # 37D	Female 16 & Over 100 Breast	5	14	5.28
2:08.83S	F # 40D	Female 16 & Over 200 Free	5	14	2.77
2:09.45S	P # 40D	Female 16 & Over 200 Free	5		3.39
4:31.30S	F # 55D	Female 16 & Over 400 Free	5	14	7.32
1:08.09S	F # 58D	Female 16 & Over 100 Fly	4	15	-0.81
1:08.37S	P # 58D	Female 16 & Over 100 Fly	2		-0.53
31.61S	F # 66D	Female 16 & Over 50 Back	2	30	0.38
31.74S	P # 66D	Female 16 & Over 50 Back	2		0.51
Sabine Black (11) F				
36.04S	P # 15A	Female 11 & Under 50 Free	20		0.06
3:29.38S	P # 17A	Female 11 & Under 200 Breast	6		-12.46
3:30.55S	F # 17A	Female 11 & Under 200 Breast	6	13	-11.29
1:38.95S	P # 37A	Female 11 & Under 100 Breast	9		-9.16
2:51.498	P # 40A	Female 11 & Under 200 Free	15		-7.85
46.55S	P # 53A	Female 11 & Under 50 Breast	11		-3.06
1:18.93S	P # 63A	Female 11 & Under 100 Free	13		-5.76
Stephanie Boris	ssov (12) F				
33.31S	P # 15B	Female 12-13 50 Free	28		0.63
1:26.05S	P # 32B	Female 12-13 100 Back	27		4.28
2:39.43S	P # 40B	Female 12-13 200 Free	29		2.43
3:03.20S	P # 60B	Female 12-13 200 Back	17		7.51
1:13.53S	P # 63B	Female 12-13 100 Free	34		2.18
38.77S	P # 66B	Female 12-13 50 Back	15		0.61

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Thomas Chapm	nan (13) M				
33.13S	F # 6	200 Medley Relay Lead Off			-0.65
2:31.16S	F # 13E	Male 12-13 200 IM	3	20	-2.21
2:33.37S	P # 13E	Male 12-13 200 IM	6		
28.56S	F # 16E	Male 12-13 50 Free	3	20	-0.16
28.63S	P # 16E	Male 12-13 50 Free	2		-0.09
32.07S	F # 21E	Male 12-13 50 Fly	5	14	
32.08S	P # 21B	Male 12-13 50 Fly	5		
5:21.14S	F # 30E	Male 12-13 400 IM	4	15	-7.14
1:20.78S	F # 38E	Male 12-13 100 Breast	3	20	-2.33
1:21.26S	P # 38E	Male 12-13 100 Breast	3		-1.85
2:16.83S	F # 41E	Male 12-13 200 Free	5	14	-3.15
2:19.11S	P # 41E	Male 12-13 200 Free	6		-0.87
4:48.24S	F # 56E	Male 12-13 400 Free	4	15	-8.15
1:11.98S	P # 59E	Male 12-13 100 Fly	5		-2.99
1:12.83S	F # 59E	Male 12-13 100 Fly	6	13	-2.14
33.25S	F # 67E	Male 12-13 50 Back	3	20	-0.53
33.36S	P # 67E	Male 12-13 50 Back	2		-0.42
Lily Chen (12)	F				
32.05S	F # 5	200 Medley Relay Lead Off			-0.16
2:45.82S	P # 12E	Female 12-13 200 IM	8		0.02
2:47.34S	F # 12E	Female 12-13 200 IM	8	11	1.54
29.32S	P # 15E	Female 12-13 50 Free	3		0.25
29.70S	F # 15E	Female 12-13 50 Free	6	13	0.63
31.92S	P # 20E	Female 12-13 50 Fly	5		-4.33
32.83S	F # 20E	Female 12-13 50 Fly	7	12	-3.42
1:10.47S	F # 32E	Female 12-13 100 Back	3	20	0.16
1:11.14S	P # 32E	Female 12-13 100 Back	3		0.83
2:28.98S	P # 40E	Female 12-13 200 Free	14		-5.47
5:22.55S	F # 55E	Female 12-13 400 Free	11	6	6.40
2:37.13S	P # 60E	Female 12-13 200 Back	3		-0.82
2:37.498	F # 60E	Female 12-13 200 Back	3	20	-0.46
31.36S	F # 66E	Female 12-13 50 Back	2	30	-0.85
31.83S	P # 66E	Female 12-13 50 Back	2		-0.38

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Brendan Chow	(12) M				
3:05.40S	P # 13B	Male 12-13 200 IM	16		12.86
30.24S	F # 16B	Male 12-13 50 Free	7	12	0.40
30.36S	P # 16B	Male 12-13 50 Free	8		0.52
23:24.66S	F # 26B	Male 12-13 1500 Free	5	14	1.06
6:26.94S	F # 30B	Male 12-13 400 IM	9	9	10.41
3:18.05S	P # 35B	Male 12-13 200 Fly	7		7.91
3:21.86S	F # 35B	Male 12-13 200 Fly	6	13	11.72
1:34.85S	P # 38B	Male 12-13 100 Breast	13		7.36
NS	F # 56B	Male 12-13 400 Free			
NS	P # 64B	Male 12-13 100 Free			
Nathan Chow (11) M				
2:59.63S	F # 13A	Male 11 & Under 200 IM	5	14	-12.77
3:02.44S	P # 13A	Male 11 & Under 200 IM	4		-9.96
38.75S	F # 21A	Male 11 & Under 50 Fly	4	15	-3.23
39.37S	P # 21A	Male 11 & Under 50 Fly	6		-2.61
12:09.54S	F # 24A	Male 11 & Under 800 Free	4	15	-11.38
6:37.43S	F # 30A	Male 11 & Under 400 IM	3	20	-6.64
1:20.17S	F # 33A	Male 11 & Under 100 Back	3	20	-2.77
1:21.61S	P # 33A	Male 11 & Under 100 Back	3		-1.33
2:39.10S	P # 41A	Male 11 & Under 200 Free	6		-5.62
2:40.39S	F # 41A	Male 11 & Under 200 Free	7	12	-4.33
5:44.05S	F # 56A	Male 11 & Under 400 Free	4	15	-18.73
2:50.33S	F # 61A	Male 11 & Under 200 Back	1	50	-5.22
2:51.98S	P # 61A	Male 11 & Under 200 Back	1		-3.57
36.98S	F # 67A	Male 11 & Under 50 Back	3	20	-1.53
38.29S	P # 67A	Male 11 & Under 50 Back	3		-0.22
Nolan Crisp (9)	М				
3:04.19S	F # 11B	Male 10 & Under 200 IM	1	50	-33.77
3:09.07S	P # 11B	Male 10 & Under 200 IM	1		-28.89
34.44S	F # 14B	Male 10 & Under 50 Free	4	15	-2.33
37.60S	F # 19B	Male 10 & Under 50 Fly	1	50	0.65
1:20.67S	F # 31B	Male 10 & Under 100 Back	1	50	-4.18
1:21.98S	P # 31B	Male 10 & Under 100 Back	1		-2.87
2:46.18S	P # 39B	Male 10 & Under 200 Free	2		-11.70
2:50.84S	F # 39B	Male 10 & Under 200 Free	3	20	-7.04
1:25.21S	F # 57B	Male 10 & Under 100 Fly	1	50	-10.50
1:27.96S	P # 57B	Male 10 & Under 100 Fly	1		-7.75
2:55.42S	F # 61A	·	3	20	-5.02
2:55.70S	P # 61A		3		-4.74
1:17.26S	F # 62B	Male 10 & Under 100 Free	5	14	-0.77
1:18.40S	P # 62B	Male 10 & Under 100 Free	5		0.37
37.98S	F # 65B	Male 10 & Under 50 Back	1	50	0.99
57.700	1 π 03D	male to de Olider 50 Back	1	50	0.77

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Maia Denis (11)	F				
43.97S	F # 3	200 Medley Relay Lead Off			-0.32
34.65S	P # 15A	Female 11 & Under 50 Free	11		-1.08
45.11S	P # 20A	Female 11 & Under 50 Fly	16		-2.96
1:35.30S	P # 32A	Female 11 & Under 100 Back	18		-3.37
2:46.40S	P # 40A	Female 11 & Under 200 Free	10		-7.23
1:16.11S	P # 63A	Female 11 & Under 100 Free	10		-3.34
43.35S	P # 66A	Female 11 & Under 50 Back	10		-0.94
Miyu Dobashi (14) M				
2:27.56S	P # 13C	Male 14-15 200 IM	3		-1.76
2:27.73S	F # 13C	Male 14-15 200 IM	3	20	-1.59
28.87S	P # 21C	Male 14-15 50 Fly	3		-0.05
28.94S	F # 21C	Male 14-15 50 Fly	3	20	0.02
9:41.36S	F # 24C	Male 14-15 800 Free	2	30	
1:06.31S	F # 33C	Male 14-15 100 Back	3	20	0.76
1:06.85S	P # 33C	Male 14-15 100 Back	6		1.30
2:09.46S	F # 41C	Male 14-15 200 Free	4	15	-4.68
2:10.94S	P # 41C	Male 14-15 200 Free	6		-3.20
1:06.68S	P # 59C	Male 14-15 100 Fly	3		-2.51
1:07.16S	F # 59C	Male 14-15 100 Fly	3	20	-2.03
58.45S	F # 64C	Male 14-15 100 Free	3	20	-1.15
1:00.30S	P # 64C	Male 14-15 100 Free	4		0.70
29.70S	F # 67C	Male 14-15 50 Back	1	50	-0.80
30.12S	P # 67C	Male 14-15 50 Back	1		-0.38
Hana Edwards	(12) F				
31.39S	F # 5	200 Medley Relay Lead Off			0.40
2:29.18S	F # 12B	Female 12-13 200 IM	1	50	3.13
2:32.16S	P # 12B	Female 12-13 200 IM	1		6.11
2:47.02S	F # 17B	Female 12-13 200 Breast	1	50	4.86
2:48.53S	P # 17B	Female 12-13 200 Breast	1		6.37
9:44.29S	F # 23B	Female 12-13 800 Free	2	30	-54.71
5:17.35S	F # 29B	Female 12-13 400 IM	2	30	5.45
1:06.57S	F # 32B	Female 12-13 100 Back	1	50	-0.44
1:08.02S	P # 32B	Female 12-13 100 Back	1		1.01
1:17.14S	F # 37B	Female 12-13 100 Breast	1	50	3.04
1:17.75S	P # 37B	Female 12-13 100 Breast	1		3.65
29.32S	F # 46	200 Free Relay Lead Off			0.63
1:10.86S	F # 58B	Female 12-13 100 Fly	5	14	1.27
1:12.77S	P # 58B	Female 12-13 100 Fly	7		3.18
2:23.80S	F # 60B	Female 12-13 200 Back	1	50	1.22
2:25.59S	P # 60B	Female 12-13 200 Back	1		3.01
30.53S	F # 66B	Female 12-13 50 Back	1	50	-0.46
31.52S	P # 66B	Female 12-13 50 Back	1		0.53

