

## Canada West Swimming Championships - 25/01/2013 to 27/01/2013

## Canada West Swimming Championships

## Psych Sheet

**Event 1 Women 800 SC Meter Freestyle**

CAN: 8:19.99 14/03/2009 Savannah King

CW: 8:31.14 27/01/2012 Savannah King

Name	Yr	School	Seed Time
1 King, Savannah		Ubc Thunderbirds	8:33.10
2 Delmar, Lindsay	2	U Of C Dinos	8:51.25
3 Brown, Julianne	5	U Of C Dinos	8:55.59
4 Kemp, Christine	2	UOFA	9:05.82
5 Armstrong, Dana	5	UOFA	9:10.72
6 Winter, Jessica		U of R Cougars	9:11.23
7 Wood, Alana	3	UOFA	9:14.84
8 Sayer, Abigail	1	U Of C Dinos	9:24.15
9 Assman, Erin		Ubc Thunderbirds	9:27.41
10 Elford, Karlyn	2	UOFA	9:38.74
11 McGillivray, Catherine		U of R Cougars	10:01.28
12 Wood, Nikiah		U of R Cougars	10:07.85
13 Kamminga, Caitlin	1	UOFA	NT
14 McWhirter, Kimberly		U of R Cougars	NT
15 Benson, Talia	3	U Of C Dinos	NT

**Event 2 Men 1500 SC Meter Freestyle**

CAN: 14:28.63 08/08/2009 Ryan Cochrane

CW: 15:18.83 28/01/2011 David Dimitrov

Name	Yr	School	Seed Time
1 Hedlin, Eric	1	UVIC	15:03.03
2 Brothers, Will	1	UVIC	15:19.87
3 Quenville, Nick		Ubc Thunderbirds	15:44.29
4 Weinberger, Richard	2	UVIC	15:46.65
5 Stewart, Scott	4	UOFA	15:47.11
6 Otruba, Lucas		Ubc Thunderbirds	15:47.67
7 Makosiej, Andrew	2	U Of C Dinos	15:47.93
8 Neave, Christopher	1	U Of C Dinos	15:49.76
9 Dagnall, Craig	3	UVIC	15:53.38
10 Nelson, Kevin		Ubc Thunderbirds	15:56.44
11 Moore, Quinn		U of R Cougars	16:03.96
12 Smith, Tyler	4	UVIC	16:08.89
13 Parkes, Zac	2	UVIC	16:13.46
14 Sorba, MJ	4	UVIC	16:40.34
15 Gomez, Daniel		U of R Cougars	16:51.79
16 Simkin, Spencer	2	UofL	16:58.85
17 Harling, Bobby	2	UVIC	17:06.60
18 Kraft, Jonathan		Ubc Thunderbirds	NT
19 MacKinnon, Robert	5	UOFA	NT
20 Page, Alec	1	UVIC	NT
21 Jobin, Thomas	1	U Of C Dinos	NT
22 Scarrow, Reid	1	U Of C Dinos	NT
23 Williamson, Eric	1	U Of C Dinos	NT

**Event 3 Women 50 SC Meter Butterfly**

CAN: 25.87 07/08/2009 Victoria Poon

CW: 27.31 27/01/2012 Erin Miller

Name	Yr	School	Seed Time
1 Chernoff, Kendra	3	UOFA	27.34
2 Horner, Stephanie	2	UVIC	28.05
3 Jung, Melissa		Ubc Thunderbirds	28.26
4 Stamp, Erin		Ubc Thunderbirds	X28.36
5 Moen, Nichole	1	UOFA	28.70
6 Terejko, Rebecca		Ubc Thunderbirds	28.78
7 Moors, Kimberley	2	UM	28.88
8 Nesbitt, Colleen		Ubc Thunderbirds	29.02
9 Declark, Kara		UofL	29.03
10 Rosentreter, Caprice	2	UofL	29.34
11 Mielnichuk, Bobbie	4	UOFA	29.39
12 Miller, Rebecca	1	UOFA	29.51
13 Dakin-Kuiper, Sierra	3	UofL	29.58
14 Best, Larissa	2	UM	29.76
15 Pierse, Fionnuala		Ubc Thunderbirds	29.87
16 Elford, Karlyn	2	UOFA	29.98
17 Kichton, Rachelle	3	U Of C Dinos	30.08
18 Newman, Rachael	1	UVIC	30.26
19 Sayer, Abigail	1	U Of C Dinos	30.67
20 Wamsteeker, Erin	4	U Of C Dinos	30.76
21 Leroux, Erin		UofL	30.77
22 Etheridge, Victoria	1	UOFA	30.94
23 Clarke, Lindsay	1	UVIC	31.06
24 Little, Kaitlyn	2	UOFA	31.30
25 Osmond, Reeghan	1	UVIC	31.45
26 Whitaker, Brooke		UofL	31.72
27 de Tar, Anastasia		TWU	31.78
28 Starman, Sabra		UofL	X32.86
29 Pierse, Grainne		Ubc Thunderbirds	NT
30 Carr, Sydney	1	UVIC	NT
31 Long, Allison	4	U Of C Dinos	NT
32 Doyle, Fiona	3	U Of C Dinos	NT
33 Loyola, Danyelle	2	U Of C Dinos	NT
34 Skocodpole, Alana	1	U Of C Dinos	NT
35 MacLean, Heather		Ubc Thunderbirds	XNT
36 Van Beilen, Tera		Ubc Thunderbirds	XNT

**Event 4 Men 50 SC Meter Butterfly**

CAN: 23.31 12/03/2009 Joe Bartoch

CW: 24.14 23/01/2009 Kelly Aspinall

Name	Yr	School	Seed Time
1 Aspinall, Kelly		Ubc Thunderbirds	23.46
2 Allen, Coleman		Ubc Thunderbirds	24.08
3 Thornley, Ryan	3	UofL	24.57
4 Perron, Dillon	3	UM	24.62
5 Au, Joshua	5	UOFA	24.75
6 Peddie, Luke		Ubc Thunderbirds	25.13

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## Event 4 ... (Men 50 SC Meter Butterfly)

Name	Yr	School	Seed Time
7 Hamilton, Dale		U of R Cougars	25.37
8 Siarkowski, Michael	4	U Of C Dinos	25.54
9 Kroitor, Artur	3	UM	25.56
10 Zanatta, Keegan	1	UVIC	25.63
11 Moshynskyy, Anton		Ubc Thunderbirds	25.65
12 Leitch, Ian	5	UOFA	25.80
13 Hunter, Scott	1	UofL	25.83
14 Quenville, Nick		Ubc Thunderbirds	25.93
15 Nelson, Kevin		Ubc Thunderbirds	X25.93
16 Quiros, Carlos		U of R Cougars	26.05
17 Godbeer, Matt		Ubc Thunderbirds	26.07
18 Cowan, Patrick		Ubc Thunderbirds	X26.10
19 Ryant, Bradley	3	UM	26.15
20 Terrillon, Jason		Ubc Thunderbirds	26.22
21 Kudaba, Andre		UVIC	26.23
22 Mattock, Ian	4	UVIC	26.31
23 Mastromatteo, Nicholas	1	UOFA	26.32
24 Loyola, Mat	3	UofL	26.33
25 Myers, Chris		U of R Cougars	26.40
26 Erismann, Colton		UofL	26.41
27 Cousineau, Alex	3	UofL	26.49
28 Phillips, Austin		UofL	26.64
29 Jobin, Thomas	1	U Of C Dinos	26.64
30 Acton, Sam		Ubc Thunderbirds	26.67
31 Brown, Griffin	1	UofL	26.75
32 Grasdal, Mark	1	UVIC	26.79
33 Hill, Brent		U of R Cougars	27.59
34 Maxey, Connor	3	U Of C Dinos	27.61
35 Soutar, Craig		U of R Cougars	27.63
36 Freihammer, Jan	1	UM	28.02
37 Hedlin, Eric	1	UVIC	28.59
38 Thirkell, Aidan	1	UVIC	X30.70
39 Zeiler, Zack		Ubc Thunderbirds	NT
40 Page, Alec	1	UVIC	NT
41 Kendrick, James	2	U Of C Dinos	NT

