

## UVic - Pacific Coast Swimming Assoc.

### Meet Results

2019 NRST Fall Invitational 26-Oct-19 to 27-Oct-19 SC Meters

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S Relay	Place	Points	Improv
<b>Event # 1A Female 100 Free 10 &amp; Under</b>				
1:26.27S	F Mila Chernenkoff	7	---	-5.18
1:36.66S	F Teigan Hawes	14	---	-3.41
1:49.20S	F Graci Bahr Cook	20	---	-10.10
1:53.36S	F Ada Chen	23	---	2.35
<b>Event # 1B Male 100 Free 10 &amp; Under</b>				
1:16.87S	F Constantine Tchaouchev	2	---	-8.76
1:17.60S	F Noah Hicks	4	---	-1.04
1:48.07S	F Liam Altona	12	---	-10.12
1:50.98S	F Kai Feenstra	13	---	-5.06
1:51.71S	F Eli Hicks	14	---	-0.33
<b>Event # 1C Female 100 Free 11-12</b>				
1:01.03S	F Bridget Rupert	1	---	-0.67
1:05.15S	F Kate Marcovitz	4	---	1.21
1:05.16S	F Sidney Boone	5	---	-2.23
1:06.94S	F Imogen Hawes	6	---	0.75
1:08.92S	F Lucy Hallett	10	---	-0.45
1:09.49S	F Annika Rupert	12	---	-1.02
1:13.11S	F Jessica Hier	17	---	2.78
1:14.96S	F Coco Wang	22	---	5.50
1:25.82S	F Avery Neal	43	---	-9.66
1:30.87S	F Callie Eagles	52	---	-5.49
1:33.01S	F Isabel Dybhavn	57	---	3.87
1:37.39S	F Kiana Mousavi	58	---	-3.83
1:44.45S	F Chelsea Rumball	63	---	2.34
<b>Event # 1D Male 100 Free 11-12</b>				
1:14.03S	F Kieran Feenstra	6	---	-9.68
1:14.20S	F Alex Camaraire	7	---	-0.59
1:16.12S	F Alex Chen	10	---	-8.02
1:18.17S	F Conor Poulin	14	---	-6.49
1:20.83S	F Rubin Lee	18	---	-12.05
1:23.97S	F Cooper Hunt	25	---	-3.53
1:24.45S	F Makaio McKnight	27	---	-8.62
2:02.55S	F Jakob Rumball	40	---	8.77
<b>Event # 1E Female 100 Free 13-14</b>				
1:05.94S	F Emma Attwell	7	---	2.02
1:08.31S	F Misato Hiraoka	13	---	1.75
1:08.47S	F Adelina Benn	14	---	0.05
1:08.66S	F Charlotte Alexander	16	---	1.94
1:14.88S	F Taryn Mercer	34	---	1.24

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Time	F/P/S Relay	Place	Points	Improv
<b>Event # 1F Male 100 Free 13-14</b>				
59.85S	F Nolan Crisp	5	---	0.90
1:00.84S	F Luke Poulin	6	---	0.39
1:01.16S	F Alonso Gutierrez	8	---	1.78
1:02.01S	F Atanas Tchaouchev	10	---	-2.09
1:04.48S	F Jasper Joost Van Maren	15	---	2.57
1:07.38S	F Jack Falconer	19	---	-4.63
1:07.57S	F Sebastien Hon	20	---	-8.32
1:07.75S	F Simon de Rosnay	21	---	-6.43
1:11.50S	F Marcus Chen	27	---	-1.31
<b>Event # 1G Female 100 Free 15 &amp; Over</b>				
1:03.12S	F Jemma Stevens	10	---	2.24
1:05.84S	F Anastasia Trudel	19	---	1.34
1:06.97S	F Trinity Aragon-Scriven	24	---	0.83
1:11.88S	F Emma Obee	39	---	0.76
1:12.36S	F Elena Pepenel	40	---	2.68
1:13.58S	F Sabine Black	43	---	4.22
<b>Event # 1H Male 100 Free 15 &amp; Over</b>				
51.99S	F Cale Murdock	1	---	1.36
56.52S	F Erik Harper	10	---	3.67
58.65S	F Brendan Chow	18	---	0.02
1:00.08S	F Nathan Chow	21	---	0.72
1:01.23S	F Arran Robertson	23	---	0.01
1:02.13S	F Lucas Suarez	25	---	1.23
<b>Event # 2A Female 50 Fly 10 &amp; Under</b>				
46.01S	F Mila Chernenkoff	5	---	-2.99
51.12S	F Teigan Hawes	8	---	-7.50
1:01.60S	F Graci Bahr Cook	14	---	-0.72
1:04.61S	F Ada Chen	15	---	0.68
<b>Event # 2B Male 50 Fly 10 &amp; Under</b>				
1:08.08S	F Eli Hicks	9	---	-0.92
<b>Event # 2C Female 50 Fly 11-12</b>				
44.81S	F Isabel Dybhavn	22	---	-7.77
52.16S	F Callie Eagles	33	---	0.08
53.10S	F Kiana Mousavi	35	---	-8.26
53.72S	F Avery Neal	36	---	2.07
NS	F Chelsea Rumball	---	---	---
<b>Event # 2D Male 50 Fly 11-12</b>				
45.41S	F Conor Poulin	10	---	-1.93
48.71S	F Rubin Lee	12	---	-8.79
<b>Event # 2E Female 50 Fly 13-14</b>				
33.60S	F Maya Stevens	4	---	0.76
52.51S	F Sophia Bahr Cook	29	---	0.76