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Kira Edwards ((15) F				
2:51.14S	P # 12C	Female 14-15 200 IM	14		12.74
30.87S	P # 15C	Female 14-15 50 Free	19		1.88
3:19.47S	P # 17C	Female 14-15 200 Breast	13		6.07
1:18.12S	P # 32C	Female 14-15 100 Back	23		8.51
2:20.35S	P # 40C	Female 14-15 200 Free	11		4.08
40.84S	P # 53C	Female 14-15 50 Breast	9		1.70
5:10.82S	F # 55C	Female 14-15 400 Free	16	1	29.96
34.17S	F # 66C	Female 14-15 50 Back	7	12	2.66
35.27S	P # 66C	Female 14-15 50 Back	8		3.76
Juan Antonio G	utierrez (13) M				
2:30.97S	P # 13B	Male 12-13 200 IM	2		-0.30
2:32.92S	F # 13B	Male 12-13 200 IM	5	14	1.65
27.81S	F # 16B	Male 12-13 50 Free	1	50	-0.24
28.34S	P # 16B	Male 12-13 50 Free	1		0.29
18:03.98S	F # 26B	Male 12-13 1500 Free	1	50	-14.27
1:13.46S	F # 33B	Male 12-13 100 Back	5	14	-0.34
1:15.138	P # 33B	Male 12-13 100 Back	5		1.33
2:07.65S	F # 41B	Male 12-13 200 Free	1	50	1.18
2:10.34S	P # 41B	Male 12-13 200 Free	1		3.87
4:32.02S	F # 56B	Male 12-13 400 Free	1	50	4.41
58.52S	F # 64B	Male 12-13 100 Free	1	50	-1.62
59.74S	P # 64B	Male 12-13 100 Free	1		-0.40
35.28S	F # 67B	Male 12-13 50 Back	5	14	0.23
35.64S	P # 67B	Male 12-13 50 Back	5		0.59
Julia Hajash (1	0) F				
3:41.95S	P # 11A	Female 10 & Under 200 IM	13		
40.55S	F # 14A	Female 10 & Under 50 Free	28		-0.17
47.51S	F # 52A	Female 10 & Under 50 Breast	3	20	-1.24
1:30.13S	P # 62A	Female 10 & Under 100 Free	25		-1.74