## Event 5 Women 50 SC Meter Backstroke

Name	Yr	School	Seed Time
1 Dalling, Ella	5	UVIC	30.06
2 Pierse, Grainne		Ubc Thunderbirds	30.09
3 Jung, Melissa		Ubc Thunderbirds	30.61
4 Rissling, Tianna	1	U Of C Dinos	30.71
5 Garagan, Kendra	3	UM	30.92
6 Wood, Allison	4	UVIC	31.04
7 Little, Kaitlyn	2	UOFA	31.07
8 Cowan, Keri-Ann		UofL	31.33
9 Bancescu, Samantha		U of R Cougars	31.43
10 Sproule, Sasha	5	UOFA	31.46

11 Dakin-Kuiper, Sierra	3	UofL	31.51
12 Morningstar, Erica	4	U Of C Dinos	31.62
13 Therrien, Julie	5	UM	31.67
14 Griffith, Elyse N	1	UM	31.97
15 McWhirter, Kimberly		U of R Cougars	32.10
16 Swart, Anika		UofL	32.17
17 Griffith, Lanette	3	UM	32.22
18 Smythies, Lauren	2	UofL	32.24
19 Bodell, Kiara		UofL	32.36
20 Wamsteeker, Erin	4	U Of C Dinos	32.92
21 McGillivray, Catherine		U of R Cougars	33.00
22 Pierse, Fionnuala		Ubc Thunderbirds	NT

## Event 6 Men 50 SC Meter Backstroke

CAN: 23.90 23/03/2007 Riley Janes			
CW: 24.64 25/01/2008 Callum Ng			
Name	Yr	School	Seed Time
1 Aspinall, Kelly		Ubc Thunderbirds	24.41
2 Wood, Russell	1	U Of C Dinos	25.55
3 Byram, Joe	2	UOFA	25.82
4 Myers, Brandon	3	UOFA	26.16
5 Tso, Reece	1	UOFA	26.24
6 Suvorov, Gleb	3	U Of C Dinos	26.33
7 Van der Sloot, Nick	1	UofL	26.42
8 Zeiler, Zack		Ubc Thunderbirds	26.54
9 Moore, Quinn		U of R Cougars	26.62
10 Crocker, Bradley	1	U Of C Dinos	26.73
11 Benkic, Mitchell		Ubc Thunderbirds	26.96
12 Konyves, Tiha	1	UofL	26.97
13 Hunter, Scott	1	UofL	27.14
14 Moshynskyy, Anton		Ubc Thunderbirds	27.22
15 Lowenstein, Michael	4	U Of C Dinos	27.27
16 Otruba, Lucas		Ubc Thunderbirds	27.31
17 Kudaba, Andre		UVIC	X27.42
18 Loftus, Patrick		TWU	27.75
19 Terrillon, Jason		Ubc Thunderbirds	28.48
20 Stewart, Scott	4	UOFA	28.65
21 Phillips, Austin		UofL	28.80
22 Hill, Brent		U of R Cougars	29.70
23 Hedlin, Eric	1	UVIC	NT

## Event 7 Women 50 SC Meter Breaststroke

CAN: 29.96 11/03/2009 Amanda Reason			
CW: 31.28 23/01/2009 Annamay Pierse			
Name	Yr	School	Seed Time
1 Van Beilen, Tera		Ubc Thunderbirds	30.98
2 Terejko, Rebecca		Ubc Thunderbirds	31.96
3 Doyle, Fiona	3	U Of C Dinos	32.00
4 Morningstar, Erica	4	U Of C Dinos	32.60
5 Stamp, Erin		Ubc Thunderbirds	32.61
6 Rissling, Tianna	1	U Of C Dinos	32.70
7 Pierse, Patricia		Ubc Thunderbirds	32.97

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## Event 7 ... (Women 50 SC Meter Breaststroke)

Name	Yr	School	Seed Time
8 Moen, Nichole	1	UOFA	33.24
9 Reason, Amanda	2	U Of C Dinos	33.49
10 Thompson, Laura		Ubc Thunderbirds	33.60
11 Galbraith, Sarah	1	UVIC	33.83
12 Miller, Rebecca	1	UOFA	34.05
13 Langlois, Rebecca	1	UVIC	34.66
14 Vanderbeek, Leah		UofL	34.77
15 Hanna, Mackenzie	5	UofL	34.92
16 Cunningham, Kiely		TWU	35.04
17 Heggenstaller, Megan	1	UofL	35.11
18 Dakin-Kuiper, Sierra	3	UofL	35.19
19 Gergely, Sydney	3	UM	35.19
20 Best, Larissa	2	UM	35.48
21 Taekema, Stephanie	2	UVIC	36.07
22 Etheridge, Victoria	1	UOFA	36.70
23 Leroux, Erin		UofL	36.89
24 Sproule, Sasha	5	UOFA	37.11
25 Wood, Nikiah		U of R Cougars	37.37
26 Hosseini, Tannaz	1	UVIC	38.18
27 Long, Allison	4	U Of C Dinos	NT
28 Loyola, Danyelle	2	U Of C Dinos	NT

## Event 8 Men 50 SC Meter Breaststroke

CAN: 26.69 08/08/2009 Paul Kornfeld

CW: 27.96 27/01/2012 Jason Block

Name	Yr	School	Seed Time
1 Perron, Dillon	3	UM	28.05
2 Block, Jason	5	U Of C Dinos	28.35
3 Giovanetto, Stephen	3	UOFA	28.55
4 Myers, Chris		U of R Cougars	29.37
5 Krysiak, Adam	4	UofL	29.43
6 Nicol, Jeffrey	4	UofL	29.50
7 Knezevic, Bogdan	3	U Of C Dinos	29.52
8 Errington, David	2	UofL	29.64
9 Dolynny, Tanner Grant	1	UOFA	29.72
10 Dalen, Christopher	2	U Of C Dinos	30.02
11 Loyola, Mat	3	UofL	30.12
12 Burke, Brent	1	U Of C Dinos	30.23
13 Bourgeois, Richard	1	UVIC	30.31
14 Thirkell, Aidan	1	UVIC	30.43
15 Mackie, Philip		Ubc Thunderbirds	30.55
16 Phillips, Ross		Ubc Thunderbirds	30.66
17 Ryant, Bradley	3	UM	30.80
18 Holson, Sergey		Ubc Thunderbirds	30.83
19 Brown, Ian		UVIC	31.05
20 Acton, Sam		Ubc Thunderbirds	31.10
21 MacPhail, Brian		TWU	31.19
22 Welychko, Nick		TWU	31.31
23 Crocker, Bradley	1	U Of C Dinos	31.88
24 Young-Brown, Dakota	1	UM	32.11

25 Zollen, Brett	1	UVIC	X32.23
26 Rush, Dylan		U of R Cougars	32.50
27 Fukushi, Hector		U of R Cougars	33.00
28 Hamilton, Dale		U of R Cougars	33.20
29 Benkic, Mitchell		Ubc Thunderbirds	NT
30 Page, Alec	1	UVIC	NT
31 Godbeer, Matt		Ubc Thunderbirds	XNT

## Event 9 Women 800 SC Meter Freestyle Relay

CAN: 7:51.80 12/03/2009 UCSC

E Morningstar, K Peterson, B Hendricks, K Murdoch

CW: 8:01.50 27/01/2012 UBC Thunderbirds

H MacLean, F Pierse, B Harley, S King

Team	Relay	Seed Time
1 Ubc Thunderbirds	A	8:01.17
2 U Of C Dinos	A	8:07.98
3 UOFA	A	8:20.06
4 UVIC	A	8:29.50
5 UofL	A	8:48.58
6 U of R Cougars	A	NT
7 UM	A	NT

## Event 10 Men 800 SC Meter Freestyle Relay

CAN: 7:10.27 12/03/2009 IS

S. Hirniak, J. Bagshaw, R. Pickerl, R. Cochrane

CW: 7:17.02 2002 UBC

B Hayden, J Tisdal, B Johns, M Johnston

Team	Relay	Seed Time
1 U Of C Dinos	A	7:20.71
2 Ubc Thunderbirds	A	7:21.49
3 UOFA	A	7:22.57
4 UVIC	A	7:25.60
5 UofL	A	7:45.02
6 TWU	A	NT
7 U of R Cougars	A	NT
8 UM	A	NT