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UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Relay	Place	Points	Improv
<b>Event # 2F Male 50 Fly 13-14</b>					
30.38S	F	Yingao Gao	2	---	-3.00
35.72S	F	Jack Falconer	7	---	---
38.93S	F	Marcus Chen	12	---	1.08
<b>Event # 2G Female 50 Fly 15 &amp; Over</b>					
33.64S	F	Jemma Stevens	12	---	0.75
38.61S	F	Elena Pepenel	23	---	-0.62
<b>Event # 2H Male 50 Fly 15 &amp; Over</b>					
NS	F	Erik Harper	---	---	---
<b>Event # 3A Female 100 Back 10 &amp; Under</b>					
2:04.46S	F	Ada Chen	16	---	---
1:49.04S	DQ	F Teigan Hawes	---	---	---
<b>Event # 3B Male 100 Back 10 &amp; Under</b>					
1:26.21S	F	Noah Hicks	2	---	-0.48
1:34.68S	F	Constantine Tchaouchev	5	---	-1.56
1:51.42S	F	Liam Altona	12	---	-3.70
2:02.27S	F	Eli Hicks	14	---	6.14
2:10.82S	F	Kai Feenstra	15	---	---
<b>Event # 3C Female 100 Back 11-12</b>					
1:11.19S	F	Bridget Rupert	1	---	2.37
1:14.16S	F	Kate Marcovitz	2	---	2.69
1:15.56S	F	Sidney Boone	3	---	-7.85
1:16.98S	F	Lucy Hallett	4	---	-2.27
1:21.29S	F	Imogen Hawes	8	---	0.18
1:23.09S	F	Jessica Hier	9	---	0.44
1:23.67S	F	Coco Wang	11	---	2.68
1:40.44S	F	Callie Eagles	33	---	---
1:41.18S	F	Isabel Dybhavn	35	---	1.13
1:47.70S	F	Avery Neal	38	---	2.50
1:53.70S	F	Kiana Mousavi	41	---	-15.61
1:49.03S	DQ	F Chelsea Rumball	---	---	---
<b>Event # 3D Male 100 Back 11-12</b>					
1:22.58S	F	Kieran Feenstra	1	---	-9.99
1:23.68S	F	Rubin Lee	2	---	-4.60
1:25.28S	F	Alex Chen	5	---	-3.47
1:28.49S	F	Alex Camarairre	9	---	0.13
1:30.40S	F	Conor Poulin	11	---	-3.81
1:40.94S	F	Cooper Hunt	22	---	0.32
2:17.89S	F	Jakob Rumball	30	---	---