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

2:34.38S	Time	F/P/S	Event	Place	Points	Improv
2:34,38S	Allison Hampto	on (18) F				
27.86S F # 15D Female 16 & Over 50 Free 2 30 0 28.65S P # 15D Female 16 & Over 50 Free 4 1 1:10.49S F # 32D Female 16 & Over 100 Back 6 13 0 1:12.40S P # 32D Female 16 & Over 100 Back 6 2 2:18.36S P # 40D Female 16 & Over 200 Free 12 6 28.49S F # 50 200 Free Relay Lead Off 15 2 2:31.05S F # 60D Female 16 & Over 400 Free 15 2 2:31.05S F # 60D Female 16 & Over 200 Back 5 14 1 1:01.09S F # 63D Female 16 & Over 100 Free 3 20 0 1:02.40S P # 63D Female 16 & Over 100 Free 3 4 48.73S F # 11A Female 10 & Under 200 IM 4 15 -8 3:24.30S F # 11A Female 10 & Under 200 IM 6	2:31.27S	F # 12D	Female 16 & Over 200 IM	5	14	
28.65S P # # 15D Female 16 & Over 100 Back 6 13 0 1:10.49S F # 32D Female 16 & Over 100 Back 6 13 0 1:12.40S P # 32D Female 16 & Over 100 Back 6 2 2:18.36S P # 40D Female 16 & Over 200 Free 12 6 28.49S F # 50 200 Free Relay Lead Off 11 5:44.23S F # 55D Female 16 & Over 200 Back 5 14 11 2:31.05S F # 60D Female 16 & Over 200 Back 5 14 11 1:01.09S F # 63D Female 16 & Over 100 Free 3 20 0 1:02.40S P # 63D Female 16 & Over 100 Free 3 20 0 Heidl Henry (10) F 48.73S F # 1 200 Medley Relay Lead Off 3 3:24.30S F # 11A Female 10 & Under 200 IM 4 15 8 3:30.59S P # 11A F	2:34.38S	P # 12D	Female 16 & Over 200 IM	5		
1:10.49S	27.86S	F # 15D	Female 16 & Over 50 Free	2	30	0.42
1:12.40S P # 32D Female 16 & Over 100 Back 6 2 2:18.36S P # 40D Female 16 & Over 200 Free 12 6 28.49S F # 50 200 Free Relay Lead Off 11 5:44.23S F # 55D Female 16 & Over 200 Back 5 14 1 2:31.05S F # 60D Female 16 & Over 200 Back 5 14 1 2:34.06S P # 60D Female 16 & Over 200 Back 5 4 1:02.40S P # 63D Female 16 & Over 100 Free 3 20 0 1:02.40S P # 63D Female 16 & Over 100 Free 4 2 Heidi Henry (10) F 48.73S F # 1 200 Medley Relay Lead Off 48.73S F # 11 Female 16 & Under 200 IM 4 15 48.73S F # 11 Female 10 & Under 200 IM 4 15 3.83S F # 11A Femal	28.65S	P # 15D	Female 16 & Over 50 Free	4		1.21
2:18.36S P # 40D Female 16 & Over 200 Free 12 6 28.49S F # 50 200 Free Relay Lead Off 1 5:44.23S F # 55D Female 16 & Over 200 Back 5 14 1 2:31.0SS F # 60D Female 16 & Over 200 Back 5 14 1 2:34.06S P # 60D Female 16 & Over 200 Back 5 4 1:01.09S F # 63D Female 16 & Over 100 Free 3 20 0 1:02.40S P # 63D Female 16 & Over 100 Free 3 20 0 1:02.40S P # 63D Female 16 & Over 100 Free 3 20 0 4:04.40S P # 63D Female 16 & Over 100 Free 3 20 0 48.73S F # 11A Female 10 & Under 200 IM 4 15 -8 3:30.59S P # 11A Female 10 & Under 200 IM 6 -2 3.8.83S F # 14A Female 10 & Under 50 Fly 6 13 -6	1:10.49S	F # 32D	Female 16 & Over 100 Back	6	13	0.53
28.49S F # 50 200 Free Relay Lead Off 1 5:44.23S F # 55D Female 16 & Over 400 Free 15 2 2:31.05S F # 60D Female 16 & Over 200 Back 5 14 1 2:34.06S P # 60D Female 16 & Over 200 Back 5 4 1:01.09S F # 63D Female 16 & Over 100 Free 3 20 0 1:02.40S P # 63D Female 16 & Over 100 Free 4 2 Heidi Henry (10) F 48.73S F # 11A Female 10 & Under 200 IM 4 2 48.73S F # 11A Female 10 & Under 200 IM 6 2 33.0.59S P # 11A Female 10 & Under 200 IM 6 2 38.83S F # 14A Female 10 & Under 200 IF 6 13 -6 43.94S F # 19A Female 10 & Under 50 Free 21 0 43.94S F # 57A	1:12.40S	P # 32D	Female 16 & Over 100 Back	6		2.44
5:44.23S F # 55D Female 16 & Over 400 Free 15 2 2:31.05S F # 60D Female 16 & Over 200 Back 5 14 1 2:34.06S P # 60D Female 16 & Over 200 Back 5 4 1:01.09S F # 63D Female 16 & Over 100 Free 3 20 0 1:02.40S P # 63D Female 16 & Over 100 Free 4 2 Heidi Henry (10) F 48.73S F # 1 200 Medley Relay Lead Off <td< td=""><td>2:18.36S</td><td>P # 40D</td><td>Female 16 & Over 200 Free</td><td>12</td><td></td><td>6.44</td></td<>	2:18.36S	P # 40D	Female 16 & Over 200 Free	12		6.44
2:31.05S F # 60D Female 16 & Over 200 Back 5 14 1 2:34.06S P # 60D Female 16 & Over 200 Back 5 4 1:01.09S F # 63D Female 16 & Over 100 Free 3 20 0 1:02.40S P # 63D Female 16 & Over 100 Free 4 2 Heidi Henry (10) F 48.73S F # 1 200 Meddey Relay Lead Off 3 3:24.30S F # 11A Female 10 & Under 200 IM 4 15 -8 3:30.59S P # 11A Female 10 & Under 200 IM 6 -2 3:8.83S F # 14A Female 10 & Under 50 Free 21 0 43.94S F # 19A Female 10 & Under 50 Fre 21 0 1:36.28S F # 57A Female 10 & Under 100 Fly 5 14 -14 1:39.32S P # 57A Female 10 & Under 100 Free 19 -7 44.98S F # 65A Female 10 & Under	28.49S	F # 50	200 Free Relay Lead Off			1.05
2:34.06S P # 60D Female 16 & Over 200 Back 5 4 1:01.09S F # 63D Female 16 & Over 100 Free 3 20 0 1:02.40S P # 63D Female 16 & Over 100 Free 4 2 Heidi Henry (10) F 48.73S F # 11 200 Medley Relay Lead Off <td>5:44.23S</td> <td>F # 55D</td> <td>Female 16 & Over 400 Free</td> <td>15</td> <td>2</td> <td></td>	5:44.23S	F # 55D	Female 16 & Over 400 Free	15	2	
1:01.09S F # 63D Female 16 & Over 100 Free 3 20 0 1:02.40S P # 63D Female 16 & Over 100 Free 4 2 Heidi Henry (10) F 48.73S F # 1 200 Medley Relay Lead Off 3 3:24.30S F # 11A Female 10 & Under 200 IM 4 15 -8 3:30.59S P # 11A Female 10 & Under 200 IM 6 -2 38.83S F # 14A Female 10 & Under 200 Free 21 0 43.94S F # 19A Female 10 & Under 50 Free 21 0 1:36.28S F # 57A Female 10 & Under 100 Fly 5 14 -14 1:39.32S P # 57A Female 10 & Under 100 Free 19 -7 44.98S F # 65A Female 10 & Under 50 Back 10 7 -0 David Hiebert (16) M (00) 2:55.17S P # 18D Male 16 & Over 50 Free 13	2:31.05S	F # 60D	Female 16 & Over 200 Back	5	14	1.55
1:02.40S	2:34.06S	P # 60D	Female 16 & Over 200 Back	5		4.56
Heidi Henry (10) F	1:01.09S	F # 63D	Female 16 & Over 100 Free	3	20	0.73
48.73S F # 1 200 Medley Relay Lead Off 3 3:24.30S F # 11A Female 10 & Under 200 IM 4 15 -8 3:30.59S P # 11A Female 10 & Under 200 IM 6 -2 38.83S F # 14A Female 10 & Under 50 Free 21 0 43.94S F # 19A Female 10 & Under 50 Free 21 0 43.94S F # 19A Female 10 & Under 100 Fly 5 14 -14 1:36.28S F # 57A Female 10 & Under 100 Fly 5 14 -14 1:39.32S P # 57A Female 10 & Under 100 Free 19 -7 44.98S F # 65A Female 10 & Under 50 Back 10 7 -0 David Hiebert (16) M (00) 26.94S P # 16D Male 16 & Over 50 Free 13 -0 2:55.17S P # 18D Male 16 & Over 200 Breast 8 11 -2 2:56.30S F # 18D	1:02.40S	P # 63D	Female 16 & Over 100 Free	4		2.04
3:24,30S F # 11A Female 10 & Under 200 IM 4 15 -8 3:30.59S P # 11A Female 10 & Under 200 IM 6 -2 38.83S F # 14A Female 10 & Under 50 Free 21 0 43.94S F # 19A Female 10 & Under 50 Fly 6 13 -6 1:36.28S F # 57A Female 10 & Under 100 Fly 5 14 -14 1:39.32S P # 57A Female 10 & Under 100 Fly 5 -11 1:25.66S P # 62A Female 10 & Under 100 Free 19 -7 44.98S F # 65A Female 10 & Under 50 Back 10 7 -0 David Hiebert (16) M (00) 26.94S P # 16D Male 16 & Over 50 Free 13 -0 2:55.17S P # 18D Male 16 & Over 200 Breast 8 1 2:56.30S F # 18D Male 16 & Over 200 Breast 8 11 31.52S P # 21D Male 16 & Over 100 Back 14 -0 1:19.81S	Heidi Henry (1	.0) F				
3:30.59S P # 11A Female 10 & Under 200 IM 6 -2 38.83S F # 14A Female 10 & Under 50 Free 21 0 43.94S F # 19A Female 10 & Under 50 Fly 6 13 -6 1:36.28S F # 57A Female 10 & Under 100 Fly 5 14 -14 1:39.32S P # 57A Female 10 & Under 100 Fly 5 -11 1:25.66S P # 62A Female 10 & Under 100 Free 19 -7 44.98S F # 65A Female 10 & Under 50 Back 10 7 -0 David Hiebert (16) M (00) 26.94S P # 16D Male 16 & Over 50 Free 13 -0 2:55.17S P # 18D Male 16 & Over 200 Breast 8 1 2:56.30S F # 18D Male 16 & Over 200 Breast 8 11 31.52S P # 21D Male 16 & Over 50 Fly 11 -0 1:11.38S P # 33D Male 16 & Over 100 Breast 7 -3 1:20.70S F #	48.73S	F # 1	200 Medley Relay Lead Off			3.43
38.83S F # 14A Female 10 & Under 50 Free 21 0 43.94S F # 19A Female 10 & Under 50 Fly 6 13 -6 1:36.28S F # 57A Female 10 & Under 100 Fly 5 14 -14 1:39.32S P # 57A Female 10 & Under 100 Fly 5 -11 1:25.66S P # 62A Female 10 & Under 100 Free 19 -7 44.98S F # 65A Female 10 & Under 50 Back 10 7 -0 David Hiebert (16) M (00) 26.94S P # 16D Male 16 & Over 50 Free 13 -0 2:55.17S P # 18D Male 16 & Over 200 Breast 8 1 2:56.30S F # 18D Male 16 & Over 200 Breast 8 11 -0 1:11.38S P # 21D Male 16 & Over 50 Fly 11 -0 1:19.81S P # 33D Male 16 & Over 100 Breast 7 -3 1:20.70S F # 38D Male 16 & Over 100 Breast 8 11 -2	3:24.30S	F # 11A	Female 10 & Under 200 IM	4	15	-8.56
43.94S F # 19A Female 10 & Under 50 Fly 6 13 -6 1:36.28S F # 57A Female 10 & Under 100 Fly 5 14 -14 1:39.32S P # 57A Female 10 & Under 100 Fly 5 -11 1:25.66S P # 62A Female 10 & Under 100 Free 19 -7 44.98S F # 65A Female 10 & Under 50 Back 10 7 -0 David Hiebert (16) M (00) 26.94S P # 16D Male 16 & Over 50 Free 13 -0 2:55.17S P # 18D Male 16 & Over 200 Breast 8 1 2:55.17S P # 18D Male 16 & Over 200 Breast 8 11 2 2:56.30S F # 18D Male 16 & Over 50 Fly 11 -0 1:11.38S P # 21D Male 16 & Over 50 Fly 11 -0 1:19.81S P # 33D Male 16 & Over 100 Breast 7 -3 1:20.70S F # 38D Male 16 & Over 100 Breast 8 11 -2 2:11.29S	3:30.59S	P # 11A	Female 10 & Under 200 IM	6		-2.27
1:36.28S F # 57A Female 10 & Under 100 Fly 5 14 -14 1:39.32S P # 57A Female 10 & Under 100 Fly 5 -11 1:25.66S P # 62A Female 10 & Under 100 Free 19 -7 44.98S F # 65A Female 10 & Under 50 Back 10 7 -0 David Hiebert (16) M (00) 26.94S P # 16D Male 16 & Over 50 Free 13 -0 2:55.17S P # 18D Male 16 & Over 200 Breast 8 1 2:56.30S F # 18D Male 16 & Over 200 Breast 8 11 -0 31.52S P # 21D Male 16 & Over 50 Fly 11 -0 1:11.38S P # 33D Male 16 & Over 100 Back 14 -0 1:19.81S P # 38D Male 16 & Over 100 Breast 7 -3 1:20.70S F # 38D Male 16 & Over 200 Free 9 -0 4:45.09S F # 56D Male 16 & Over 400 Free 9 9 -1 1:01.31S <td>38.83S</td> <td>F # 14A</td> <td>Female 10 & Under 50 Free</td> <td>21</td> <td></td> <td>0.97</td>	38.83S	F # 14A	Female 10 & Under 50 Free	21		0.97
1:39.32S P # 57A Female 10 & Under 100 Fty 5 -11 1:25.66S P # 62A Female 10 & Under 100 Free 19 -7 44.98S F # 65A Female 10 & Under 50 Back 10 7 -0 David Hiebert (16) M (00) 26.94S P # 16D Male 16 & Over 50 Free 13 -0 2:55.17S P # 18D Male 16 & Over 200 Breast 8 1 2:56.30S F # 18D Male 16 & Over 200 Breast 8 11 -0 31.52S P # 21D Male 16 & Over 50 Fly 11 -0 1:11.38S P # 33D Male 16 & Over 100 Back 14 -0 1:19.81S P # 38D Male 16 & Over 100 Breast 7 -3 1:20.70S F # 38D Male 16 & Over 200 Free 9 -0 4:45.09S F # 56D Male 16 & Over 400 Free 9 9 -1 1:01.31S P # 64D Male 16 & Over 50 Back 8 11 -1	43.94S	F # 19A	Female 10 & Under 50 Fly	6	13	-6.79
1:25.66S P # 62A Female 10 & Under 100 Free 19 -7 44.98S F # 65A Female 10 & Under 50 Back 10 7 -0 David Hiebert (16) M (00) 26.94S P # 16D Male 16 & Over 50 Free 13 -0 2:55.17S P # 18D Male 16 & Over 200 Breast 8 1 2:56.30S F # 18D Male 16 & Over 200 Breast 8 11 -0 31.52S P # 21D Male 16 & Over 50 Fly 11 -0 1:11.38S P # 33D Male 16 & Over 100 Back 14 -0 1:19.81S P # 38D Male 16 & Over 100 Breast 7 -3 1:20.70S F # 38D Male 16 & Over 100 Breast 8 11 -2 2:11.29S P # 41D Male 16 & Over 200 Free 9 9 4:45.09S F # 56D Male 16 & Over 400 Free 9 9 9 1:01.31S P # 64D Male 16 & Over 50 Back 8 11 -1	1:36.28S	F # 57A	Female 10 & Under 100 Fly	5	14	-14.46
44.98S F # 65A Female 10 & Under 50 Back 10 7 -0 David Hiebert (16) M (00) 26.94S P # 16D Male 16 & Over 50 Free 13 -0 2:55.17S P # 18D Male 16 & Over 200 Breast 8 1 2:56.30S F # 18D Male 16 & Over 200 Breast 8 11 -0 31.52S P # 21D Male 16 & Over 50 Fly 11 -0 1:11.38S P # 33D Male 16 & Over 100 Back 14 -0 1:19.81S P # 38D Male 16 & Over 100 Breast 7 -3 1:20.70S F # 38D Male 16 & Over 100 Breast 8 11 -2 2:11.29S P # 41D Male 16 & Over 200 Free 9 -0 4:45.09S F # 56D Male 16 & Over 400 Free 9 9 -1 1:01.31S P # 64D Male 16 & Over 50 Back 8 11 -1	1:39.32S	P # 57A	Female 10 & Under 100 Fly	5		-11.42
David Hiebert (16) M (00) 26.94S P # 16D Male 16 & Over 50 Free 13 -0 2:55.17S P # 18D Male 16 & Over 200 Breast 8 1 2:56.30S F # 18D Male 16 & Over 200 Breast 8 11 2 31.52S P # 21D Male 16 & Over 50 Fly 11 -0 1:11.38S P # 33D Male 16 & Over 100 Back 14 -0 1:19.81S P # 38D Male 16 & Over 100 Breast 7 -3 1:20.70S F # 38D Male 16 & Over 100 Breast 8 11 -2 2:11.29S P # 41D Male 16 & Over 200 Free 9 -0 4:45.09S F # 56D Male 16 & Over 400 Free 9 9 -1 1:01.31S P # 64D Male 16 & Over 100 Free 17 1 32.70S F # 67D Male 16 & Over 50 Back 8 11 -1	1:25.66S	P # 62A	Female 10 & Under 100 Free	19		-7.27
26.94S P # 16D Male 16 & Over 50 Free 13 -0 2:55.17S P # 18D Male 16 & Over 200 Breast 8 1 2:56.30S F # 18D Male 16 & Over 200 Breast 8 11 2 31.52S P # 21D Male 16 & Over 50 Fly 11 -0 1:11.38S P # 33D Male 16 & Over 100 Back 14 -0 1:19.81S P # 38D Male 16 & Over 100 Breast 7 -3 1:20.70S F # 38D Male 16 & Over 100 Breast 8 11 -2 2:11.29S P # 41D Male 16 & Over 200 Free 9 -0 4:45.09S F # 56D Male 16 & Over 400 Free 9 9 -1 1:01.31S P # 64D Male 16 & Over 50 Back 8 11 -1	44.98S	F # 65A	Female 10 & Under 50 Back	10	7	-0.32
26.94S P # 16D Male 16 & Over 50 Free 13 -0 2:55.17S P # 18D Male 16 & Over 200 Breast 8 1 2:56.30S F # 18D Male 16 & Over 200 Breast 8 11 2 31.52S P # 21D Male 16 & Over 50 Fly 11 -0 1:11.38S P # 33D Male 16 & Over 100 Back 14 -0 1:19.81S P # 38D Male 16 & Over 100 Breast 7 -3 1:20.70S F # 38D Male 16 & Over 100 Breast 8 11 -2 2:11.29S P # 41D Male 16 & Over 200 Free 9 -0 4:45.09S F # 56D Male 16 & Over 400 Free 9 9 -1 1:01.31S P # 64D Male 16 & Over 50 Back 8 11 -1	David Hiebert	(16) M (00)				
2:56.30S F # 18D Male 16 & Over 200 Breast 8 11 2 31.52S P # 21D Male 16 & Over 50 Fly 11 -0 1:11.38S P # 33D Male 16 & Over 100 Back 14 -0 1:19.81S P # 38D Male 16 & Over 100 Breast 7 -3 1:20.70S F # 38D Male 16 & Over 100 Breast 8 11 -2 2:11.29S P # 41D Male 16 & Over 200 Free 9 -0 4:45.09S F # 56D Male 16 & Over 400 Free 9 9 -1 1:01.31S P # 64D Male 16 & Over 100 Free 17 1 32.70S F # 67D Male 16 & Over 50 Back 8 11 -1	26.94S	P # 16D	Male 16 & Over 50 Free	13		-0.56
31.52S P # 21D Male 16 & Over 50 Fly 11 -0 1:11.38S P # 33D Male 16 & Over 100 Back 14 -0 1:19.81S P # 38D Male 16 & Over 100 Breast 7 -3 1:20.70S F # 38D Male 16 & Over 100 Breast 8 11 -2 2:11.29S P # 41D Male 16 & Over 200 Free 9 -0 4:45.09S F # 56D Male 16 & Over 400 Free 9 9 -1 1:01.31S P # 64D Male 16 & Over 100 Free 17 1 32.70S F # 67D Male 16 & Over 50 Back 8 11 -1	2:55.17S	P # 18D	Male 16 & Over 200 Breast	8		1.04
1:11.38S P # 33D Male 16 & Over 100 Back 14 -0 1:19.81S P # 38D Male 16 & Over 100 Breast 7 -3 1:20.70S F # 38D Male 16 & Over 100 Breast 8 11 -2 2:11.29S P # 41D Male 16 & Over 200 Free 9 -0 4:45.09S F # 56D Male 16 & Over 400 Free 9 9 -1 1:01.31S P # 64D Male 16 & Over 100 Free 17 1 32.70S F # 67D Male 16 & Over 50 Back 8 11 -1	2:56.30S	F # 18D	Male 16 & Over 200 Breast	8	11	2.17
1:19.81S P # 38D Male 16 & Over 100 Breast 7 -3 1:20.70S F # 38D Male 16 & Over 100 Breast 8 11 -2 2:11.29S P # 41D Male 16 & Over 200 Free 9 -0 4:45.09S F # 56D Male 16 & Over 400 Free 9 9 -1 1:01.31S P # 64D Male 16 & Over 100 Free 17 1 32.70S F # 67D Male 16 & Over 50 Back 8 11 -1	31.52S	P # 21D	Male 16 & Over 50 Fly	11		-0.12
1:20.70S F # 38D Male 16 & Over 100 Breast 8 11 -2 2:11.29S P # 41D Male 16 & Over 200 Free 9 -0 4:45.09S F # 56D Male 16 & Over 400 Free 9 9 -1 1:01.31S P # 64D Male 16 & Over 100 Free 17 1 32.70S F # 67D Male 16 & Over 50 Back 8 11 -1	1:11.38S	P # 33D	Male 16 & Over 100 Back	14		-0.75
2:11.29S P # 41D Male 16 & Over 200 Free 9 -0 4:45.09S F # 56D Male 16 & Over 400 Free 9 9 -1 1:01.31S P # 64D Male 16 & Over 100 Free 17 1 32.70S F # 67D Male 16 & Over 50 Back 8 11 -1	1:19.81S	P # 38D	Male 16 & Over 100 Breast	7		-3.48
4:45.09S F # 56D Male 16 & Over 400 Free 9 9 -1 1:01.31S P # 64D Male 16 & Over 100 Free 17 1 32.70S F # 67D Male 16 & Over 50 Back 8 11 -1	1:20.70S	F # 38D	Male 16 & Over 100 Breast	8	11	-2.59
1:01.31S P # 64D Male 16 & Over 100 Free 17 1 32.70S F # 67D Male 16 & Over 50 Back 8 11 -1	2:11.29S	P # 41D	Male 16 & Over 200 Free	9		-0.98
32.70S F # 67D Male 16 & Over 50 Back 8 11 -1	4:45.09S	F # 56D	Male 16 & Over 400 Free	9	9	-1.52
	1:01.31S	P # 64D	Male 16 & Over 100 Free	17		1.78
34.86S P # 67D Male 16 & Over 50 Back 9 1	32.70S	F # 67D	Male 16 & Over 50 Back	8	11	-1.11
	34.86S	P # 67D	Male 16 & Over 50 Back	9		1.05