## Event 11 Women 50 SC Meter Freestyle

CAN: 24.19 19/12/2010 Victoria Poon

CW: 25.57 29/01/2011 Seanna Mitchell

Name	Yr	School	Seed Time
1 Doyle, Fiona	3	U Of C Dinos	25.70
2 MacLean, Heather		Ubc Thunderbirds	25.73
3 Terejko, Rebecca		Ubc Thunderbirds	25.82
4 Jung, Melissa		Ubc Thunderbirds	26.03
5 Reason, Amanda	2	U Of C Dinos	26.15
6 Pierse, Grainne		Ubc Thunderbirds	26.36
7 Harley, Brittny		Ubc Thunderbirds	26.58
8 Therrien, Julie	5	UM	26.58
9 Nesbitt, Colleen		Ubc Thunderbirds	26.75
10 Pierse, Fionnuala		Ubc Thunderbirds	26.78
11 Mielnichuk, Bobbie	4	UOFA	26.78

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## Event 11 ... (Women 50 SC Meter Freestyle)

Name	Yr	School	Seed Time
12 Wamsteeker, Erin	4	U Of C Dinos	26.81
13 Moors, Kimberley	2	UM	26.83
14 Garagan, Kendra	3	UM	26.86
15 Carr, Sydney	1	UVIC	27.05
16 Chernoff, Kendra	3	UOFA	27.08
17 Best, Larissa	2	UM	27.27
18 Benson, Talia	3	U Of C Dinos	27.37
19 Kemp, Christine	2	UOFA	27.71
20 Long, Allison	4	U Of C Dinos	27.75
21 Etheridge, Victoria	1	UOFA	27.84
22 Little, Kaitlyn	2	UOFA	28.03
23 Smythies, Lauren	2	UofL	28.06
24 de Tar, Anastasia		TWU	28.26
25 Clarke, Lindsay	1	UVIC	28.39
26 Cowan, Keri-Ann		UofL	28.48
27 Griffith, Elyse N	1	UM	28.55
28 Hunter, Alexandra		UofL	28.89
29 Heggenstaller, Megan	1	UofL	29.02
30 Galbraith, Sarah	1	UVIC	29.03
31 Whitaker, Brooke		UofL	29.03
32 Gergely, Sydney	3	UM	29.23
33 Rosentreter, Caprice	2	UofL	29.41
34 Hosseini, Tannaz	1	UVIC	29.46
35 Wood, Nikiah		U of R Cougars	29.80
36 Griffith, Lanette	3	UM	29.93
37 Vanderbeek, Leah		UofL	30.79

## Event 12 Men 50 SC Meter Freestyle

CAN: 21.34 14/03/2009 Brent Hayden

CW: 22.38 28/01/2012 Tommy Gossland

Name	Yr	School	Seed Time
1 Peddie, Luke		Ubc Thunderbirds	21.98
2 Aspinall, Kelly		Ubc Thunderbirds	22.16
3 Kroitor, Artur	3	UM	22.78
4 Thornley, Ryan	3	UofL	23.20
5 Leitch, Ian	5	UOFA	23.21
6 Kubik, Jeremy	3	UOFA	23.33
7 Au, Joshua	5	UOFA	23.34
8 Woodman, David	4	U Of C Dinos	23.38
9 Konyves, Tiha	1	UofL	23.41
10 Krywitsky, Tom	2	UOFA	23.44
11 Maxey, Connor	3	U Of C Dinos	23.48
12 Kraft, Jonathan		Ubc Thunderbirds	23.49
13 Wood, Russell	1	U Of C Dinos	23.50
14 Kendrick, James	2	U Of C Dinos	23.57
15 Holson, Sergey		Ubc Thunderbirds	23.64
16 Cousineau, Alex	3	UofL	23.76
17 Van der Sloot, Nick	1	UofL	23.82
18 Zanatta, Keegan	1	UVIC	23.94
19 Ryant, Bradley	3	UM	23.97

20 Siarkowski, Michael	4	U Of C Dinos	24.16
21 Wray, Bryan	2	U Of C Dinos	24.18
22 Zeiler, Zack		Ubc Thunderbirds	24.20
23 Giovanetto, Stephen	3	UOFA	24.22
24 Tso, Reece	1	UOFA	24.23
25 Balch, Hunter		UOFA	24.29
26 Quiros, Carlos		U of R Cougars	24.40
27 Hill, Brent		U of R Cougars	24.53
28 Loftus, Patrick		TWU	24.55
29 Mackie, Philip		Ubc Thunderbirds	24.69
30 Soutar, Craig		U of R Cougars	24.69
31 Grasdal, Mark	1	UVIC	24.70
32 Freihammer, Jan	1	UM	24.87
33 Brown, Griffin	1	UofL	24.91
34 Godbeer, Matt		Ubc Thunderbirds	24.93
35 Krysiak, Adam	4	UofL	X25.00
36 Myers, Brandon	3	UOFA	25.36
37 Williamson, Eric	1	U Of C Dinos	25.45
38 Zollen, Brett	1	UVIC	25.69
39 Rush, Dylan		U of R Cougars	27.00
40 Lowenstein, Michael	4	U Of C Dinos	NT

## Event 13 Women 400 SC Meter IM

CAN: 4:29.22 09/08/2009 Tanya Hunks

CW: 4:39.81 29/01/2011 Hanna Pierse

Name	Yr	School	Seed Time
1 Delmar, Lindsay	2	U Of C Dinos	4:46.86
2 Thompson, Laura		Ubc Thunderbirds	4:51.71
3 Wood, Alana	3	UOFA	4:56.75
4 Assman, Erin		Ubc Thunderbirds	4:57.75
5 Pierse, Patricia		Ubc Thunderbirds	4:58.98
6 Skocdopole, Alana	1	U Of C Dinos	5:00.52
7 Langlois, Rebecca	1	UVIC	5:02.70
8 Loyola, Danyelle	2	U Of C Dinos	5:03.21
9 Garagan, Kendra	3	UM	5:04.88
10 Brown, Julianne	5	U Of C Dinos	5:05.06
11 Moen, Nichole	1	UOFA	5:09.37
12 Winter, Jessica		U of R Cougars	5:11.10
13 Armstrong, Dana	5	UOFA	5:12.88
14 Starman, Sabra		UofL	5:14.31
15 Kichton, Rachelle	3	U Of C Dinos	5:15.65
16 Van Beilen, Tera		Ubc Thunderbirds	NT
17 Elford, Karlyn	2	UOFA	NT
18 Rissling, Tianna	1	U Of C Dinos	NT

## Event 14 Men 400 SC Meter IM

CAN: 4:02.72 21/02/2003 Brian Johns

CW: 4:13.06 2002 Brian Johns

Name	Yr	School	Seed Time
1 Moore, Quinn		U of R Cougars	4:25.07
2 Mattock, Ian	4	UVIC	4:26.18
3 Cowan, Patrick		Ubc Thunderbirds	4:29.96

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## Event 14 ... (Men 400 SC Meter IM)

Name	Yr	School	Seed Time
4 Balch, Hunter		UOFA	4:31.03
5 Phillips, Ross		Ubc Thunderbirds	4:38.30
6 MacPhail, Brian		TWU	4:40.60
7 Welychko, Nick		TWU	4:41.34
8 Zubriski, James	2	UM	4:43.45
9 Dolynny, Tanner Grant	1	UOFA	4:44.98
10 Mackie, Philip		Ubc Thunderbirds	4:49.02
11 Gomez, Daniel		U of R Cougars	5:03.63
12 Quenville, Nick		Ubc Thunderbirds	NT
13 Nelson, Kevin		Ubc Thunderbirds	NT
14 MacKinnon, Robert	5	UOFA	NT
15 Kubik, Jeremy	3	UOFA	NT
16 Dagnall, Craig	3	UVIC	NT
17 Crocker, Bradley	1	U Of C Dinos	NT
18 Knezevic, Bogdan	3	U Of C Dinos	NT
19 Scarrow, Reid	1	U Of C Dinos	NT
20 Burke, Brent	1	U Of C Dinos	NT
21 Neave, Christopher	1	U Of C Dinos	NT