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Time	F/P/S Relay	Place	Points	Improv
<b>Event # 3E Female 100 Back 13-14</b>				
1:14.60S	F Emma Attwell	3	---	3.82
1:17.25S	F Maya Stevens	9	---	-0.55
1:18.27S	F Taryn Mercer	11	---	1.73
1:18.84S	F Charlotte Alexander	12	---	0.40
1:58.48S	F Sophia Bahr Cook	33	---	2.87
<b>Event # 3F Male 100 Back 13-14</b>				
1:03.27S	F Nolan Crisp	1	---	1.52
1:15.83S	F Yingao Gao	8	---	-3.95
1:19.21S	F Simon de Rosnay	9	---	-0.32
1:21.26S	F Sebastien Hon	14	---	-6.84
1:23.87S	F Jack Falconer	17	---	---
<b>Event # 3G Female 100 Back 15 &amp; Over</b>				
1:14.19S	F Trinity Aragon-Scriven	8	---	4.03
1:16.72S	F Anastasia Trudel	12	---	1.74
1:16.92S	F Jemma Stevens	13	---	7.40
1:18.18S	F Emma Obee	17	---	0.15
1:23.53S	F Elena Pepenel	28	---	-2.37
NS	F Sabine Black	---	---	---
<b>Event # 3H Male 100 Back 15 &amp; Over</b>				
59.47S	F Cale Murdock	1	---	1.93
NS	F Erik Harper	---	---	---
<b>Event # 4B Male 200 Breast 11 &amp; Under</b>				
3:34.98S	F Cooper Hunt	4	---	-1.25
3:38.95S	F Makaio McKnight	5	---	-15.68
<b>Event # 4C Female 200 Breast 12-13</b>				
2:54.19S	F Adelina Benn	1	---	-1.72
2:54.27S	F Annika Rupert	2	---	1.15
<b>Event # 4D Male 200 Breast 12-13</b>				
2:45.21S	F Atanas Tchaouchev	1	---	1.16
2:46.19S	F Jasper Joost Van Maren	2	---	0.31
2:58.96S	F Alonso Gutierrez	5	---	-2.52
<b>Event # 4E Female 200 Breast 14-15</b>				
3:05.12S	F Misato Hiraoka	4	---	5.82
3:10.67S	F Sabine Black	7	---	3.20
<b>Event # 4F Male 200 Breast 14-15</b>				
2:39.87S	F Arran Robertson	2	---	2.41
2:45.51S	F Luke Poulin	4	---	-5.42
2:47.40S	F Nathan Chow	6	---	-2.18
2:54.14S	F Lucas Suarez	7	---	-4.95

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Time	F/P/S Relay	Place	Points	Improv
<b>Event # 4H Male 200 Breast 16 &amp; Over</b>				
2:59.22S	F Brendan Chow	2	---	0.91
<b>Event # 5A Female 200 IM 11 &amp; Under</b>				
3:00.92S	F Jessica Hier	3	---	-0.26
<b>Event # 5B Male 200 IM 11 &amp; Under</b>				
3:05.02S	F Alex Camaraire	2	---	1.62
3:12.64S	F Constantine Tchaouchev	5	---	-0.06
3:31.62S	F Makaio McKnight	7	---	-40.77
3:17.59S	DQ F Noah Hicks	---	---	---
<b>Event # 5C Female 200 IM 12-13</b>				
2:33.57S	F Bridget Rupert	1	---	0.27
2:42.34S	F Sidney Boone	2	---	-3.39
2:42.36S	F Imogen Hawes	3	---	-1.77
2:43.96S	F Kate Marcovitz	4	---	1.53
2:46.71S	F Maya Stevens	6	---	-3.54
2:47.84S	F Lucy Hallett	7	---	-5.38
2:49.83S	F Adelina Benn	9	---	2.60
2:50.15S	F Annika Rupert	10	---	1.90
3:12.61S	F Coco Wang	19	---	12.13
<b>Event # 5D Male 200 IM 12-13</b>				
2:32.20S	F Nolan Crisp	2	---	5.16
2:33.56S	F Jasper Joost Van Maren	3	---	4.79
2:33.87S	F Atanas Tchaouchev	4	---	0.80
2:36.67S	F Alonso Gutierrez	5	---	5.91
2:48.27S	F Simon de Rosnay	6	---	-0.56
2:58.79S	F Sebastien Hon	12	---	-9.14
2:59.53S	F Marcus Chen	13	---	-3.57
3:01.59S	F Kieran Feenstra	15	---	-10.06
3:06.36S	F Alex Chen	17	---	-9.40
<b>Event # 5E Female 200 IM 14-15</b>				
2:44.85S	F Anastasia Trudel	8	---	3.30
2:46.15S	F Emma Attwell	10	---	-2.89
2:47.64S	F Trinity Aragon-Scriven	11	---	8.93
2:48.01S	F Charlotte Alexander	12	---	0.57
2:49.78S	F Misato Hiraoka	14	---	5.97
<b>Event # 5F Male 200 IM 14-15</b>				
2:25.58S	F Luke Poulin	3	---	-2.60
2:30.90S	F Nathan Chow	6	---	2.39
2:33.62S	F Arran Robertson	9	---	0.17
2:38.96S	F Lucas Suarez	13	---	-0.18
2:41.02S	F Yingao Gao	14	---	-5.57