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Misato Hiraoka	(10) F				
3:15.60S	F # 11A	Female 10 & Under 200 IM	3	20	-14.88
3:23.65S	P # 11A	Female 10 & Under 200 IM	3		-6.83
35.37S	F # 14A	Female 10 & Under 50 Free	5	14	-0.35
X 3:34.43S	P # 17A	Female 11 & Under 200 Breast			
48.88S	F # 19A	Female 10 & Under 50 Fly	15	2	2.18
6:32.49S	F # 22A	Female 10 & Under 400 Free	4	15	5.97
1:29.88S	F # 31A	Female 10 & Under 100 Back	4	15	-5.15
1:30.36S	P # 31A	Female 10 & Under 100 Back	4		-4.67
1:38.10S	P # 36A	Female 10 & Under 100 Breast	1		-3.96
1:39.06S	F # 36A	Female 10 & Under 100 Breast	1	50	-3.00
2:56.38S	F # 39A	Female 10 & Under 200 Free	6	13	-8.38
2:59.54S	P # 39A	Female 10 & Under 200 Free	6		-5.22
35.55S	F # 42	200 Free Relay Lead Off			-0.17
36.05S	F # 44	200 Free Relay Lead Off			0.33
46.61S	F # 52A	Female 10 & Under 50 Breast	1	50	-2.09
1:18.06S	F # 62A	Female 10 & Under 100 Free	5	14	-4.07
1:19.02S	P # 62A	Female 10 & Under 100 Free	6		-3.11
Taiki Hiraoka (1	2) M				
2:51.49S	P # 13B	Male 12-13 200 IM	13		-3.25
32.30S	P # 16B	Male 12-13 50 Free	17		-0.25
20:38.71S	F # 26B	Male 12-13 1500 Free	3	20	25.41
1:21.10S DQ	P # 33B	Male 12-13 100 Back			
3:01.72S	P # 35B	Male 12-13 200 Fly	6		-11.14
2:56.46S DQ	F # 35B	Male 12-13 200 Fly			
2:29.26S	P # 41B	Male 12-13 200 Free	14		3.77
5:04.91S	F # 56B	Male 12-13 400 Free	9	9	-9.20
1:19.20S	P # 59B	Male 12-13 100 Fly	10		-0.07
1:08.54S	P # 64B	Male 12-13 100 Free	13		0.36
Justin Howe (18) M				
2:19.13S	F # 13D	Male 16 & Over 200 IM	4	15	3.26
2:20.95S	P # 13D	Male 16 & Over 200 IM	4		5.08
2:44.99S	F # 18D	Male 16 & Over 200 Breast	4	15	-1.00
2:46.68S	P # 18D	Male 16 & Over 200 Breast	5		0.69
16:40.64S	F # 26D	Male 16 & Over 1500 Free	2	30	6.92
2:11.77S	F # 35D	Male 16 & Over 200 Fly	1	50	2.32
2:13.35S	P # 35D	·	1		3.90
2:03.95S	P # 41D	Male 16 & Over 200 Free	3		4.57
2:04.21S	F # 41D	Male 16 & Over 200 Free	4	15	4.83
4:15.60S	F # 56D		3	20	5.90
56.58S	F # 64D		5	14	1.68
58.51S	P # 64D		8		3.61