## Event 15 Women 100 SC Meter Butterfly

CAN: 56.74 08/08/2009 Audrey Lacroix

CW: 59.98 28/01/2012 Erin Miller

Name	Yr	School	Seed Time
1 Chernoff, Kendra	3	UOFA	59.27
2 Pierse, Grainne		Ubc Thunderbirds	1:01.48
3 Delmar, Lindsay	2	U Of C Dinos	1:02.14
4 Horner, Stephanie	2	UVIC	1:02.39
5 Stamp, Erin		Ubc Thunderbirds	1:02.47
6 Skocdopole, Alana	1	U Of C Dinos	1:02.81
7 Nesbitt, Colleen		Ubc Thunderbirds	1:02.90
8 Jung, Melissa		Ubc Thunderbirds	1:03.86
9 Newman, Rachael	1	UVIC	1:04.38
10 Declark, Kara		UofL	1:04.61
11 Assman, Erin		Ubc Thunderbirds	1:04.69
12 Elford, Karlyn	2	UOFA	1:04.97
13 Kichton, Rachelle	3	U Of C Dinos	1:05.46
14 Sayer, Abigail	1	U Of C Dinos	1:05.50
15 Rosentreter, Caprice	2	UofL	1:05.53
16 Wamsteeker, Erin	4	U Of C Dinos	1:06.19
17 Clarke, Lindsay	1	UVIC	1:06.99
18 Osmond, Reeghan	1	UVIC	1:07.86
19 Best, Larissa	2	UM	1:07.87
20 Miller, Rebecca	1	UOFA	1:08.61
21 Whitaker, Brooke		UofL	1:09.92
22 de Tar, Anastasia		TWU	1:10.01
23 MacLean, Heather		Ubc Thunderbirds	NT
24 Kamminga, Caitlin	1	UOFA	NT
25 Morningstar, Erica	4	U Of C Dinos	NT
26 Moors, Kimberley	2	UM	NT

## Event 16 Men 100 SC Meter Butterfly

CAN: 51.45 06/08/2009 Joe Bartoch

CW: 53.30 24/01/2009 Callum Ng

Name	Yr	School	Seed Time
1 Allen, Coleman		Ubc Thunderbirds	52.60
2 Au, Joshua	5	UOFA	54.36
3 Aspinall, Kelly		Ubc Thunderbirds	X54.48
4 Moshynskyy, Anton		Ubc Thunderbirds	55.71
5 Cowan, Patrick		Ubc Thunderbirds	55.71
6 Perron, Dillon	3	UM	56.00
7 Nelson, Kevin		Ubc Thunderbirds	56.01
8 Knezevic, Bogdan	3	U Of C Dinos	56.09
9 Zanatta, Keegan	1	UVIC	56.18
10 Hamilton, Dale		U of R Cougars	56.21
11 Kudaba, Andre		UVIC	56.33
12 Mastromatteo, Nicholas	1	UOFA	56.39
13 Thornley, Ryan	3	UofL	56.50
14 Siarkowski, Michael	4	U Of C Dinos	56.88
15 Peddie, Luke		Ubc Thunderbirds	57.11
16 Jobin, Thomas	1	U Of C Dinos	57.11
17 Leitch, Ian	5	UOFA	57.33
18 Terrillon, Jason		Ubc Thunderbirds	57.39
19 Hunter, Scott	1	UofL	57.81
20 Grasdal, Mark	1	UVIC	57.85
21 Stewart, Scott	4	UOFA	58.13
22 Wray, Bryan	2	U Of C Dinos	58.36
23 Erismann, Colton		UofL	58.41
24 Kroitor, Artur	3	UM	58.51
25 Phillips, Austin		UofL	59.14
26 Quiros, Carlos		U of R Cougars	59.28
27 Smith, Tyler	4	UVIC	1:01.17
28 Soutar, Craig		U of R Cougars	1:03.22
29 Simkin, Spencer	2	UofL	X1:03.43
30 Freihammer, Jan	1	UM	1:04.01
31 Byram, Joe	2	UOFA	NT
32 Dolynny, Tanner Grant	1	UOFA	NT
33 Brothers, Will	1	UVIC	NT
34 Lowenstein, Michael	4	U Of C Dinos	NT

## Event 17 Women 200 SC Meter Backstroke

CAN: 2:03.31 09/08/2009 Katy Murdoch

CW: 2:09.24 24/01/2009 Jessika Craig

Name	Yr	School	Seed Time
1 King, Savannah		Ubc Thunderbirds	2:18.97
2 Dalling, Ella	5	UVIC	2:19.38
3 Mielnichuk, Bobbie	4	UOFA	2:19.41
4 Sproule, Sasha	5	UOFA	2:19.50
5 Little, Kaitlyn	2	UOFA	2:19.99
6 Wood, Allison	4	UVIC	2:20.73
7 Garagan, Kendra	3	UM	2:23.32
8 McGillivray, Catherine		U of R Cougars	2:23.68

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## Event 17 ... (Women 200 SC Meter Backstroke)

Name	Yr	School	Seed Time
9 Kichton, Rachelle	3	U Of C Dinos	2:23.96
10 Sayer, Abigail	1	U Of C Dinos	2:24.17
11 Bancescu, Samantha		U of R Cougars	2:25.61
12 Griffith, Lanette	3	UM	2:26.00
13 Bodell, Kiara		UofL	2:27.38
14 Swart, Anika		UofL	2:28.62
15 McWhirter, Kimberly		U of R Cougars	2:28.91
16 Cowan, Keri-Ann		UofL	X2:28.98
17 Harley, Brittney		Ubc Thunderbirds	NT

## Event 18 Men 200 SC Meter Backstroke

CAN: 1:52.15 19/12/2010 Jake Tapp

CW: 1:56.84 24/01/2009 Matt Hawes

Name	Yr	School	Seed Time
1 Suvorov, Gleb	3	U Of C Dinos	1:54.98
2 Wood, Russell	1	U Of C Dinos	1:59.57
3 Moore, Quinn		U of R Cougars	1:59.77
4 Byram, Joe	2	UOFA	1:59.95
5 Crocker, Bradley	1	U Of C Dinos	2:02.40
6 Cowan, Patrick		Ubc Thunderbirds	2:03.17
7 Benkic, Mitchell		Ubc Thunderbirds	2:03.81
8 Otruba, Lucas		Ubc Thunderbirds	2:04.04
9 Loftus, Patrick		TWU	2:04.91
10 Makosiej, Andrew	2	U Of C Dinos	2:06.06
11 Myers, Brandon	3	UOFA	2:08.76
12 Sinclair, Nicholas	3	UVIC	2:11.63
13 Tso, Reece	1	UOFA	2:14.68
14 Gomez, Daniel		U of R Cougars	2:20.38
15 Kendrick, James	2	U Of C Dinos	NT

## Event 19 Women 100 SC Meter Breaststroke

CAN: 1:04.28 08/08/2009 Annamay Pierse

CW: 1:07.02 29/01/2011 Erica Morningstar

Name	Yr	School	Seed Time
1 Van Beilen, Tera		Ubc Thunderbirds	1:06.24
2 Doyle, Fiona	3	U Of C Dinos	1:08.18
3 Morningstar, Erica	4	U Of C Dinos	1:08.83
4 Terejko, Rebecca		Ubc Thunderbirds	1:08.95
5 Stamp, Erin		Ubc Thunderbirds	1:09.00
6 Thompson, Laura		Ubc Thunderbirds	1:09.53
7 Rissling, Tianna	1	U Of C Dinos	1:09.79
8 Pierse, Patricia		Ubc Thunderbirds	1:10.22
9 Langlois, Rebecca	1	UVIC	1:12.13
10 Moen, Nichole	1	UOFA	1:12.73
11 Galbraith, Sarah	1	UVIC	1:13.81
12 Gergely, Sydney	3	UM	1:14.77
13 Miller, Rebecca	1	UOFA	1:15.04
14 Long, Allison	4	U Of C Dinos	1:15.12
15 Taekema, Stephanie	2	UVIC	1:15.78
16 Heggenstaller, Megan	1	UofL	1:16.22