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<b>Event # 5H Male 200 IM 16 &amp; Over</b>				
2:12.43S	F Cale Murdock	2	---	4.54
2:32.16S	F Brendan Chow	10	---	0.29
<b>Event # 6B Male 100 Fly 10 &amp; Under</b>				
1:28.25S	F Noah Hicks	1	---	-8.13
1:48.64S	F Constantine Tchaouchev	5	---	9.19
<b>Event # 6C Female 100 Fly 11-12</b>				
1:10.73S	F Bridget Rupert	1	---	2.21
1:14.11S	F Sidney Boone	4	---	1.54
1:16.47S	F Imogen Hawes	6	---	1.00
1:18.78S	F Kate Marcovitz	7	---	0.28
1:29.70S	F Jessica Hier	14	---	-0.23
1:40.29S	F Coco Wang	24	---	1.73
<b>Event # 6D Male 100 Fly 11-12</b>				
1:25.74S	F Alex Chen	5	---	-13.12
1:35.16S	F Alex Camaraire	11	---	-1.59
1:38.01S	F Kieran Feenstra	13	---	---
<b>Event # 6E Female 100 Fly 13-14</b>				
1:12.76S	F Maya Stevens	4	---	-2.01
1:16.09S	F Emma Attwell	9	---	3.18
1:22.02S	F Charlotte Alexander	15	---	4.35
1:23.89S	F Misato Hiraoka	18	---	-0.74
1:24.69S	F Adelina Benn	22	---	-3.10
<b>Event # 6F Male 100 Fly 13-14</b>				
1:07.89S	F Nolan Crisp	2	---	2.16
1:08.06S	F Luke Poulin	3	---	-3.30
1:10.04S	F Yingao Gao	4	---	-2.83
1:10.27S	F Jasper Joost Van Maren	5	---	0.51
1:11.73S	F Alonso Gutierrez	8	---	-1.48
1:11.84S	F Atanas Tchaouchev	9	---	-1.93
1:18.90S	F Simon de Rosnay	14	---	-7.98
1:23.17S	F Jack Falconer	16	---	-9.59
1:30.84S	F Marcus Chen	25	---	0.90
<b>Event # 6G Female 100 Fly 15 &amp; Over</b>				
1:18.05S	F Anastasia Trudel	17	---	-0.30
1:18.15S	F Trinity Aragon-Scriven	18	---	-12.37
<b>Event # 6H Male 100 Fly 15 &amp; Over</b>				
57.29S	F Cale Murdock	1	---	0.24
1:07.19S	F Nathan Chow	11	---	-0.46
1:11.52S	F Brendan Chow	15	---	-0.75
1:13.53S	F Arran Robertson	16	---	-3.07
1:17.03S	F Lucas Suarez	19	---	-3.45

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<b>Event # 7A Female 50 Breast 10 &amp; Under</b>					
55.42S	F	Mila Chernenkoff	8	---	-5.88
59.10S	F	Teigan Hawes	13	---	-2.39
1:02.78S	F	Graci Bahr Cook	16	---	1.79
1:06.59S	F	Ada Chen	17	---	-7.74
<b>Event # 7B Male 50 Breast 10 &amp; Under</b>					
59.77S	F	Liam Altona	9	---	-3.58
1:03.31S	F	Eli Hicks	12	---	0.44
1:11.11S	F	Kai Feenstra	14	---	1.50
<b>Event # 7C Female 50 Breast 11-12</b>					
49.44S	F	Kiana Mousavi	20	---	-4.90
52.67S	F	Chelsea Rumball	26	---	2.25
53.91S	F	Callie Eagles	28	---	-0.56
55.49S	F	Avery Neal	30	---	-4.50
56.26S	F	Isabel Dybhavn	31	---	-2.19
<b>Event # 7D Male 50 Breast 11-12</b>					
46.81S	F	Makaio McKnight	3	---	-2.49
47.27S	F	Cooper Hunt	4	---	-1.58
49.86S	F	Rubin Lee	10	---	-6.22
50.52S	F	Conor Poulin	12	---	-2.74
54.49S	F	Jakob Rumball	16	---	-0.08
<b>Event # 7E Female 50 Breast 13-14</b>					
42.79S	F	Taryn Mercer	4	---	---
53.23S	F	Sophia Bahr Cook	18	---	0.06
<b>Event # 7F Male 50 Breast 13-14</b>					
36.67S	F	Yingao Gao	4	---	-8.69
42.73S	F	Sebastien Hon	9	---	-5.79
<b>Event # 7G Female 50 Breast 15 &amp; Over</b>					
39.11S	F	Jemma Stevens	6	---	-4.73
43.61S	F	Elena Pepenel	14	---	0.66
45.39S	F	Emma Obee	16	---	-1.04
NS	F	Sabine Black	---	---	---
<b>Event # 7H Male 50 Breast 15 &amp; Over</b>					
NS	F	Erik Harper	---	---	---
<b>Event # 8A Female 200 Back 11 &amp; Under</b>					
2:56.57S	F	Jessica Hier	3	---	2.34
<b>Event # 8B Male 200 Back 11 &amp; Under</b>					
3:01.96S	F	Rubin Lee	3	---	-7.39
3:05.56S	F	Alex Camaraire	5	---	4.61
3:23.27S	F	Constantine Tchaouchev	9	---	0.59