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Dominic Huang	(11) M				
3:09.71S	P # 13A	Male 11 & Under 200 IM	6		-10.64
3:08.56S DQ	F # 13A	Male 11 & Under 200 IM			
34.29S	F # 16A	Male 11 & Under 50 Free	7	12	-0.50
34.87S	P # 16A	Male 11 & Under 50 Free	7		0.08
3:35.87S	P # 18A	Male 11 & Under 200 Breast	6		-10.92
3:38.86S	F # 18A	Male 11 & Under 200 Breast	6	13	-7.93
39.77S	P # 21A	Male 11 & Under 50 Fly	7		-1.22
40.42S	F # 21A	Male 11 & Under 50 Fly	7	12	-0.57
1:24.39S	F # 33A	Male 11 & Under 100 Back	7	12	-6.42
1:25.63S	P # 33A	Male 11 & Under 100 Back	7		-5.18
2:47.05S	P # 41A	Male 11 & Under 200 Free	9		-4.55
34.67S	F # 45	200 Free Relay Lead Off			-0.12
5:52.53S	F # 56A	Male 11 & Under 400 Free	5	14	-10.29
1:17.32S	P # 64A	Male 11 & Under 100 Free	9		-2.14
39.04S	P # 67A	Male 11 & Under 50 Back	5		-2.29
40.46S	F # 67A	Male 11 & Under 50 Back	5	14	-0.87
Teagan Hunt (12	2) F				
36.39S	P # 20B	Female 12-13 50 Fly	13		-1.00
10:55.78S	F # 23B	Female 12-13 800 Free	8	11	-3.46
3:05.48S	F # 34B	Female 12-13 200 Fly	8	11	1.71
3:08.98S	P # 34B	Female 12-13 200 Fly	8		5.21
2:33.06S	P # 40B	Female 12-13 200 Free	20		-0.55
5:26.40S	F # 55B	Female 12-13 400 Free	14	3	2.05
1:22.53S	P # 58B	Female 12-13 100 Fly	15		0.96
Maia Isaac (11)	F				
46.49S	P # 53A	Female 11 & Under 50 Breast	10		-0.89
1:23.88S	P # 63A	Female 11 & Under 100 Free	21		-0.38
45.35S	P # 66A	Female 11 & Under 50 Back	12		0.11
Elizabeth Jenkin	s (11) F				
3:28.68S	P # 12A	Female 11 & Under 200 IM	15		-3.00
37.48S	P # 15A	Female 11 & Under 50 Free	25		0.51
42.35S	P # 20A	Female 11 & Under 50 Fly	11		-0.79
1:57.45S	P # 37A	Female 11 & Under 100 Breast	15		1.55
2:58.23S	P # 40A	Female 11 & Under 200 Free	18		-5.52
1:19.43S	P # 63A	Female 11 & Under 100 Free	16		-3.45

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Erin Jennings (1	15) F				
32.87S	F # 7	200 Medley Relay Lead Off			-0.56
29.12S	F # 15C	Female 14-15 50 Free	6	13	-1.47
29.52S	P # 15C	Female 14-15 50 Free	8		-1.07
2:54.92S	F # 17C	Female 14-15 200 Breast	5	14	-1.35
2:56.31S	P # 17C	Female 14-15 200 Breast	6		0.04
18:18.13S	F # 25C	Female 14-15 1500 Free	1	50	-8.97
1:08.37S	F # 32C	Female 14-15 100 Back	5	14	-0.62
1:12.12S	P # 32C	Female 14-15 100 Back	6		3.13
2:12.36S	F # 40C	Female 14-15 200 Free	3	20	-1.97
2:16.08S	P # 40C	Female 14-15 200 Free	5		1.75
4:38.85S	F # 55C	Female 14-15 400 Free	2	30	4.31
2:28.07S	F # 60C	Female 14-15 200 Back	4	15	-0.40
2:28.60S	P # 60C	Female 14-15 200 Back	2		0.13
1:02.27S	P # 63C	Female 14-15 100 Free	4		-1.59
1:02.48S	F # 63C	Female 14-15 100 Free	4	15	-1.38
Artem Kuklev (14) M				
25.83S	F # 16C	Male 14-15 50 Free	1	50	-0.34
26.24S	P # 16C	Male 14-15 50 Free	1		0.07
28.45S	F # 21C	Male 14-15 50 Fly	2	30	-0.85
28.63S	P # 21C	Male 14-15 50 Fly	2		-0.67
9:15.68S	F # 24C	Male 14-15 800 Free	1	50	-7.25
2:25.78S	F # 35C	Male 14-15 200 Fly	1	50	4.53
2:28.41S	P # 35C	Male 14-15 200 Fly	1		7.16
2:09.04S	P # 41C	Male 14-15 200 Free	5		2.34
2:12.71S	F # 41C	Male 14-15 200 Free	6	13	6.01
4:27.99S	F # 56C	Male 14-15 400 Free	2	30	-0.96
1:02.65S	F # 59C	Male 14-15 100 Fly	2	30	0.19
1:04.22S	P # 59C	Male 14-15 100 Fly	2		1.76
57.89S	F # 64C	Male 14-15 100 Free	2	30	-0.83
1:00.19S	P # 64C	Male 14-15 100 Free	3		1.47
Emily Laidman	(14) F				
2:53.22S	F # 17C	Female 14-15 200 Breast	3	20	-0.65
2:54.81S	P # 17C	Female 14-15 200 Breast	4		0.94
10:22.36S	F # 23C	Female 14-15 800 Free	11	6	3.17
5:40.92S	F # 29C	Female 14-15 400 IM	6	13	-1.24
1:22.11S	P # 37C	Female 14-15 100 Breast	8		2.79
1:22.28S	F # 37C	Female 14-15 100 Breast	8	11	2.96
37.03S	F # 53C	Female 14-15 50 Breast	4	15	0.25
38.05S	P # 53C		5		1.27
5:03.77S	F # 55C		13	4	2.43
38.02S	S # 137	Female 50 Breast	1		1.24

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Kali Lancaster	(12) F				
2:53.93S	P # 12B	Female 12-13 200 IM	22		0.99
3:13.83S	P # 17B	Female 12-13 200 Breast	13		0.95
1:25.798	F # 37B	Female 12-13 100 Breast	6	13	-2.34
1:26.25S	P # 37B	Female 12-13 100 Breast	5		-1.88
2:35.72S	P # 40B	Female 12-13 200 Free	26		-32.23
32.66S	F # 46	200 Free Relay Lead Off			1.59
41.66S	P # 53B	Female 12-13 50 Breast	8		-0.36
43.38S	F # 53B	Female 12-13 50 Breast	8	11	1.36
1:09.71S	P # 63B	Female 12-13 100 Free	20		-0.49
Lia Lancaster (15) F				
27.91S	F # 15C	Female 14-15 50 Free	2	30	
27.92S	P # 15C	Female 14-15 50 Free	2		0.01
9:54.17S	F # 23C	Female 14-15 800 Free	6	13	0.11
1:12.70S	P # 32C	Female 14-15 100 Back	9		-2.61
2:19.71S	P # 40C	Female 14-15 200 Free	9		3.69
5:03.29S	F # 55C	Female 14-15 400 Free	12	5	18.95
1:01.38S	P # 63C	Female 14-15 100 Free	1		-1.06
1:01.61S	F # 63C	Female 14-15 100 Free	3	20	-0.83
Erin Lawrance	(16) F				
2:24.57S	F # 12D	Female 16 & Over 200 IM	2	30	-1.27
2:28.25S	P # 12D	Female 16 & Over 200 IM	3		2.41
2:43.48S	P # 17D	Female 16 & Over 200 Breast	2		-6.39
2:45.73S	F # 17D	Female 16 & Over 200 Breast	2	30	-4.14
9:06.61S	F # 23D	Female 16 & Over 800 Free	2	30	10.48
5:00.52S	F # 29D	Female 16 & Over 400 IM	3	20	3.16
2:04.57S	F # 40D	Female 16 & Over 200 Free	2	30	1.15
2:09.23S	P # 40D	Female 16 & Over 200 Free	4		5.81
4:19.29S	F # 55D	Female 16 & Over 400 Free	2	30	-0.51
2:26.35S	F # 60D	Female 16 & Over 200 Back	3	20	-3.46
2:29.40S	P # 60D	Female 16 & Over 200 Back	3		-0.41

