



VIKES SUMMER CAMPS 2012



Swimming

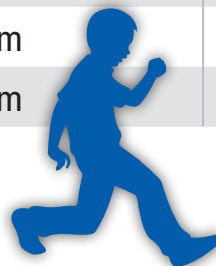
Our swimming camp is a great introduction for children wanting to get a taste of competitive swimming. Experienced coaches will lead the campers in stroke improvement, dryland skills and under/over water video feedback. Participants must be able to swim 50 meters or be at a Red Cross level 6/7 or higher.

Co-Ed ages 8 – 12 Location: McKinnon Pool

Date	Time	Cost	Code
July 2 – 6, Monday – Friday	9 am – 4 pm	\$180	23513
July 9 – 13, Monday – Friday	9 am – 4 pm	\$180	23514
August 7 – 10, Tuesday – Friday	9 am – 4 pm	\$140	23516

Swim and Sport

Spend the morning with our swim coaches improving your swim stroke and learning new dryland and in water skills. In the afternoon we switch over to a fun environment of multi-sport games and activities which could include sports such as basketball, soccer, touch rugby, squash, tennis, and volleyball.



Co-Ed ages 8 – 12 Location: McKinnon Pool

July 23 – 27, Monday – Friday	9 am – 4 pm	\$180	23515
August 13 – 17, Monday – Friday	9 am – 4 pm	\$180	23517