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Time	F/P/S Relay	Place	Points	Improv
<b>Event # 8C Female 200 Back 12-13</b>				
2:35.81S	F Kate Marcovitz	2	---	2.95
2:44.89S	F Lucy Hallett	10	---	4.11
2:45.59S	F Taryn Mercer	11	---	8.33
2:53.13S	F Annika Rupert	18	---	2.38
2:55.91S	F Coco Wang	20	---	3.05
<b>Event # 8D Male 200 Back 12-13</b>				
2:22.23S	F Nolan Crisp	1	---	8.80
2:26.65S	F Alonso Gutierrez	2	---	-2.96
2:32.10S	F Jasper Joost Van Maren	3	---	0.03
2:37.26S	F Atanas Tchaouchev	5	---	-19.93
2:46.06S	F Simon de Rosnay	8	---	---
3:00.62S	F Alex Chen	14	---	-2.77
<b>Event # 8E Female 200 Back 14-15</b>				
2:41.92S	F Emma Attwell	7	---	3.82
2:43.75S	F Trinity Aragon-Scriven	9	---	9.81
2:51.73S	F Emma Obee	18	---	6.51
2:52.32S	F Misato Hiraoka	20	---	7.69
2:52.36S	F Charlotte Alexander	21	---	-0.37
<b>Event # 8F Male 200 Back 14-15</b>				
2:27.54S	F Luke Poulin	2	---	-9.58
2:28.38S	F Nathan Chow	3	---	-1.45
<b>Event # 9A Female 50 Free 10 &amp; Under</b>				
35.75S	F Mila Chernenkoff	2	---	-2.01
41.66S	F Teigan Hawes	14	---	-2.46
47.31S	F Graci Bahr Cook	21	---	-1.35
51.14S	F Ada Chen	24	---	0.19
<b>Event # 9B Male 50 Free 10 &amp; Under</b>				
33.48S	F Noah Hicks	1	---	-0.57
47.31S	F Liam Altona	14	---	0.77
48.47S	F Kai Feenstra	15	---	-4.04
49.20S	F Eli Hicks	16	---	0.23
<b>Event # 9C Female 50 Free 11-12</b>				
28.29S	F Bridget Rupert	1	---	0.18
30.90S	F Imogen Hawes	5	---	-0.81
31.16S	F Sidney Boone	6	---	-0.43
31.84S	F Lucy Hallett	9	---	0.96
32.74S	F Annika Rupert	11	---	0.85
38.46S	F Isabel Dybhavn	34	---	-0.23
39.97S	F Avery Neal	42	---	-6.81
41.23S	F Callie Eagles	44	---	-0.54
43.70S	F Kiana Mousavi	48	---	-2.01
45.31S	F Chelsea Rumball	49	---	1.05