17 Vanderbeek, Leah		UofL	1:17.22
18 Dakin-Kuiper, Sierra	3	UofL	1:17.60
19 Best, Larissa	2	UM	1:18.00
20 Cunningham, Kiely		TWU	1:18.48
21 Aguiar, Katherine	1	UVIC	1:18.54
22 Hanna, Mackenzie	5	UofL	1:19.42
23 Wood, Nikiah		U of R Cougars	1:19.94
24 Leroux, Erin		UofL	1:20.41
25 Sproule, Sasha	5	UOFA	1:20.69
26 Etheridge, Victoria	1	UOFA	1:21.17
27 Dalling, Ella	5	UVIC	NT

## Event 20 Men 100 SC Meter Breaststroke

CAN: 57.10 07/08/2009 Paul Kornfeld

CW: 59.84 28/01/2012 Jason Block

Name	Yr	School	Seed Time
1 Block, Jason	5	U Of C Dinos	1:00.50
2 Perron, Dillon	3	UM	1:01.32
3 Giovanetto, Stephen	3	UOFA	1:02.00
4 Holson, Sergey		Ubc Thunderbirds	1:02.27
5 Acton, Sam		Ubc Thunderbirds	1:03.30
6 Benkic, Mitchell		Ubc Thunderbirds	1:03.39
7 Nicol, Jeffrey	4	UofL	1:03.66
8 Knezevic, Bogdan	3	U Of C Dinos	1:03.75
9 Dalen, Christopher	2	U Of C Dinos	1:03.89
10 Mackie, Philip		Ubc Thunderbirds	1:04.08
11 Burke, Brent	1	U Of C Dinos	1:04.20
12 Errington, David	2	UofL	1:04.58
13 Phillips, Ross		Ubc Thunderbirds	1:04.65
14 Myers, Chris		U of R Cougars	1:04.73
15 Loyola, Mat	3	UofL	1:04.89
16 Bourgeois, Richard	1	UVIC	1:05.02
17 Dolynny, Tanner Grant	1	UOFA	1:05.86
18 Thirkell, Aidan	1	UVIC	1:05.88
19 Johnson, Kirby		TWU	1:07.02
20 Krysiak, Adam	4	UofL	1:07.04
21 MacPhail, Brian		TWU	1:07.10
22 Godbeer, Matt		Ubc Thunderbirds	1:07.21
23 Mastromatteo, Nicholas	1	UOFA	1:07.61
24 Welychko, Nick		TWU	1:07.72
25 Zollen, Brett	1	UVIC	1:08.47
26 Young-Brown, Dakota	1	UM	1:08.85
27 Rush, Dylan		U of R Cougars	1:09.40
28 Kubik, Jeremy	3	UOFA	NT
29 Fukushi, Hector		U of R Cougars	NT
30 Brown, Ian		UVIC	NT
31 Ryant, Bradley	3	UM	NT

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**Event 21 Women 200 SC Meter Freestyle**

CAN: 1:54.23 09/08/2009 Genevieve Saumur

CW: 1:57.68 27/01/2012 Heather MacLean

Name	Yr	School	Seed Time
1 MacLean, Heather		Ubc Thunderbirds	1:57.31
2 King, Savannah		Ubc Thunderbirds	1:59.35
3 Harley, Brittney		Ubc Thunderbirds	2:00.24
4 Delmar, Lindsay	2	U Of C Dinos	2:00.25
5 Reason, Amanda	2	U Of C Dinos	2:01.70
6 Brown, Julianne	5	U Of C Dinos	2:02.93
7 Horner, Stephanie	2	UVIC	2:03.56
8 Wood, Alana	3	UOFA	2:03.67
9 Kemp, Christine	2	UOFA	2:04.64
10 Benson, Talia	3	U Of C Dinos	2:04.93
11 Winter, Jessica		U of R Cougars	2:05.87
12 Mielnichuk, Bobbie	4	UOFA	2:06.40
13 Newman, Rachael	1	UVIC	2:06.93
14 Carr, Sydney	1	UVIC	2:08.57
15 Bancescu, Samantha		U of R Cougars	2:09.40
16 Hunter, Alexandra		UofL	2:11.01
17 Kamminga, Caitlin	1	UOFA	2:11.07
18 Smythies, Lauren	2	UofL	2:11.27
19 Bodell, Kiara		UofL	2:11.95
20 Wood, Allison	4	UVIC	2:12.06
21 McWhirter, Kimberly		U of R Cougars	2:12.72
22 Armstrong, Dana	5	UOFA	2:13.85
23 Starman, Sabra		UofL	2:14.35
24 Etheridge, Victoria	1	UOFA	2:14.76
25 Hosseini, Tannaz	1	UVIC	2:14.93

**Event 22 Men 200 SC Meter Freestyle**

CAN: 1:40.80 15/11/2009 Brent Hayden

CW: 1:46.59 19/01/2007 Brian Johns

Name	Yr	School	Seed Time
1 Allen, Coleman		Ubc Thunderbirds	1:46.63
2 Woodman, David	4	U Of C Dinos	1:48.96
3 Balch, Hunter		UOFA	1:49.42
4 Wray, Bryan	2	U Of C Dinos	1:49.97
5 Scarrow, Reid	1	U Of C Dinos	1:50.51
6 MacKinnon, Robert	5	UOFA	1:50.57
7 Krywitsky, Tom	2	UOFA	1:50.73
8 Kendrick, James	2	U Of C Dinos	1:51.27
9 Quenville, Nick		Ubc Thunderbirds	1:51.38
10 Otruba, Lucas		Ubc Thunderbirds	1:51.67
11 Godbeer, Matt		Ubc Thunderbirds	1:51.81
12 Nelson, Kevin		Ubc Thunderbirds	1:52.45
13 Makosiej, Andrew	2	U Of C Dinos	1:52.53
14 Kraft, Jonathan		Ubc Thunderbirds	1:52.94
15 Sinclair, Nicholas	3	UVIC	1:53.08
16 Leitch, Ian	5	UOFA	1:53.46
17 Stewart, Scott	4	UOFA	1:54.04

18 Neave, Christopher	1	U Of C Dinos	1:54.22
19 Tso, Reece	1	UOFA	1:54.48
20 Konyves, Tiha	1	UofL	1:54.48
21 Williamson, Eric	1	U Of C Dinos	1:55.33
22 Parkes, Zac	2	UVIC	1:55.55
23 Johnson, Kirby		TWU	1:55.81
24 Holson, Sergey		Ubc Thunderbirds	1:55.87
25 Wood, Russell	1	U Of C Dinos	1:56.21
26 Smith, Tyler	4	UVIC	1:56.52
27 Brothers, Will	1	UVIC	1:57.01
28 Zubriski, James	2	UM	1:57.63
29 Brown, Griffin	1	UofL	1:58.01
30 Cousineau, Alex	3	UofL	1:59.27
31 Sorba, MJ	4	UVIC	2:00.25
32 Mattock, Ian	4	UVIC	X2:01.49
33 Fukushi, Hector		U of R Cougars	2:02.05
34 Maxey, Connor	3	U Of C Dinos	2:02.18
35 Young-Brown, Dakota	1	UM	2:04.37
36 Freihammer, Jan	1	UM	2:04.61
37 Harling, Bobby	2	UVIC	2:05.34
38 Simkin, Spencer	2	UofL	2:06.18
39 Hill, Brent		U of R Cougars	2:06.57
40 Byram, Joe	2	UOFA	2:08.57
41 Soutar, Craig		U of R Cougars	2:08.96
42 Thirkell, Aidan	1	UVIC	2:12.70
43 Peddie, Luke		Ubc Thunderbirds	NT

**Event 23 Women 400 SC Meter Freestyle Relay**

CAN: 3:37.78 13/03/2009 CNPPO

V. Poon, B. Jardin, S. Wiechec, G. Saumur

CW: 3:41.82 28/01/2012 UNIV OF CALGARY VARSITY

S Mitchell, F Doyle, L Delmar, A Reason

Team	Relay	Seed Time
1 Ubc Thunderbirds	A	3:44.50
2 U Of C Dinos	A	3:47.80
3 UOFA	A	3:54.89
4 UVIC	A	3:59.92
5 UM	A	4:03.30
6 UofL	A	4:05.27
7 U of R Cougars	A	NT