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Anna Letkeman	(17) F (00)				
2:37.43S	F # 12D	Female 16 & Over 200 IM	8	11	2.23
2:38.80S	P # 12D	Female 16 & Over 200 IM	7		3.60
33.71S	P # 20D	Female 16 & Over 50 Fly	7		-2.07
34.14S	F # 20D	Female 16 & Over 50 Fly	8	11	-1.64
9:32.43S	F # 23D	Female 16 & Over 800 Free	5	14	17.98
1:10.06S	F # 32D	Female 16 & Over 100 Back	5	14	0.76
1:10.36S	P # 32D	Female 16 & Over 100 Back	4		1.06
2:15.26S	F # 40D	Female 16 & Over 200 Free	7	12	2.06
2:15.47S	P # 40D	Female 16 & Over 200 Free	9		2.27
4:39.76S	F # 55D	Female 16 & Over 400 Free	7	12	12.24
2:30.30S	P # 60D	Female 16 & Over 200 Back	4		3.15
2:32.03S	F # 60D	Female 16 & Over 200 Back	6	13	4.88
1:03.49S	P # 63D	Female 16 & Over 100 Free	8		0.65
1:04.03S	F # 63D	Female 16 & Over 100 Free	8	11	1.19
Hannah Lorette	(14) F				
2:37.65S	F # 12C	Female 14-15 200 IM	6	13	4.23
2:40.98S	P # 12C	Female 14-15 200 IM	8		7.56
31.58S	F # 20C	Female 14-15 50 Fly	3	20	0.17
32.29S	P # 20C	Female 14-15 50 Fly	4		0.88
9:57.27S	F # 23C	Female 14-15 800 Free	7	12	9.00
1:07.85S	F # 32C	Female 14-15 100 Back	3	20	1.94
1:09.06S	P # 32C	Female 14-15 100 Back	2		3.15
1:30.65S	P # 37C	Female 14-15 100 Breast	13		-9.30
2:17.25S	F # 40C	Female 14-15 200 Free	7	12	2.18
2:19.298	P # 40C	Female 14-15 200 Free	8		4.22
4:53.28S	F # 55C	Female 14-15 400 Free	8	11	9.85
2:24.07S	F # 60C	Female 14-15 200 Back	1	50	3.79
2:25.62S	P # 60C	Female 14-15 200 Back	1		5.34
31.91S	F # 66C	Female 14-15 50 Back	2	30	0.88
32.04S	P # 66C	Female 14-15 50 Back	3		1.01

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Sophie Lorette ((13) F				
29.08S	F # 15	Female 12-13 50 Free	4	15	-0.27
29.94S	P # 15	Female 12-13 50 Free	4		0.59
3:06.67S DC	P # 17	Female 12-13 200 Breast			
9:43.72S	F # 23	B Female 12-13 800 Free	1	50	0.06
1:09.56S	F # 32	B Female 12-13 100 Back	2	30	1.78
1:11.02S	P # 32	B Female 12-13 100 Back	2		3.24
2:31.26S	F # 34	B Female 12-13 200 Fly	2	30	4.21
2:35.198	P # 34	B Female 12-13 200 Fly	2		8.14
2:18.54S	F # 40	B Female 12-13 200 Free	3	20	1.35
2:19.16S	P # 40	B Female 12-13 200 Free	3		1.97
4:49.82S	F # 55	B Female 12-13 400 Free	1	50	12.37
1:07.54S	F # 58	B Female 12-13 100 Fly	3	20	1.59
1:10.52S	P # 58	B Female 12-13 100 Fly	4		4.57
31.77S	F # 66	Female 12-13 50 Back	3	20	0.78
32.54S	P # 66	Female 12-13 50 Back	4		1.55
Jessica Luo (13)) F (00)				
2:49.08S	F # 17	Female 12-13 200 Breast	2	30	-6.90
2:55.89S	P # 17	Female 12-13 200 Breast	2		-0.09
28.54S	F # 20	B Female 12-13 50 Fly	1	50	-0.69
30.13S	P # 20	B Female 12-13 50 Fly	2		0.90
5:14.90S	F # 29	B Female 12-13 400 IM	1	50	-5.44
2:22.61S	F # 34	B Female 12-13 200 Fly	1	50	2.17
2:28.06S	P # 34	B Female 12-13 200 Fly	1		7.62
2:09.23S	F # 40	B Female 12-13 200 Free	1	50	3.71
2:12.30S	P # 40	B Female 12-13 200 Free	1		6.78
27.25S	F # 46	200 Free Relay Lead Off			-0.05
1:03.52S	F # 58	B Female 12-13 100 Fly	1	50	0.14
1:08.43S	P # 58	B Female 12-13 100 Fly	2		5.05
58.48S	F # 63	B Female 12-13 100 Free	1	50	0.53
1:01.26S	P # 63	B Female 12-13 100 Free	1		3.31
32.67S	F # 66	Female 12-13 50 Back	5	14	-6.58
33.54S	P # 66	B Female 12-13 50 Back	5		-5.71

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Jeremy Lynn (2	20) M				
25.06S	F # 16D	Male 16 & Over 50 Free	3	20	0.59
25.68S	P # 16D	Male 16 & Over 50 Free	4		1.21
27.73S	F # 21D	Male 16 & Over 50 Fly	3	20	1.29
30.22S	P # 21D	Male 16 & Over 50 Fly	8		3.78
2:26.49S	F # 35D	Male 16 & Over 200 Fly	4	15	-6.35
2:31.49S	P # 35D	Male 16 & Over 200 Fly	5		-1.35
1:56.96S	F # 41D	Male 16 & Over 200 Free	2	30	0.10
2:02.47S	P # 41D	Male 16 & Over 200 Free	2		5.61
24.79S	F # 51	200 Free Relay Lead Off			0.32
1:01.80S	F # 59D	Male 16 & Over 100 Fly	2	30	3.03
1:05.64S	P # 59D	Male 16 & Over 100 Fly	5		6.87
54.03S	F # 64D	Male 16 & Over 100 Free	2	30	0.69
56.49S	P # 64D	Male 16 & Over 100 Free	4		3.15
Grace MacDona	ald (13) F (00)				
2:37.12S	F # 12B	Female 12-13 200 IM	2	30	3.49
2:39.21S	P # 12B	Female 12-13 200 IM	3		5.58
28.49S	P # 15B	Female 12-13 50 Free	2		-0.03
28.69S	F # 15B	Female 12-13 50 Free	2	30	0.17
30.72S	F # 20B	Female 12-13 50 Fly	3	20	-0.02
31.28S	P # 20B	Female 12-13 50 Fly	3		0.54
2:38.97S	F # 34B	Female 12-13 200 Fly	3	20	-1.04
2:47.49S	P # 34B	Female 12-13 200 Fly	4		7.48
1:23.25S	F # 37B	Female 12-13 100 Breast	4	15	3.78
1:24.18S	P # 37B	Female 12-13 100 Breast	4		4.71
1:10.48S	P # 58B	Female 12-13 100 Fly	3		0.57
1:14.01S	F # 58B	Female 12-13 100 Fly	6	13	4.10
1:03.10S	P # 63B	Female 12-13 100 Free	3		-2.56
1:03.93S	F # 63B	Female 12-13 100 Free	3	20	-1.73
33.54S D	Q P # 66B	Female 12-13 50 Back			
Sophia Malacho	owski (10) F				
39.14S	F # 14A	Female 10 & Under 50 Free	24		-0.09
44.33S	F # 19A	Female 10 & Under 50 Fly	8	11	-0.37
1:54.79S	P # 36A	Female 10 & Under 100 Breast	11		-13.14
3:24.31S	P # 40A	Female 11 & Under 200 Free	24		-1.19
52.88S D	Q F # 52A	Female 10 & Under 50 Breast			
1:29.18S	P # 62A	Female 10 & Under 100 Free	23		-4.49