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<b>Event # 9D Male 50 Free 11-12</b>				
32.57S	F Kieran Feenstra	4	---	-4.46
33.33S	F Conor Poulin	6	---	-2.45
33.45S	F Alex Camaraire	7	---	0.57
34.26S	F Alex Chen	8	---	0.23
36.13S	F Cooper Hunt	14	---	-0.41
36.42S	F Rubin Lee	16	---	-0.29
37.06S	F Makaio McKnight	20	---	-2.16
54.45S	F Jakob Rumball	33	---	0.96
<b>Event # 9E Female 50 Free 13-14</b>				
30.14S	F Emma Attwell	9	---	1.55
30.30S	F Charlotte Alexander	10	---	0.23
30.38S	F Maya Stevens	11	---	-0.60
30.58S	F Misato Hiraoka	12	---	1.20
31.80S	F Adelina Benn	23	---	-0.52
34.71S	F Taryn Mercer	38	---	0.74
40.18S	F Sophia Bahr Cook	48	---	1.36
<b>Event # 9F Male 50 Free 13-14</b>				
28.17S	F Yingao Gao	5	---	-0.71
31.52S	F Sebastien Hon	13	---	-2.97
32.00S	F Marcus Chen	15	---	1.05
NS	F Jack Falconer	---	---	---
<b>Event # 9G Female 50 Free 15 &amp; Over</b>				
28.62S	F Jemma Stevens	5	---	0.43
30.04S	F Anastasia Trudel	15	---	0.72
30.57S	F Trinity Aragon-Scriven	21	---	1.10
32.83S	F Elena Pepenel	32	---	1.36
33.88S	F Emma Obee	33	---	1.53
NS	F Sabine Black	---	---	---
<b>Event # 9H Male 50 Free 15 &amp; Over</b>				
24.85S	F Cale Murdock	1	---	1.32
26.37S	F Nathan Chow	13	---	-0.01
26.45S	F Brendan Chow	15	---	-0.41
27.83S	F Lucas Suarez	20	---	0.24
28.30S	F Arran Robertson	22	---	0.33
NS	F Erik Harper	---	---	---
<b>Event # 10A Female 200 Free 11 &amp; Under</b>				
2:38.32S	F Jessica Hier	2	---	-4.13
<b>Event # 10B Male 200 Free 11 &amp; Under</b>				
2:49.48S	F Noah Hicks	4	---	-10.18

## UVic - Pacific Coast Swimming Assoc.

### Meet Results

2019 NRST Fall Invitational 26-Oct-19 to 27-Oct-19 SC Meters

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S Relay	Place	Points	Improv
<b>Event # 10C Female 200 Free 12-13</b>				
2:18.82S	F Bridget Rupert	2	---	2.55
2:23.79S	F Kate Marcovitz	3	---	3.86
2:25.18S	F Sidney Boone	6	---	-12.27
2:30.78S	F Adelina Benn	10	---	-1.94
2:33.74S	F Annika Rupert	15	---	3.57
2:43.81S	F Taryn Mercer	23	---	10.61
2:48.34S	F Coco Wang	25	---	19.63
<b>Event # 10D Male 200 Free 12-13</b>				
2:10.95S	F Nolan Crisp	1	---	-1.01
2:11.79S	F Alonso Gutierrez	2	---	3.43
2:15.35S	F Jasper Joost Van Maren	3	---	1.93
2:16.17S	F Atanas Tchaouchev	5	---	-2.74
2:27.16S	F Simon de Rosnay	12	---	-1.22
2:28.15S	F Sebastien Hon	14	---	-19.43
2:33.18S	F Marcus Chen	17	---	1.04
2:50.51S	F Alex Chen	19	---	-8.92
<b>Event # 10E Female 200 Free 14-15</b>				
2:27.45S	F Anastasia Trudel	11	---	8.12
2:31.02S	F Misato Hiraoka	15	---	2.67
2:31.60S	F Charlotte Alexander	16	---	4.91
2:33.46S	F Trinity Aragon-Scriven	18	---	5.07
NS	F Sabine Black	---	---	---
<b>Event # 10F Male 200 Free 14-15</b>				
2:11.79S	F Luke Poulin	7	---	1.57
2:17.44S	F Lucas Suarez	12	---	1.55
2:18.27S	F Nathan Chow	14	---	-3.05
2:19.36S	F Arran Robertson	15	---	0.06
<b>Event # 10G Female 200 Free 16 &amp; Over</b>				
2:19.35S	F Jemma Stevens	4	---	6.72
<b>Event # 10H Male 200 Free 16 &amp; Over</b>				
1:52.26S	F Cale Murdock	1	---	4.22
2:11.21S	F Brendan Chow	5	---	-2.34
<b>Event # 11A Female 50 Back 10 &amp; Under</b>				
48.71S	F Mila Chernenkoff	11	6	-0.82
49.77S	F Teigan Hawes	12	5	-0.74
53.43S	F Ada Chen	22	---	-4.97
55.74S	F Graci Bahr Cook	24	---	4.33

## UVic - Pacific Coast Swimming Assoc.

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2019 NRST Fall Invitational 26-Oct-19 to 27-Oct-19 SC Meters