**Event 24 Men 400 SC Meter Freestyle Relay**

CAN: 3:10.99 13/03/2009 UBCD

B. Hayden, T. Gossland, R. Biskupski, B. Johns

CW: 3:20.68 24/01/2009 University of Calgary

K Aspinall, R Gow, C Miazga, D Woodman

Team	Relay	Seed Time
1 Ubc Thunderbirds	A	3:18.32
2 U Of C Dinos	A	3:21.86
3 UOFA	A	3:24.08
4 UofL	A	3:27.21
5 UVIC	A	3:30.03

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**Event 24 ... (Men 400 SC Meter Freestyle Relay)**

Team	Relay	Seed Time
6 UM	A	3:41.63
7 TWU	A	NT
8 U of R Cougars	A	NT

**Event 25 Women 200 SC Meter Butterfly**

CAN: 2:03.20 06/08/2009 Audrey Lacroix

CW: 2:11.53 29/01/2012 Erin Miller

Name	Yr	School	Seed Time
1 Chernoff, Kendra	3	UOFA	2:12.56
2 Delmar, Lindsay	2	U Of C Dinos	2:13.20
3 Sayer, Abigail	1	U Of C Dinos	2:17.93
4 Wood, Alana	3	UOFA	2:18.53
5 Skocdopole, Alana	1	U Of C Dinos	2:18.84
6 Newman, Rachael	1	UVIC	2:19.37
7 Assman, Erin		Ubc Thunderbirds	2:19.63
8 Kichton, Rachelle	3	U Of C Dinos	2:20.23
9 Pierse, Patricia		Ubc Thunderbirds	2:21.58
10 Elford, Karlyn	2	UOFA	2:22.13
11 Loyola, Danyelle	2	U Of C Dinos	2:23.52
12 Declark, Kara		UofL	2:23.61
13 Brown, Julianne	5	U Of C Dinos	2:27.93
14 Osmond, Reeghan	1	UVIC	2:29.25
15 Starman, Sabra		UofL	2:29.36
16 Rosentreter, Caprice	2	UofL	2:33.31
17 Kamminga, Caitlin	1	UOFA	NT

**Event 26 Men 200 SC Meter Butterfly**

CAN: 1:53.43 08/08/2009 Stefan Hirniak

CW: 1:58.90 25/01/2009 Callum Ng

Name	Yr	School	Seed Time
1 Allen, Coleman		Ubc Thunderbirds	1:57.45
2 Cowan, Patrick		Ubc Thunderbirds	2:01.91
3 Jobin, Thomas	1	U Of C Dinos	2:02.90
4 Knezevic, Bogdan	3	U Of C Dinos	2:03.43
5 Nelson, Kevin		Ubc Thunderbirds	2:03.69
6 Au, Joshua	5	UOFA	2:05.37
7 Mastromatteo, Nicholas	1	UOFA	2:05.56
8 Mattock, Ian	4	UVIC	2:06.65
9 Grasdal, Mark	1	UVIC	2:07.38
10 Brothers, Will	1	UVIC	2:07.78
11 Terrillon, Jason		Ubc Thunderbirds	2:07.85
12 Scarrow, Reid	1	U Of C Dinos	2:07.95
13 Kudaba, Andre		UVIC	2:09.25
14 Zubriski, James	2	UM	2:10.16
15 Harling, Bobby	2	UVIC	2:12.00
16 Moshynskyy, Anton		Ubc Thunderbirds	2:12.84
17 Dagnall, Craig	3	UVIC	2:13.18
18 Simkin, Spencer	2	UofL	2:15.15
19 Erismann, Colton		UofL	2:16.34
20 Kubik, Jeremy	3	UOFA	NT

21 Freihammer, Jan 1 UM NT

**Event 27 Women 100 SC Meter Freestyle**

CAN: 52.51 17/12/2010 Victoria Poon

CW: 54.51 30/01/2010 Erica Morningstar

Name	Yr	School	Seed Time
1 MacLean, Heather		Ubc Thunderbirds	54.60
2 Reason, Amanda	2	U Of C Dinos	55.56
3 Harley, Brittny		Ubc Thunderbirds	56.18
4 Terejko, Rebecca		Ubc Thunderbirds	56.65
5 Pierse, Grainne		Ubc Thunderbirds	57.07
6 Chernoff, Kendra	3	UOFA	57.40
7 Jung, Melissa		Ubc Thunderbirds	57.55
8 Benson, Talia	3	U Of C Dinos	58.04
9 Therrien, Julie	5	UM	58.08
10 Pierse, Fionnuala		Ubc Thunderbirds	58.19
11 King, Savannah		Ubc Thunderbirds	58.22
12 Mielnichuk, Bobbie	4	UOFA	58.23
13 Brown, Julianne	5	U Of C Dinos	58.36
14 Garagan, Kendra	3	UM	58.95
15 Nesbitt, Colleen		Ubc Thunderbirds	58.98
16 Wamsteeker, Erin	4	U Of C Dinos	59.06
17 Kemp, Christine	2	UOFA	59.12
18 Best, Larissa	2	UM	59.81
19 Moors, Kimberley	2	UM	59.97
20 Etheridge, Victoria	1	UOFA	1:00.14
21 Carr, Sydney	1	UVIC	1:00.15
22 Smythies, Lauren	2	UofL	1:00.48
23 de Tar, Anastasia		TWU	1:00.64
24 Hunter, Alexandra		UofL	1:01.02
25 Cowan, Keri-Ann		UofL	1:01.48
26 Griffith, Elyse N	1	UM	1:01.73
27 Swart, Anika		UofL	1:02.29
28 Clarke, Lindsay	1	UVIC	1:02.39
29 Whitaker, Brooke		UofL	1:02.51
30 Wood, Nikiah		U of R Cougars	1:02.57
31 Leroux, Erin		UofL	1:04.84
32 Kamminga, Caitlin	1	UOFA	NT

**Event 28 Men 100 SC Meter Freestyle**

CAN: 45.56 14/11/2009 Brent Hayden

CW: 49.28 29/01/2012 Tommy Gossland

Name	Yr	School	Seed Time
1 Aspinall, Kelly		Ubc Thunderbirds	48.45
2 Peddie, Luke		Ubc Thunderbirds	49.04
3 Woodman, David	4	U Of C Dinos	50.23
4 Kendrick, James	2	U Of C Dinos	50.28
5 Holson, Sergey		Ubc Thunderbirds	50.33
6 Kroitor, Artur	3	UM	50.35
7 Allen, Coleman		Ubc Thunderbirds	50.50
8 Wray, Bryan	2	U Of C Dinos	50.63
9 Krywitsky, Tom	2	UOFA	50.71



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## Event 28 ... (Men 100 SC Meter Freestyle)

Name	Yr	School	Seed Time
10 Leitch, Ian	5	UOFA	50.82
11 Konyves, Tiha	1	UofL	50.93
12 Thornley, Ryan	3	UofL	51.18
13 Zanatta, Keegan	1	UVIC	51.22
14 MacKinnon, Robert	5	UOFA	51.25
15 Godbeer, Matt		Ubc Thunderbirds	51.27
16 Au, Joshua	5	UOFA	51.30
17 Tso, Reece	1	UOFA	51.31
18 Kraft, Jonathan		Ubc Thunderbirds	51.60
19 Starkowski, Michael	4	U Of C Dinos	51.77
20 Quenville, Nick		Ubc Thunderbirds	51.81
21 Johnson, Kirby		TWU	52.18
22 Maxey, Connor	3	U Of C Dinos	52.24
23 Van der Sloot, Nick	1	UofL	52.53
24 Cousineau, Alex	3	UofL	52.57
25 Mackie, Philip		Ubc Thunderbirds	52.62
26 Giovanetto, Stephen	3	UOFA	52.72
27 Zubriski, James	2	UM	52.95
28 Ryant, Bradley	3	UM	53.24
29 Makosiej, Andrew	2	U Of C Dinos	53.27
30 Krysiak, Adam	4	UofL	53.42
31 Myers, Brandon	3	UOFA	53.54
32 Brown, Griffin	1	UofL	53.84
33 Zollen, Brett	1	UVIC	53.89
34 Parkes, Zac	2	UVIC	53.96
35 Soutar, Craig		U of R Cougars	54.27
36 Hill, Brent		U of R Cougars	54.51
37 Hunter, Scott	1	UofL	X54.76
38 Freihammer, Jan	1	UM	54.79
39 Williamson, Eric	1	U Of C Dinos	54.83
40 Hamilton, Dale		U of R Cougars	55.51
41 Quiros, Carlos		U of R Cougars	57.27
42 Kubik, Jeremy	3	UOFA	NT