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Connor Mar (9) M				
51.01S	F # 4	200 Medley Relay Lead Off			0.91
3:48.72S	F # 11B	Male 10 & Under 200 IM	6	13	
3:52.50S	P # 11B	Male 10 & Under 200 IM	7		
47.13S	F # 19B	Male 10 & Under 50 Fly	4	15	-3.60
1:50.17S	P # 31B	Male 10 & Under 100 Back	11		3.21
1:43.13S	F # 57B	Male 10 & Under 100 Fly	3	20	
1:46.20S	P # 57B	Male 10 & Under 100 Fly	3		
1:37.82S	P # 62B	Male 10 & Under 100 Free	12		-2.10
51.83S	F # 65B	Male 10 & Under 50 Back	11	6	1.73
Jane Maycock	(14) F				
36.53S	F # 7	200 Medley Relay Lead Off			-0.61
2:54.40S	P # 12C	Female 14-15 200 IM	16		2.92
31.23S	P # 15C	Female 14-15 50 Free	20		-0.03
1:17.93S	P # 32C	Female 14-15 100 Back	21		-0.50
2:23.71S	P # 40C	Female 14-15 200 Free	18		0.64
5:06.26S	F # 55C	Female 14-15 400 Free	15	2	3.48
1:06.94S	P # 63C	Female 14-15 100 Free	17		-0.55
Fionnuala McK	enna (14) F				
28.74S	F # 15C	Female 14-15 50 Free	4	15	0.55
28.91S	P # 15C	Female 14-15 50 Free	4		0.72
32.73S	F # 20C	Female 14-15 50 Fly	7	12	-1.00
33.04S	P # 20C	Female 14-15 50 Fly	7		-0.69
1:16.97S	P # 32C	Female 14-15 100 Back	18		0.15
2:28.83S	P # 40C	Female 14-15 200 Free	26		4.83
29.29S	F # 48	200 Free Relay Lead Off			1.10
1:05.298	P # 63C	Female 14-15 100 Free	9		1.49
35.28S	P # 66C	Female 14-15 50 Back	9		-0.73
Sydney Meldru	m (12) F				
2:57.72S	P # 12B	Female 12-13 200 IM	25		-0.28
3:16.98S	P # 17B	Female 12-13 200 Breast	15		2.69
11:41.27S	F # 23B	Female 12-13 800 Free	15	2	-30.13
6:04.61S	F # 29B	Female 12-13 400 IM	8	11	-9.47
1:21.49S	P # 32B	Female 12-13 100 Back	20		-0.80
1:30.42S	P # 37B	Female 12-13 100 Breast	13		-4.61
35.47S	P # 66B	Female 12-13 50 Back	10		-1.04

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Mackenzie Mue	eller (15) F				
30.37S	P # 15C	Female 14-15 50 Free	11		0.02
3:10.20S	P # 17C	Female 14-15 200 Breast	11		-39.01
1:28.64S	P # 37C	Female 14-15 100 Breast	12		2.67
2:35.50S	P # 40C	Female 14-15 200 Free	33		8.75
40.39S	F # 53C	Female 14-15 50 Breast	8	11	-0.07
40.82S	P # 53C	Female 14-15 50 Breast	8		0.36
1:07.358	P # 63C	Female 14-15 100 Free	19		1.08
Emma Murdocl	k (15) F				
2:36.39S	P # 12C	Female 14-15 200 IM	5		-14.34
2:37.01S	F # 12C	Female 14-15 200 IM	5	14	-13.72
3:04.09S	P # 17C	Female 14-15 200 Breast	8		-18.62
3:06.98S	F # 17C	Female 14-15 200 Breast	8	11	-15.73
10:06.85S	F # 23C	Female 14-15 800 Free	8	11	-51.89
5:32.64S	F # 29C	Female 14-15 400 IM	3	20	-11.17
1:07.46S	F # 32C	Female 14-15 100 Back	1	50	2.12
1:10.88S	P # 32C	Female 14-15 100 Back	5		5.54
2:19.87S	P # 40C	Female 14-15 200 Free	10		9.33
1:08.98S	F # 58C	Female 14-15 100 Fly	4	15	3.20
1:10.93S	P # 58C	Female 14-15 100 Fly	6		5.15
2:31.79S	F # 60C	Female 14-15 200 Back	7	12	9.82
2:32.49S	P # 60C	Female 14-15 200 Back	6		10.52
31.64S	P # 66C	Female 14-15 50 Back	2		1.25
32.00S	F # 66C	Female 14-15 50 Back	3	20	1.61
Keir Ogilvie (13	3) M				
2:31.97S	P # 13B	Male 12-13 200 IM	5		3.03
2:28.19S DO	Q F # 13B	Male 12-13 200 IM			
29.09S	F # 21B	Male 12-13 50 Fly	1	50	-0.81
29.79S	P # 21B	Male 12-13 50 Fly	1		-0.11
5:19.24S	F # 30B	Male 12-13 400 IM	3	20	-3.47
2:24.65S	F # 35B	Male 12-13 200 Fly	1	50	-1.52
2:27.33S	P # 35B	Male 12-13 200 Fly	1		1.16
2:15.04S	P # 41B	Male 12-13 200 Free	2		-3.32
2:15.25S	F # 41B	Male 12-13 200 Free	3	20	-3.11
4:48.15S	F # 56B	Male 12-13 400 Free	3	20	-2.98
1:04.18S	F # 59B	Male 12-13 100 Fly	1	50	-1.32
1:08.03S	P # 59B	Male 12-13 100 Fly	2		2.53
1:01.31S	F # 64B	Male 12-13 100 Free	3	20	-0.22
1:03.71S	P # 64B	Male 12-13 100 Free	3		2.18

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Jack Parker (1	6) M				
31.37S	F # 10	200 Medley Relay Lead Off			0.28
26.44S	P # 16D	Male 16 & Over 50 Free	10		0.45
1:07.56S	P # 33D	Male 16 & Over 100 Back	9		0.39
2:07.26S	F # 41D	Male 16 & Over 200 Free	6	13	2.59
2:07.67S	P # 41D	Male 16 & Over 200 Free	7		3.00
32.77S	F # 54D	Male 16 & Over 50 Breast	2	30	-0.40
33.96S	P # 54D	Male 16 & Over 50 Breast	3		0.79
4:43.50S	F # 56D	Male 16 & Over 400 Free	8	11	0.12
59.50S	P # 64D	Male 16 & Over 100 Free	9		2.92
32.69S D	Q P # 67D	Male 16 & Over 50 Back			
Jacob Rambo (13) M				
32.04S	F # 6	200 Medley Relay Lead Off			-0.42
2:27.60S	F # 13B	Male 12-13 200 IM	2	30	-0.68
2:31.15S	P # 13B	Male 12-13 200 IM	3		2.87
29.74S	F # 21B	Male 12-13 50 Fly	2	30	-0.49
30.21S	P # 21B	Male 12-13 50 Fly	2		-0.02
5:05.26S	F # 30B	Male 12-13 400 IM	1	50	-7.78
1:07.05S	F # 33B	Male 12-13 100 Back	2	30	-2.18
1:08.23S	P # 33B	Male 12-13 100 Back	2		-1.00
28.09S	F # 47	200 Free Relay Lead Off			-0.25
1:06.41S	P # 59B	Male 12-13 100 Fly	1		-1.80
1:06.80S	F # 59B	Male 12-13 100 Fly	2	30	-1.41
2:21.86S	P # 61B	Male 12-13 200 Back	1		-5.18
2:23.718	F # 61B	Male 12-13 200 Back	1	50	-3.33
Laura Rincon ((13) F				
2:38.88S	P # 12B	Female 12-13 200 IM	2		-14.07
2:39.15S	F # 12B	Female 12-13 200 IM	4	15	-13.80
30.44S	P # 15B	Female 12-13 50 Free	8		-2.28
30.62S	F # 15B	Female 12-13 50 Free	8	11	-2.10
2:56.23S	F # 17B	Female 12-13 200 Breast	3	20	-5.95
2:56.44S	P # 17B	Female 12-13 200 Breast	3		-5.74
5:45.91S	F # 29B	Female 12-13 400 IM	5	14	-22.14
1:19.30S	F # 37B	Female 12-13 100 Breast	2	30	-4.74
1:22.14S	P # 37B	Female 12-13 100 Breast	2		-1.90
36.18S	F # 53B	Female 12-13 50 Breast	1	50	-2.14
37.65S	P # 53B	Female 12-13 50 Breast	2		-0.67
1:15.39S	P # 58B	Female 12-13 100 Fly	8		
1:17.01S	F # 58B	Female 12-13 100 Fly	8	11	
1:08.75S	P # 63B	Female 12-13 100 Free	17		-4.34

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Arran Robertso	n (11) M				
36.90S	P # 16A	Male 11 & Under 50 Free	15		-1.37
3:41.75S	F # 18A	Male 11 & Under 200 Breast	7	12	-1.41
3:48.18S	P # 18A	Male 11 & Under 200 Breast	7		5.02
1:40.31S	F # 38A	Male 11 & Under 100 Breast	4	15	-3.21
1:44.97S	P # 38A	Male 11 & Under 100 Breast	6		1.45
3:10.16S	P # 41A	Male 11 & Under 200 Free	19		1.67
Annika Rupert	(9) F				
54.12S	F # 52A	Female 10 & Under 50 Breast	14	3	0.71
1:30.27S	P # 62A	Female 10 & Under 100 Free	26		-8.58
49.70S	F # 65A	Female 10 & Under 50 Back	19		-0.15
Bridget Rupert	(9) F				
54.63S	F # 52A	Female 10 & Under 50 Breast	15	2	-3.09
1:32.17S	P # 62A	Female 10 & Under 100 Free	29		-6.74
51.97S	F # 65A	Female 10 & Under 50 Back	21		-0.80
Michael Schmid	lt (13) M				
2:22.818	F # 13B	Male 12-13 200 IM	1	50	-2.88
2:29.95S	P # 13B	Male 12-13 200 IM	1		4.26
2:35.20S	F # 18B	Male 12-13 200 Breast	1	50	3.12
2:37.44S	P # 18B	Male 12-13 200 Breast	1		5.36
30.87S	F # 21B	Male 12-13 50 Fly	4	15	0.38
31.41S	P # 21B	Male 12-13 50 Fly	4		0.92
5:14.27S	F # 30B	Male 12-13 400 IM	2	30	-34.57
1:09.98S	F # 38B	Male 12-13 100 Breast	1	50	0.14
1:13.04S	P # 38B	Male 12-13 100 Breast	1		3.20
27.45S	F # 47	200 Free Relay Lead Off			0.12
32.95S	F # 54B	Male 12-13 50 Breast	1	50	-0.05
33.26S	P # 54B	Male 12-13 50 Breast	1		0.26
1:11.26S	P # 59B	Male 12-13 100 Fly	4		1.99
1:11.31S	F # 59B	Male 12-13 100 Fly	5	14	2.04
59.55S	F # 64B	Male 12-13 100 Free	2	30	-0.48
1:00.41S	P # 64B	Male 12-13 100 Free	2		0.38
Naeva Scott Bou	ıris (11) F				
39.37S	F # 3	200 Medley Relay Lead Off			-0.96
3:24.42S	P # 12A	Female 11 & Under 200 IM	14		-6.80
35.90S	P # 15A	Female 11 & Under 50 Free	19		-0.84
1:26.41S DO	Q P # 32A	Female 11 & Under 100 Back			
2:58.90S	F # 60A	Female 11 & Under 200 Back	7	12	-9.95
2:59.94S	P # 60A	Female 11 & Under 200 Back	7		-8.91
1:19.84S	P # 63A	Female 11 & Under 100 Free	18		-2.68
38.75S	F # 66A	Female 11 & Under 50 Back	3	20	-1.58
39.71S	P # 66A	Female 11 & Under 50 Back	4		-0.62