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Relay	Place	Points	Improv
<b>Event # 11B Male 50 Back 10 &amp; Under</b>					
38.61S	F	Noah Hicks	2	17	-1.11
43.27S	F	Constantine Tchaouchev	7	12	0.12
51.72S	F	Liam Altona	11	6	-4.05
53.08S	F	Eli Hicks	13	4	-0.87
56.44S	F	Kai Feenstra	15	2	-2.06
<b>Event # 11C Female 50 Back 11-12</b>					
43.29S	F	Isabel Dybhavn	25	---	-2.91
46.59S	F	Callie Eagles	36	---	-5.88
46.63S	F	Chelsea Rumball	37	---	-4.14
49.01S	F	Avery Neal	39	---	-2.90
51.68S	F	Kiana Mousavi	45	---	-5.48
<b>Event # 11D Male 50 Back 11-12</b>					
37.97S	F	Kieran Feenstra	5	14	-4.67
39.51S	F	Rubin Lee	8	11	-1.79
40.88S	F	Conor Poulin	10	7	-4.15
44.17S	F	Makaio McKnight	16	1	-1.82
47.15S	F	Cooper Hunt	23	---	-3.51
1:02.35S	F	Jakob Rumball	29	---	---
<b>Event # 11E Female 50 Back 13-14</b>					
36.30S	F	Maya Stevens	9	9	1.07
36.98S	F	Taryn Mercer	13	4	1.40
51.85S	F	Sophia Bahr Cook	30	---	1.09
<b>Event # 11F Male 50 Back 13-14</b>					
38.01S	F	Jack Falconer	12	5	-3.06
<b>Event # 11G Female 50 Back 15 &amp; Over</b>					
35.60S	F	Jemma Stevens	6	13	2.41
36.30S	F	Emma Obee	8	11	0.26
38.04S	F	Elena Pepenel	13	4	-6.75
<b>Event # 11H Male 50 Back 15 &amp; Over</b>					
27.30S	F	Cale Murdock	1	20	0.38
NS	F	Erik Harper	---	---	---
<b>Event # 12C Female 200 Fly 12-13</b>					
2:39.60S	F	Maya Stevens	1	---	-6.71
2:45.28S	F	Imogen Hawes	2	---	2.53
2:56.28S	F	Lucy Hallett	4	---	0.49
<b>Event # 12D Male 200 Fly 12-13</b>					
3:16.62S	F	Alex Chen	2	---	---
<b>Event # 12F Male 200 Fly 14-15</b>					
2:59.76S	F	Yingao Gao	1	---	---

## UVic - Pacific Coast Swimming Assoc.

### Meet Results

2019 NRST Fall Invitational 26-Oct-19 to 27-Oct-19 SC Meters

UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S	Relay	Place	Points	Improv
<b>Event # 13A Female 100 Breast 10 &amp; Under</b>					
2:08.79S	F	Mila Chernenkoff	13	---	2.71
2:11.29S	F	Teigan Hawes	16	---	-1.26
2:13.64S	F	Graci Bahr Cook	19	---	3.13
<b>Event # 13B Male 100 Breast 10 &amp; Under</b>					
1:42.93S	F	Constantine Tchaouchev	2	---	-6.80
1:52.54S	F	Noah Hicks	6	---	-9.16
2:09.17S	F	Liam Altona	10	---	-3.35
2:09.76S	F	Eli Hicks	11	---	-3.82
2:24.54S	F	Kai Feenstra	13	---	---
<b>Event # 13C Female 100 Breast 11-12</b>					
1:23.92S	F	Annika Rupert	1	---	1.97
1:26.18S	F	Bridget Rupert	2	---	-4.44
1:29.58S	F	Sidney Boone	3	---	-15.70
1:31.49S	F	Imogen Hawes	6	---	-7.73
1:32.37S	F	Kate Marcovitz	9	---	-10.04
1:33.03S	F	Lucy Hallett	11	---	3.51
1:42.17S	F	Coco Wang	24	---	0.59
1:51.43S	F	Chelsea Rumball	41	---	-1.07
1:51.73S	F	Kiana Mousavi	42	---	-2.81
1:55.41S	F	Callie Eagles	45	---	0.01
1:58.80S	F	Isabel Dybhavn	46	---	-3.51
2:01.02S	F	Avery Neal	49	---	---
1:37.11S	DQ	F Jessica Hier	---	---	---
<b>Event # 13D Male 100 Breast 11-12</b>					
1:32.06S	F	Kieran Feenstra	1	---	-9.85
1:38.99S	F	Cooper Hunt	5	---	-3.32
1:40.27S	F	Alex Camaraille	7	---	-3.02
1:42.69S	F	Makaio McKnight	9	---	-7.38
1:51.86S	F	Rubin Lee	14	---	-4.89
1:52.97S	F	Conor Poulin	18	---	-4.70
2:04.40S	F	Jakob Rumball	20	---	4.97
<b>Event # 13E Female 100 Breast 13-14</b>					
1:21.93S	F	Adelina Benn	3	---	-2.08
1:27.24S	F	Misato Hiraoka	5	---	4.84
1:28.47S	F	Charlotte Alexander	10	---	-2.54
1:35.19S	F	Taryn Mercer	19	---	-1.39
1:53.65S	F	Sophia Bahr Cook	34	---	-2.29

