

STARTING MAY 15TH

**PACIFIC  
COAST  
SWIMMING**

**LIGHTNING FAST IS BACK  
AT GORDON HEAD!**

**LEVELS 2/3**

WED 3:30/4:10/4:50

SAT 3:45/4:25/5:05

**LEVELS 4/5**

WED 3:30/4:30

SAT 3:45/4:45

**REGISTER ONLINE NOW**

**PACIFICCOASTSWIMMING.COM**