## Event 29 Women 200 SC Meter IM

CAN: 2:06.97 22/10/2011 Erica Morningstar

CW: 2:09.60 30/01/2011 Erica Morningstar

Name	Yr	School	Seed Time
1 Doyle, Fiona	3	U Of C Dinos	2:14.31
2 Stamp, Erin		Ubc Thunderbirds	2:15.57
3 Harley, Brittny		Ubc Thunderbirds	2:15.73
4 Rissling, Tianna	1	U Of C Dinos	2:15.80
5 Terejko, Rebecca		Ubc Thunderbirds	2:16.60
6 Van Beilen, Tera		Ubc Thunderbirds	2:17.01
7 Horner, Stephanie	2	UVIC	2:18.08
8 Thompson, Laura		Ubc Thunderbirds	2:18.53
9 Wood, Alana	3	UOFA	2:20.22
10 Assman, Erin		Ubc Thunderbirds	2:20.40
11 Skocdopole, Alana	1	U Of C Dinos	2:21.66
12 Garagan, Kendra	3	UM	2:23.43

13 Loyola, Danyelle	2	U Of C Dinos	2:23.48
14 Moen, Nichole	1	UOFA	2:23.89
15 Miller, Rebecca	1	UOFA	2:23.90
16 Elford, Karlyn	2	UOFA	2:24.87
17 Kichton, Rachelle	3	U Of C Dinos	2:25.36
18 Armstrong, Dana	5	UOFA	2:25.46
19 Pierse, Fionnuala		Ubc Thunderbirds	2:25.54
20 Starman, Sabra		UofL	2:27.19
21 Bodell, Kiara		UofL	X2:28.31
22 Hosseini, Tannaz	1	UVIC	2:32.77
23 Gergely, Sydney	3	UM	2:33.72
24 Little, Kaitlyn	2	UOFA	2:34.82
25 Morningstar, Erica	4	U Of C Dinos	NT

## Event 30 Men 200 SC Meter IM

CAN: 1:55.19 14/03/2009 Brian Johns

CW: 1:59.07 27/01/2006 Brian Johns

Name	Yr	School	Seed Time
1 Suvorov, Gleb	3	U Of C Dinos	2:00.56
2 Wood, Russell	1	U Of C Dinos	2:01.64
3 Block, Jason	5	U Of C Dinos	2:02.79
4 Cowan, Patrick		Ubc Thunderbirds	2:02.94
5 Balch, Hunter		UOFA	2:04.38
6 Byram, Joe	2	UOFA	2:06.28
7 Benkic, Mitchell		Ubc Thunderbirds	2:06.92
8 Acton, Sam		Ubc Thunderbirds	2:07.02
9 MacKinnon, Robert	5	UOFA	2:07.38
10 Dalen, Christopher	2	U Of C Dinos	2:08.35
11 Moshynskyy, Anton		Ubc Thunderbirds	2:08.69
12 Phillips, Ross		Ubc Thunderbirds	2:08.99
13 Moore, Quinn		U of R Cougars	2:10.16
14 Scarrow, Reid	1	U Of C Dinos	2:10.65
15 MacPhail, Brian		TWU	2:11.07
16 Godbeer, Matt		Ubc Thunderbirds	2:11.71
17 Welychko, Nick		TWU	2:11.75
18 Mastromatteo, Nicholas	1	UOFA	2:12.16
19 Zollen, Brett	1	UVIC	2:12.20
20 Sinclair, Nicholas	3	UVIC	2:12.43
21 Nicol, Jeffrey	4	UofL	2:12.81
22 Erismann, Colton		UofL	2:14.62
23 Zubriski, James	2	UM	2:14.62
24 Burke, Brent	1	U Of C Dinos	2:14.72
25 Fukushi, Hector		U of R Cougars	2:15.56
26 Dolynny, Tanner Grant	1	UOFA	2:16.19
27 Myers, Chris		U of R Cougars	2:23.06

## Event 31 Women 100 SC Meter Backstroke

CAN: 56.88 09/08/2009 Katy Murdoch

CW: 59.87 30/01/2010 Erica Morningstar

Name	Yr	School	Seed Time
1 Stamp, Erin		Ubc Thunderbirds	1:02.37
2 Pierse, Grainne		Ubc Thunderbirds	1:02.65

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## Event 31 ... (Women 100 SC Meter Backstroke)

Name	Yr	School	Seed Time
3 Morningstar, Erica	4	U Of C Dinos	1:03.97
4 Wood, Allison	4	UVIC	1:04.29
5 Little, Kaitlyn	2	UOFA	1:04.72
6 Sproule, Sasha	5	UOFA	1:05.39
7 Moen, Nichole	1	UOFA	1:05.67
8 Dalling, Ella	5	UVIC	1:06.39
9 Mielnichuk, Bobbie	4	UOFA	1:06.59
10 Griffith, Elyse N	1	UM	1:06.89
11 Bancescu, Samantha		U of R Cougars	1:07.11
12 Therrien, Julie	5	UM	1:07.26
13 Declark, Kara		UofL	1:07.81
14 Cowan, Keri-Ann		UofL	1:08.01
15 Dakin-Kuiper, Sierra	3	UofL	1:08.15
16 Griffith, Lanette	3	UM	1:08.20
17 Bodell, Kiara		UofL	1:08.47
18 Swart, Anika		UofL	1:08.94
19 McGillivray, Catherine		U of R Cougars	1:11.29
20 McWhirter, Kimberly		U of R Cougars	1:12.13
21 Hunter, Alexandra		UofL	1:13.00
22 Pierse, Fionnuala		Ubc Thunderbirds	NT

## Event 32 Men 100 SC Meter Backstroke

CAN: 50.60 09/08/2009 Jake Tapp

CW: 53.45 27/01/2008 Callum Ng

Name	Yr	School	Seed Time
1 Aspinall, Kelly		Ubc Thunderbirds	52.60
2 Suvorov, Gleb	3	U Of C Dinos	53.39
3 Wood, Russell	1	U Of C Dinos	53.76
4 Byram, Joe	2	UOFA	55.23
5 Allen, Coleman		Ubc Thunderbirds	55.71
6 Benkic, Mitchell		Ubc Thunderbirds	55.91
7 Moore, Quinn		U of R Cougars	55.92
8 Myers, Brandon	3	UOFA	56.29
9 Crocker, Bradley	1	U Of C Dinos	56.54
10 Otruba, Lucas		Ubc Thunderbirds	57.19
11 Thornley, Ryan	3	UofL	57.59
12 Tso, Reece	1	UOFA	57.73
13 Kudaba, Andre		UVIC	58.70
14 Loftus, Patrick		TWU	58.86
15 Van der Sloot, Nick	1	UofL	59.84
16 Au, Joshua	5	UOFA	1:00.06
17 Stewart, Scott	4	UOFA	1:00.06
18 Moshynskyy, Anton		Ubc Thunderbirds	1:00.95
19 Hunter, Scott	1	UofL	1:01.20
20 Terrillon, Jason		Ubc Thunderbirds	1:01.32
21 Lowenstein, Michael	4	U Of C Dinos	1:01.95
22 Phillips, Austin		UofL	1:02.01
23 Ryant, Bradley	3	UM	1:03.58
24 Myers, Chris		U of R Cougars	1:04.81
25 Zeiler, Zack		Ubc Thunderbirds	NT