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Madea Solberg	(10) F				
43.87S	F # 1	200 Medley Relay Lead Off			0.23
39.80S	F # 14A	Female 10 & Under 50 Free	26		0.09
1:37.21S	P # 31A	Female 10 & Under 100 Back	14		0.66
3:14.68S	P # 39A	Female 10 & Under 200 Free	17		-5.68
54.94S	F # 52A	Female 10 & Under 50 Breast	16	1	2.03
1:30.71S	P # 62A	Female 10 & Under 100 Free	27		-0.43
45.04S	F # 65A	Female 10 & Under 50 Back	11	6	1.40
Bijou Speirs (12	2) F				
2:51.34S	P # 12E	Female 12-13 200 IM	18		-5.29
31.40S	P # 15E	Female 12-13 50 Free	16		0.15
3:08.29S	P # 17E	Female 12-13 200 Breast	11		-3.42
10:58.93S	F # 23E	Female 12-13 800 Free	9	9	-23.49
6:05.94S	F # 29E	Female 12-13 400 IM	9	9	-8.55
1:26.08S	F # 37E	Female 12-13 100 Breast	7	12	-5.15
1:27.80S	P # 37E	Female 12-13 100 Breast	8		-3.43
1:09.42S	P # 63E	Female 12-13 100 Free	18		-1.23
Jemma Stevens	(12) F				
33.10S	P # 15E	Female 12-13 50 Free	27		0.09
11:09.66S	F # 23E	Female 12-13 800 Free	11	6	-3.68
1:22.33S	P # 32F	Female 12-13 100 Back	21		0.78
2:37.04S	P # 40E	Female 12-13 200 Free	27		4.27
5:23.50S	F # 55E	Female 12-13 400 Free	13	4	-0.52
1:13.38S	P # 63E	Female 12-13 100 Free	33		1.39
Maya Stevens (9) F				
3:45.36S	P # 11A	Female 10 & Under 200 IM	14		4.31
38.21S	F # 14A	Female 10 & Under 50 Free	16	1	-0.94
45.01S	F # 19A	Female 10 & Under 50 Fly	10	7	0.12
1:36.84S	P # 31A	Female 10 & Under 100 Back	13		-4.03
3:09.25S	P # 39A	Female 10 & Under 200 Free	15		-4.96
1:46.58S	F # 57A	Female 10 & Under 100 Fly	7	12	0.88
1:54.82S	P # 57A	Female 10 & Under 100 Fly	8		9.12
1:27.80S	P # 62A	Female 10 & Under 100 Free	22		-0.68
43.80S	F # 65A	Female 10 & Under 50 Back	5	14	-3.89

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Sophie Tarrant	(15) F				
2:24.24S	F # 12C	Female 14-15 200 IM	1	50	0.88
2:29.82S	P # 12C	Female 14-15 200 IM	1		6.46
2:36.77S	F # 17C	Female 14-15 200 Breast	1	50	-0.33
2:41.09S	P # 17C	Female 14-15 200 Breast	1		3.99
9:45.38S	F # 23C	Female 14-15 800 Free	1	50	-136.54
5:04.06S	F # 29C	Female 14-15 400 IM	1	50	-3.55
1:13.17S	F # 37C	Female 14-15 100 Breast	1	50	0.15
1:14.36S	P # 37C	Female 14-15 100 Breast	1		1.34
1:06.93S	F # 58C	Female 14-15 100 Fly	2	30	0.41
1:09.41S	P # 58C	Female 14-15 100 Fly	1		2.89
2:30.58S	F # 60C	Female 14-15 200 Back	6	13	-5.85
2:33.39S	P # 60C	Female 14-15 200 Back	8		-3.04
1:00.30S	F # 63C	Female 14-15 100 Free	2	30	-1.12
1:01.95S	P # 63C	Female 14-15 100 Free	3		0.53
Atanas Tchaoucl	hev (10) M				
1:47.73S	P # 31B	Male 10 & Under 100 Back	10		3.24
1:47.61S	F # 36B	Male 10 & Under 100 Breast	4	15	-10.37
1:49.13S	P # 36B	Male 10 & Under 100 Breast	3		-8.85
3:22.38S	F # 39B	Male 10 & Under 200 Free	8	11	-19.92
3:23.25S	P # 39B	Male 10 & Under 200 Free	10		-19.05
48.17S	F # 52B	Male 10 & Under 50 Breast	1	50	-6.08
1:34.52S	P # 62B	Male 10 & Under 100 Free	11		-7.20
49.88S	F # 65B	Male 10 & Under 50 Back	10	7	0.88
Anastasia Trude	l (11) F				
2:46.29S	P # 12A	Female 11 & Under 200 IM	2		-2.54
2:48.02S	F # 12A	Female 11 & Under 200 IM	3	20	-0.81
30.10S	P # 15A	Female 11 & Under 50 Free	2		0.29
30.31S	F # 15A	Female 11 & Under 50 Free	2	30	0.50
20:19.49S	F # 25A	Female 11 & Under 1500 Free	1	50	-47.52
6:02.12S	F # 29A	Female 11 & Under 400 IM	1	50	0.76
1:19.93S	F # 32A	Female 11 & Under 100 Back	3	20	-0.84
1:20.69S	P # 32A	Female 11 & Under 100 Back	3		-0.08
2:24.60S	F # 40A	Female 11 & Under 200 Free	2	30	2.12
2:25.62S	P # 40A	Female 11 & Under 200 Free	2		3.14
30.48S	F # 44	200 Free Relay Lead Off			0.67
5:12.14S	F # 55A	Female 11 & Under 400 Free	2	30	-1.38
2:52.20S	F # 60A	Female 11 & Under 200 Back	4	15	-18.38
2:52.66S	P # 60A	Female 11 & Under 200 Back	4		-17.92
1:04.55S	P # 63A	Female 11 & Under 100 Free	1		-1.07
1:05.35S	F # 63A	Female 11 & Under 100 Free	2	30	-0.27

Individual Meet Results

2016 VIR Short Course Champs 15-Jan-16 to 17-Jan-16 SC Meters

Location: NAC

Time	F/P/S	Event	Place	Points	Improv
Victoria von Sack	ken Nash (15) F	(00)			
29.98S	P # 150	Female 14-15 50 Free	9		0.33
NS	P # 170	Female 14-15 200 Breast			
1:17.37S	F # 370	Female 14-15 100 Breast	3	20	1.72
1:19.64S	P # 370	Female 14-15 100 Breast	4		3.99
2:22.04S	P # 400	Female 14-15 200 Free	15		6.96
36.15S	F # 53C	Female 14-15 50 Breast	1	50	1.08
36.18S	P # 53C	Female 14-15 50 Breast	1		1.11
1:05.49S	P # 63C	Female 14-15 100 Free	11		2.60
Ying Cai WangS1	13SB13SM13 (1	4) M			
3:00.55S	P # 13C	Male 14-15 200 IM	9		-6.26
3:16.99S	P # 180	Male 14-15 200 Breast	7		6.53
3:17.48S	F # 180	Male 14-15 200 Breast	7	12	7.02
1:32.15S DQ	P # 33C	Male 14-15 100 Back			
1:32.16S DQ	P # 380	Male 14-15 100 Breast			
43.51S	F # 540	Male 14-15 50 Breast	5	14	1.44
44.20S	P # 540	Male 14-15 50 Breast	6		2.13
1:15.30S	P # 640	Male 14-15 100 Free	16		1.60
Jasmine Yu (11)	F				
3:12.94S	P # 12A	Female 11 & Under 200 IM	12		2.97
35.04S	P # 15A	Female 11 & Under 50 Free	14		0.68
NS	P # 17A	Female 11 & Under 200 Breast			
1:27.77S	P # 32A	Female 11 & Under 100 Back	12		-2.44
2:49.59S	P # 40A	Female 11 & Under 200 Free	13		4.10
42.33S	F # 53A	Female 11 & Under 50 Breast	3	20	-4.39
42.43S	P # 53A	Female 11 & Under 50 Breast	3		-4.29
NS	F # 55A	Female 11 & Under 400 Free			
3:06.99S	P # 60A	Female 11 & Under 200 Back	11		-4.29
1:17.92S	P # 63A	Female 11 & Under 100 Free			1.00