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UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S Relay	Place	Points	Improv
<b>Event # 13F Male 100 Breast 13-14</b>				
1:15.26S	F Atanas Tchaouchev	3	---	-0.67
1:17.70S	F Luke Poulin	4	---	-7.60
1:18.97S	F Jasper Joost Van Maren	6	---	-2.79
1:21.99S	F Nolan Crisp	11	---	-3.68
1:22.86S	F Yingao Gao	12	---	-1.39
1:24.05S	F Alonso Gutierrez	13	---	-6.98
1:31.64S	F Marcus Chen	19	---	2.47
1:32.35S	F Simon de Rosnay	20	---	-5.30
1:32.59S	F Sebastien Hon	21	---	-7.11
1:35.32S	F Jack Falconer	23	---	-9.65
<b>Event # 13G Female 100 Breast 15 &amp; Over</b>				
1:26.13S	F Jemma Stevens	5	---	-1.94
1:26.94S	F Trinity Aragon-Scriven	6	---	5.58
1:31.87S	F Anastasia Trudel	11	---	3.42
1:37.26S	F Emma Obee	13	---	0.65
1:38.70S	F Elena Pepenel	14	---	7.75
NS	F Sabine Black	---	---	---
<b>Event # 13H Male 100 Breast 15 &amp; Over</b>				
1:13.27S	F Arran Robertson	4	---	0.96
1:16.80S	F Nathan Chow	9	---	1.60
1:19.70S	F Lucas Suarez	13	---	-1.51
1:21.02S	F Brendan Chow	14	---	-0.25
NS	F Erik Harper	---	---	---
<b>Event # 14A Female 400 Free 11 &amp; Under</b>				
5:32.05S	F Jessica Hier	1	---	-1.61
<b>Event # 14B Male 400 Free 11 &amp; Under</b>				
5:58.68S	F Alex Camaraire	2	---	17.41
6:01.00S	F Constantine Tchaouchev	3	---	-3.01
<b>Event # 14C Female 400 Free 12-13</b>				
4:54.50S	F Bridget Rupert	1	---	-6.77
5:00.64S	F Maya Stevens	2	---	-4.07
5:03.80S	F Sidney Boone	3	---	-1.85
5:11.37S	F Kate Marcovitz	6	---	4.34
5:18.10S	F Imogen Hawes	9	---	5.72
5:18.31S	F Annika Rupert	10	---	10.83
5:18.94S	F Lucy Hallett	11	---	13.66
5:19.10S	F Adelina Benn	12	---	-6.77
5:54.64S	F Coco Wang	18	---	34.09

## UVic - Pacific Coast Swimming Assoc.

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### Meet Results

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UVic-Pacific Coast Swimming [UVPCS] Coach: Ron Jacks

Time	F/P/S Relay	Place	Points	Improv
<b>Event # 14D Male 400 Free 12-13</b>				
4:34.13S	F Nolan Crisp	1	---	1.57
4:37.04S	F Jasper Joost Van Maren	2	---	-0.30
4:46.06S	F Alonso Gutierrez	3	---	13.88
4:53.00S	F Atanas Tchaouchev	4	---	0.87
5:11.57S	F Sebastien Hon	6	---	-29.59
5:11.96S	F Simon de Rosnay	7	---	-24.81
5:33.55S	F Marcus Chen	11	---	-52.37
5:48.28S	F Kieran Feenstra	12	---	-48.39
<b>Event # 14E Female 400 Free 14-15</b>				
NS	F Sabine Black	---	---	---
<b>Event # 14F Male 400 Free 14-15</b>				
4:39.24S	F Luke Poulin	2	---	-8.80
4:44.09S	F Arran Robertson	3	---	-12.80
5:01.88S	F Lucas Suarez	5	---	6.63
<b>Event # 14H Male 400 Free 16 &amp; Over</b>				
4:03.60S	F Cale Murdock	1	---	10.72
4:48.54S	F Brendan Chow	5	---	3.07