26 Kendrick, James 2 U Of C Dinos NT

## Event 33 Women 200 SC Meter Breaststroke

CAN: 2:16.83 07/08/2009 Annamay Pierse

CW: 2:22.40 29/01/2012 Martha McCabe

Name	Yr	School	Seed Time
1 Van Beilen, Tera		Ubc Thunderbirds	2:21.11
2 Stamp, Erin		Ubc Thunderbirds	2:26.96
3 Doyle, Fiona	3	U Of C Dinos	2:27.56
4 Rissling, Tianna	1	U Of C Dinos	2:30.55
5 Pierse, Patricia		Ubc Thunderbirds	2:30.92
6 Thompson, Laura		Ubc Thunderbirds	2:32.24
7 Galbraith, Sarah	1	UVIC	2:36.78
8 Miller, Rebecca	1	UOFA	2:41.35
9 Gergely, Sydney	3	UM	2:41.49
10 Taekema, Stephanie	2	UVIC	2:41.56
11 Langlois, Rebecca	1	UVIC	2:42.48
12 Aguiar, Katherine	1	UVIC	2:44.57
13 Heggenstaller, Megan	1	UofL	2:45.31
14 Cunningham, Kiely		TWU	2:47.29
15 Vanderbeek, Leah		UofL	2:51.99
16 McGillivray, Catherine		U of R Cougars	2:54.18
17 Hanna, Mackenzie	5	UofL	2:58.58

## Event 34 Men 200 SC Meter Breaststroke

CAN: 2:03.26 09/08/2009 Paul Kornfeld

CW: 2:11.18 25/01/2009 Scott Dickens

Name	Yr	School	Seed Time
1 Block, Jason	5	U Of C Dinos	2:12.73
2 Perron, Dillon	3	UM	2:14.77
3 Nicol, Jeffrey	4	UofL	2:14.93
4 Acton, Sam		Ubc Thunderbirds	2:16.55
5 Knezevic, Bogdan	3	U Of C Dinos	2:17.24
6 Giovanetto, Stephen	3	UOFA	2:17.43
7 Dalen, Christopher	2	U Of C Dinos	2:18.52
8 Phillips, Ross		Ubc Thunderbirds	2:18.91
9 Burke, Brent	1	U Of C Dinos	2:19.93
10 Thirkell, Aidan	1	UVIC	2:20.07
11 Mackie, Philip		Ubc Thunderbirds	2:20.81
12 Loyola, Mat	3	UofL	2:21.09
13 Mattock, Ian	4	UVIC	2:22.67
14 Bourgeois, Richard	1	UVIC	2:22.78
15 Errington, David	2	UofL	2:23.84
16 Krywitsky, Tom	2	UOFA	2:25.43
17 Dolynny, Tanner Grant	1	UOFA	2:26.11
18 Welychko, Nick		TWU	2:26.26
19 Johnson, Kirby		TWU	2:26.46
20 MacPhail, Brian		TWU	2:27.06
21 Rush, Dylan		U of R Cougars	2:31.42
22 Balch, Hunter		UOFA	2:34.35
23 Mastromatteo, Nicholas	1	UOFA	2:35.72
24 Myers, Chris		U of R Cougars	2:36.77

## Canada West Swimming Championships - 25/01/2013 to 27/01/2013

## Canada West Swimming Championships

## Psych Sheet

**Event 34 ... (Men 200 SC Meter Breaststroke)**

Name	Yr	School	Seed Time
25 Krysiak, Adam	4	UofL	2:37.41
26 Kubik, Jeremy	3	UOFA	NT
27 Brown, Ian		UVIC	NT

**Event 35 Women 400 SC Meter Freestyle**

CAN: 4:03.61 16/08/2003 Brittany Reimer

CW: 4:08.59 25/01/2009 Breanna Hendriks

Name	Yr	School	Seed Time
1 King, Savannah		Ubc Thunderbirds	4:08.43
2 MacLean, Heather		Ubc Thunderbirds	4:12.99
3 Delmar, Lindsay	2	U Of C Dinos	4:17.99
4 Wood, Alana	3	UOFA	4:18.30
5 Brown, Julianne	5	U Of C Dinos	4:21.15
6 Harley, Brittney		Ubc Thunderbirds	4:22.87
7 Kemp, Christine	2	UOFA	4:25.84
8 Winter, Jessica		U of R Cougars	4:26.93
9 Armstrong, Dana	5	UOFA	4:27.68
10 Benson, Talia	3	U Of C Dinos	4:30.75
11 Kamminga, Caitlin	1	UOFA	4:37.34
12 McWhirter, Kimberly		U of R Cougars	4:42.34
13 Bancescu, Samantha		U of R Cougars	4:43.95
14 McGillivray, Catherine		U of R Cougars	4:46.24
15 Sproule, Sasha	5	UOFA	NT
16 Reason, Amanda	2	U Of C Dinos	NT

**Event 36 Men 400 SC Meter Freestyle**

CAN: 3:39.10 06/08/2009 Ryan Cochrane

CW: 3:49.97 2001 Mark Johnston

Name	Yr	School	Seed Time
1 MacKinnon, Robert	5	UOFA	3:52.48
2 Balch, Hunter		UOFA	3:53.34
3 Nelson, Kevin		Ubc Thunderbirds	3:55.05
4 Quenville, Nick		Ubc Thunderbirds	3:55.61
5 Otruba, Lucas		Ubc Thunderbirds	3:56.01
6 Stewart, Scott	4	UOFA	3:58.28
7 Krywitsky, Tom	2	UOFA	4:00.53
8 Makosiej, Andrew	2	U Of C Dinos	4:02.29
9 Dagnall, Craig	3	UVIC	4:02.93
10 Scarrow, Reid	1	U Of C Dinos	4:03.31
11 Parkes, Zac	2	UVIC	4:03.47
12 Neave, Christopher	1	U Of C Dinos	4:04.62
13 Sinclair, Nicholas	3	UVIC	4:04.72
14 Johnson, Kirby		TWU	4:05.12
15 Kraft, Jonathan		Ubc Thunderbirds	4:05.27
16 Wray, Bryan	2	U Of C Dinos	4:07.37
17 Jobin, Thomas	1	U Of C Dinos	4:07.85
18 Woodman, David	4	U Of C Dinos	4:08.10
19 Smith, Tyler	4	UVIC	4:08.13
20 Sorba, MJ	4	UVIC	4:12.03
21 Williamson, Eric	1	U Of C Dinos	4:14.01

22 Young-Brown, Dakota	1	UM	4:17.74
23 Harling, Bobby	2	UVIC	4:19.25
24 Zubriski, James	2	UM	4:19.87
25 Gomez, Daniel		U of R Cougars	4:20.29
26 Simkin, Spencer	2	UofL	4:21.07
27 Soutar, Craig		U of R Cougars	4:41.81
28 Hill, Brent		U of R Cougars	4:51.17

**Event 37 Women 400 SC Meter Medley Relay**

CAN: 4:03.28 20/02/2010 UofC

K Murdoch, A. Long, S. Mitchell, E. Morningstar

CW: 4:04.82 30/01/2011 UNIV OF CALGARY VARSITY

E Morningstar, F Doyle, S Mitchell, B Flemington

Team	Relay	Seed Time
1 Ubc Thunderbirds	A	4:04.69
2 U Of C Dinos	A	4:09.85
3 UOFA	A	4:14.95
4 UVIC	A	4:18.31
5 UofL	A	4:29.32
6 UM	A	4:38.46
7 U of R Cougars	A	NT

**Event 38 Men 400 SC Meter Medley Relay**

CAN: 3:31.48 14/03/2009 UBCD

M. Hawes, S. Dickens, R. Biskupski, B. Hayden

CW: 3:37.79 25/01/2009 UBC Thunderbirds

M Hawes, S Dickens, C Ng, R Biskupski

Team	Relay	Seed Time
1 Ubc Thunderbirds	A	3:36.51
2 U Of C Dinos	A	3:40.21
3 UOFA	A	3:42.30
4 UofL	A	3:49.99
5 UVIC	A	3:52.38
6 TWU	A	3:59.28
7 UM	A	4:01.36
8 U of R Cougars	A	NT